

中文亲子教育研讨会 2024-2025

Chinese Parent Workshops

**In-Person: 8:30am-10:00am**

**Zoom: 5:30pm-7:30pm**

秋季 Dates	主题 Topics	春季 Dates	主题 Topics
8/29/24 (Zoom) 8/30/24 (@ Dibble Adult School, Rm C2)	了解现代学习科技和网络 Digital Literacy	1/16/25 (Zoom) 1/17/25 (@ Grazide Elementary)	培养责任感和独立性 Developing Responsibility and Independence
9/12/24 (Zoom) 9/13/24 (@ Dibble Adult School, Rm C2)	如何正确使用网络和社交媒体 Internet & Social Media Safety	2/6/25 (Zoom) 2/7/25 (@ Grazide Elementary)	提高学习动力 Improving Motivation- Growth Mindset
9/26/24 (Zoom) 9/27/24 (@ Dibble Adult School, Rm C2)	增强家庭作业和学习技巧 Effective Study Skills	2/20/25 (Zoom) 2/21/25 (@ Grazide Elementary)	培养与他人合作的能力 Building Cooperative Learning Skills
10/10/24 (Zoom) 10/11/24 (@ Dibble Adult School, Rm C2)	了解不同育儿方法 Understanding Different Parenting Styles	3/6/25 (Zoom) 3/7/25 (@ Grazide Elementary)	如何处理情绪和压力 Social Emotional Health and Stress
10/24/24 (Zoom) 10/25/24 (@ Dibble Adult School, Rm C2)	建立良好的亲子关系 Strengthen a Parent-Child Relationship	3/20/25 (Zoom) 3/21/25 (@ Grazide Elementary)	教导孩子如何处理冲突 Conflict Resolution
11/7/24 (Zoom) 11/8/24 (@ Dibble Adult School, Rm C2)	建立自信心和克服同侪压力 Building Confidence and Overcoming Peer Pressure	4/3/25 (Zoom) 4/4/25 (@ Grazide Elementary)	为孩子上大学做准备 College Preparation
11/21/24 (Zoom) 11/22/24 (@ Dibble Adult School, Rm C2)	帮助孩子培养良好的价值观 Character Building	4/24/25 (Zoom) 4/25/25 (@ Grazide Elementary)	帮助孩子学习财务管理 Developing Financial Literacy Management
12/13/24 (Zoom) 12/14/24 (@ Dibble Adult School, Rm C2)	与孩子建立良好的沟通 Improving Communication	5/8/25 (@ Dibble Adult School, Rm C2)	学期末分享 End of Semester Celebration

All HLPUSD parents are welcomed to attend the workshops. Please register by scanning the QR code. You'll receive a Zoom link to access the online meetings. In-person meetings will be held at various sites. For additional information, please call Hudson Adult Learning Center at (626) 934-6761.

欢迎所有 HLPUSD 的家长参加研讨会。请扫描二维码注册。注册网课的我们将在上课前 Email 家长 Zoom 链接。面对面的研讨会将在不同地点举行。如需了解更多信息，请联系 Hudson 办公室人员：(626) 934-6761。