

Community Resources Guide

Clothing Assistance:	2
Counseling & Behavioral Health Services:	3
Support Groups:	5
Early Learning, Childcare & Parenting Support:	6
Emergency Assistance:	8
Employment Assistance:	10
Food Assistance:	11
Healthcare & Medical Assistance:	12
Housing Assistance	13
Military Family Services Assistance:	14
Transportation Assistance:	17
Youth Programs:	18
Assistance Request Form	20

Click here to suggest new community resource or email brightfutures@k12northstar.org

Statewide community resources information can be found by calling Alaska 211
Phone: 211
Website: alaska211.org

Crisi¹s Now: Call 988

Clothing Assistance:

Summit Church Alaska: Maintains a closet of children's clothing and winter gear (coats, hats, gloves, boots) for distribution to those in need anywhere in the community. Also provides some adult clothing.

Phone: (907) 488-9084

Location: 3340 Badger Road North Pole, AK 99705

Website: www.summitAK.org

Community Covenant Church (C3): Maintains a closet of children's clothing and winter gear (coats, hats, gloves, boots) size infant to 12. Call Lisa to schedule a visit.

Phone: (907) 347-7199

Location: 2136 McCullam Ave., Fairbanks, AK

Email: c3kidsclothes@yahoo.com

Facebook: c3 kids clothes

Free Clothing at NewB: Maintains a closet of teen and adult clothing and winter gear.

Facebook: freeclothing@newb

Phone: (907) 378-5859

Helping Alaska (formerly Love Inc.): Network of local, Christian churches committed to helping people in need. Operates numerous programs including a Telephone Clearinghouse that connects people in need with community and church resources that can address many different needs, Transportation Program, Budget Counseling Program, Furniture Garage, Personal Needs Closet, and Firewood Project.

Phone: (907) 452-3876

Location: 818 26th Ave. Fairbanks, AK 99701

Website: www.helpingalaska.org

The Door, Fairbanks Youth Advocates: Maintains a closet of clothes and winter gear (coats, hats, gloves, boots) for distribution to those in need anywhere in the community. Targeted towards adolescents and young adults. Call to schedule a visit, or watch for a monthly open house.

Phone: (907)374-5678

<u>Location</u>: 138 10th Avenue, Fairbanks, AK 99701 Website: www.fairbanksyouthadvocates.org

FYNDOUT Free Clinic: Maintains a closet of clothes for infants and toddlers as part of their parenting program. Maternity clothing is also available.

Phone: (907) 455-8255

Location: 1402 Wilbur Street, Fairbanks, AK 99701

Website: www.fydnoutfree.com

1

Counseling & Behavioral Health Services:

988 Crisis Now: Crisis hotline and crisis response team for all ages in the Fairbanks North Star Borough.

Phone: 988

Alaska Behavioral Health: Provides Mental Health and Behavioral Health services for youth and adults, and medication management. Medicaid accepted. 24 hour crisis line (907-371-1309).

Phone: (907) 371-1300

<u>Location</u>: 1423 Peger Road, Fairbanks, AK <u>Website</u>: <u>www.alaskabehavioralhealth.org</u>

Family Centered Services of Alaska (FCSA): Provides youth Mental Health and Behavioral Health services through both out-patient and residential treatment programs. Medicaid accepted.

Phone: (907) 474-0890

<u>Location</u>: 1825 Marika Road Fairbanks, AK 99709 Website: http://www.familycenteredservices.com

Presbyterian Hospitality House (PHH): Provides youth Mental Health and Behavioral Health services through both out-patient and residential treatment programs. Medicaid accepted.

Phone: (907) 456-6445

Location: 209 Forty Mile Ave., Fairbanks, AK 99701

Website: http://www.phhalaska.org

LEAP: Offers counseling to adult men and women who are either being domestically abused or are the abusers. They also offer independent counseling services to children who are victims of abuse.

Phone: (907) 452-2473

Location: 600 University Ave #3 Fairbanks, AK

Website: http://www.leapfbks.com/

Stevie's Place (RCPC): Stevie's Place is a conglomerate of the Resource Center for Parents and Children (RCPC) and provides advocacy, counseling and medical care for children who are, or have been abused.

Phone: (907) 374-2850

Location: 726 26th Ave, Ste 2 Fairbanks, AK

Website: http://www.rcpcfairbanks.org/stevies-place/

Resource Center for Parents and Children (RCPC) Behavioral Health: Currently offering free behavioral health services with a master level intern, under the supervision of a fully licensed clinician.

Phone: (907) 456-9003

Email: rcpc@rcpcfairbanks.org

Fairbanks Native Association (FNA): FNA provides many different programs serving Alaska Native youth and adults. **Some programs are open to anyone while some programs limit eligibility to Alaska Natives.**

Phone: (907) 452-1648 Website: www.fairbanksnative.org

Bright Futures Fairbanks Updated 11/09/2023 www.k12northstar.org/BrightFutures pg. 3

- <u>Graf</u> 455-4725; 2550 Lawlor Road Provides residential treatment for substance abusing youth ages 12-18. Services include counseling, education, healthy living skills, and cultural and spiritual identity.
- <u>Youth and Young Adult Services</u>- 452-6260; 615 Bidwell Avenue, Suite 103 in Fairbanks Provides services to youth and young adults ages 10 to 25 with all the supports necessary to achieve overall health and wellbeing as they transition to adulthood.

Fairbanks Careline: 24-hour crisis intervention and suicide prevention hotline. Provides emotional support for all ages experiencing life problems.

Phone: 452-HELP or 877-266-4357 (24 hours/7 Days a wk)

<u>Text</u>: 839863 Tues-Sat 3-11pm Website: http://carelinealaska.com/

Fairbanks Psychiatric and Neurology Clinic: Specialize in the practice of psychiatry and neurology for all ages

Phone: (907) 452-1739

Location: 1919 Lathrop St, Ste #220 Fairbanks, AK 99701

Website: https://www.brainclinic.com

Hope Counseling Center: Services Provided: Individual, Family, Couples therapy; Trauma Informed Mental Health Services for all ages. Psychoeducational classes. Psychological assessments. Substance abuse treatment.

Phone: (907) 451-8208

Location: 530 7th Ave. Suite 1 Fairbanks, AK

Website: https://hopecandc.com

Turning Point Counseling Services: Offers treatment for those suffering from mental illness and/or addiction. Commonly worked with mental health issues include: addiction, alcoholism, depression, bipolar disorder, anxiety disorder, personality disorder, family dynamics, couples/family counseling, PTSD, and psychotic disorders.

Phone: (907) 374-7776

Location: 315 5th Avenue Fairbanks, AK

Website: www.turningpointcounselingservices.com

Tanana Chiefs Conference: Mental and behavioral health services for youth and adults. Emergency walk-in assessment Monday-Friday during business hours.

Phone: (907) 459-3800

Location: 122 1st Ave., Suite 400, Fairbanks AK

Website: https://www.tananachiefs.org/services/behavioral-health/

Individual Practices and Counseling: Provided below is an additional list and brochure of youth-friendly, local behavioral health practices that offer a wide range of counseling services.

Interior Community Health:	455-4567	Dr. Mikki Barker, DO:	455-4135
Elaine Ponchione:	455-7801	Borealis Counseling, Sean O'neil:	456-3036
ND Systems, Teresa Lyons:	374-0852	Clearwater Counseling:	457-6002
Lisa Farrell:	388-0105	Dome Arts, Kathryn Mallory:	457-1101
Jennifer Hood:	750-8831	Headwaters, Liz Pawelko	456-2256
Northwind Behavioral Health	456-1434	Rachael Bolton:	374-0965
Cristina Ackerman:	451-0300	Red Door, Laura Volmert:	799-6054
Lotus Family Counseling:	251-1053	Siena Counseling, Mariel Ott:	251-7664

Lynn Harrison: 479-8450 Shayle Hutchison: 374-1328

Support Groups

NAMI (National Alliance on Mental Illness):

Call or check the website to confirm meeting times which are subject to change.

- NAMI Fairbanks Family Support Group for family and friends of people with mental health conditions.
- NAMI Fairbanks Connection Support Group for people with mental health conditions.
- NAMI Alaska Online Support Groups. See website for details.

Phone: (907) 456-4707

Location: 3504 Industrial Ave., Suite 102, Fairbanks, AK

Website: www.namifairbanks.org

Northern Hope Center:

Northern Hope Center is a mental health drop-in center for adults 18 years of age and older that meet the definition for "Adult with a Serious Mental Illness". Who, as a result, have a genuine need for relief from isolation and a need for the opportunity to socialize with their peers. Call or check the website for more details and eligibility requirements.

Phone: (907) 456-4610

Location: 909 Cushman St., Suite 103, Fairbanks, AK

Website: www.northernhopecenter.org

Fairbanks Memorial Hospital Bereavement Groups: Grief support groups offered through hospice at FMH. Groups and schedules may vary so call to confirm current availability.

Phone: (907) 458-3095

Location: Hospice Administration Building, 2001 Gillam Way, Fairbanks, AK

Grief Support Groups and Organizations:

- Alive Alone (www.alivealone.org)
- Bereaved Parents of the USA (www.bereavedparentsusa.org)
- Center for Loss and Renewal (www.lossandrenewal.com)
- Center for Loss in Multiple Birth (CLIMB), Inc. (www.climb-support.org)
- Centering Corporation (www.centeringcorp.com)
- Compassionate Friends (www.compassionatefriends.org)
- First Candle (www.firstcandle.org)
- Grief Haven (www.griefhaven.org)
- Griefnet.org (www.griefnet.org)
- Grief Loss Recovery (http://grieflossrecovery.com/cms/)
- Grieving Child Organization (www.grievingchild.org)
- Living With Loss (www.livingwithloss.org)
- The National Center for Grieving Children and Families (www.dougy.org)
- Parents of Murdered Children (www.pomc.com)
- ShareGrief.com (www.sharegrief.com)
- The Shiva Foundation (www.goodgrief.org)
- Survivors of Suicide (www.survivorsofsuicide.com)

- Tragedy Assistance Program for Survivors (www.taps.org)
- Twinless Twins (www.twinlesstwins.org)

Early Learning, Childcare & Parent Support:

Alaska Child Care Program Office: Offers a comprehensive list of child care providers in Alaska which are monitored, regulated, and licensed.

Phone: (907) 451-2850

Location: 815 Second Avenue, Suite 202, Fairbanks, AK

Website: http://dhss.alaska.gov/dpa/Pages/ccare/default.aspx

Alaska Center for Resource Families: Provides training, support, information and resources to licensed foster parents, adoptive parents, relative caretakers and guardians.

Phone: (907) 479-7307

Website: acrf@nwresource.org

Best Beginnings: Mobilizes people and resources to ensure all Alaska children begin school ready to succeed.

Phone: (907) 297-3300

Website: www.bestbeginningsalaska.org

Fairbanks Families: A local partnership network to help children birth to age 5 to arrive ready at school to succeed.

Phone: (907) 459-1287

Website: www.fairbanksfamilies.com

Child Care Assistance by Tanana Chiefs Conference: Provides referrals and educational materials for parents in the Fairbanks North Star Borough seeking childcare. Services are available at either no-cost or low-cost. Sliding scale based on how many family members

https://www.tananachiefs.org Phone: (907) 452-8251 ex. 3365 Location: 122 1st Ave Fairbanks, AK

Fairbanks Native Association (FNA): FNA provides many different programs serving Alaska Native youth and adults. *Many of their programs are open to anyone in the community while some programs limit eligibility to Alaska Natives.* The most notable programs serving youth are:

Phone: (907) 452-1648

Location: 605 Hughes Avenue Fairbanks, AK

Website: www.fairbanksnative.org

- <u>Early Head Start</u> 451-8814; 609 3rd St. A program for assisting families with infant care and training for parents.
- <u>FNA Head Start</u> 456-4989; 320 2nd Ave Offers resources in education, health, social services and nutrition to families with preschool-age children.
- <u>Tribal Home Visiting Program</u> 451-1005; 609 Hughes Ave, Suite 100 Designed to empower parents to give their child the best possible start. Home-based program with monthly family activities.

Thrivalaska: Provides family-focused services that advocate for and strengthen children, families and staff. Our family of programs include Head Start Birth to Five, School Age Program, Thread Resource and Referral and Thread Child Care Assistance

Head Start Birth to Five: A program for low-income families with children from birth to 5 years of age. All families are encouraged to apply. Offering early childhood program with various options; free part day classrooms, full day classroom for parents working or going to school, an extended 6 ½ hour day classroom and full time for infants through 3 years old.

Phone: (907) 452-4267 #238

Location: Carol Brice Center 1949 Gillam Way

Website: www.thrivalaska.com

Thread provides resources, training and technical assistance to early educators and families.

For information about resources and training call 479-2214. For information about child care referrals call 1-800-278-3723

Location: 1908 Old Pioneer Way in Fairbanks.

Website: www.threadalaska.org

Child Care Assistance offers subsidy support to low-income families.

Phone: (907) 479-2212. Location: 1949 Gillam Way

Resource Center for Parents and Children: RCPC offers parenting classes and a variety of groups in an effort to help you connect with other parents and provides classes to assist you in learning healthy skills for becoming a strong family.

Phone: (907) 456-2866

Location: 726 26th Avenue, Suite 2 Fairbanks, AK 99701

Website: www.rcpcfairbanks.org

FYNDOUT Free: FYNDOUT Free pregnancy center is a faith-based agency offering pregnancy and parenting support to include parenting classes, a diaper program, and child clothing and supply store.

Phone: (907) 455-8255

Location: 1402 Wilbur Street, Fairbanks, AK 99701

Website: www.fydnoutfree.com

Alaska Center for Children and Adults (ACCA): Infant Learning Program at ACCA provides services that help babies and toddlers with developmental delays or disabilities. Early intervention focuses on helping eligible babies and toddlers learn basic and brand-new skills that typically develop during the first three years of life.

Phone: (907) 456-4003

Location: 1020 Barnette Street, Fairbanks, AK 99701

Website: www.alaskacenter.org

Safe Families for Children Fairbanks: Offers Alaska families facing crisis safe places for their children while they reestablish stability for themselves and their families.

Phone: (907) 222-0925, ex.3

Website: www.fairbanks.safe-families.org

Emergency Assistance:

988 Crisis Now: Crisis hotline and crisis response team for all ages in the Fairbanks North Star Borough.

Phone: 988

Alaska 211: One-stop resource for connecting to community resources and services available to include emergency food and shelter.

<u>Phone</u>: 211 or 1-800-478-2221 <u>Website: https://alaska211.org/</u>

Fairbanks Careline: 24-hour crisis intervention and suicide prevention hotline. Provides emotional support for

all ages experiencing life problems.

<u>Phone</u>: 452-HELP or 877-266-435 <u>Website</u>: http://carelinealaska.com/

National Child Abuse Hotline: 24-hour hotline that offers crisis counseling for adult survivors, abused children, parents experiencing stress and several other problems. Information and references.

Phone: 1-800-422-4453

https://www.childhelp.org/hotline/

Live Chat available 24/7

National Runaway Safeline: This national service is provided to all children and parents across the US. Whether a child feels unsafe at home and wants to run away, or if a parent believes they have a child who ran away from home and needs help, the National Runaway Safeline is a place to call where professional personnel are on-duty 24/7 to answer questions and phone calls from those in need.

Phone: 1-800-RUNAWAY

Website: https://www.1800runaway.org/

Chat/Text available

Helping Alaska: Network of local, Christian churches committed to helping people in need. It operates numerous programs including a Telephone Clearinghouse that connects people in need with community and church resources that can address many different needs, Transportation Program, Budget Counseling Program, Furniture Garage, Personal Needs Closet, emergency shelter, food, Firewood Project and more.

Phone: (907) 452-3876

<u>Location</u>: 609 3rd St. Fairbanks, AK Website: www.loveincfairbanks.org

Salvation Army: The Salvation Army provides comprehensive emergency services for people in need. These *services are provided at 117 First Street, Fairbanks, AK*. Services include food boxes, clothing and household goods, utility assistance, literacy services, disaster relief and casework services, Christmas assistance.

Phone: (907) 452-5005 or 452-3103 Location: 1602 10th Avenue Fairbanks, AK Website: http://alaska.salvationarmy.org **American Red Cross:** Provides disaster relief, military family support, health & safety training, and education, blood drive/donations.

Phone: (907) 456-5937

Location: 3501 Lathrop St Suite G, Fairbanks, AK

Website: www.redcross.org

Division of Public Assistance/Food Stamps: Services include: cash, food stamps (SNAP), Medicaid, Denali KidCare, Alaska Temporary Assistance Program (ATAP), health preventative screening services and pregnancy health care to eligible persons. Anyone living outside of Fairbanks area can communicate by mail. Pickup application for energy assistance (fuel and electricity bills) November 1-May 15th.

Phone: 1-800-478-7778

<u>Location:</u> 675 7th Avenue, Station G <u>Website:</u> <u>www.hss.state.ak.us.dpa</u>

Employment Assistance:

Alaska Job Center Network: Provides vocational training and assistance with job applications and interviews for adults and teens, typing tests, workshops for interviewing skills and resume building, vocational counseling. Computers and job information are available in the resource room.

Phone: (907) 451-5967

Location: 675 7th Avenue Station B Fairbanks, AK

Unemployment office: (907) 451-2871

Alaska Division of Vocational Rehabilitation-The division of vocational rehabilitation (DVR), helps hundreds of Alaskans with disabilities prepare for and get good jobs, with resources, web links, as well as connections to long-term service and support agencies that are hiring. Healthcare jobs available.

Phone: 907-451-3150

Address: 455 3rd Ave. #150, Fairbanks, AK 99701

Website: http://labor.alaska.gov

Literacy Council Pathways Program-Free educational, career services, life skills and other supportive services for youth 16-24 of Interior Alaska.

Phone: 907-456-6212

<u>Address</u>: 517 Gaffney Road, Fairbanks, AK 99701 <u>Website</u>: <u>www.literacycouncilofalaska.org/wioayouth</u>

Food Assistance:

The Breadline: The Breadline operates the Stone Soup Café (907) 456-8317; The Breadline Eagles Hall. Serving hot meals Monday-Friday To-Go service 7:30-9:30 Hot meal, soup, oatmeal and sack lunch.

Phone: (907) 452-1974

<u>Location:</u> 507 Gaffney Road Fairbanks, AK <u>Website:</u> https://www.breadlineak.org

Fairbanks Community Food Bank:

Phone: (907) 452-7761

Location: 725 26th Ave Fairbanks, AK

Website: https://www.fairbanksfoodbank.org

- <u>Food Boxes</u> Volunteers fill large boxes with 3 days worth of emergency food each day, and are
 delivered to various churches in the borough. You may receive up to 10 boxes each calendar year. To
 receive these food boxes, visit this page <u>www.fairbanksfoodbank.org/index.cfm/m/19/Programs</u> and
 call/visit the nearest church to you.
- <u>Temporary Emergency Food Assistance Program (TEFAP)</u> To be eligible, you must meet USDA federal poverty guidelines. Apply online or at the food bank to receive temporary food assistance. Food items include things like applesauce, dried beans, cornflake cereal, and canned veggies.

The Hope Church: Food Pantry every Friday, 7-8:30 pm. Bring boxes or bags if possible.

Location: 1327 27th Ave., Fairbanks, AK, 99701

Website: www.hopefairbanks.com

Journey Christian Church: Food Pantry every Thursday, 6:00 pm sharp. Bring boxes or bags if possible.

Location: 1201 Hoselton Road, Fairbanks, AK 99709

Website:www.journeychristianalaska.org

Midnight Sun WIC Program-WIC (Women, Infants, & Children, formerly through RCPC): The WIC program provides healthy foods along with nutrition and health education to help you and your family be healthy. We provide support and education to breastfeeding mothers including breast pumps when necessary. We will help find appropriate health care and community resources.

Phone: (907) 500-8451

Location: Office in Juneau

Email Address: doh.wic.services@alaska.gov

Immaculate Conception Soup Kitchen: Provides free meals to-go during lunch hour. Call for schedule.

Phone: (907) 452-3533 ex22

<u>Location:</u> 115 North Cushman Fairbanks, AK <u>Website:</u> https://iccfairbanks.org/soup-kitchen

Healthcare & Medical Assistance:

Division of Public Assistance/Medicaid and Denali KidCare: Income-based health care insurance.

Phone: 1-800-478-7778

<u>Location:</u> 675 7th Avenue, Station G <u>Website:</u> <u>www.hss.state.ak.us.dpa</u>

Fairbanks Host Lions Club: Support the Aurora Borealis Eyeglass Recycling & Vision Center; provides glasses for people that cannot afford them as well as an eye exams.

Phone: (907) 322-2014 Location: North Pole, AK

Website: https://e-clubhouse.org/sites/fairbankshost/

Interior Community Health Center: ICHC provides primary health care consisting of medical, dental, integrated behavioral health, preventative, educational services and accepts Medicaid, Medicare, and Insurance. Discounted services are available for those who are eligible (dependent on household income and size).

Phone: (907) 455-4567

<u>Location</u>: 1606 23rd Ave. Fairbanks, AK <u>Website</u>: http://interiorhealthalaska.com/

Fairbanks Health Center, Planned Parenthood: Offers affordable reproductive health services.

Phone: (800)769-0045

Location: 1867 Airport Way, Suite 160B, Fairbanks, AK

Website: www.plannedparenthood.org

FYNDOUT Free: FYNDOUT Free pregnancy center is a faith based agency offering pregnancy and parenting

support.

Phone: (907) 455-8255

Location: 1402 Wilbur Street, Fairbanks, AK

Website: www.fydnoutfree.com

Fairbanks Public Health Center: Offers family planning and reproductive health services, immunizations, TB testing, well child exams, and health education. Sliding scale available.

Phone: (907) 452-1776

Location: 1025 Barnette St., Fairbanks, AK

Housing Assistance:

Fairbanks Family Assisted Housing: Below is a list of apartments/houses in the Fairbanks area that offer rental assistance to low-income families. *Each listed item has its own application and waitlist.* For more information or applications please call the attached phone numbers:

Chenana Apartments	(907) 479-4690	5190 Amherst Drive, Fbks, AK 99709
South Haven Apartments	(907) 451-7230	1427 Gillam Way, Fbks, AK 99701
Executive Estates	(907) 479-3655	1620 Washington Dr., Fbks, AK 99701
River Point Village Apartments	(907) 374-1642	2595 Chief William Dr., Fbks, AK 99709
Little Dipper Apartments	(907) 452-6092	1910 turner St., Fbks, AK 99701
Weeks Field Estates	(907) 479-2054	1301 Kellum St., Fbks, AK 99701
Parkwest Apartments	(907) 479-4981	2006 Sandvik St., Fbks, AK 99701
Tanana Apartments	(907) 488-3215	350 Santa Claus Ln., North Pole, AK 99705

Fairbanks Rescue Mission: Offers both a men's and women's center, providing a bed and three meals a day. They also offer counseling, clothing, and long-term recovery programs for men and women. There are no fees for these services.

Phone: (907) 452-5343

<u>Location:</u> 723 27th Ave Fairbanks, AK <u>Website:</u> www.fairbanksrescuemission.org

Interior Alaska Center for Non-violent Living (IACNVL): A 24-hour shelter providing advocacy, crisis intervention, support groups, legal advocacy for individuals who have endured domestic violence and sexual assault.

<u>Phone:</u> (907) 452-2293 or 800-478-7273 (calls can be made 24 hours):

Location: 726 26th Avenue, Suite #1 Fairbanks, AK

Website: http://www.iacnvl.org

Fairbanks Youth Advocates (The Door): A shelter for youth experiencing homeless, aged 12-18, and provides a safe place to sleep, home cooked meals, clothing, supplies, and connections to community resources.

<u>Phone:</u> (907) 374-5678 Text: 907-371-9595 <u>Location:</u> 138 Tenth Avenue Fairbanks, AK

Website: https://www.fairbanksyouthadvocates.org

Alaska Housing Finance Corporation: The Alaska Housing Finance Corporation (AHFC) provides several programs for Alaskans needing financial assistance moving into homes or apartments.

Phone: (907) 456-3738

Location: 1441 22nd Ave Fairbanks, AK

Website: https://www.ahfc.us/

Fairbanks Native Association:

Phone: (907) 452-1648

Website: www.fairbanksnative.org

- <u>Women and Children's Center for Inner Healing</u> 451-8164; 1027 Evergreen Provides residential treatment for substance abusing women and their children who are under the age of 12.
- (FNA)/SOAP Basic Center: This center is a drop-in emergency shelter and counseling services to run away and homeless youth age 12 to 17.

Military Family Services Assistance:

Military Student Support at Fairbanks North Star Borough School District: Serving all military connected students, families, and school staff- One stop place for military connected students, parents, and school staff; transition support, resources, scholarships, communication processes, etc.

Phone: (907) 452-2000 x11340

Website: www.k12northstar.org/military

EAFB School Liaison Officer: School Support Services provides school-aged youth and families with educational opportunities, resources, and information necessary to achieve academic success.

<u>Phone:</u> (907) 377-7490 <u>Cell:</u> (907) 385-9460

FTWW School Liaison Officer: School Support Services provides Army school-aged youth and families with educational opportunities, resources, and information necessary to achieve academic success.

Phone: (907) 361-9897

MFLC (Military Family Life Counselors): Counseling resources available in high military attendance schools in the Fairbanks North Star Borough. Contact Liaison Officers for current school contacts.

Military One Source: The Department of Defense is your 24/7 gateway to trusted information, resources and confidential health. Helps with financial assistance for military spouses, financial counseling, couple and individual non-medical counseling.

Phone: 800-342-9647

Armed Services YMCA (ASYMCA): Serving ALL branches of the military.

ASYMCA provides for military families through a plethora of programs:

Phone: (907) 353-5962 Website: https://www.asymca.org/alaska-home

- Operation Kid Comfort Upon request, Operation Kid Comfort will provide a quilt for kids aged six and under, or a pillow for kids aged seven and older. These quilts and pillows are handcrafted by volunteers and can have pictures of family, pets, etc. (at request) to help comfort children.
- <u>Food Pantry</u> Located in Ft. Wainwright, military family members can come and get emergency food and supplies when needed, no questions asked.
- <u>Teddy's Child Watch</u> Teddy's is a free child-care program that offers up to two hours of free childcare for children aged 6 months to 12 years. This service is by appointment only, and vaccination records must be available at time of application. They are located in Ft. Wainwright at the Basset Army Community Hospital. To register, email -TCW.fwa@akasymca.org- or call (907)-361-5612.
- <u>Thrift Store</u> Located in Ft. Wainwright, the ASYMCA thrift store offers great deals on clothing and other used household items.
- <u>Guardian Angel Program (GAP)</u> During times of tragedy and immense economic/emotional trauma, ASYMCA offers housing, transportation, and food help through GAP.

Child and Family Behavioral Services: Serving spouses and children of active duty and retired service members. Offers individual, family, marriage and group therapy counseling services. Located on FTWW.

Phone: (907) 361-4150

EAFB Child Development Center (CDC): Serving children 6 weeks old – 5 years old of military families Provides available, affordable, quality childcare for children.

Phone: (907) 377-3237

EAFB Exceptional Family Member Program (EFMP): Serving active duty and Active Guard Reserve families with military connected children

Provide support to military family members with special needs, to provide comprehensive and coordinated medical, education, community support, housing, and personnel services to families with special needs.

Phone: (907) 377-6637

EAFB Family Advocacy Program: Serving service members and family members eligible for care in a military treatment facility. This includes intimate partners who share a child in common with a service member, live with or previously lived with a service member.

The prevention of, early identification, reporting and treatment of child and spouse abuse.

Phone: (907) 377-4041

EAFB Family Child Care: Serving ALL branches of the military

Child and Youth Registration and Referral Monitor in-home child care services by licensed providers on Eielson AFB Serving military-connected children ages 6 weeks – 12 years old

Phone: (907) 377-3635

EAFB School Age Program: Serving ALL branches of the military

Offering before and after school care and full-time care during the summer and winter breaks. Serving military connected children 5 - 12 years old.

Office Phone: (907) 377-5437 or (907) 377-7488

EAFB Youth Center: Serving ALL branches of the military (Eielson)

Offers activities and events for children in a fun, safe environment. Programs are designed to enrich the lives of youth in the community. Serving children with base access and are 9 -18 years old.

Phone: (907) 377-3194

FTWW Army Community Services (ACS): Serving Soldiers and their Families, Civilian Employees, and Retirees Provides comprehensive, coordinated, and responsive advocacy and prevention, information and referral, outreach, financial, employment, Soldier and Family readiness, exceptional Family Member and relocation assistance services that support the readiness and well-being of Soldiers and their Families, Civilian Employees, and Retirees.

Phone: (907) 353-4227

FTWW Child Development Center 1 and 2 (CDC): Serving children of military, DOD civilian sponsors or government contractors

Offers fully accredited programs through the National Association for the Education of Young Children. CDC 1 offers a larger variety of these programs and childcare services to children aged six and older. CDC 2 offers childcare services to children aged six and under.

Phone: CDC 1 - (907) 361-4190; CDC 2 - (907) 361-9056

FTWW Child & Youth Services: Serving ALL branches of the military

Child & Youth Services Programs: School Support Services, Child Development Center 1 and 2, School Age, Youth Center, Family Child Care, Parent and Outreach Services, and Youth Sports & Fitness https://wainwright.armymwr.com/categories/cys-services

FTWW Exceptional Family Member Program (EFMP): Serving family members of Active Duty, Active Guard/Reserve Army from birth to any age

Provide comprehensive and coordinated medical, educational, housing, community support, and personnel services to families/children with special needs.

Phone: (907) 361-5959

FTWW Family Advocacy: Serving service members and family members eligible for care in a military treatment facility. This includes intimate partners who share a child in common with a service member, live with or previously lived with a service member.

Prevention of, early identification, reporting, and treatment of child and spouse abuse.

Phone: (907) 353-7371

FTWW New Parent Support Program: *Serving new and expecting military-connected parents*Providing individualized support for new and expecting parents. Services vary but may include home visits, parenting classes, playgroups or prenatal classes.

Phone: (907) 353-4185 or (907) 353-2101

FTWW School Age Center: Serving ALL branches of the military

Provides before and after school care with age-appropriate, child-centered activities: arts and crafts, games, technology, performing arts, science and a homework assistance program. Serving children Kindergarten – 5th Phone: (907) 361-7394

FTWW Spouses Community Spouses Club: Serving the families of Soldiers based at Fort Wainwright Creating an active community for our Fort Wainwright Military families; one of our main objectives is to give back to the community by way of <u>Educational Scholarships and Welfare Grants</u> to non-profits.

Phone: (907) 353-4227

FTWW Youth Center: Serving ALL branches of the military.

Offering both structure and pure recreation in the pursuit of personal physical fitness, team sports, life skills, leisure time, technology, and the arts. Serving school-aged children 6th – 12th grades of military, DOD civilian sponsors or government contractors.

Phone: (907) 361-5437

Military Child Care: Serving all military and DoD-affiliated families

1st step in participating in the CYS program and activities is registering here: Createyour account/household profile, to get children on waitlist for on post child care centers and/or FCC providers https://public.militarychildcare.csd.disa.mil/mccu/ui/#/

USO: Serving active duty military and their families

Staff and volunteers help strengthen the resiliency of military families coping with the unique challenges of military life in Alaska through supporting life events and connection to resources.

Located on FTWW <u>Phone:</u> (907) 385-9141 Located on Eielson <u>Phone:</u> (907) 385-9140

Transportation Assistance:

Fairbanks North Star Borough Metropolitan Area Commuter System: The Metropolitan Area Commuter System (MACS) operates four bus routes: the Red Line, Blue Line, Green Line and Purple/Yellow Line. All routes meet in downtown Fairbanks at the Transit Park (501 Cushman Street). See schedules for route times, route map with major bus stop locations and rates.

Phone: (907) 459-1011

Website: www.co.fairbanks.ak.us

Van Tran: Provides transportation services for people with a disability and operates the same hours as the regular MAC system. Please call for more information.

Phone: (907) 459-1324

Website: www.co.fairbanks.ak.us/transportation

Helping Alaska: Network of local, Christian churches committed to helping people in need. It operates numerous programs including a Telephone Clearinghouse that connects people in need with community and church resources that can address many different needs, *Transportation Program*, Budget Counseling Program, Furniture Garage, Personal Needs Closet, and Firewood Project.

Phone: (907) 452-3876

<u>Location</u>: 609 3rd St, Fairbanks, AK Website: www.loveincfairbanks.org

Public Health: Medicaid covered children may be eligible for transportation to medical and mental health

appointments. Call public health to request taxi service.

Phone: (907) 451-1635

Youth Programs:

4-H Club

Alaska 4-H welcomes ALL youth in grades K-12, and their families University of Alaska Fairbanks, Cooperative Extension State Office

Phone: 1-877-520-5211 Email: alaska4h@gmail.com

Alaska Military Youth Academy (AMYA): Tuition free five-month residential campus located on Joint Base Elmendorf Richardson (JBER) for volunteer Alaskan youth ages 16-18 who are struggling in school or no longer enrolled. Youth can earn 7.5 credits and work towards a GED or high school diploma. AMYA operates two cycles per year. Youth can only attend and complete one cycle.

Phone: 907-374-7960 Cell: 907-980-9984

Satellite Admissions Office Location: 202 Wien St Fairbanks, AK 99701

Website: www.akmya.org

Boys & Girls Club: Provides opportunities for safe recreation and social development for youth ages 7-18. \$50 per year membership.

Phone: (907) 457-5223

Location: 645 8th Ave. Street Fairbanks, AK

Website: www.bgcalaska.org

Big Brothers/Big Sisters of Alaska: Offers child mentoring/guidance ages 6-16 creates and supports 1:1 mentoring relationships.

Phone: (907) 202-8529

<u>Location:</u> 1949 Gillam Way Suite E Website: https://bbbsak.org/

Fairbanks Native Association Youth and Young Adult Services:

Phone: (907) 452-6260

<u>Location:</u> 615 Bidwell Avenue, Suite 103 Website: www.fairbanksnative.org

Fairbanks North Star Borough Public Libraries: Provides free access to books and other literary resources, including a children's room with regular programming for youth from birth through teenage years.

Phone: Noel Wien Library (907) 459-1020 North Pole Branch Library (907) 488-6101

Location: 1215 Cowles St., Fairbanks, AK 99701

Website: www.fnsblibrary.org

Literacy Council of Alaska: Assists adults with GED. Offers assistance and supportive services to out-of-school youth 16-24 years of age to overcome education and career barriers, obtain job skills, and enroll in training that leads to successful employment.

Phone: (907) 456-6212

Location: 517 Gaffney Road Fairbanks, AK

Website: http://www.literacycouncilofalaska.org

Hideout: Supervised after school program for preteens 9-13. Homework help, activities and more.

Phone: (907) 459-1109

Location: Carlson Center, 210 2nd Ave., Fairbanks, AK

Bright Futures Fairbanks Updated 11/09/2023 www.k12northstar.org/BrightFutures pg. 18

Tanana Chiefs Conference/TCC Growing Our Own: Offers TCC region-affiliated high school students with academic support and mentoring with the goal of increasing postsecondary and vocational opportunities. Services include college tuition, internet stipends, technology support, tutoring, and mentoring.

Phone: (907) 452-8251 ex. 3039

Website: https://www.tananachiefs.org/services/tcc-go/

Fairbanks Youth Advocates (The Door): A shelter for youth experiencing homelessness, aged 12-18, and provides a safe place to sleep, home-cooked meals, clothing, supplies, and connections to community resources.

<u>Phone:</u> (907) 374-5678 Text: 907-371-9595 Location: 138 Tenth Avenue Fairbanks, AK

Website: https://www.fairbanksyouthadvocates.org

Fairbanks Native Association/SOAP Basic Shelter: Street Outreach and Advocacy Program. A drop-in emergency shelter and counseling services for runaway and homeless youth aged 12-17.

Phone: (907) 347-3176

Location: 305 Hughes Ave., Fairbanks, AK



Assistance Request Form

☑ I have utilized the Resource Guide at <u>www.k12northstar.org/brightfutures</u> and no agency is able to meet this student's needs

SCHOOL:							
STAFF MEMBER INITIATING REQUEST:		PHONE/EMAIL:					
STUDENT NEEDS				FAMILY NEEDS			
NAME:				FAMILY:			
GRADE:	GENDER:	М	F	FAMILY SIZE:			
ITEM(S) REQUESTED:				ITEM(S) REQUESTED:			
1.				1.			
2.				2.			
3.				3.			
4.				4.			
5.				5.			
Discuss avenues already p	ursued to meet th	e needs:					
Briefly outline issues contributing to the need:							
Is there an action plan in p	place to address th	e need to	keep it f	rom recurring, if at all possible? Plea	se explain.		
Additional Information:							
SIGNATURE OF BUILDING'S DESIGNATED ADMINISTRATOR:			DATE:				
BRIGHT FUTURES AUTHORIZATION:				DATE:			
OFFICE USE ONLY							
STUDENT NAME:							
DATE RECEIVED:							
DATE FILLED:							
DONATION CENTER:							
EXPENDITURE:							

Bright Futures Fairbanks strives to increase each young person's sense of belonging while growing a culture of caring by identifying immediate needs and connecting to available community resources

Web: www.k12northstar.org/brightfutures | Phone: (907) 452-2000 x11225 | Email: brightfutures@k12northstar.org