

BES,BMS, FES, FMS, FLO, HBE, MES, NSHORE, NWE, NWM, OAK, PEL, PIS, PUC, RES,RUES, ROUSE, STEEN'S, SBE

Monday

Tuesday

Wednesday

Thursday

Friday



Ham & Turkey Subsandwich
Assorted bag chips
Yogurt/Brkfst Bread Plate
Seasoned Lima Beans
Tossed Salad w/Dressing
Fresh Grapes
Applesauce

5

Spaghetti & Meat Sauce
Whole Wheat Garlic Toast
Chef Salad, Crackers,CROUTONS
Southern Turnip Greens
Summer Squash
Chilled Peach Slices
Fresh Fruit Bowl

6

Chicken Breast Tenders
Yeast Roll
Ham Lunch Bite
Mashed Potatoes, Brown Gravy
Glazed Carrots
Fruit Cocktail
Fresh Fruit Bowl

7

Stuffed Crust Pizza
Ham Lunch Bite
Glazed Carrots
Green Peas
Sliced Strawberries
Fresh Fruit Bowl

1

Cheeseburger
Corn Dog
Seasoned Green Beans
Crinkle Cut Fries
Chilled Pear Halves
Fresh Fruit Bowl

2

Ham and Cheese Croissant
Tuna Salad with Crackers
Criss Cut Sweet Potatoes
Cheesy Broccoli
Fruit Cocktail
Fresh Apples

12

Fajita Happy Plate
Guacamole Salsa
Yogurt/Brkfst BreadPlate
Whole Kernel Corn
Pinto Beans
Mandarin Oranges
Fresh Fruit Bowl

13

Steak Fingers
Macaroni and Cheese
Chef Salad, Croutons, Crackers
Seasoned Green Beans
Glazed Carrots
Fresh Fruit Bowl
Sliced Strawberries

14

Chicken and Waffle
Turkey & Cheese on a Kaiser Bun
Tater Tots
Baby Carrots w/ Dressing
Pineapple Tidbits
Apple and Orange Wedges

15

Mexican Pizza
Cheeseburger
Seasoned Potato Wedges
Green Peas
Chilled Peach Slices
Fresh Fruit Bowl

16

Southern Chicken Sandwich
Grilled Cheese & Yogurt
Glazed Carrots
Lima Beans
Mandarin Oranges
Fresh Apples

19

Chicken Spaghetti
Whole Wheat Garlic Toast
Chef Salad, Crackers, Croutons
Cheesy Broccoli
Baby Carrots w/ Dressing
Sliced Strawberries
Fresh Bananas

20

Crispy Chicken Tenders
Yeast Roll
Turkey and Cheese Wrap
Mashed Potatoes,Brown Gravy
Tossed Salad w/ Dressing
Pineapple Tidbits
Apple and Orange Wedges

21

Southwest Dip & Chips
Cornbread
Yogurt/Cheese/Graham Goldfish
Whole Kernel Corn
Pinto Beans
Fresh Fruit Bowl
Pineapple Tidbits

22

Cheeseburger
Turkey & Cheese Croissant
Savory Green Beans
Crinkle Cut Fries
Applesauce
Fresh Fruit Bowl

23

Meatballs in Marinara
Sauce on Hoagie Bun
Yogurt and Uncrustable
Seasoned Green Beans
Baby Carrots w/ Dressing
Fresh Apples
Pineapple Tidbits

26

Beef Pepper Jack Quesadillas
Chips and Salsa
Chef Salad, Croutons, Crackers
Whole Kernel Corn
Pinto Beans
Sliced Strawberries
Fresh Fruit Bowl

27

Chicken Ranch Wrap
Italian Dunkers
Marinara Sauce
Cucumber Slices W/Dip
Summer Squash
Fresh Grapes
Banana Berry Blend

28

Cheesy Chicken Over/Rice
Yeast Roll
Turkey and Cheese Wrap
Steamed Broccoli Florets
Tossed Salad w/ Dressing
Fresh Fruit Bowl
Mandarin Oranges

29

Cheeseburger
Hot Dogs
Baked Beans
Crinkle Cut Fries
Applesauce
Fresh Fruit Bowl

30

Served Daily: Assorted Milks – Low Fat, Chocolate, Strawberry, Vanilla Fat Free

Condiments: Mayo, Mustard, Ketchup, Honey Mustard Sauce, Marinara, Syrup
Salad Dressings, Saltine Crackers, Croutons

"This institution is an equal opportunity provider."