

August 2023

Breakfast & Lunch

Ben Hill Middle School



| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|---|--|
| July 29th | July 30th | July 31st | 1 | 2 |
| SUMMER HOLIDAY | SUMMER HOLIDAY | Super Donut Fruit, Juice Cheeseburgers Crinkle Fries Peas & Carrots Pickle Spears Fruit, Juice | Mini Waffles Fruit, Juice Chicken Tenders Ranch Potatoes Green Beans WG Yeast Roll Fruit, Juice | Sausage Biscuit Fruit, Juice Pizza(4x6) Waffle Fries Glazed Carrot Pickle Spears Fruit, Juice |
| 5 | 6 | 7 | 8 | 9 |
| Pancake Wrap Fruit, Juice Hotdog Coleslaw Baked Beans Carrot Dippers Fruit, Juice | Chicken Biscuit Fruit, Juice Chicken Fajita Wrap Yellow Rice Broccoli w/Cheese WG Breadstick Fruit, Juice | Honey Bun Fruit, Juice Meatloaf Creamed Potatoes /Gravy Peas & Carrots WG Breadstick Fruit, Juice | Mini Pancakes Fruit, Juice Buffalo Chicken Wings Mac & Cheese Green Beans WG Yeast Roll Cucumbers w/Ranch Fruit, Juice | Sausage Dog Fruit, Juice Stuffed Crust Pizza Romaine Salad/Dressing Mexican Style Corn Pickle Spears Fruit, Juice |
| 12 | 13 | 14 | 15 | 16 |
| Breakfast Pizza Fruit, Juice Spaghetti w/ Meat Sauce Romaine Salad/Dressing Corn on the Cob Garlic Toast Fruit, Juice | Sausage Biscuit Fruit, Juice Soft Shell Taco L/C Mexican Rice Pinto Beans Pico De Gallo Fruit, Juice | Super Donut Fruit, Juice Chicken Sandwich Pasta Salad Baked Beans Cookie Fruit, Juice | French Toast Sticks Fruit, Juice Lemon Pepper Chicken Turnip Greens Yam Patties Cornbread muffin Fruit, Juice | Eggs, Grits, Sausage, Toast Fruit, Juice Pizza(4x6) Waffle Fries Glazed Carrot Pickle Spears Fruit, Juice |
| 19 | 20 | 21 | 22 | 23 |
| STUDENT HOLIDAY STAFF WORK DAY | Chicken Biscuit Fruit / Juice Nacho w/ Chips L/C Mexican Rice Pinto Beans Pico De Gallo Fruit, Juice | Honey Bun Fruit / Juice Deli Turkey Club Sandwich With L/T/C Ranch Roasted Broccoli Chips Fruit, Juice | Mini Waffles Fruit / Juice Chicken Nuggets Ranch Potatoes Green Beans WG Yeast Roll Fruit, Juice | Sausage Dog Fruit, Juice Cheeseburgers Sweet Potato Fries Peas & Carrots Dill Pickle Spears Fruit, Juice |
| 26 | 27 | 28 | 29 | 30 |
| Pancake Wrap Fruit/ Juice Salisbury Steak & Gravy Mashed Potatoes Sweet Peas WG Breadstick Fruit, Juice | Sausage Biscuit Fruit / Juice Chicken Fajita Yellow Rice Broccoli w/Cheese WG Breadstick Fruit, Juice | Super Donut Fruit/ Juice Hot Dog w/Bun Cole Slaw Baked Beans Carrot Dippers Fruit, Juice | Mini Pancakes Fruit / Juice Buffalo Chicken Wings Mac & Cheese Green Beans WG Yeast Roll Cucumber Salad Fruit, Juice | Ham & Cheese Croissant Fruit, Juice Stuffed Crust Pizza Romaine Salad/Dressing Mexican Style Corn Pickle Spears Fruit, Juice |

Choice of Milk or Water Daily.

Breakfast Daily Choice
Choice of Cereal or Grab & Go Sack
On Serving Line

This institution is an Equal Opportunity Provider.