

August 2023

Breakfast & Lunch

Ben Hill Primary School



Monday	Tuesday	Wednesday	Thursday	Friday
July 29th	July 30th	July 31st	1	2
SUMMER HOLIDAY	SUMMER HOLIDAY	Super Donut Fruit, Juice Cheeseburgers Crinkle Fries Peas & Carrots Pickle Spears Fruit, Juice	Mini Waffles Fruit, Juice Chicken Tenders Ranch Potatoes Green Beans WG Yeast Roll Fruit, Juice	Sausage Biscuit Fruit, Juice Pizza(4x6) Waffle Fries Glazed Carrot Pickle Spears Fruit, Juice
5	6	7	8	9
Pancake Wrap Fruit, Juice Hotdog Coleslaw Baked Beans Carrot Dippers Fruit, Juice	Chicken Biscuit Fruit, Juice Chicken Fajita Wrap Yellow Rice Broccoli w/Cheese WG Breadstick Fruit, Juice	Honey Bun Fruit, Juice Meatloaf Creamed Potatoes /Gravy Peas & Carrots WG Breadstick Fruit, Juice	Mini Pancakes Fruit, Juice Buffalo Chicken Wings Mac & Cheese Green Beans WG Yeast Roll Cucumbers w/Ranch Fruit, Juice	Sausage Dog Fruit, Juice Stuffed Crust Pizza Romaine Salad/Dressing Mexican Style Corn Pickle Spears Fruit, Juice
12	13	14	15	16
Breakfast Pizza Fruit, Juice Spaghetti w/ Meat Sauce Romaine Salad/Dressing Corn on the Cob Garlic Toast Fruit, Juice	Sausage Biscuit Fruit, Juice Soft Shell Taco L/C Mexican Rice Pinto Beans Pico De Gallo Fruit, Juice	Super Donut Fruit, Juice Chicken Sandwich Pasta Salad Baked Beans Cookie Fruit, Juice	French Toast Sticks Fruit, Juice Lemon Pepper Chicken Turnip Greens Yam Patties Cornbread muffin Fruit, Juice	Eggs, Grits, Sausage, Toast Fruit, Juice Pizza(4x6) Waffle Fries Glazed Carrot Pickle Spears Fruit, Juice
19	20	21	22	23
STUDENT HOLIDAY STAFF WORK DAY	Chicken Biscuit Fruit / Juice Nacho w/ Chips L/C Mexican Rice Pinto Beans Pico De Gallo Fruit, Juice	Honey Bun Fruit / Juice Deli Turkey Club Sandwich With L/T/C Ranch Roasted Broccoli Chips Fruit, Juice	Mini Waffles Fruit / Juice Chicken Nuggets Ranch Potatoes Green Beans WG Yeast Roll Fruit, Juice	Sausage Dog Fruit, Juice Cheeseburgers Sweet Potato Fries Peas & Carrots Dill Pickle Spears Fruit, Juice
26	27	28	29	30
Pancake Wrap Fruit/ Juice Salisbury Steak & Gravy Mashed Potatoes Sweet Peas WG Breadstick Fruit, Juice	Sausage Biscuit Fruit / Juice Chicken Fajita Yellow Rice Broccoli w/Cheese WG Breadstick Fruit, Juice	Super Donut Fruit/ Juice Hot Dog w/Bun Cole Slaw Baked Beans Carrot Dippers Fruit, Juice	Mini Pancakes Fruit / Juice Buffalo Chicken Wings Mac & Cheese Green Beans WG Yeast Roll Cucumber Salad Fruit, Juice	Ham & Cheese Croissant Fruit, Juice Stuffed Crust Pizza Romaine Salad/Dressing Mexican Style Corn Pickle Spears Fruit, Juice

Choice of
Milk or Water Daily.

Breakfast Daily Choice
Choice of Cereal or Grab & Go Bags

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Provider.