

August 2023

Breakfast & Lunch

Ben Hill Preschool



Monday	Tuesday	Wednesday	Thursday	Friday
July 29th	July 30th	July 31st	1	2
SUMMER HOLIDAY	SUMMER HOLIDAY	Muffin/Yogurt Juice	Mini Waffles Juice	Sausage Biscuit Juice
		Cheeseburgers Crinkle Fries Peas & Carrots Pickle Spears Fruit	Chicken Tenders Ranch Potatoes Green Beans WG Yeast Roll Fruit	Pizza(4x6) Waffle Fries Glazed Carrot Pickle Spears Fruit
5	6	7	8	9
Pancake Wrap Juice	Chicken Biscuit Juice	Cereal/Cheese Stick Juice	Mini Pancakes Juice	Breakfast Casserole Juice
Hotdog Coleslaw Baked Beans Carrot Dippers Fruit	Chicken Fajita Wrap Yellow Rice Broccoli w/Cheese WG Breadstick Fruit	Meatloaf Creamed Potatoes /Gravy Peas & Carrots WG Breadstick Fruit, Juice	Buffalo Chicken Wings Mac & Cheese Green Beans WG Yeast Roll Cucumbers w/Ranch Fruit	Stuffed Crust Pizza Romaine Salad/Dressing Mexican Style Corn Pickle Spears Fruit
12	13	14	15	16
Breakfast Pizza Juice	Sausage Biscuit Juice	Muffin/Yogurt Juice	French Toast Sticks Juice	Eggs, Grits, Sausage, Biscuit Juice
Spaghetti w/ Meat Sauce Romaine Salad/Dressing Corn on the Cob Garlic Toast Fruit	Soft Shell Taco L/C Mexican Rice Pinto Beans Pico De Gallo Fruit	Chicken Sandwich Pasta Salad Baked Beans Cookie Fruit	Lemon Pepper Chicken Turnip Greens Yam Patties Cornbread muffin Fruit	Pizza(4x6) Waffle Fries Glazed Carrot Pickle Spears Fruit
19	20	21	22	23
STUDENT HOLIDAY STAFF WORK DAY	Chicken Biscuit Juice	Cereal/Cheese Stick Juice	Mini Waffles Juice	Ham & Cheese Biscuit Juice
	Nacho w/ Chips L/C Mexican Rice Pinto Beans Pico De Gallo Fruit	Deli Turkey Club Sandwich With L/T/C Ranch Roasted Broccoli Chips Fruit	Chicken Nuggets Ranch Potatoes Green Beans WG Yeast Roll Fruit	Cheeseburgers Sweet Potato Fries Peas & Carrots Dill Pickle Spears Fruit
26	27	28	29	30
Pancake Wrap Juice	PB Banana Quesadilla Juice	Muffin/Yogurt Juice	Mini Pancakes Juice	Ham & Cheese Croissant Juice
Salisbury Steak & Gravy Mashed Potatoes Sweet Peas WG Breadstick Fruit	Chicken Fajita Yellow Rice Broccoli w/Cheese WG Breadstick Fruit	Hot Dog w/Bun Cole Slaw Baked Beans Carrot Dippers Fruit, Juice	Buffalo Chicken Wings Mac & Cheese Green Beans WG Yeast Roll Cucumber Salad Fruit	Stuffed Crust Pizza Romaine Salad/Dressing Mexican Style Corn Pickle Spears Fruit

Choice of
Milk or Water Daily.

This institution is an Equal Opportunity
Provider.