# August 2024 | Pre-K Breakfast

Friday	<b>7</b>
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Monday	Tuesday	Wednesday	Thursday	Friday
	Bell Peppers Season in Texas: Iay - June; August - Nover Did you know? ell pepper is left to ripen, the		Families who think they may qualify for free or reduced priced meals can apply at www.schoolcafe.com	Households must reapply every year to maintain free or reduced price meals if eligible
Our unit priced breakfast consists of 3 food components placed on the student's tray	Breakfast Components: Whole Grain Fruit Milk	All breakfast cereals and pastries contain at least 51% whole grain.	8 1% White Milk offered daily.	9 Now Hiring! Open Positions: https://www.tomballisd .net/about- tisd/departments/child- nutrition/child- nutrition-jobs
12 <sub>Student Breakfast: \$1.50</sub> Adult Breakfast: \$3.10  To add money to a student' account visit: www.schoolcafe.com	First Day of School! Whole Grain Cereal 100% fruit juice Low-Fat White Milk	Mini-Pancakes Fresh Fruit Low-Fat White Milk	Chicken & Waffle 100% fruit juice Low-Fat White Milk	Whole Grain Cereal Chilled Fruit Low-Fat White Milk
Mini-Waffles 100% fruit juice Low-Fat White Milk	Whole Grain Cereal 100% fruit juice Low-Fat White Milk	Mini-Pancakes Fresh Fruit Low-Fat White Milk	Chicken & Waffle 100% fruit juice Low-Fat White Milk	Whole Grain Cereal Chilled Fruit Low-Fat White Milk
<b>26</b> Mini-Waffles  100% fruit juice  Low-Fat White Milk	Whole Grain Cereal 100% fruit juice Low-Fat White Milk	Mini-Pancakes Fresh Fruit Low-Fat White Milk	Chicken & Waffle 100% fruit juice Low-Fat White Milk	30 Whole Grain Cereal Chilled Fruit Low-Fat White Milk



#### **Announcements:**

#### Each student is given an ID number badge

- It is serves as their meal account
- · Required to be used for every food transaction
- · Also used when riding the bus!









**Menus are Subject to Change** 

TEXAS DEPARTMENT OF AGRICULTURE

# August 2024 | Pre-K Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
	Bell Peppers  Season in Texas:  y - June; August - Noven  Did you know?  pepper is left to ripen, the se		Families who think they may qualify for free or reduced priced meals can apply at www.schoolcafe.com	Households must reapply every year to maintain free or reduced price meals if eligible
Our unit priced lunch consists of all 5 food components placed on the student's tray	Food Components: Meat/Meat Alternate Whole Grain Fruits, Vegetables Milk	All 5 food components must be on the tray unless supported by a documented medical or disability need	8 All lunch rolls, tortillas, rice, pastas and other bread items contain at least 51% whole grain.	9 1% White Milk offered daily.
Student Lunch: \$2.50 Adult Lunch: \$4.60  To add money to a student's account visit: www.schoolcafe.com	First Day of School! Soft Taco Vegetables, Fruits Milk	Chicken Nuggets Vegetables, Fruits Breadstick & Milk	Fish Sticks Vegetables, Fruits Milk	Cheeseburger Vegetables, Fruits Milk
19 Cheese Stuffed Breadstick Vegetables, Fruits Milk	Crispy Tacos Vegetables, Fruits Milk	21 Steak Fingers & Roll Vegetables, Fruits Dinner Roll & Milk	Pizza  Pizza  Vegetables, Fruits  Milk	Chicken Sandwich Vegetables, Fruits Milk
Breakfast for Lunch! French Toast, Sausage & Scrambled Eggs	Soft Taco Vegetables, Fruits Milk	Chicken Nuggets Vegetables, Fruits Breadstick & Milk	Fish Sticks Vegetables, Fruits Milk	Cheeseburger Vegetables, Fruits Milk



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Hash Browns, Fruit Milk

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TEXAS DEPARTMENT OF AGRICULTURE COMMISSIONER SID MILLER

Updated 6/6/2024
National School Lunch Program