

2024-2025 Activity Registration

This form is also available online through our school website

Athletes: ALL 4 PAGES must be signed and returned to the office before a student is allowed to participate in these Pillager activities. You may also wish to pick up the complete MSHSL Athletic Brochure from the office or print it from www.mshsl.org

Musicals, FFA, Robotics, Speech, One Act, Prostart: Just pages 1 and 2 need to be completed for these activities.

On occasion, the JMC messaging system may be used to communicate schedule changes or information about your team. The numbers in the school database will be used for this communication.

Participant's Name		Grade	
Registering for (list all sports and activities that you are paying for right now)			
Parent/Guardian Name (s)		Best contact phone # 1	
Student's cell phone #		Best contact phone # 2	
Emergency Name (if we can't get ahold of a parent)		Emergency best phone #	
Allergies and health concerns. (Please fill out as accurately as possible.)			
If emergency treatment is required and the parents can not be reached immediately, may the head coaching staff use their own judgment for medical treatment and/or transport.		<input type="checkbox"/> yes <input type="checkbox"/> no	If no, what do parents want done?
Parent/Guardian signature			Date signed

Student Physical:

Physicals are good for three years. Forms are available if this student needs a physical. If you are not sure please contact Nicole Bramer at nbramer@isd116.org

Needed forms for Athletes:	
	This "Athletic Registration" form
	2024-25 MSHSL Eligibility Statement
	MSHSL Annual Sports Health Questionnaire
	Lakewood/TCO consent form
Needed every THREE years	
	Sports Physical (3 pages)

Fees:	
<input type="checkbox"/>	\$50 Musicals, One Act, Speech, FFA, Robotics, Prostart
<input type="checkbox"/>	\$60 Jr. High (grades 7-8)
<input type="checkbox"/>	\$110 Jr. High Coop (grades 7-8)
<input type="checkbox"/>	\$85 JV / Varsity (grades 9-12)
<input type="checkbox"/>	\$135 JV/Varsity Coop (gr 9-12)
<input type="checkbox"/>	\$350 Family Max
Paid	
Date:	_____
Check #	_____
Cash Received	_____



2024-2025 MINNESOTA STATE HIGH SCHOOL LEAGUE

MSHSL Eligibility Brochure

Students: Your participation in high school activities is dependent on your eligibility. PROTECT that eligibility by reviewing with your parent(s)/guardian(s) this summary of Minnesota State High School League rules which govern your participation. Complete regulations are found in the MSHSL Official Handbook which is available at each member high school and which is also posted on the MSHSL Website: www.mshsl.org/governance. Please keep this brochure for reference, and if there is a question about any rule interpretation, **CONTACT YOUR SCHOOL PRINCIPAL OR ATHLETIC/ACTIVITIES DIRECTOR.**

I understand I must sign the current eligibility statement prior to participation each school year.

I understand that once I sign the eligibility statement all eligibility rules apply:

- 12 months of the year;
- Whether I am currently participating or not;
- Continuously from the first signing of the statement through the completion of my high school eligibility.

Parents/Guardians: REVIEW the following rules with your son or daughter. Your role in stressing the value of following these rules cannot be overstated.

General Student Eligibility Checklist (must be completed by all students) *(If you cannot check all 8 items, see your athletic/activities director or principal)*

- 1. Making academic progress toward graduation.
- 2. Will not have turned 20 before the start of the season in which I participate.
- 3. Have not dropped out of school or repeated a grade beginning with the initial entrance in the 9th grade.
- 4. Have not and will not use or possess tobacco or alcoholic beverages, use, consume, have in possession, buy, sell or give away any other controlled substance, including steroids, drug paraphernalia or products containing or used to deliver nicotine, tobacco products and other chemicals.
- 5. Have not and will not violate the racial/religious/sexual harassment/violence/and hazing bylaws of the MSHSL.
- 6. I agree to fully cooperate in any investigation honestly and truthfully.
- 7. Regardless of my age I agree to follow all of the MSHSL Bylaws in order to be eligible to represent my school in League-sponsored activities.
- 8. Both the student and parent have reviewed the concussion management information contained in the Eligibility Brochure and found on the following website: www.cdc.gov/headsup

Athletic Eligibility Checklist (must be completed by all athletes) *(If you cannot check all 5 items, see your athletic/activities director or principal)*

- 1. Physical exam within the last three (3) years on file with the school.
- 2. Have not transferred schools.
- 3. Will not participate in more than six (6) seasons in any sport in grades 7-12.
- 4. Have not accepted cash in any amount or merchandise valued at more than \$100 for participating in a sport.
- 5. Have not and will not compete in non-school events in my sport during my high school season.

INFORMED CONSENT: By its nature, participation in interscholastic athletics includes risk of injury and the transmission of infectious diseases such as HIV, Hepatitis B, herpes and others. Although serious injuries are not common, and the risk of HIV transmission is almost nonexistent in supervised school athletic programs, it is impossible to eliminate all risk. Participants have the responsibility to help reduce that risk. Participants must obey all safety rules, report all physical and hygiene problems to their coaches, follow a proper conditioning program, and inspect their own equipment daily.



Student-Athlete Authorization and Consent Form for Disclosure of Protected Health Info

I hereby authorize the athletic trainer and other health care personnel representing _____ **School** to release information regarding the student-athlete's protected health information and related information regarding any injury or illness during the student-athlete's training for and participation in athletics at the above named school. I further understand that it is at my request to comply with the requirements of his/her school and the release of protected health information to a coach, athletic director, or school official in connection with participation in interscholastic sports. This protected health information may concern the student-athlete's medical status, medical condition, injuries, prognosis, diagnosis, athletic participation status, and related personally identifiable health information. This protected information may be released to other health care providers, hospital and/or medical clinics and laboratories, athletic coaches, medical insurance coordinators, athletic and/or school administrators, chaplains and/or clergy members, and officials of the WCAL and CIF.

I, _____, parent and/or guardian of _____, student-athlete, understand that as a parent/guardian give authorization/consent for the disclosure of the undersigned student-athlete's protected health information is a condition for participation as an interscholastic athlete at the above named school. I understand that my protected health information may be protected by the federal regulations under the Health Information Portability and Accountability Act (HIPAA) and, if so, may not be disclosed without either parent/legal guardian authorization under HIPAA. This authorization/consent expires one year from the date it is signed.

The school employs a certified and licensed athletic trainer through Twin Cities Orthopedics for the purpose of educating student-athletes and preventing and treating injuries to the student-athletes while participating in school-related athletic events and programs.

I consent to the athletic trainer treating injuries and discussing any injuries or medical conditions with coaches, school staff and other qualified health care providers as deemed necessary within their scope of practice.

I understand that in the case of injury or illness requiring transportation to a health care facility, every attempt will be made to contact me but that, if necessary, the student-athlete will be transported via ambulance to the nearest hospital.

I acknowledge that I have received a copy of the Twin Cities Orthopedics Notice of Privacy Practices or can obtain online at <http://www.tcomn.com/PrivacyPolicy.aspx>. I have read this form and understand its contents at this date and time.

Consent for ImPACT and Release of Information

I give my permission for (name of child) _____ to have a baseline and post-concussion ImPACT (Immediate Post-concussion Assessment and Cognitive Testing) as needed, administered at the above named school. I understand that my child may need to be complete ImPACT more than once post-concussion, depending upon the results, as compared to my child's baseline, which will be on file at the above named school. I understand there is no charge to complete the ImPACT.

The above named school may release the ImPACT results to my child's primary care physician, neurologist, team physician or other interpreting physician. I understand that as a parent/guardian, I give authorization/consent for the involved athletic trainer and/or health care personnel representing the above named school to contact the child's primary care physician, neurologist, team physician, or other treating physician, coach, athletic director, or school official regarding the results of the ImPACT

I understand that general information about the ImPACT data may be provided to my child's school nurse, guidance counselor and teachers, for the purposes of providing temporary academic modifications, if necessary.

Print Student-Athlete's Name

Signature of Student-Athlete's Name

Date

Print Parent/Guardian Name

Signature Parent/Guardian Name

Date