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**QUICK REFERENCE
HOTLINES - SUPPORT GROUPS - REFERRAL NUMBERS**

AA - Alcoholics Anonymous: <i>For a person who may have an alcohol dependency</i> -----	(312) 346-1475
Abused and Battered Women (<i>24 hour Hotline</i>)-----	(773) 278-4566
Abused or Neglected Children (<i>DCFS Hotline</i>) (<i>Bilingual</i>)-----	(800) 25-ABUSE
Access to Care (<i>Main #</i>)-----	(708) 531-0680
Adoption Center (<i>Information in Illinois</i>)-----	(800) 572-2390
AIDS Test Positive Hotline & Support-----	(773) 989-9400
	(773) 471-0225
Al-Anon- <i>For a person whose life has been affected by a problem drinker</i> -----	(312) 409-7245
	(312) 850-0949 Spanish
	(800) 356-9996
Al-Ateen - <i>For a teenager whose life has been affected by a problem drinker</i> -----	(312) 409-7245
	(773) 471-0225 Palos Hts
	(815) 773-9623 Joliet
	(312) 850-0949 Spanish
	(800) 356-9996
Alzheimer's Association-----	(800) 272-3900
American Cancer Society-----	(708) 633-7770
American Heart Association-----	(312) 346-4675
American Stroke Association-----	(888) 478-7653
Bethel Community Facility-----	(708) 758-5585
Arthritis Foundation-----	(800) 735-0096
Boys Town National Hotline-----	(800) 448-3000
Cancer Support Center - Southland (<i>Homewood</i>)-----	(708) 798-9171
	(<i>Mokena</i>)----- (708) 478-3529
C.H.A.D.D. - <i>For adults and children affected by Attention Deficit Disorder</i> -----	(708) 802-4233
CA- Cocaine Anonymous-----	(773) 202-8898
Codependents Anonymous-----	(602) 277-7991 Nat'l Off
Consumer Credit Counseling-----	(800) 873-2227
Cook County Department of Public Health-----	(708)753-5800 Bridgeview
	(708) 210-4500 Markham
	(708) 210-4010 TDD

DCFS Day Care Licensing/Day Home Care Center-----	(312) 328-2465
Dental Clinic-----(Cook County Dept. of Public Health)-----	(708) 753-5800 Chg. Hts.
Depression After Delivery-----	(800) 944-4773
Diabetes Support Groups in your area (<i>American Diabetes Association</i>)-----	(312) 346-1805
EA-Emotions Anonymous: <i>For a person experiencing difficulty with emotional problems</i> -----	(708) 383-0200
Families Anonymous Help line -----	(773) 777-4442
Fibromyalgia Support Group (<i>Arthritis Foundation</i>)-----	(800) 735-0096 (708) 672-0264 (815) 730-6974
GA - Gamblers Anonymous: <i>For a person who is a compulsive gambler</i> -----	(312) 346-1588
Grief Support: St. James Bereavement Series-----	(708) 756-1000ext.6890
(New Identities Grief Support Group)-----	(708) 756-1000 ext. 6890
(Centre for New Beginnings)-----	(708) 923-1116
(Buddy's Pillars, <i>A program for bereaved children and families</i>)-----	(708) 354-0826
HCAP – Community Access Program, Cook County Cottage Grove-----	(708) 757-8800
St. James Hospital-----	(708) 756-1000ext. 2285
HIV/AIDS/STD Hotline-----	(800) 243-2437 (800) 782-0423 TTY/TDD
Homeless Helpline-----	(312) 747-0500
Illinois Dept. of Public Aid-----	(800) 720-4166
Food Stamps-----	(800) 243-6154
Childcare Benefits-----	(800) 447-4278
Health Benefits – Kid Care, Senior, Family, Medical -----	(800) 226-0768
Legal Aid Bureau-----	(312) 603-0600
Missing Children National Center Hotline-----	(800) 843-5678
NA - Narcotics Anonymous: <i>For a person who has a drug dependency</i> -----	(708) 848-4884
National Family Caregivers Association-----	(800) 896-3650
National Runaway Hotline-----	(800) 621-4000
Natural Family Planning Respect Life-----	(312) 751-5354
Nicotine Anonymous-----	(312) 458-9826
Northwestern Immunization Travel Clinic-----	(312) 926-3155
OA - Overeaters Anonymous: <i>For a person who has a food dependency</i> -----	(708) 346-0000
PADS Homeless Shelter-----	(708) 754-4357
Respond Now (<i>Emergency Food Pantry</i>)-----	(708) 755-4357
School Violence Tip Line-----	(800) 477-0024

South Suburban Family Shelter Crisis Intervention (<i>24 hour Hotline</i>)-----	(708) 798-7737 Office (877) 335-3020 Hotline
Southwest YMCA-----	(708) 385-6700
South Suburban YWCA Rape Crisis Hotline-----	(708) 748-5672
STD Information Lines-----	(800) 227-8922
Suicide Crisis Hotline-----	(630) 759-4555
Thornton Township Youth Commission-----	(708) 596-6046
Veteran's Administration-----	(800) 827-1000 (708) 754-6403

St. James Hospital and Health Centers

St. James Hospital & Health Centers

Chicago Heights Campus

1423 Chicago Road
Chicago Heights, IL 60411
(708) 756-1000

Olympia Fields Campus

20201 S. Crawford Avenue
Olympia Fields, IL 60461
(708) 747-4000

As the only teaching hospital in the Southland that combines osteopathic and allopathic medicine, St. James provides the community with access to research programs, super-specialty fellows, and mentoring physicians who are at the forefront of medical advances. Two campus locations (Chicago Heights and Olympia Fields) each feature compassionate care in the tradition of the Sisters of St. Francis of Perpetual Adoration, with state-of-the-art diagnostic and therapeutic programs at both acute care hospital facilities. Both campuses feature the new family-centered Lullaby Birthplace. The Chicago Heights Level II with extended capabilities allows care for high-risk mothers and infants, while the Olympia Fields Children's Corner is designed with the special needs of pediatric patients in mind. The only dedicated inpatient hospice in Chicago's Southland is located in Chicago Heights, while Olympia Fields is the home of one of only two Level I trauma centers in the area.

St. James Institutes

Comprehensive Cancer Institute

3900 W. Burke Road
Olympia Fields, IL 60461
(708) 679-2252 – Reception Number

The Comprehensive Cancer Institute is dedicated to research, prevention, detection, treatment and education for all forms of cancer.

With nearly 50 percent of the institute dedicated to early detection, St. James is setting the standard in the Southland for fighting cancer at its earliest stages when the chances of winning the battle are best. Cancer teams utilize some of the world's most advanced diagnostic imaging technology in order to provide a fast and accurate diagnosis and create a comprehensive and customized treatment plan. A unique model of care treats the mind and spirit, as well as the body, with emotional and spiritual support, nutritional planning, alternative therapies, and educational tools.

(708) 679-2253 – Breast Health & Wellness
Secretary ext. 1842

Health & Wellness Institute

100 West 197th Place

This medically-based fitness complex includes state-of-the-art equipment, programs, and amenities. Lifestyle and weight management services, wellness

Chicago Heights, IL 60411
(708) 755-3020

Heart and Vascular Institute

3800 W. Burke Road
Olympia Fields, IL 60461
(708) 679-2010-Reception Number
(708) 679-2216-Registration/Scheduling
(708) 679-2032-Cardiopulmonary Rehab

programs and exercise classes are offered. An Olympic-sized lap pool, whirlpool, sauna, steam room and childcare services are featured.

The Heart and Vascular Institute offers a seamless system of care between inpatient and outpatient services. The Institute provides one convenient location for educational, diagnostic, treatment, and rehabilitation services. Cardiac and pulmonary rehabilitation, Heart Talk and Breathers support groups are available.

**St. James Services and Programs
(presented alphabetically)**

Breast Health Services

(708) 679-2253

Lynn's Boutique, located at the Cancer Institute at Olympia Fields campus, provides a caring, supportive environment where women can find the healthcare products that best meet their needs. A registered nurse is available to answer personal questions and help fit intimate apparel.

Clinical Dietary Inpatient

(708) 756-1000 ext. 6570

Dietary Consultation and Education

(708) 756-1000 ext. 7649

Dietary consultations.

Individual and community dietary consultations and seminars for all non-diabetic conditions. Presentations are available for schools, groups, and adult day-care centers.

Emergency Medical Education Department

(708) 747-4000 ext. 1108

For Community:

CPR-Cardiopulmonary Resuscitation, CPR Instructor, 1st Responder, EMT, First Aid, Heartsaver, CPR Family and Friends, CPR Family and Friends (Spanish).

For Healthcare Professionals:

ACLS, PALS, AMLS, CPR Instructor classes, 1st Responder, Provider and Refreshers, Pre-Hospital Continuing Education.

Heart to Heart Support Group

(708) 679-2032

A support group for individuals with heart disease and other related diagnoses.

Heart Talk
(708) 679-2032

A Cardiac Support Group offered to the community for cardiac patients and their families for education and fellowship. Meets typically September through May on the first Tuesday of every month at 2:00 PM - 3:00 PM.

Human Resources Department
(708) 756-1000 ext. 7695
(708) 747-4000 ext.1433

Employment opportunities, employee benefits and compensation, consulting, special events.

Lullaby Birthplace at CH
(708) 756-1000 ext. 6400 (CH)
Direct dial line (708) 756-6867

Family-centered care with mother-baby nursing. Ten private LDRPs (labor/ delivery/ recovery, and postpartum rooms), including two VIP suites with whirlpools, and a centrally-located family waiting room allows mothers and family members the opportunity to enjoy the birth of their newborn. Featuring Level II with Extended Capabilities Neonatal Intensive Care Nursery, 24-hour in-house pediatricians and anesthesiologists with neonatologists on call twenty-four hours a day, as well as a Certified Lactation Consultant on staff. Education classes include Infant Massage, Boot Camp for Dads, Weekend Lamaze, Prenatal Exercise, Cesarean Section, Sibling Relationships and Breastfeeding.

Lullaby Birthplace at OF
Chicago Heights Campus
(708) 756-1000 ext. 6400

Family-centered care with mother-baby nursing. Three private LDRs, three private triage/LDRs, and six private postpartum rooms, along with a centrally located family waiting room to allow mothers and family members the opportunity to enjoy the birth of their newborn. Featuring Level II Nursery with Neonatologists on call 24 hours a day; in-house anesthesiologists round the clock, and a Certified Lactation Consultant on staff. Education classes include Infant Massage, Boot Camp for Dads, Weekend Lamaze, Prenatal Exercise, Cesarean Section, Sibling Relationships and Breastfeeding.

Mission Services
(708) 756-1000 ext. 1234
(708) 747-4000 ext. 1236

Ensures the dedication and commitment to the mission, vision and values of the Sisters of St. Francis of Perpetual Adoration. Provides compassion and support through services and programs, such as the Clothing Closet as well as support for various community agencies.

MRI

(708) 756-1000 ext. 6636 (Franciscan)
(708) 747-4000 ext. 1577

Diagnostic testing using closed Magnetic Resonance Imaging.

Pediatrics (OF)

The Children's Corner
(708) 747-4000 ext. 1390
Direct dial line (708) 679-2975

Family-centered care with sleeping chairs for parents, family kitchen, and family day/play room with state of the art entertainment system.

Twenty-bed unit, semi-private rooms (will use as private rooms when census allows).

Respiratory Services**Asthma Management Program**

(708) 242-0935 (CH) Beeper

Weekly classes offer participants instruction on topics such as asthma medication, nebulizers, inhalers, and spacers, asthma triggers, environmental control, and relaxation. Offered in English and Spanish. Call for schedule.

SHIP Senior Health Insurance Program

(708) 756-1000 ext. 7447

A free service designed to provide assistance and advocacy for senior citizens regarding Medicare, private insurance and related health coverage plans.

Sleep Lab

(708) 756-1000 ext. 1441

Sleep Apnea Syndrome: diagnosis, education and treatment, narcolepsy, restless leg syndrome, insomnia, night terrors and sleepwalking.

Spiritual Care

(708) 756-1000 ext. 6675 (CH)
(708) 747-4000 ext. 1012 (OF)

Chaplain Services and Medical Ethics.

(708) 756-1000 ext. 6890 (CH) Grief Support

St. James Pulmonary Offices

(708) 679-2032

The Pulmonary Support Group offers education and fellowship to the community of pulmonary patients. The group meets typically September through May on the third Thursday of each month from 1:00 PM - 2:00 PM.

St. James Senior Advantage

(708) 747-9355
(708) 747-4000 ext. 1700

A club designed for adults 50 and over. Benefits include social events, travel opportunities, up-to-the-minute information on health issues that are important to seniors, and discounts on various hospital services.

Volunteer Opportunities

(708) 756-1000 ext. 1234 (CH)
(708) 747-4000 ext. 1236 (OF)

Volunteer positions in more than 40 hospital departments as receptionists, patient advocates, messengers, and transporters.

Women's Board of St. James Hospital

Chicago Heights: (708) 756-1000 ext. 6888
Olympia Fields: (708) 747-4000 ext. 1740

Coordinates the Gift Shop, raffles, and special events in support of St. James and its programs.

Outpatient Centers & Associated Services:

St. James Hospital and Health Centers

The following services are outpatient and associated services.

Some are located in the St. James Community Health Center of Chicago Heights-North:

30 E. 15th Street, Chicago Heights, Illinois 60411.

Alverno Home Medical Equipment

16149 S. Clinton
Harvey, IL 60426
(708) 331-4615, ext. 1020
(800) 848-2159

Array of medical equipment and respiratory services.

Alverno Infusion Therapy

1400 Otto Boulevard
Chicago Heights, IL 60411
(708) 709-2165
(800) 709-2165

Specialized program for highly technical needs for home care requiring intravenous medications and treatments.

Franciscan Medical Pavilion

3700 W. Burke Road
Olympia Fields, IL 60461

Physician offices, pharmacy, and labs are easily accessible to the hospital.

Hospice House (Vitas)

(708) 756-1000 ext. 6600
(708) 709-2005

Through a partnership with Vitas, offers a 20-bed inpatient hospice.

Orthopedic and Occupational Rehabilitation Center

(708) 709-2009

Physical therapy, orthopedic and cumulative trauma, occupational therapy, worksite and programs for safety, and education.

Occupational and Environmental Health Center

(708) 709-2000

Treatment for on-the-job illness and injury, physical exam services, prevention/education, ancillary testing, and OSHA/NIOSH compliance.

Physical/Occupational Therapy Speech Therapy

(708) 756-1000 ext. 6310

Treatment for disabilities resulting from losses in function of the musculoskeletal, neuromuscular, and neurological systems.

Professional Pharmacy

(708) 747-7283 (OF)

Prescriptions

St. James Ambulance Service

(708) 756-1200
(888) 759-5100

24-Hour Ambulance Service

Transportation to and from residences, hospitals, outpatient facilities and nursing homes. Private insurance and Medicare/Public Aid approved.

St. James Center for Diabetes
(708) 709-2010

Services for children and adults include glucose screenings, self-management education, physician specialists, volunteer research programs and podiatry services.

St. James Physician Hospital Organization
30 E. 15th Street, Suite 402
Chicago Heights, IL 60411
(708) 709-2011

The PHO is a joint venture between St. James Hospital and its physicians. The PHO is comprised of a network of 225 physicians representing all major specialties and sub-specialties.

St. James Community Health Center of Homewood
18811 Dixie Highway
Homewood, IL 60430
(708) 335-0870

Internal Medicine (708) 799-6363
Pediatrics (708) 335-3693
(708) 798-1665

St. James Home Care Services
1400 Otto Boulevard
Chicago Heights, IL 60411
(800) 977-0003
(708) 709-2030

Home health services, medical equipment, oxygen, respiratory therapy, home infusion and private duty nursing.

St. James Community Health Center of Mokena
19807 LaGrange Road
Mokena, IL 60448
(708) 478-8208

Internal medicine, pediatrics, physical therapy, OB/GYN, diagnostic imaging center featuring open MRI.

Resources (Alphabetical)

Current as of January 2010. Numbers are subject to change. Please contact agency directly, and check for websites if available for updates.

AARP Illinois Office

222 N. La Salle Street, Suite 710
Chicago, IL 60601
(866) 448-3613
(312) 458-3613 TTY

Promotes and supports advocacy, education, and community service activities. Works in both private and public sectors to improve the quality of life for our members and for all Americans, as they grow older.

Access To Care

2225 Enterprise Drive, Suite 2507
Westchester, IL 60154
(708) 531-0680 Main #

A private not-for-profit organization that makes primary healthcare services available to low-income medically uninsured Suburban Cook County residents.

Access Family Health Society

152 W. Lincoln Hwy
Chicago Heights, IL 60411
(708) 754-9687

A community-based clinic providing preventative and primary healthcare to low income, uninsured and underinsured residents in Chicago's south suburbs. Services include exams, physicals, immunizations, chronic disease management, pregnancy test and HIV testing.

Addus Evergreen Home Health Care

1125 W. 175th Street
Homewood, IL 60430
(708) 647-0000

Adult Day Care Center: A caring environment for senior care. Homemaker service through Catholic Charities. Skilled nurses for treatment in the homes.

Advocate Christ Medical Center

4440 W. 95th Street
Oak Lawn, IL 60453
(708) 684-8000

Chemical dependency programs, crisis intervention, counselors/psychologists and smoking cessation. A full service hospital.

Advocate Hope Children's Hospital

4440 W. 95th Street
Oak Lawn, IL 60453
(708) 684-8000

Cancer, critical care, pediatrics, heart care, neonatology surgery and other medical services.

Advocate Lutheran General Hospital

1775 Dempster Street
Park Ridge, IL 60068
(847) 723-2210

Psychotherapy services using psychology and religious tradition to bring about mental, emotional, relational and spiritual healing, growth for individual adults, adolescents and children, couples and families.

Advocate South Suburban Hospital

17800 S. Kedzie Avenue
Hazel Crest, IL 60429
(708) 799-8000

A full service hospital.

AeroCare
43 W. 526
Sugar Grove, IL 60554
(800) 823-1911

Worldwide Air Ambulance Specialists. 24-hour worldwide services, bed to bed critical care service, international medical escort service.

Al-Anon Family Group
(Butterflies are Free)
(800) 356-9996

Local group meets Wed. nights support for those affected by drinking @ 8:00 PM @ St. George School, 6700 W. 176th Street, Tinley Park, IL 60477

Alternative to Suspension
1909 Cheker Square
174th & Dixie Hwy
East Hazel Crest, IL 60429
Contact South Suburban Council at
(708) 647-3375

To provide substance abuse education to youth who are in violation of school, home or community policy in regards to the use of alcohol or other drugs. As an alternative to traditional consequences, ATS provides a structured means for teens and parents to explore attitudes and actions related to alcohol and drug use. Teens 11-18, accompanied by adult. Program is 5 sessions on Tuesday & Thursday evenings, 7-9:00 PM.

Alterra Sterling House
8253 Virginia Street
Merrillville, IN 46410
(219) 736-9383
3444 Swanson Road
Portage, IN 46368
(219) 763-4867
1400 E Coolspring Avenue
Michigan City, IN 46360
(219) 874-5500
2601 Valparaiso Street
Valparaiso, IN 46383
(219) 548-2230

Assisted living.

Assisted living.

Assisted living & memory care.

Assisted living & memory care.

Alverno Home Medical Equipment
16149 S. Clinton
Harvey, IL 60426
(708) 331-4615
(800) 848-2159

Rent and sell medical equipment.

American Cancer Society

17060 Oak Park Avenue
Tinley Park, IL 60477
(708) 633-7770
(800) 920-1441

Nationwide community based voluntary health organization dedicated to eliminating and preventing cancer through research, education, advocacy and service.

American Civil Liberties Union

180 N. Michigan Avenue, Suite 400
Chicago, IL 60601
(312) 201-9740
(800) 572-1092

Guardian of liberty, working daily in courts, legislatures and communities to defend and preserve individual rights and liberties. Fights civil liberties violations wherever and whenever they occur.

American Heart Association

208 S. LaSalle Street, Suite 900
Chicago, IL 60604
(312) 346-4675

Prevention and education materials about fighting heart disease and stroke. Blood pressure training and Operation Stroke program. CPR classes offered.

American Red Cross

3302 W. 87th St.
Chicago, IL 60652
(773) 863-8048
(800) 337-2338
(312) 729-6258 – hotline

A humanitarian organization led by volunteers that provides relief in disasters and emergencies.

American Stroke Association

National Center
7272 Greenville Avenue
Dallas, TX 75231
(888) 478-7653

Focused on reducing disability and death from stroke through research, education, fundraising and advocacy.
(Division of American Heart Association)

Among Friends Adult Day Care

13333 Cicero Avenue
Crestwood, IL 60445
(708) 396-2345
18430 Halsted
Glenwood, IL 60425
(708) 755-2345

Adult day care, stroke victims, Alzheimer's victims, etc. transportation and CCP program.

Angels Touch

3636 S. Kedzie
Chicago, IL 60632
(773) 254-3232

Clothing pantry, emergency services, food pantry and housewares for low-income families and individuals. Only open during Christmas.

Anointed Word International Ministries, Inc.
3434 West 159th Street
Markham, IL 60428
(708) 210-1767

Food pantry every Wednesday 9:30 AM – 11:30 AM for individuals in Cook County. Food given only on Wednesday during these hours. Food is distributed on a first come first basis.

Applewood Center
21020 Kostner Avenue
Matteson, IL 60443
(708) 747-0052

Long term care nursing home, Hospice and Respite Care, Rehab center.

Arc of IL (*Illinois Life Span*)
20901 LaGrange Rd., Suite 209
Frankfort, IL. 60423
(815) 464-1832

Statewide resource for advocacy services. Free information for people with developmental disabilities.

Arden Courts Alzheimer's
3701 183rd Street
Hazel Crest, IL 60429
(708) 799-7099
2045 E. 170th Street
South Holland, IL 60473
(708) 895-1600
7880 W. College Drive
Palos Heights, IL 60463
(708) 361-8070

Alzheimer's assisted living.

The ARK
6450 N. California
Chicago, IL 60645
(773) 973-6730

Provides a comprehensive array of services for the physical, emotional and spiritual well-being of those in need. Transitional housing for homeless.

Ascend
12832 Mozart
Blue Island, IL 60406
(708) 597-3065

Serving children and adolescents in the southern suburbs. Offers Individual Play Therapy, Integrated Treatment Program, Life Skills Coaching, Academic Interventions Program, Parent Training and Anger Management.

Ascension-St. Suzanne Church
15234 Myrtle Avenue
Harvey, IL 60426
(708) 333-0931

Food pantry, Monday & Friday 10:00 AM to 12:00 PM, for Harvey residents.

Aunt Martha's Community Health Center
1536 S Vincennes Avenue
Chicago Heights, IL 60411
(708) 756-1135

Immunizations, school physicals, dental care, and psychological counseling for students of District 170.

Aunt Martha's Youth Services
Administrative Offices
19990 Governors Hwy
Olympia, Fields, IL.

Women's Health Center located at the Joe Orr location. Features 11 exam rooms, waiting room, children's play area, education room, laboratory, nurse's station and several offices. Bilingual staff on site.

Chicago Heights Community Health Center
1536 Vincennes Rd
Chicago Heights, IL.
(708) 709-3200
Women's Community Health Center
233 Joe Orr Rd.
Chicago Heights, IL.
(708) 709-7470
440 Forest Blvd.
Park Forest, IL.
(708) 679-8000
Oak Forest, IL.
(708) 535-2934

Free therapy, COA/ACOA groups, pregnancy tests, referrals, ATOD prevention education, youth homes, foster/parenting services, 24-hr. crisis intervention, support groups, substance abuse treatment, maternal child and shelter. HIV prevention/intervention.

Autism Society of Illinois
2200 S. Main Street, #317
Lombard, IL 60148
(630) 691-1270

Autism support, referrals and information.
Adult support groups and educational conferences.

Autumn Country Club Adult Day Care Center
1401 Plainfield Road
Joliet, IL 60435
(815) 730-0060

Day care for adults, funding through Department of Aging, VA and Department of Human Services.
6:00AM to 6:00 PM

Bethel Community Facility
1250 Portland Avenue
Chicago Heights, IL 60411
(708) 758-5585

Residents of Chicago Heights and vicinity, offers computer training, and homeless showers, children issues, daycare, emergency hotel nights, food voucher, job information, rent/mortgage assistance.

Bethel New Life
4050 W. West End
Chicago, IL 60624
(773) 473-7128

Single mothers w/children or pregnant women, referred from transitional shelter or from DHS.

Birthright of Joliet
310 N. Hammes Ave.

Pregnancy crisis center.
Free and confidential

Joliet, IL 60435
(815) 725-3411
(800) 550-4900 (Hotline)

Birthright of Kankakee
555 S. Schuyler Ave., # 145
Kankakee IL 60901
(815) 937-5881
(800) 550-4900 (Hotline)

Bloom Township Youth Committee
425 S. Halsted Street
Chicago Heights, IL 60411
(708) 754-9400

Bloom Township Senior Department
425 S. Halsted Street
Chicago Heights, IL 60411
(708) 754-9400

**Blue Cap Infant/Blue Island
Citizens for Persons w /
Developmental Disabilities, Inc.**
2155 Broadway
Blue Island, IL 60406
(708) 389-8137

Blue Island Dialysis
12200 S. Western Ave, # 119
Blue Island, IL 60406
(708) 597-9933

Branden House
333 Evergreen
Manteno, IL 60950
(815) 468-6556

Breakthrough Urban Ministries
3330 W. Carroll Avenue
Chicago, IL 60624
(773) 722-0179
5249 N. Ashland Avenue
Chicago, IL 60640
(773) 989-8353

Bremen Youth Services
15350 Oak Park Avenue
Oak Forest, IL 60452

Pregnancy crisis center.

Counseling on a sliding scale for families in Bloom Township. STEP-Parenting, peer jury, family/group counseling, court diversion programs, youth employment programs, adult/youth anger management.

Information/referrals, transportation, RTA discount passes, health screenings, simple wills, income tax service, circuit breaker and pharmaceutical assistance.

Infant parent services for birth – three years, OP/TP/Speech, on-site nurse, parent groups. Educational, therapeutic, and pre-vocational services for 3-21 year olds diagnosed with profound development delays. Also work with autistic children. Adult day workshop age 21 & up.

Renal Dialysis services.

Specialized assistance program for substance abuse. Residential and outpatient programs for male and female clients.

Shelter for women. Program for neighborhood youth.

Homeless service center for men, case management.

Prevention and crisis intervention, summer camp, individual and family counseling, group counseling for children, parenting classes, mentoring, and

(708) 687-9200

Bridgeview Church of God

7801 W. 71st Street
Bridgeview, IL 60455
(708) 458-9388

Calumet City Resources

202 155th Place
Calumet City, IL 60409
(708) 891-9330

Calumet City Health Youth & Family Services

401 154th Place
Calumet City, IL 60409
(708) 891-8180

**Jennifer S. Fallick,
Cancer Support Center**

2028 Elm Road
Homewood, IL 60430
(708) 798-9171

**Jennifer S. Fallick,
Cancer Support Center**

19250 Everett Lane
Mokena, IL. 60448
(708) 478-3529

Cathedral Shelter of Chicago

1668 W. Ogden
Chicago, IL. 60612

Higgins House

207 S. Ashland
Chicago, IL. 60612
(312) 997-2222

CEDA (Main Office)

208 S. LaSalle Street
Chicago, IL 60604
(312) 795-8618

CEDA – Center for Community Action

53 E. 154th Street
Harvey, IL 60426
(708) 339-3610

**CEDA - Cal Park/Blue Island
HeadStart**

COA/DASA.

Food Pantry fourth Sunday of each month at 12:30 PM. Must be a resident of Bridgeview.

Tuesday and Thursday 9:30 AM to 11:30 AM
Calumet City Residents Food and Clothing Pantry.

Calumet City residents parenting anonymous classes, over-55 defensive driving education, help with the aged. Immunizations, blood pressure screenings and school physicals.

Provides support groups, cancer specific bereavement groups, educational presentations, library, on-line services, wellness programs, child/family programs, single and family counseling, wellness classes.

Provides support groups, cancer specific bereavement groups, educational presentations, library, on-line services, wellness programs, child/family programs, single and family counseling, wellness classes.

Thrift store, administrative services.

Halfway house for men ages 18-65 recovering from substance abuse.

HeadStart, needs assessment and family counseling, after-school child care, WIC, child nutrition services, HIV/AIDS prevention counseling, food distribution, transitional housing, food and shelter services for homeless, energy assistance program, job skills training.

2519 W. Grove
Blue Island, IL 60406
(708) 371-5840

CEDA – Country Club Hills

HeadStart

17542 Pulaski

Country Club Hills, IL 60478

(708) 922-1320

CEDA - Ford Heights HeadStart

1647 Cottage Grove Avenue

Ford Heights, IL 60411

(708) 758-2510

CEDA Bloom-Rich Comm. Develop.

1203 West End Ave.

Chicago Heights, IL 60411

(708) 754-4575

CEDA – Harvey Area Child/Family

Development Center HeadStart

14700 & S. Wallace

Harvey, IL 60426

(708) 596-4040

CEDA-St. James Church HeadStart

9 West 21st Street

Chicago Heights, IL 60411

(708) 754-9801

CEDA – Orland Township HeadStart

7249 Wheeler Drive

Orland Park, IL 60462

(708) 614-0926

CEDA – Southeast HeadStart

3518 W. 139th Street

Robbins, IL 60472

(708) 371-9448

CEDA – Southwest Development

7666 W. 63rd St.

Summit, IL. 60501

(708) 458-2736

The Center

12700 Southwest Highway

Palos Park, IL 60464

(708) 361-3650

(Not affiliated with St. James Hospital and Health Centers)

Alcohol/drug counseling, resident treatment

(6 month halfway house – men only) and summer camp (children 9-17).

Centers for Family Change

4747 Lincoln Mall Drive, Suite 410

Matteson, IL 60443

Private outpatient practice specializing in the treatment of children and adolescents, families, and adults. Treatment for ADHD, Marital Counseling,

8941 S. Western Avenue
Chicago, IL 60620
2907 Butterfield Road, Suite 240
Oakbrook, IL 60523
(630) 586-0900

The Centre for New Beginnings

10300 W. 131st Street
Palos Park, IL 60464
(708) 985-3010

Center for Transformative Counseling

3612 W. Lincoln Highway, Suite 17
Olympia Fields, IL 60461
708-227-5348

Chicago Lakeshore Hospital

4840 N. Marine Dr.

Chicago, IL. 60640

(773) 878-9700

Contact: Tom Delegatto

(773) 907-4544

tdelegatto@chicagolakeshorehospital.
com

Children's Home & Aid Society

178 East 155th Street
Harvey, IL 60426-9998

(708) 333-0129

Regional Office

10 W. 35th St.

Chicago, IL 60616

(312) 808-0160

1101 Washington

Englewood Family Center

1701 W. 63rd Street

Chicago, IL 60636

(773) 476-6998

**CHIP – IL Comprehensive Health
Insurance Plan**

(1-800) 851-2751

(800) 545-2455 (TTY)

www.chip.state.il.us

Circuit Breaker

Pharmaceutical Assistance Program

P.O. Box 19003

Springfield, IL 62794-9003

Group Therapy. Community Education speakers available.

Grief support groups and recovery.

Licensed professional counseling for adults and adolescents, specializing in grief, loss, addictions, recovery and spirituality.

Inpatient and intensive outpatient services for children, adolescents and adults. Free assessments 24 hours a day/7 days a week. Mental health services & substance abuse services.

**Foster Care Programs & Adolescent Mother's
Resource Homes**

Adoption, FACT – substance abuse rehab program for women with children, child and family counseling, foster care, pregnancy and early parent counseling, adolescent mothers resource homes, Encuentro-violence prevention program for youth, community child care centers, community-based family centers in Englewood and Humboldt Park, helping children and teens overcome the trauma of severe physical and emotional abuse through residential treatment, youth services counseling, Roundhouse, a shelter for runaway or homeless teens, providing in-school tutoring and mentoring for children and adolescents.

A program established and maintained by the State of IL to provide health coverage for residents who are unable to acquire coverage through private, HMO or employer health plan. Not an insurance company, not entitlement or welfare program.

Pharmaceutical Assistance Program for low-income persons over 65.

(800) 624-2459
(800) 544-5304 TDD

Circuit Court of Cook County
50 W. Washington, Room 802
Chicago, IL 60602
(312) 603-6300

Court information: Domestic Relations Division, domestic cases, orders of protection, custody and filing of divorces.

Circuit Court of Cook County
2650 S. California
Chicago, IL 60608
(773) 869-3282

Adult probation office.

Clara's House
1650 W. 62nd Street
Chicago, IL 60636
(773) 778-8854

Shelter for mothers and children. Must go through DHS central Intake @ (312) 746-7213.

Clusters (Moms of Multiples)
P.O. Box 1159
Orland Park, IL 60462
(708) 802-1403

Non-for-profit support group for moms of twins, triplets, and more. Meets at the Church of the Transfiguration, 123rd & 86th Palos Park. Meetings are Wednesdays -New Moms 6:30-7:00 PM and the General meeting is 7-10:00 PM.

CNN Home Delivered Meals
15652 Homan Avenue
Markham, IL 60426
(708) 596-6530

Home-delivered meals. Client must be 60 or older and unable to get out and shop.

Coalition of Citizens with Disabilities
300 E. Monroe, Suite 100
Springfield, IL 62701
(217) 522-7016
(800) 433-8848

Advocacy and referrals for individuals with disabilities.

Codependents Anonymous
(602) 277-7991 National Office:

Call the central office for meeting locations.
Locally:
Oak Forest United Methodist Church
159th St. and Lorel Ave.
Thursday, 10:00AM

ComForcare Senior Services
14475 John Humphrey Dr., Suite 330
Orland Park, IL 60462
(708) 349-4499

Personal care aides and 24-hour, live-in assistants are available 24 hours a day. Meal preparation, medication reminders, companionship, transportation/errands, grooming, hygiene and family respite are available.

Community Center Foundation
12700 Southwest Highway
Palos Park, IL 60464
(708) 361-3650

Social service center that runs a children's farm, a summer camp, retreat center, Halfway house for men and more.

Community Enterprises
17341 Palmer Boulevard
Hazel Crest, IL 60429
(708) 957-7060

Psychosocial program and job training for mentally ill, 18 years and up.

Community Mental Health Council
8704 S. Constance Avenue
Chicago, IL 60617
(773) 734-4033

Provide comprehensive behavioral health services to people throughout the life cycle. In addition we have vocation and placement programs,

**Community Resource Network
First Call for Help**
300 N. Elizabeth Street, 610-C
Chicago, IL 60661
(800) 725-5314
(312) 491-7816 TTY

Referral services to direct you to health and social service agencies and services in your area – confidential and free of charge. Information about child care, counseling, emergency assistance, job training and placement, legal aid, care for the elderly, rehabilitative alcohol and substance abuse programs, and more. Mon. thru Fri., 8:30 – 6 PM.

Compassionate Friends
22013 Governors Highway
Richton Park, IL 60471
(630) 740-9905-Nancy Lumpp
Loss of child any age (708) 756-6799
Parent Infant Net: (708) 532-4215

Grief support for the loss of a child. PIN is for the loss of an infant up to 1 year of age, including miscarriages. Meet @ Leonard Robinson Youth & Family Center, 22013 Governors Highway, 2nd Tuesday of month @ 7:30 PM.
PIN - 3rd Wednesday of the month at same site.

Constance Morris House
8020 W. 87th Street
Hickory Hills, IL 60457
(708) 741-4500
(708) 485-5254 Crisis Line

Battered women's shelter, women and children - up to 3 months stay, domestic violence program, option programs for abusers, free therapy, sexual assault, HeadStart and ARISE program.

Cook County Department of Public Health – Cottage Grove Center
1645 Cottage Grove Avenue
Ford Heights, IL 60411
(708) 753-5800

Dental services, Immunization Clinic, Health Clinic, WIC, case management and HIV information.

Cook County Department of Public Health - Court Building
16501 S. Kedzie Parkway
Markham, IL 60426
(708) 210-4500
(708) 210-4010 TDD

Family planning, STD, immunization, prenatal care. Targeted Intensified Prenatal Program (TIPP) for high risk pregnancies. Case management, clinical services.

Cook County Department of Public Health – Southeastern Health Center
52 W. 162nd Street
South Holland, IL 60473
(708) 210-4500

Walk-in Clinics for immunizations, pregnancy testing and Sexually Transmitted Diseases. Access to Care registration, breast and cervical cancer screening, vision and hearing screening, dental health, family planning, HIV/Aids testing, prenatal services, WIC.

Cook Co. Sheriff's Youth Services
1311 S. Maybrook Drive, Room 205
Maywood, IL 60153
(708) 865-2900

Drug and tobacco prevention, educational and leadership activities for youth. K-12 programs for Respect. Bullying prevention program for schools.

Cornell Interventions Woodridge
2221 64th Street
Woodridge, IL 60517
(630) 968-6477

Males 13 to 18 years of age and adults with residential treatment, outpatient counseling provided to male and female adolescents, and residential substance-abuse treatment for adult males. Recovery home for adolescent males. Female out patient only.

Cornerstone Community Outreach
4628 N. Clifton Avenue
Chicago, IL 60640
(773) 271-8163

Transitional housing for homeless families; subsidized housing for single mothers with children; mentoring inner-city youth, housing, and medical care for low income seniors, walk-in assistance w/pregnancy issues, overnight, dinner, breakfast and showers for homeless single women.

Cottage Grove Health Center of Cook County
1645 Cottage Grove Avenue
Ford Heights, IL 60411
(708) 753-5800

School immunizations and physicals, dental care, WIC, case management and HIV information.

Crete Reflexology Clinic
Crete Commons Professional Centre
484 Cass Street, Suite 101-104
Crete, IL 60417
(708) 672-4773

Reflexology clinic.

Crisis Center for South Suburbia
P.O. Box 39
Tinley Park, IL 60477
(708) 429-7255 (Administration)
(708) 429-7233 (24 Hour Hotline)

Short term shelter – women and children, counseling, court advocacy, community policing program, hospital advocacy, Fresh Start dating, violence prevention program, transitional housing, Choices program.

Cronwall, Melinda, MA, N.C.C., LCPC
9601 W. 165th Street, Suite 6
Orland Park, IL 60467
(708) 873-0170

Child, adolescent, adult, family and individual therapy and consulting.

Davita Olympia Fields Dialysis Center
4557-B West Lincoln Hwy, Suite B
Matteson, IL 60443-2358
(708) 503-1112

Renal Dialysis services.

Deer Creek Christian Church
425 Exchange
Park Forest, IL 60466
(708) 672-6515

A faith-based community committed to diversity & Holistic Ministry. Services for the entire family. Food pantry (1st & 3rd, Wednesday), individual & family counseling, utility assistance, spiritual care.

Department of Human Services Kings Center
4314 S. Cottage Grove
Chicago, IL 60653
(312) 747-2300

Shelter for men, women and children (must go to a community center between 8:00 AM and 4:30 PM, after that contact the police or hospital), rental assistance, food boxes, GED and mental health program, public health nurse for shots.

DependiCare
1815 Gardner Road
Broadview, IL 60155
(708) 345-7400
(800) 244-7404

National runner-up for 2002 HME Excellence Award for Respiratory Care, offering services from simple medications to management of complex ventilator-dependent patients. We provide quality equipment & teach patients how to use it.

Division of Specialized Care for Children-South Cook Regional Office
6160 S. East Avenue
Hodgkins, IL 60525
(708) 482 0633
(800) 425-5454

Care coordination, treatment, and rehabilitation of children with certain chronic physical disabilities and health impairments.

<p>Dixie Manor 15535 Dixie Highway Harvey, IL 60426 (708) 339-6438</p>	<p>Licensed long-term care shelter facility for mentally disabled.</p>
<p>Door of Hope Rescue Mission 5313 S. Indiana Avenue Chicago, IL 60615 (773) 624-0586</p>	<p>Overnight shelter for men only.</p>
<p>E.C.H.O. 350 W. 154th Street South Holland, IL 60473 (708) 596-3200 (708) 339-3435</p>	<p>Special Education School ages 8-21, for children with cognitive delay ranging from TMH to severe autism. Vocational training with job placement.</p>
<p>Epilepsy Foundation Greater Chicago, South Suburban Outreach 17 N. State Street Chicago, IL 60602 (312) 939-8622</p>	<p>Epilepsy support, advocacy programs, counseling, vocational assistance and education for those dealing with epilepsy or their loved ones or for anyone interested in dealing with epilepsy in an educated way.</p>
<p>ESSE Adult Day Care – Ecumenical Support Services for the Elderly 41 N. Park Boulevard Glen Ellyn, IL 60137 (630) 858-1005 515 S. Wheaton Avenue Wheaton, IL 60187 (630) 260-3773 802 E. Geneva Road Wheaton, IL 60187 (630) 784-0773</p>	<p>Adult day-care center and other support services for the elderly.</p>
<p>European Nannies, Ltd. 5637 W. Lawrence Avenue Chicago, IL 60630 (773) 777-5550</p>	<p>Adult care, companionship, hourly ladies, live-in ladies, cooking, cleaning, hospice services. Babysitting for children & adults.</p>
<p>Fairview Ministries, Inc. 250 Village Drive Downers Grove, IL 60516 (630) 769-6000</p>	<p>Continuing care retirement community serving the senior population in the areas of independent living and long-term care management.</p>
<p>Faith Bailey Health Center 401 154th Place Calumet City, IL 60409 (708) 891-8170</p>	<p>Meals on Wheels for elderly/housebound, Calumet City residents only. Free blood pressures, baby clinic twice a month, loan closet for medical equipment.</p>
<p>Family Counseling Center a</p>	<p>Counseling, individual, couples, groups, children,</p>

Division of Trinity Services, Inc
1395-C Main Street
Crete, IL 60417
(708) 672-8817
62 W. Washington
Joliet, IL 60432
(815) 722-4384
Township Hall at Wolf Rd & 30
Frankfort, IL 60423
(815) 469-4778

adolescents and adults. Marital, anger counseling and parent training.

Family Enrichment Program

Riverdale Annex
150 W. 137th Street
Riverdale, IL 60827
(708) 841-5950

A support program for families of infants and toddlers from newborn to age three. The program helps parents to better utilize health, social and educational resources within the community. It is an ECHO District.

Family Guidance Centers

310 West Chicago Avenue
Chicago, IL 60610
(312) 943-6545
15400 South Page Avenue
Harvey, IL 60426
(708) 333-8960

Outpatient substance abuse treatment with methadone, intensive outpatient services, mental health counseling, school-based prevention/treatment, HIV screening and assessment, and toxicology testing.

**Family Learning Institute
Washington – McKinley School**

Mailing address
202 S. Halsted Street
Chicago Heights, IL 60411
(708) 756-4353

Prairie State College Family Learning program offering GED in Spanish and English, ESL classes, parenting discussion groups, parent & child activities. Free child-care services.

Family Wellness

4320 W. Madison
Chicago, IL 60624
(773) 921-3632

Men, women and children that are homeless can stay up to 4 months. There is a waiting list.

FamilyCare of Illinois

10046 S. Western Avenue
Chicago, IL 60643
(773) 429-0300

Foster Grandparents program and various family enrichment programs. Child care, career discovery and PACT. A multi-service agency helping families through tough times.

Fares-O'Malley, Patricia

1004 E. Church Road
Beecher, IL 60401
(708) 946-1982

Hypnotherapy for pain, guided imagery and meditation for stress.

First Step House

1029 Graceland Avenue

Shelter for recovering alcoholics – men only. AA meetings.

Des Plaines, IL 60016
(847) 824-1256

Forever Free
4539 S. Wells
Chicago, IL 60609
(773) 548-9500

Franciscan House of Mary & Joseph
2715 W. Harrison
Chicago, IL 60612
(773) 265-6683

Garden Center for the Handicapped
8333 S. Austin
Burbank, IL 60415
(708) 636-0054

Women recovering from alcohol/substance abuse.

Overnight shelter only: 18 and over, Men arrive by 6:15 PM. Women arrive by 8:00 PM. Cannot be intoxicated. Showers available. Case management.

Offers job support services and recreational activities for mentally and developmentally challenged adults.

Gateway

3828 W. Taylor
Chicago, IL 60624
(773) 826-1916

Residential substance abuse services for adolescents, men and women. MISA, Medicaid and DCFS Initiative Residential.

Gilda's Club Chicago

537 North Wells Street
Chicago, IL 60610
(312) 464-9900

Provides a place where men, women and children with cancer and their families and friends join with others to build social and emotional support as a supplement to medical care. Free services.

Girl Scouts of Greater Chgo &

Northwest Indiana
1005 W. 175th St.
Homewood, Il. 60430
(708) 957-8100

Provides Girl Scout programs and community service hours to schools, churches, ark Districts.

Glenwood Care Center

222 N. Hammes
Joliet, IL 60435
(815) 725-0443

A licensed skilled nursing facility and rehabilitation center with respite services. Alzheimer's care.

Glenwood School

500 W. 187th Street
Glenwood, IL 60425
(708) 754-0175

Glenwood is the only preventative program of its kind, providing an affordable residential / educational community for children (boys & girls) from low income, mostly single parent families.

Glsen Chicago

961 W. Montana
Chicago, IL 60614
(773) 472-6469 X 235

Education for Alternate Lifestyles

Good Shepherd Center

17512 S. Carriage Way, Suite A
Hazel Crest, IL 60429
(708) 957-2600

Childcare resources and referrals, educational training workshops and health and safety technical assistance, parent training.

Good Shepherd Center

17314 S. Kedzie
Hazel Crest, IL 60429
(708) 335-0020

Respite care, early intervention therapy from birth to three, pediatric therapy for children three and up. LEKOTEK lending site of developmental toys for exceptional children. Two-year old pre-school, with and without disabilities.

Goodwill Industries Store and Donation Center

7400 W. 159th Street
Orland Park, IL
(708) 429-9030

Donate or buy used items such as clothing, furniture, jewelry, power tools, games, toys, housewares, antiques, computers, books, records, CDs, antiques, blankets, etc.

Governors State University
University Park, IL 60466-0975
(708) 534-4545

(Family Development Center)
(708) 235-7333

Grand Prairie Services
19530 S. Kedzie Avenue
Flossmoor, IL 60422
(708) 799-2200
15406 Lexington Avenue
Harvey, IL 60426
(708) 596-5900
450 W. Lincoln Highway
Chicago Heights, IL 60411
(708) 503-9670

Grand Tots
13209 Schneider Street
Cedar Lake, IN 46303
(219) 374-6025

Great Lakes ADA Center
1640 W. Roosevelt Road, Room 405
Chicago, IL 60608
(800) 949-4232

Greenhouse Shelter
P.O. Box 477916
Chicago, IL 60647
(773) 278-4110
(773) 278-4566 (24 Hr. Hotline)

Guildhaus
2413 Canal
Blue Island, IL 60406
(708) 385-3228

**Habitat for Humanity – Chicago
South Suburbs**
1655 Union Avenue
Chicago Heights, IL 60411
(708) 756-2015

Harmony Health Plan/Wellcare
200 W. Adams, Ste. 800
Chicago, IL 60606
(312) 630-2025

Counseling center for individual, couple, family & vocational.

Educational programs, birth to 3 program, parent groups, Stop & Play groups, parent education meetings

Home Visits – 0 – 3 years

Pre K – 3 – 5 years

Provides a full range of family, individual and group counseling. Crisis intervention service, mentally ill individuals, adult counseling, education referral, education services, financial voucher program, housing options, housing referral, independent living skills.

Day program for mentally ill & psychological services.

Adult and child day care.

Technical assistance for agencies and individuals regarding the Americans With Disabilities Act. Training for organizations on ADA.

Abused women & children shelter (through the intake program by calling the hotline) may stay up to four months, legal advocacy, support groups. Bilingual staff.

Halfway House – men only. NO detox, residential extended care 18 years and older for recovering alcoholics and substance abuse.

Permanent housing – Eligibility requirements: Must have annual income between \$24K to \$42K base, depending on family size. 450 hours of sweat equity required and a credit check.

Medicaid and Medicare managed care organization.

Hartgrove Hospital
5730 West Roosevelt Rd
Chicago, IL 60644
24-hr. emergency services
Direct (773) 413-1700
(1-800) 478-4783
FAX (773) 413-1725
www.hartgrovehospital.com

Hazelden
967 N. Dearborn Street
Chicago, IL 60610
(1-800) 257-7800

Hazel Crest Community Church
17050 California
Hazel Crest, IL 60429
(708) 335-4500

Heartland Blood Centers
16100 Centennial Circle
Tinley Park, IL 60477
(708) 633-0101

Helping Our Panic End (HOPE)
P. O. Box 22
Tinley Park, 60477
(708) 614-9016

Hinterman, Jessica LCSW
19710 Governors Highway, Suite 9
Flossmoor, IL 60422
(708) 957-2377

Hispanic Outreach Rehabilitation Program (HORP)
400 Forest Boulevard
Park Forest, IL 60466
(708) 748-7182

Holland Home For The Retired
16300 Louis Avenue
South Holland, IL 60473
(708) 596-3050

Home Instead Senior Care
12400 Harlem Avenue, Suite 201
Palos Heights, IL 60463
(708) 671-2648

Home Physicians

158 bed behavioral facility serving children, adolescents and adults throughout the Greater Chicago land area and collar counties. Children's programs, adolescent programs, young adult programs, specialty evaluation programs as well as the Hartgrove Academy's Educational Program. 24 hour free and confidential assessments also.

Hazelden provides men, women, and teens with treatment for alcoholism and drug addiction.

Food pantry is open the second and fourth Wednesday of the month.
PADS – Sunday night

Center for blood donations.

Support group for those with anxiety/panic disorders. A teen group on Tuesday @7:00 p.m.
Meeting times: Mon. & Wed., 7:15 PM

Clinical social worker. Provides individual counseling for adults and adolescents, couple therapy and family therapy.

A statewide partnership of Latino organizations formed to identify and provide support to Hispanics with disabilities and to assist them to achieve success in education, employment and independent living skills.

Assisted living, independent living and respite. Private rooms & 1 bedroom facilities.

America's most trusted source for affordable non-medical companions and home care for Seniors. All caregivers are trained, bonded and insured.

Specializes in providing the comprehensive

1735 North Ashland Avenue
Chicago, IL 60622
(773) 292-4800

medical care you deserve in the comfort and convenience of your own home. Fully licensed doctors.

Home Rehabilitation-City of Markham
15652 S. Homan Avenue
Markham, IL 60426
(708) 331-0233

Housing rehabilitation assistance in Markham. Government funded.

Homewood Flossmoor Peer Jury
Program c/o
Homewood Police Dept.,
17950 Dixie Hwy.
Homewood, IL. 60430
(708) 539-8999

Coordinator: Mary Therese Fazzini

Homewood Flossmoor Peer Jury Program
c/o Homewood Police Dept.
17950 Dixie Hwy.
Homewood, IL. 60430
(708) 539-8999
Mary Therese Fazzini, Coordinator

Homewood Taxi Fare Subsidy
Homewood, IL 60430
(708) 206-3367
(708) 798-3000

Vehicle sticker and taxi line.

Hoover Home Health Equip, Inc.
3326 Ridge Road
Lansing, IL 60438
(708) 895-2207

Sale and rental on new and used home health supplies. Accept Medicare, public aid and private insurance. Delivery available. Diabetic shoes and breast prosthesis.

Hope Community Services
16224 Kedzie Avenue
Markham, IL 60426
(708) 333-8052

Residents of Markham, Harvey, Hazel Crest, Country Club Hills, Phoenix and Dixmoor - Eligibility: Low-moderate income, facing personal or family emergency, bus fare, food pantry, emergency hotel nights, housing referral, intake referral, legal referral, prescription payment and rent/mortgage assistance, utilities.

Housing Authority of Cook County
310 S. Michigan Avenue, Suite 1500
Chicago, IL 60604
(312) 663-5447

Housing assistance- Section 8.

<p>Housing Opportunities for Women 1150 West Lunt Chicago, IL 60626 (773) 465-5770</p>	<p>Transitional living program for women with or without children, referrals by case management ONLY.</p>
<p>Howe Center 7600 W. 183rd Street Tinley Park, IL 60477 (708) 614-4000</p>	<p>Residential Placement/SOF, Community Program Services</p>
<p>Human Development Center - HDC 142 E. 154th Street Harvey, IL 60426 (708) 339-4449</p>	<p>Child care provider training, parent workshops, community outreach, speakers bureau, subsidized childcare, CACFP food program sponsor for family child care homes.</p>
<p>Hurley Counseling & Consulting Co. 105 22 South Cicero Avenue Oak Lawn, IL 60453 (708) 636-6571</p>	<p>A professional counseling and consulting Company focusing on mental health and substance abuse services to individuals, schools, and businesses. Specialties include depression anxiety, substance abuse, grief, parenting crisis counseling, and adolescents.</p>
<p>Illinois Coalition Against Domestic Violence 801 S. 11th Street Springfield, IL 62703 (217) 789-2830</p>	<p>Referrals throughout Illinois, domestic violence training, public education materials for domestic violence.</p>
<p>Illinois Department on Aging 421 E. Capitol Avenue Springfield, IL 62701 (800) 252-8966</p>	<p>Publications and resources, elder abuse and neglect programs, give benefit aid for prescription programs and all general senior services.</p>
<p>Illinois Department of Children and Family Services 1921 S. Indiana Chicago, IL 60616 (312) 808-5000 100 W. Randolph Chicago, IL 60601 (312) 814-6800 (Director's office) 1619 W. Jefferson Joliet, IL 60435 (815) 730-4000 (Director's office)</p>	<p>State agency: foster care information, child abuse and neglect.</p>
<p>Illinois Department of Human Services South Suburban 14820 S. Kedzie Avenue</p>	<p>Food stamps, medical assistance, financial aid for families with children.</p>

Midlothian, IL 60445
(708) 371-5750
Child Support: (800) 447-4278
Child Support community outreach speaker:
(312) 345-2345

**Illinois Dept. of Human Services
Division of Rehabilitation Services**
1279 N. Milwaukee Avenue, Fl 3
Chicago, IL 60622
(773) 292-2900

Rehabilitation services.

Illinois – DHS-DRS
1010 Dixie Highway, 4th Floor
Chicago Heights, IL 60411
(708) 709-3333

Rehabilitation services.

**Illinois Department of Veterans
Affairs**
1010 Dixie Highway, Suite 211
Chicago Heights, IL 60411
(708) 754-6403

Veteran's Services.

IEMA
Illinois Emergency Management
(847) 294-4717 Region # 3 – Cook
(815) 387-8963 Region # 4 – Will

Responsible for coordinating the State's disaster mitigation, preparedness, response and recovery programs and activities for Region 3 – Cook and Region 4 – Will Counties.

Illinois Spina Bifida Association
8765 W. Higgins Road, Suite 403
Chicago, IL 60631
(773) 444-0305

Spina Bifida support services, educational materials, summer camp, outreach.

Illinois STARNET-Region IV
Southwest Cooperative
6020 W. 151st Street
Oak Forest, IL 60452
(708) 342-5370

Provides training, consultation, resources and assistance to parents and professionals of children with special needs. Emphasis: Birth to eight years.

Illinois Youth Center- IYC (Joliet)
2848 W. McDonough Street
Joliet, IL 60436
(815) 725-1206

Department of Corrections – juvenile division.

IMPACT!
17740 Hoffman Way
Homewood, IL 60430
(708) 206-1531

Abstinence education program.

Imperial of Hazel Crest

3300 W. 175th Street
Hazel Crest, IL 60429
(708) 335-2400

Intermediate and skilled nursing and rehab service provider. Respite and hospice care.

Independent Days Adult Care

1941-43 Ridge Road
Homewood, IL 60430
(708) 206-1430

Day care for adults, increased social exposure, disabled, Alzheimer, transportation available.

Ingalls Central Intake Health Management Center

One Ingalls Drive
Wyman-Gordon Pavilion
Harvey, IL 60426
(708) 915-6411

Intensive outpatient AM psychiatry. Felicia Houston, inpatient and out-patient community relations specialist.

(708) 915-6873

e-mail: fhouston@ingalls.org

Intercept

20200 Governors Drive, #104
Olympia Fields, IL 60461
(708) 747-8535

Alcohol/drug evaluations, risk education, outpatient substance abuse programming (ASAM) level .5 and 1 and continuing care.

Jewish Children's Bureau

3649 W. 183rd Street, Suite 123
Hazel Crest, IL 60429
(708) 798-1859

Services to children through individual and family counseling, pregnancy counseling and adoption planning services. Foster care cases.

Jewish Family & Community Service

3649 W. 183rd Street
Hazel Crest, IL 60429
(708) 799-1869

Individual, couples, family, and group counseling to assist with all life problems. Psychological education group discussions to enhance quality of family life.

Jewish Federation Metropolitan Chicago

3649 W. 183rd Street, Suite 123
Hazel Crest, IL 60429
(708) 798-1884

Addresses the needs of the Jewish community in the South Suburbs. Provides referral services for the entire community.

Jones Memorial Center

220 E. 15th Street
Chicago Heights, IL 60411
(708) 757-5395

Community center - "Mothers and Children Up to Golden Agers", after school programs, computers, music, basketball, food, adult basic education, feeding program, financial voucher program, food programs & food pantry and Hispanic referrals.

Jordan Community Service Center

16410 S. Lathrop Avenue
Harvey, IL 60426
(708) 225-1312

Prevention programs for 6th, 7th & 8th grade youth and early crime (drug, sex) prevention. Teen parent program, teen reach after school program.

<p>Josephine P. Argento Senior Center 1700 Memorial Drive Calumet City, IL 60409 (708) 832-1208</p>	<p>Provides social, recreation, education & nutrition programs for seniors at the drop-in center. Provides hot noon meals and home-delivered meals for the elderly, in the South Suburbs.</p>
<p>Kid Care (800) 226-0768</p>	<p>Health Insurance plans for children.</p>
<p>King-Bruwaert House 6101 S. County Line Road Burr Ridge, IL 60527 (630) 323-2250</p>	<p>King -Bruwaert House offers a picturesque setting to senior adults, age 60 and older, seeking independent living, three levels of assisted living, memory loss and skilled care. Fees include three delicious daily meals, weekly housekeeping, personal laundry and linen service, fitness and horticulture classes and many social activities. K-B House holds accreditation in Assisted Living and Long-Term Care. An on-site geriatric medical center is available to seniors offering convenient outpatient services by appointment.</p>
<p>Kingdom Living Outreach Services, Inc. (KLOS, Inc.) 20303 S. Crawford Ave., Stge. 100 Olympia Fields, IL. 60461 (708) 747-9399 Klos-outreach@yahoo.com Doris Palmer, Executive Director</p>	<p>IOP, prevention, DUI and life skills, tutoring & mentoring. Service Age: 13 and up</p>
<p>Komen National Breast Care (877) 745-7467 (800) 462-9273 Hotline</p>	<p>Breast care and cancer information.</p>
<p>LaBelle, Joanna MA St. Ireanus Church 78 Cherry Street Park Forest, IL 60466 (708) 756-9423 (Marian H.S.)</p>	<p>Adolescent and family, eating disorders, substance abuse.</p>
<p>LAMBB 11407 S. Edbrooke Chicago, IL 60628 (773) 821-7989</p>	<p>Transitional housing for women with children, allowed a stay up to four months. Provides clients with social service referrals, housing and health referrals, clothing, support counseling.</p>
<p>The Lamb's Fold/Women's Center 153 S. Ottawa Street Joliet, IL 60436 (815) 723-5262</p>	<p>Transitional housing for women 18 & older, pregnant or not, with or without children. Will not house male children over 8 years of age.</p>
<p>Lansing Community Pantry</p>	<p>Food Pantry- Tuesday from 11:00 AM to 1:00 PM,</p>

2990 Ridge Road
Lansing, IL 60438
(708) 895-3807

for Lansing residents only.

La Rabida Children's Hospital
East 65th Street at Lake Michigan,
Chicago, IL 60649
(773) 363-6700

Hospital dedicated to caring for children with chronic illnesses, disabilities, or who have been abused or neglected.

La Rabida Joli Burrell Children's Advocacy Center
200 Lakewood Boulevard
Park Forest, IL 60466
(708) 481-9799

Support and educational programs for sexually abused children and children who have experienced psychological trauma. Parent support servers.

LARC, Inc. (In association with Retarded Citizens)
19043 Wentworth
Lansing, IL 60438
(708) 474-1540

Services enabling people with disabilities to live, work and play in the community.

Lazarus House
214 Walnut Street
St. Charles, IL 60174
(630) 587-2144

Men, women & children's shelter, assistance obtaining health care (medical, dental, eye, substance abuse, and mental health,) GED preparation and volunteer tutoring, assistance w/ resume writing and job applications, assistance with filing income tax forms, Social Security forms, etc. and personal hygiene items. Also assists community members in avoiding homelessness (rental and utility assistance, referrals, etc.)

Leader Dogs for the Blind
23030 Mach Drive
Steger, IL 60475
(708) 758-8486

Contact person for visually impaired who need a guide dog.

Legal Assistance Foundation
900 E. 162nd Street
South Holland, IL 60473
(708) 271-4950

Housing, welfare, education (expulsions), civil rights and juvenile problems (nothing criminal) and mortgage issues. Free civil legal services to low-income persons.

LifeWorks
1611 Jefferson Street
Joliet, IL 60435
(815) 730-7521

Male and female adolescents and adults outpatient only.

Lighthouse Community Church of the Nazarene

Food Pantry Lansing residents.

2158 175th Street
Lansing, IL 60438
(708) 474-9045

Lincoln's Challenge Academy
205 Dodge Avenue
Rantoul, IL 61866
(217) 892-1305
(708) 343-8104

Structured military environment where youth receive G.E.D instruction, self-discipline, life coping skills, and career counseling.

Lincolnway Personal Resource Center
10217 Lincoln Highway
Frankfort, IL 60423
(815) 469-8876

Individual, family and marriage psychotherapy.

Linden Oaks Hospital
852 S. West Street
Naperville, IL 60540
(630) 305-5500
(800) 955-6257

Behavioral healthcare provides a variety of treatment and support services for adults, adolescents, and children who are coping with eating disorders, alcoholism, depression, anxiety, self-injury, and other behavioral health issues. Inpatient, outpatient and partial hospital services.

Little Company of Mary Hospital
2800 W. 95th Street
Evergreen Park, IL 60805
(708) 422-6200

Inpatient and outpatient services, health education and support groups, special events.

Loving Outreach for Survivors of Suicide (LOSS)
Catholic Charities
126 N. Des Plaines
Chicago, IL 60661
(312) 655-7283

Support groups and individual counseling at 11 locations.

M.A.D.D. (Mothers Against Drunk Driving)
75 E. Wacker Drive, Suite 930
Chicago, IL 60601
(800) 253-MADD

Public awareness education on dangers of drinking and driving, court advocacy, support groups and victim advocacy training.

McDermott's Center / Haymarket House
120 N. Sangamon
Chicago, IL 60607
(312) 226-7984

Men and women substance abuse, 28-day treatment (inpatient and outpatient). Detox, Mac Unit for pregnant women to deliver, postpartum residential services.

<p>Meals On Wheels 401 154th Place Calumet City, IL 60409 (708) 891-8170 211 S. East Street Crown Point, IN 46307 (219) 663-6078</p>	<p>Provides nutritious meals to people who are homebound and/or disabled, or would otherwise be unable to maintain their dietary needs. <u>Calumet City only.</u></p> <p>Crown Point serves all of Lake County</p>
<p>Mercy Healthcare & Rehabilitation Center 19000 S. Halsted Street Homewood, IL 60430 (708) 957-9200</p>	<p>Long-term care for adults who are unable to care for themselves due to a medical condition; short-term physical rehabilitative care for adults to enable them to return home; support services for family and community.</p>
<p>Mercy Home for Boys & Girls 1140 W. Jackson Chicago, Il. 60607 (312) 738-6364 – Karen Matts Karmat@mercyhome.org</p>	<p>Provides a safe home for youth 11-21 who are looking for a fresh start, including a private education and therapeutic support. Sliding scale fees.</p>
<p>Metropolitan Family Services 10537 S. Roberts Road Palos Hills, IL 60465 (708) 974-2300</p>	<p>Family/parent-child/individual counseling. Mental Health Services and SASS. Serving many Southwest Suburbs.</p>
<p>Metro South Medical Center 12935 Gregory Street Blue Island, IL 60406 (708) 597-2000</p>	<p>Full service hospital, cancer support, physician referral service and cardiac services.</p>
<p>Midwest Palliative & Hospice Care Center 3240 Vollmer Road Olympia Fields, IL 60461 (708) 283-8150 (800) 331-5484</p>	<p>Medicare-certified hospice program that provides hospice care and bereavement support patients of all ages and their families who are facing the challenges of a life-limiting or terminal illness.</p>
<p>Midwest Physicians Group (708) 481-8883 – Olympia Fields (708) 747-0461 - Heart Center at OF (708) 747-7960 – Corporate Office</p>	<p>Multi-specialty physicians group practice in the south suburbs.</p>
<p>Milnes, Nancy Simborg LCSW 2024 Hickory Road Homewood, IL 60430 (708) 798-1886</p>	<p>Private counselor specializing in children and adolescents, chronic illness, parent loss, ADD, depression, women’s issues and divorce.</p>
<p>Miracle Temple Church</p>	<p>Food Pantry-every Friday, 5:00 – 7:00 PM</p>

34 E. 16th Street
Chicago Heights, IL 60411
(708) 754-9505
25730 S. Dixie Highway
Crete, IL. 60417
(708) 672-6643

Food Pantry & Christian Counseling – Tuesdays,
9 am – 11 am

Moraine Valley Community College

9000 W. College Pkwy.
Palos Hills, IL 60465
(708) 974-4300
www.morainevalley.edu

Community college, ABE, GED and ESL.

Morning Star Mission

350 E. Washington
Joliet, IL 60433
(815) 722-5780

Men only, 180 day alcohol and substance abuse recovery program, community meal service three times daily, two meals on Sundays, family vouchers available, counseling center for children and adult, thrift store.

National ABLE Network

80 River Oaks Drive
Calumet City, Il. 60409
(708) 756-5490
www.nationalable.org

Services for unemployed and underemployed persons over the age of 18. Job search seminars, financial management workshops, computer lab, fax machines, job leads at no cost. Paid by P.O.E.T.

National Alliance for Mentally Ill

(South Suburbs) (NAMI)
P.O. Box 275
Olympia Fields, IL 60461
(708) 798-3862 - John Rowley
(800) 950-NAMI [6264] Help Line
www.nami.org
NAMI – Southwest
Oak Lawn, Il. 60456
(708) 425-0925
(708) 952-0920
Contact: Joan Kennedy-Falk
www.namisw.nami.org

All volunteer, education and support groups for people with mental illness and their families.

National Association for Down's Syndrome

P.O. Box 206
Wilmette, IL 60091
(630) 325-9112
www.nads.org

Resources, referrals and support.

National Down's Syndrome Hotlines

(800) 221-4602
(800) 232-6372

National level referral network.

National Easter Seals Society
233 S. Wacker Dr., Suite 2400
Chicago, IL. 60606
(800) 221-6827
(312) 726-6200
www.easterseals.com

Referrals, resources, education and advocacy for autism and other disabilities.

National Family Caregivers Assoc.
10400 Connecticut Avenue, Suite 500
Kensington, MD 20895
(800) 896-3650
(301) 942-6430
www.nfcacares.org

Provides referrals to support family caregivers, resource and educational needs. Mail-in prescription discount program and membership newsletter.

National Kidney Foundation of IL
215 W. Illinois Street, Suite 1 C
Chicago, IL 60654
(312) 321-1500
www.nkfi.org

Educate our communities on the way to prevent kidney and urinary tract disease. Improve health and well-being through education, resources, support and medical research.

National Library for the Blind & Physically Handicapped
1291 Taylor Street, NW
Washington, D.C. 20011
888-NLS-Read (888) 657-7323
TDD: 202-707-0744
Neapolitan Lighthouse
P.O. Box 24709
Chicago, IL 60624
(773) 722-0005 (24 hr Crisis Line)
(773) 638-0228
www.neapolitanlighthouse.org

Materials and resources for the blind and physically handicapped.

Domestic violence shelter for women and children, domestic counseling, counseling for teens and talks at schools on domestic violence, legal advocacy, health/medical services. Walk-in counseling for women, teens and children.

New Hope Center
1624 154th Street
Dolton, IL 60419
(708) 841-1071
www.newhopecenterinc.com

Family support for people with disabilities, Respite, case management, psychiatric services, management and special recreation.

New Leaf Resources
2325 177th Street
Lansing, IL 60438
(708) 895-7310
3340 W. Butterfield Rd., Suite 410
Elmhurst, IL 60126
(630) 833-7031
11065 S. Broadway, Suite B
Crown Point, IN 46307

Individual and/or group counseling for victims of physical, emotional or sexual abuse, recovery groups for men and women, marital and family counseling, individual counseling from a Christian perspective.
Aftercare for persons addicted to alcohol and other drugs, co-dependency counseling, therapy for adult children of dysfunctional families, counseling or referral for compulsive gambling, eating disorders,

(219) 226-1871

Oak Forest Hospital of Cook Co.

15900 S. Cicero Avenue
Oak Forest, IL 60452
(708) 687-7200

Odyssey Health Care

7601 S. Kostner Suite 400
Chicago, IL 60652
(866) 366-6476
(773) 767-9100 Main

Olive Branch Counseling Associates

5320 W. 159th Street, Suite 400
Oak Forest, IL 60452
(708) 687-3479

Olive Branch Mission

6310 S. Claremont Avenue
Chicago, IL 60636
(773) 476-6200

Operation Blessing - South

4330 Midlothian Turnpike
Crestwood, IL 60445
(708) 597-6326

Opportunity House

469 N. Lake Street
Aurora, IL 60506
(630) 859-1870

Orland Township

151st & 94th Avenue
Orland Park, IL 60462
(708) 403-4222

Orland Township Youth Service

14671 West Avenue
Orland Park, IL 60462
(708) 403-4001
14807 Ravinia Ave.*
*as of Summer 2009

OWL - "Older Women's League"

1750 New York Ave., NW, #350

& other obsessive behaviors, counseling for major losses and those who need to work through grief.

Speaker's bureau, inpatient/outpatient treatment, HIV-AIDS support group, acute hospital, rehabilitation unit, chronic disease, ambulatory care and intermediate care facility.

Providing long-term care and end-of-life care. Odyssey serves patients in their homes, in long-term facilities or in hospitals, a hospice service.

Counseling services integrated with a Christian approach. Individual/family/group counseling, parenting/marriage skills. Anger management for adults & children, children's social skills, senior grief/loss and senior issues.

Overnight shelter for homeless single men, emergency shelter for women and families with children, employment linkages, food and clothing. School-based prevention education workshops, peer community training related to HIV/AIDS, substance abuse, violence and aggression, teen, pre-teen pregnancy, sex, gang membership, life transformation opportunities, counseling and EAP.

Food Pantry Requirements: Living in area from 79th to 176th Streets and Halsted to Harlem. Tuesday, Thursday, and Friday 9:00 AM to 12:00 PM Wednesday from 1:00 PM to 3:00 PM.

Men's halfway house for drug & alcohol abuse. Case management, dual diagnostic and psychiatric and mental health staff. Parenting and anger management classes. 16 beds.

Areas: Orland Park, Orland Hills, and Tinley Park. Immunizations, wellness service, senior services, senior transportation, food pantry, house services.

Youth/family counseling S.T.E.P. S.T.E.P. Teen & Cooperative Parenting (divorced parents). ATOD prevention education, support groups, social skills programs, and anger management early teens, teens and adults. Sliding scale (residents only) and based on residency.

Lobbying, grass-roots organization on behalf of

Washington, D.C. 20006
(800) TAKE OWL (800) 825-3695
OWL (Illinois Office)
28 E. Jackson Avenue, Suite 1900
Chicago, IL 60604
(312) 957-0011

Pacific Garden Mission

646 S. State Street
Chicago, IL 60605
(312) 922-1462
955 West Grande
Chicago, IL 60622
(312) 243-2480

PADS Shelter

414 W. Lincoln Highway
Chicago Heights, IL 60411
(708) 754-4357

**Palos Behavioral Health
Professionals**

13011 S. 104th Avenue, Suite 200
Palos Park, IL 60464
(708) 448-3300
20550 LaGrange Rd, Suite 105
Frankfort, IL. 60423
9730 S. Western Ave., Suite 741
Evergreen Park, IL. 60805

Palos Community Hospital

12251 S. 80th Avenue
Palos Heights, IL 60463
(708) 923-4000

Parents Without Partners

South Suburban
(312) 644-6610
(630) 932-1615

The Park at Olympia Fields

3633 Breakers Drive
Olympia Fields, IL 60461
(708) 747-3333

Park Forest Academy

375 Oswego
Park Forest, IL 60466
(708) 748-5000

elderly.

State level headquarters, state lobbying and liaison between levels.

Food, clothing, comfortable and safe place to sleep for men and women, and women with children, counseling, health clinic and GED. Job assistance program for graduates of men and women's Bible Institute.

West Grande is for women and children.

Shelter services for the homeless, October - April. Day program for clients-Finding employment, resumes, clothing, medical, ID assistance and referrals. Homeless Financial Assistance Program.

A private outpatient mental health practice. Specialize in individual, family, group therapy for children, adolescents and adults. Substance abuse counseling for adolescents. We offer psychological evaluations/assessments and neuro-psych testing & bio-feedback.

Adolescent psychiatry, inpatient/outpatient chemical dependency, cancer support group, grief support. Full-service hospital.

An international non-profit educational organization devoted to the interests of single parents and their children and grandchildren.

Independent living and support living. Age 62 and over senior adult living.

School for children needing special services. (K-12)

Park Forest Health Department

400 Forest Boulevard
Park Forest, IL 60466
(708) 748-1118

Healthcare services including school and sports physicals, immunizations and flu-shots for small fee. In home health care services, CHIP Program, men and women screenings – general physicals.

Partners for Non-Violence

5320 W. 159th Street
Oak Forest, IL 60452
(708) 275-4380

Domestic violence treatment and anger management. Illinois state compliant.

PASS Pregnancy Care Center

17214 S. Oak Park Avenue
Tinley Park, IL 60477
(708) 614-9777
2219 W. Exchange
Crete, IL 60417
(708) 672-0841
613 E. 162nd Street
South Holland, IL 60473
(708) 331-7733

Crisis pregnancy counseling. Free pregnancy test, supplies, clothes, furniture, referrals for doctors, WIC, Public Aid and adoption agencies. Maternity clothes, support groups and housing referrals. Need photo ID.

Pathways Awareness Foundation

150 N. Michigan Avenue, Suite 2100
Chicago, IL 60601
(312) 893-6620
(800) 955-2445
To place an order:
2591 Compass Road, Suite 100
Glenview, IL 60026
(800) 955-2445

Offers education for and about children with movement difficulties, empowerment for parents, advocate for children with physical challenges into community schools. Lists of pediatric healthcare providers and agencies that supply services for children with challenges. The “Open Hearts, Open Minds, Open Doors” program assists congregations of all denominations to welcome persons with disabilities into all aspects of faith life.

Peace Medical Center

15643 S. Lincoln Avenue
Harvey, IL 60426
(708) 339-7000

Medical center: preventive health.

Peace Village

10300 Village Circle Drive
Palos Park, IL 60464
(708) 361-3683

Independent living, assisted living and dementia care.

Pedigo, Tim Ph.D.

3624 W. 216th Street
Matteson, IL 60443
(708) 481-4080

Psychologist, works with cancer patients, specializing in long-term therapy/depth psychotherapy and spiritual issues (works with Cancer Support Center).

Perez, Clara MD

3235 Vollmer Road, Suite 137
Flossmoor, IL 60422
(708) 206-1300

Family/child/adolescent psychiatry services.

Personal Growth Center

Donna L. Ulanowski, MA, L.C.P.C.
3612 W. Lincoln Highway, Suite 17
Olympia Fields, IL 60461
(708) 503-9400

Adult, adolescent and family therapy, mind-body wellness, recovery after loss, abuse or trauma. Empowerment and personal growth, relationship issues and parenting.

PERSPECTIVES

19740 Governors Hwy.
Flossmoor, IL. 60422
(708) 957-5933

8315 Virginia, Suite H
Merrillville, IN 46410
(219) 755-0020

www.perspectivesltd.com

Perspectives Assistance Program

(800) 456-6327

Behavioral health services, EAP and managed care services, continuum of care and outpatient counseling.

Relationships, Parenting, Children/Adolescents, Domestic Violence, alcohol/Drug Abuse, Grief, Anger, Anxiety/Depression, Stress.

PHOENIX Police Dept.

629 E. 151st Street
Phoenix, IL. 60426
(708) 331-2192

Pinnacle Psychological Services

18141 Dixie Highway, Suite 203
Homewood, IL 60430
(708) 922-3530

Cognitive, behavioral therapy for children, adolescent, and adults. Individual, couples, and group format.

PLOWS Council on Aging

7808 W. College Drive, Suite 5 East
Palos Heights, IL 60463
(708) 361-0219

Senior citizens (over 62 years) in Palos, Lemont, Orland, Worth townships, home care, counseling, housekeeping, respite, Meals-on-Wheels, shared housing, elder abuse, income tax prep assistance, limited legal and energy assistance. Also runs the Shared Housing program in which persons who want to rent space in their home are matched with another person to provide companionship and increased security. (Either the seeker or the provider must be at least 62 years old to use this service.)

POET – Cook County President’s Office of Employment Training

1010 Dixie Highway
Chicago Heights, IL 60411
(708) 709-3000 ext. 226

Free job training and placement for income eligible individuals.

Port Ministries (The)

Theresa House - Provides community living for

P.O. Box 09168
5013 S. Hermitage Avenue
Chicago, IL 60609
(773) 778-5955
5135 S. Ashland (Clinic site)
Chicago, IL 60609
(773) 650-5171

Prairie State College
202 S. Halsted Street
Chicago Heights, IL 60411
(708) 709-3500

Prevent Child Abuse America
200 S. Michigan Avenue, 17th Floor
Chicago, IL 60604
(312) 663-3520

Prevention First, Inc (PFI)
720 N. Franklin, Suite 500
Chicago, IL 60610
(312) 988-4646
(800) 572-5385
2800 Montgale
PFI- Springfield 62704
(800) 252-8951

Prevention Partnership
5934-36 W. Lake Street
Chicago, IL 60644
(773) 378-4195

Pro Bono Advocates
28 N. Clark Street
Chicago, IL 60602
(312) 827-2420

Prodigy Hospital Equipment
430 W. Lincoln Highway
Chicago Heights, IL 60411
(708) 747-1900

Progress Center for Independent Living
7521 Madison
Forest Park, IL 60130
(708) 209-1500

Progress Center South
400 Forest Boulevard
Park Forest, IL 60466
(708) 748-5156

Psychological Fitness Center

homeless families inclusive of men, women, teenagers and children. Basic needs provided up to 120 days while in transition-Via DHS, Free Clinic, Bread Truck, GED, ESL, computer classes w/ Day Care for 0-12. Home visit for disabled or elders.

Adult education, GED, substance abuse prevention, ESL, and counseling in substance abuse, dental clinic and Opportunities Program.

Public education, catalogs for brochures on parenting, discipline, stress management and child abuse, etc.

Prevention resource library, informational clearinghouse, prevention training programs on substance abuse and related issues, design, plan, and coordinate conferences.

Enhancing the development of youth, their families and communities, through education, prevention and health promotion programs.

Civil orders of protection for cases of domestic violence.

DME. Full line of medical equipment. Medicare and Medicaid approved.

Not-for-profit agency for resources & referrals for the disabled.

Not-for-profit agency for resources & referrals for the disabled. Independent living service, peer support, advocacy and home service program. Bilingual services.

Emotional healthcare services, psychiatry and

Flossmoor Commons, Suite 119
3235 Vollmer Road
Flossmoor, IL 60422
(708) 754-8815

counseling for outpatients.

Rainbows Support Group
2100 Golf Road, Suite 370
Rolling Meadows, IL 60008
(847) 952-1770

Support group for families and children dealing with loss, death and divorce.

Redwood Counseling & Wellness Ctr.
4331 W. Lincoln Hwy., Suite A
Matteson, IL. 60443

Individual therapy, counseling and treatment.

Rehabilitation Services
1010 Dixie Highway
Chicago Heights, IL 60411
(708) 709-3333

Vocation rehabilitation, home services programs.

Respiratory Health Association of Metro Chicago
1440 W. Washington Boulevard
Chicago, IL 60607
(312) 243-2000

Programs for healthy communities, tobacco cessation, asthma, Open Airways for Schools, TB prevention.

Resources For Community Living
4300 Lincoln Avenue, Suite K
Rolling Meadows, IL 60008
(847) 701-1554

Housing developed and supported by RCL involves people with developmental disabilities living in their own apartments. Individualized support services are provided by trained staff.

REST (The) Administration
941 W. Lawrence Avenue
Chicago, IL 60640
(773) 784-0909

Shelters provide a bed, a safe place to sleep, a hot meal, a shower and breakfast for 60 men and 45 women, 365 days a year, 9:00 PM to 8:00 AM.

Women's Shelter
Uptown Baptist Church
1011 W. Wilson
Chicago, IL 60640
(773) 728-1458

Men's Shelter
People's Church
941 W. Lawrence
Chicago, IL 60640
(773) 989-9882

Rest Haven Homecare Solutions
16300 Louis Avenue
South Holland, IL 60473
(708) 331-2005
(708) 342-8191

Caregiver services: Certified nursing assistants for bathing, dressing, walking assistance and other daily activities; homemaker/companion services for light housekeeping, laundry, errands; live-in services, in-hospital companions and in-home

Rest Haven South

16300 Wausau Avenue
South Holland, IL 60473
(708) 596-5500

respite services, day surgery companion.
Skilled nursing, Alzheimer’s care, rehabilitation center.

Rest Haven Village Woods

2681 Route 394
Crete, IL 60417
(708) 672-6111

Independent living and assisted living.

Resurrection Behavioral Health

11824 Southwest Hwy, Suite 230
Palos Heights, IL. 60463
Contact: Mark C. Bonen
(847) 493-3664

Services: DUI Risk Education
L-IOP (Basic Education
O.P. (2x a week for 4 weeks)
I.O.P. (4x a week for 6 to 8 weeks)
Continuing Care (Aftercare)

Rich Township Town Hall

22013 Governors Highway
Richton Park, IL 60471
(708) 748-6722

Vehicle stickers, hunting & fishing licenses, food pantry, transportation, passport applications, free notary services. Assessors, clerk and income tax preparation.

Rich Township Youth Services

22013 Governors Highway
Richton Park, IL 60471
(708) 748-6722 ext. 2124

Prevention programs, parenting, summer day camps, teen employment, community referrals, Compassionate Friends, STEP, teen, family and youth initiative. Counseling through Grand Prairie Services (appointments necessary), after school program and GED classes.

Rich Senior Services

297 Liberty Drive
Park Forest, IL 60466
(708) 748-5454

Home delivered meals, in-home services, sharing & caring, luncheons, education.

Ridgeland Nursing and Rehabilitation Center

12550 S. Ridgeland Avenue
Palos Heights, IL 60463
(708) 597-9300

Rehabilitation services including physical, occupational and speech; complex wound care management; skilled nursing care; intermediate care; respite and hospice care available, exceptional care.

Riverside Resolve Center

411 W. Division Street
Manteno, IL 60950
(815) 468-3241

Chemical dependency programs, residential for male adolescents 13-18 years old. Outpatient for male or female adolescent, adult, group and individual.

Robert Crown @ Homan Square

3517 W. Arthington Street
Chicago, IL 60624
(773) 722-6769

General health education, drug and violence awareness programs, family life education, sex education, city and suburb outreach programs, field trips and tours.

ROSECRANCE Substance Abuse Treatment Centers

Rosecrance Griffin Williamsom
Campus (Adolescent inpatient)
1601 University Drive

Adolescent & Adult Inpatient CD Treatment, Chemical Dependency Services, Inpatient Treatment Programs, Extended Care Program, Aftercare, Alumni support groups.
Private, not-for-profit multi-site substance abuse

Rockford, IL 61107
(815) 391-1000 or 888-9AT-LAST
Rosecrance on Harrison(Adult)
3815 Harrison Avenue

Rockford, IL 61108
(815) 391-1000 or 888-9AT-LAST

Monarch Recovery Homes
Hillman House (Boys)

2415 E. State St.
Rockford, IL. 61108

Marlowe House (Girls)
1365 University Dr.

Rockford, IL. 61107

(815) 391-1000 or 888-9AT-LAST
Rosecrance Satellite Offices located in
Frankfort, Naperville,

Northfield, Genieva, Oak Park, IL., &
Lincoln Park (Chicago)

888-9AT-LAST

www.rosecrance.org

treatment agency affiliated with the United
Methodist Church.

Please call and/or check website for further
information

Resurrection Behavioral Health

610 S. Maple Avenue, Suite 5600
Oak Park , IL 60304

(312) 563-3600

7270 W. College Drive, Suite 101

Palos Heights, IL 60463

(312) 563-2500

Rush Behavioral Health

At Northwest Community Hospital

901 West Kirchoff Road

Arlington Heights, IL 60005

(847) 618-2700

Adult chemical dependency treatment, for
professionals.

Adult and adolescent chemical dependency
treatment. Family program, aftercare treatment and
drug education programs.

Adolescent residential chemical dependency
treatment. Outpatient services, dual diagnosis
treatment, family program, aftercare treatment and
drug education program.

**St. Andrew's Lutheran Church
Senior Outreach Ministry**

845 W. Strieff Lane

P.O. Box 607

Glenwood, IL 60425

(708) 755-8896

Promote independent living of older adults & their
families in Bloom and surrounding townships.
Transportation, friendly visiting, telephone checks,
lending closet, information & referrals. Services
are open to all persons regardless of race or creed.
No charge but free-will donations are welcome.

St. Benedict Church
2339 York Street
Blue Island, IL 60406
(708) 385-8510

Food Pantry – Friday 9:30 – 11:00 AM Residents of Blue Island and Robbins only.

St. Francis de Paula
7811 S. Ellis
Chicago, IL 60619
(773) 487-8615

Family interim housing. Do not house seniors. Call for central intake, hospital or via police station.

St. James Comprehensive Cancer Institute
20201 S. Crawford Ave.
Olympia Fields, IL 60461
(708) 679-2252

Dedicated to research, prevention, detection, treatment and education for all forms of cancer. A unique model of care treats the mind and spirit, as well as the body, with emotional and spiritual support, nutritional planning, alternative therapies, and educational tools.

St. James Health and Wellness Institute
100 West 197th Place
Chicago Heights, IL 60411
(708) 755-3020

This medically-based fitness complex includes state-of-the-art equipment, programs, and amenities. Lifestyle and weight management services, wellness programs and exercise classes. An Olympic-sized lap pool, whirlpool, sauna, steam room and childcare services are featured.

St. James Heart and Vascular Institute
20201 S. Crawford Ave.
Olympia Fields, IL 60461
(708) 679-2010

Offers a seamless system of care between inpatient and outpatient services. Provides one convenient location for educational, diagnostic, treatment, and rehabilitation services. Cardiac and pulmonary rehabilitation, Heart Talk and Breathers support groups are available.

St. James Hospital & Health Centers-Chicago Heights Campus
1423 Chicago Road
Chicago Heights, IL 60411
(708) 756-1000

Offers caring, state-of-the-art diagnostic and therapeutic programs at its acute hospital facility, primary and specialty care at several conveniently located health centers, comprehensive outpatient services, obstetrics, oncology, cardiology, Diabetes Center, home health services & medical equipment.

St. James Hospital & Health Centers-Olympia Fields Campus
20201 S. Crawford Avenue
Olympia Fields, IL 60461
(708) 747-4000

Full service teaching hospital and Level I Trauma Center, pediatrics, cardiology and senior programs. Brand new Heart & Vascular Institute (HVI) and the Comprehensive Cancer Institute.

St. James Home Care Services
1400 Otto Boulevard
Chicago Heights, IL 60411
(800) 977-0003
(708) 709-2030

Home health services, medical equipment, oxygen, respiratory therapy, home infusion and private duty nursing.

St. James Manor for Skilled Nursing
1251 E. Richton Road
Crete, IL 60417
(708) 672-6700

The Manor provides varied levels of nursing care designed to meet the specific, often changing needs of the residents. It offers skilled, intermediate, respite, rehabilitation and hospice.

St. James Villas for Assisted Living
1255 E. Richton Road
Crete, IL 60417
(708) 672-1100

The Villas offers an attractive lifestyle alternative for those not requiring 24-hour nursing care, but require assistance with daily living needs. A portion of the Villas is designated for those with Alzheimer's Disease.

St. Margaret Mercy Healthcare Center

Full service hospital offers substance abuse treatment services and mental health services.

North Campus:

5454 Hohman Avenue
Hammond, IN 46320
(219) 865-2141 or (800) STEP ONE
(708) 891-9305

South Campus:

24 Joliet Street
Dyer, IN 46311
(219) 865-2141, (708) 895-1650

**St. Margaret Mercy
St. Monica's Home**
24 Joliet Street
Dyer, IN 46311
(219) 865-2141 ext. 45284
(708) 895-1650 ext. 45284

Home for pregnant teens ages 12 to 18 years, baby items, and aid with paternity assistance. They learn how to further foster positive relationships and parenting skills under the guidance of encouraging resident advisors. They take part in educational programs, counseling sessions and prenatal services, continue their education and gain work experience.

St. Mark Professional Medical Center
14618 Lincoln Avenue
Harvey, IL 60426
(708) 333-7040

Medical office, home healthcare, community outreach programs, personal and spiritual counseling. AIDS/HIV awareness. Project New Start-Senior Resources Referral Programs. (2nd Congressional District)

St. Martin De Porres Center

6423 S. Woodlawn Avenue
Chicago, IL 60637
(773) 643-5843

St. Stephen Lutheran Church

147th & Kildare
Midlothian, IL 60445
(708) 388-4283

St. Susanna Family Shelter

14926 S. Honore
Harvey, IL 60426
(773) 224-5607, ext. 1
(708) 331-8211 – Intake

SAFE

Self Abuse Finally Ends Alternatives
(630) 305-5550
24 hrs. a day

Salvation Army

2323 Halsted Street
Chicago Heights, IL 60411
(708) 754-3062
(800) 348-8700 (Pick-up service)

Thrift Store

160 N. Halsted Street
Chicago Heights, IL
(708) 754-4859
(773) 725-1100 Regional Headquarters

Semoran Treatment Center

8060 Melton Road
Gary, IN 46403
(219) 938-4651

Senior Services Center of Will Co.

251 N. Center Street
Joliet, IL 60435
(815) 723-9713

Eastern Will County Senior

Services 25864 S. Chestnut Road
P.O. Box 579
Monee, IL 60449
(708) 534-2323

Seniors Club

4526 W. 95th Street

Total substance abuse recovery program. Women only - with children (girls all ages, boys up to age 10).

Food Pantry –Tuesday and Wednesday 10:00 AM to 1:00 PM. Residents of Midlothian, Crestwood and Posen areas only.

Family Shelter. Affiliated with Catholic Charities

Professional network and educational resource base, which is committed to helping you and others achieve an end to self-injurious behavior.

Help with Nicor gas bill payments.

Methadone Maintenance Treatment Center specializing in maintenance treatment, detox, chemical dependency counseling, case management and referrals. Both male & female.

Caregiver Assistance, Case Management, Caregiver Counseling, I&A, Outreach, Elder Abuse, Ombudsman, Health Promotion, Caregiver Respite, Congregate Meals, Home Delivered Meals, Health Services, MASC, Support Groups, Recreational & Social Activities, Social Services, SeniorNet computer classes, Senior Job Referral Data Bank & Transportation.

Adult day care. Transportation and recreational therapy.

Oak Lawn, IL 60453
(708) 636-5600

Adult day care with a structured program of daily activities, for seniors with special needs. Hot lunch is provided with snacks, shower services, beauty shop and transportation. Open Monday through Friday, 6:30 AM. to 6:30 PM, and Saturday 9:00 AM to 3:00 PM.

Seniors Outreach Program

845 Strieff Lane
Glenwood, IL 60425
(708) 755-8896

Door to door transportation, friendly visiting, telephone reassurance, lending closet, information and referral

Sertoma

10409 S. Roberts Road
Palos Hills, IL 60465
(708) 599-9500

Screening and evaluation, therapy for speech and hearing, industrial testing (mobile).

Sheffield Manor

601 Sheffield Avenue
Dyer, IN 46311
(219) 865-5200

Will only receive ½ hour of personal care a day. 3 meals daily and housekeeping.

Shepherd's House

22849 S. Cedar Road
Manhattan, IL 60442
(815) 485-9515

A sanctuary for expectant mothers, non-denominational community rich in God's love.

Silver Cross Hospital

1200 Maple Road
Joliet, IL 60432
(815) 740-1100
(815) 740-7039 (24 hour Mental & Chemical Dependency)

Birthing suites, cardiac services, continence center, emergency services, home health care, physical rehab and performance center, pulmonary program, renal centers, scope surgery, senior advantage, wound center, mental health unit, detox (in-patient as necessary), intensive outpatient, DUI.

Simmerer, James LCSW

Counseling & Psychotherapy Services, LLC
11309 Distinctive Drive
Orland Park, IL 60407
(708) 228-0475

Counseling and psychotherapy to clients of all ages and diagnostic categories. Medicare, private insurance and sliding scale fees are accepted for payment. Morning, daytime and evening appointment times are available.

Smart Talk Parental Support Group

Washington Elementary
15248 S. Lincoln
Harvey, IL 60426
(708) 333-0237 x 6132

Free parental support programs, field trips, family events, referral services, birth-three year old screenings, toy and book lending library and case management.

Social Security Administration Office

104 S. Halsted Street
Chicago Heights, IL 60411
(800) 772-1213

Social Security retirement, survivors, and disability benefits, handle Medicare for the Centers for Medicare and Medicaid, administer the Supplemental Security Income (SSI) program,

(800) 325-0778 TTY

South Area Literacy Council

14037 Lincoln Avenue
Dolton, IL 60419
(708) 849-0300

providing basic income to people who are 65 or older, disabled, or blind and have limited income. Literacy. One on one tutoring, adults 16 or older (not currently enrolled in schools) Tutoring provided at local libraries. 14 hour Volunteer Tutor Training workshops available.

South Star Services

1005 West End Avenue
Chicago Heights, IL 60411
(708) 755-8030

A not-for-profit organization dedicated to serving persons with developmental disabilities 18 years of age and older and living in Chicago's south suburbs. Sheltered workshop.

South Suburban College

15800 South State Street
South Holland, IL 60473
(708) 596-2000

Career program degrees and certificates, associate degrees, adult education, GED, senior supper club.

South Suburban Council on Alcoholism & Substance Abuse

1909 Checker Square
East Hazel Crest, IL 60429
(708) 647-3333 (24 hours)
(708) 957-5779

Inpatient/outpatient for adults and outpatient for adolescents, parenting and child safety programs, addicted mothers, early intervention program and DUI education.

South Suburban Family Shelter

P.O. Box 937
Homewood, IL 60430
(708) 798-7737
(708) 335-3028 (24 hr. Hotline)
(877) 335-3020 (Hotline)

Women and children counseling, emergency shelter, referrals, court advocacy men's program, hospital advocates, volunteer program and crisis hotline. Emergency shelter for domestic violence victims, school prevention programs, faith community outreach, Safe from the Start (0-5). Education about family and dating violence to elementary, Jr. high and high school students. Safety net works case management, youth ages 10-24.

South Suburban Food Co-op Inc.

21750 Main Street
Matteson, IL 60443
(708) 747-2256

Non-profit grocery store. Membership required.

South Suburban Senior Services

15300 S. Lexington
Harvey, IL 60426
(708) 271-6225
(708) 596-2222 – Intake

Information & Referral. Case management, assessment, authorization and monitoring of a variety of in-home supportive services. Contract with Department on Aging and the Suburban Area Agency on Aging.

Southside Christian Counseling Center

16547 S. Oak Park Avenue
Tinley Park, IL 60477

Counseling – group, individual and couple. Psychiatrist on staff. Psychologist on staff.

(708) 633-9003

Southside Crisis Pregnancy Center

5450 W. 95th Street
Oak Lawn IL 60453-2355
(708) 346-9070
(888) 934- 3574

Crisis pregnancy counseling. Free pregnancy test, and ultra sounds.

Steger House

67 E. 34th Street
Steger, IL 60475
(708) 756-0010

Residential mental health services, referrals from Tinley Park, Elgin, etc.

Stepping Stones Recovery Center

1621 Theodore Street
Joliet, IL 60435
(815) 744-4555

Residential services for men and women with substance abuse, intensive outpatient service and counseling, relapse prevention and interim service.

Strick, Melissa, MHS, LCPC

4440 W. Lincoln Highway, Suite 307
Matteson, IL 60443
(708) 334-9005
16284 Prince Drive
South Holland, IL 60473
(708) 334-9005

Individual, Couples and Family Counseling for children, adolescents, and adults; Clinical Consulting Services. Licensed Clinical Professional Counselor and Certified Sports Counselor. Accepts most major insurance plans.

Suburban Access, Inc.

925 W. 175th Street
Homewood, IL 60430
(708) 799-9190

Case management, referral, advocacy and residential placement for children and adults with developmental disabilities-no fee.

Success Center

1955 Bernice Rd, 1 N.W.
Lansing, IL 60438
(708) 474-7601

www.thesuccesscenter.net

Contact: Roslynn McAlister

Prevention education, parenting classes “Raising A Thinking Child,” individual groups, juvenile, family and marriage counseling. Anger management classes. School-based prevention programs. Alternative to Suspension programs.

Sunny Hill Nursing Home Of Will County

421 Doris Ave
Joliet, IL 60433
(815) 727-8710

Formerly, Sunny Hill Skilled Rehab Center, Sunny Hill is proud to have joined the journey that is changing the way resident care is provided in nursing homes across America. Care is provided for skilled, intermediate and respite stays.

Sunrise Assisted Living of Flossmoor

19715 Governors Highway
Flossmoor, IL 60422
(708) 798-1600

Assisted living and Alzheimer’s care. Respite care, 24-hour staffing, medication administration, outside skilled nursing available, hospice care and alarm unit. No age restrictions.

Sunrise Brighton Gardens
2150 W. Golf Road
Hoffman Estates, IL 60194
(847) 755-0735
16051 South La Grange Road
Orland Park, IL 60467
(708) 403-2001

Thornton Township
333 E. 162nd Street
South Holland, IL 60473
(708) 596-6040

Thornton Township
15300 Page
Harvey, IL 60426
(708) 596-4770 (Food Assistance)

**Thornton Township Senior, Youth,
Family Services**

333 E. 162nd Street
South Holland, IL 60473
(708) 596-6040
14323 S. Halsted
Riverdale, IL 60827
(708) 596-6046 (24 hr)

Senior Only
1420 Huntington Drive
Calumet City, IL 60409
(708) 596-6040
(708) 339-9980

Tinley Park Food Pantry
6875 W. 173rd Place
Tinley Park, IL 60477
(708) 614-7739

Together We Cope
17010 Oak Park Avenue
Tinley Park, IL 60477
(708) 633-5040

Transitions Counseling and Consultation
20320 Crawford Avenue
Matteson, IL 60443
(708) 748-6000

Ultra Care
2001 Janice Avenue
Melrose Park, IL 60106
(708) 345-8225
(800) 222-9444

Union Evangelistic Baptist Church
1625 Center

Independent and assisted living, and Alzheimer's care.

Food pantry, counseling referral, daycare and education referral, financial voucher, food voucher, housing & intake referral, legal & medical referral, rent/mortgage assistance. Bilingual staff.
Monday & Friday 10:00–12:00 PM. & 1–3:00 PM.
Wednesday 10:00–12:00 PM & 4:30–6:00 PM

Thornton Township residents only.

Youth prevention programs, gang prevention program, counseling.

Senior programs, foot doctor, lunch, exercise, arts, movies, blood pressure, glucose and cholesterol testing.

Transportation.
Wednesday 8:00 AM to 1:30 PM - Food pantry for Tinley Park and Orland Hills.

Assistance for needy families (area restrictions)
Help with rent, utilities, food pantry, clothing and household items.

Eating disorders, crisis intervention rape and substance abuse counseling, individual/ children/family counseling, divorce counseling, grief support, ADD. General psychiatry.

Medical equipment and home infusion therapy services. Other services include: specialty pharmacy, licensed respiratory care practitioners, disease state management programs, clinical monitoring, rehabilitative and assistive technology.

Hot lunch - Tuesdays from 11:30 AM to 1:00 PM.

Chicago Heights, IL 60411

(708) 757-5153

(708) 757-5193

United Methodist Church of Worth

7100 W. 112th Street

Worth, IL 60482

(708) 448-6682

Food Pantry - Tuesday 9:00 to 11:00 AM.

University of Illinois Extension

5527 Miller Circle Drive, Suite A

Matteson, IL 60443

(708) 720-7500

4-H Clubs; Master Gardeners; training in consumer economics, elder sensitivity nutrition and wellness, family life, community leadership and volunteerism. Youth development.

VA Chicago Health Care System -

Chicago Heights Clinic (outpatient)

30 E. 15th Street

Chicago Heights, IL 60411

(708) 756-5454

Medical services for veterans.

Edward Hines Jr. VA Hospital

5th Avenue & Roosevelt Road

P.O. Box 5000

Hines, IL 60141

(708) 202-8387

Full-service medical center for In/Out VA patients.

VA Jesse Brown Chicago Health Care System

820 S. Damen Avenue

Chicago, IL 60612

(312) 569-8387

VA Chicago Health Care System

333 E. Huron Street.

Chicago, IL 60611

(312) 569-8387

North Chicago VA Medical Center

3001 Green Bay Road

North Chicago, IL 60064

(847) 688-1900

Medical clinic, psychiatrist, psychologist, diabetes nurse, podiatrist.

VA Oak Lawn Clinic (outpatient)

4700 W. 95th Street, Suite 104

Oak Lawn, IL 60453

(708) 499-3675

Oak Park VA Clinic (outpatient)

149 South Oak Park Avenue

Oak Park, IL 60302

(708) 386-3008

Beverly VA Clinic (outpatient)

2038 W. 95th Street

Chicago, IL 60643

(773) 239-7134

Manteno VA Clinic (outpatient)

1 Veterans Drive
Manteno, IL 60950
(815) 468-1027
Joliet VA Clinic (outpatient)
2000 Glenwood Avenue
Joliet, IL 60435
(815) 744-0492

V.A. Homes
1 Veteran's Drive
Manteno, IL 60950
(815) 468-6581, ext. 355

**Valiente, Marsha, MA, LCPC,
CADAC, ICDVP**
10217 Lincoln Highway
Frankfort, IL 60423
(815) 685-1225

Valley Kingdom Ministries
1102 E. 154th Street
South Holland, IL 60473
(708) 331-3511

**Van Heest, Gary M.H.S. L.C.P.C.
Deer Creek Christian Church**
425 Exchange
University Park, IL 60466
(708) 672-6515

**Victory Center Park Forest
Pathway Senior Living**
101 Main Street
Park Forest, IL 60466
(708) 283-2921

Victory Senior Center
31 N. Broadway Street
Joliet, IL 60435
(815) 727-2380

Village Inn
1270 Village Drive
Lemont, IL 60439
(630) 257-3377

Franciscan Village
1260 Franciscan Drive
Lemont, IL 60439
(630) 243-3500

Mother Theresa Home
1270 Franciscan Drive
Lemont, IL 60439

Nursing home for Vets with honorable discharge.
Skilled-care nursing for veterans during wartime.

Women's issues, depression, anxiety, adult children of alcoholics, grief and loss issues, addiction issues, adults with unresolved childhood issues (abuse, neglect, abandonment), partner/marital relationship issues.

Food Pantry - second and fourth Friday, 9:15 AM to 12:15 PM.

Substance abuse, mental health, marital counseling and Christian counseling.

Independent and assisted living. Affordable senior residential living over age 65.

Assisted living.
Independent living – 62 years & older.
Supportive living – 65 years & older.

Independent Living & assisted living center.
Skilled nursing.

Nursing home and Alzheimer care is provided by a complete range of licensed nursing care services to 150 residents.

(630) 243-3400

Village Woods Retirement Community

2681 S. Route 394

Crete, IL 60417

(708) 672-6111

Vitas

600 Holiday Plaza, Suite 200

Matteson, IL 60443

(708) 748-8777

Way Back Inn

Outpatient

1915 W. Roosevelt

Broadview, IL 60155

(708) 345-8422

Independent and assisted living.

Hospice provides care for terminally ill patients with a wide variety of illnesses.

Halfway house for substance abuse – Men and women. Outpatient and Gambling Program.

Men-104 Oak Street, Maywood, IL

Women-412 S. Wesley, Oak Park, IL

Well Group Health Partners

333 Dixie Highway

Chicago Heights, IL 60411

(708) 756-0100

A 71 - physician, multi-specialty clinic.

West Suburban Senior Services

Oars

712 E. Elm Avenue

La Grange, IL 60525

(708) 547-5600 ext. 303

Adult day care. caregiver support, case management, chore and housekeeping services, elder abuse investigation and intervention, home delivered meals, transportation, telephone reassurance

Will County Department of Human Services

45 E. Webster

Joliet, IL 60432

(815) 740-5350

(TANF)Temporary Assistance To Needy Families, medical, food programs and clothing closet.

Will County Health Department

44 Towncenter Drive

University Park, IL 60466

(708) 534-0800

501 Ella Avenue

Joliet, IL 60433

(815) 727-8521

(815) 727-8670 (Health Center)

(800) 354-7530

Counselors, adolescent/child/adult psychiatrist, WIC, immunizations, TB testing, environmental health.

Public health, mental health, dentist, and WIC, environment. (Domestic violence and addiction, youth mental health and youth addiction)

Will County Legal Assistance Program, Inc.

Joliet Office

5 E. Van Buren Street, Suite 310

Joliet, IL 60432

(815) 727-5123

Free civil legal services to low-income persons of Will County.

Will County Senior Services

251 N. Center Street
Joliet, IL 60435
(815) 723-9713

Woodbridge Homes

16124 Woodridge
Harvey, IL 60426
(708) 339-8164

Community care, adult day care, homemaker's services, senior companions, home delivered meals, information services. Investigate elder abuse for seniors in Will County.
Home for the mentally ill.

YMCA of Metropolitan Chicago

South Suburban YMCA
178 E. 155th Street
Harvey, IL 60426
(708) 331-6500

Family programs – ages three months to seniors, senior and disabled housing.

**YWCA of Metropolitan of Chicago
–South Suburban**

320 W. 202nd Street
Chicago Heights, IL 60411
(708) 754-0486
(708) 748-5672 (Rape Crisis Hotline)

Educators:

KELLY.LEVINSON@YWCACHICAGO.ORG
DANIELLE.COFFEE@YWCACHICAGO.ORG

Community based counseling program for rape, sexual assault and trauma. Prevention education. Non-sexual assault and anxiety or stress therapy, legal and medical advocacy. Economic empowerment services. Cyber-bullying prevention workshops/education.

Resources (By Category)

Adult Day Care

Addus Evergreen Home Health Care -----	(708) 647-0000
Among Friends Adult Day Care -----	(708) 396-2345 Crestwood (708) 755-2345 Glenwood
Autumn Adult Day Care Center -----	(815) 730-0060
ESSE Adult Day Care- Ecumenical -----	(630) 858-1005 Glen Ellyn (630) 260-3773 Wheaton (630) 784-0773 Wheaton
European Nannies Ltd. -----	(773) 777-5550
Grand Tots -----	(219) 374-6025
Independent Days Adult Care Center -----	(708) 206-1430
Oars West Suburban Senior Services -----	(708) 547-5600 ext. 303
Seniors Club -----	(708) 636-5600
Will County Senior Services -----	(815) 740-4225 (815) 723-9713

Adult Education, Training & Employment

CEDA (Main Office) -----	(312) 795-8618
Family Learning Institute -----	(708) 756-4353
Governors State University -----	(708) 235-7330
Counseling Lab-----	(708) 534-4545
Lincoln's Challenge Academy -----	(708) 343-8104
Moraine Valley Community College -----	(708) 974-4300
National ABLE Network -----	(708) 756-5490
National Library for the Blind & Physically Handicapped -----	(800) 424-8567
POET - Cook County President's Office of Employment Training -----	(708) 709-3000 ext. 226
Prairie State College -----	(708) 709-3500
South Area Literacy Council -----	(708) 849-0300 Dolton
South Suburban College -----	(708) 596-2000

Anger Management

The Success Center------(708) 474-7601

Assisted Living Facilities

Alterra Sterling House -----	(219) 736-9383 Merrillville (219) 763-4867 Portage (219) 874-5500 Mich. City (219) 548-2230 Valparaiso
Arden Courts Alzheimer's -----	(708) 799-7099 Hazel Crest (708) 895-1600 S. Holland (708) 361-8070 Palos Hts.
Holland Home For The Retired (South Holland) -----	(708) 596-3050
Imperial of Hazel Crest -----	(708) 335-2400
King-Bruwaert House (Burr Ridge) -----	(630) 323-2250
Park, The (Olympia Fields) -----	(708) 747-3333
Peace Village (Palos Park) -----	(708) 361-3683
Providence Healthcare & Rehabilitation Center, Christian Services	(708) 672-6111
Rest Haven South -----	(708) 596-5500
Rest Haven Village Woods -----	(708) 672-6111
Sheffield Manor (Dyer, IN)	(219) 865-5200
St. James Villas for Assisted Living (Crete) -----	(708) 672-1100
Sunrise Assisted Living (Flossmoor) -----	(708) 798-1600
Sunrise Brighton Gardens -----	(847) 755-0735 Hofm Est. (708) 403-2001 Orland Pk.
Vibrant Living (Downers Grove) -----	(630) 769-6000
Victory Senior Center (Joliet) -----	(815) 727-2380
Village Inn at Franciscan Village-----	(630) 257-3377
Village Woods Retirement Comm (Crete) -----	(708) 672-6111
Waterford Estates Retirement (Hazel Crest) -----	(708) 335-1600

Cancer Support

Cancer Support Center – Southland-----	(708) 798-9171
Gilda’s Club Chicago-----	(312) 464-9900
Susan G. Komen “For The Cure” -----	(877) 745-7467 (800) 462-9273 Hotline
Comprehensive Breast Center -----	(708) 679-2253

Chemical Dependency Treatment, Detoxification, Rehabilitation

Advocate Christ Medical Center -----	(708) 425-8000
Advocate Lutheran General Hospital -----	(847) 723-2210
Advocate South Suburban Hospital -----	(708) 799-8000
Aunt Martha’s Youth Services -----	(708) 754-1044 Main Chg Hts (708) 679-8000 Park Forest Clinic (708) 333-1095 Harvey (708) 333-3604 Harvey
Branden House -----	(815) 468-6556
South Suburban Alano Club -----	(708) 748-3324
South Suburban Council -----	(708) 647-3333 Main
The Center -----	(708) 361-3650
Chicago Lake Shore Hospital-----	(800) 888-0560
Children’s Home & Aid Society (Wards of State/Residential) -----	(847) 866-3800 Reg. office (708) 333-0129 Harvey
Cornell Interventions -----	(630) 968-6477 Woodridge (815) 730-7521 Joliet
Family Guidance Centers-----	(312) 943-6545 (708) 333-8960 (630) 801-0017 (773) 292-5962
Gateway-----	(773) 826-1916
Hartgrove Hospital & Pediatric Day Hospital -----	(773) 413-1700
Haymarket House Center -----	(312) 226-7984
Hazelden-----	(800) 257-7800
Ingalls Memorial Hospital -----	(708) 915-6411

Intercept -----	(708) 747-8535
Linden Oaks Hospital -----	(630) 305-5500 (800) 955-6257
National Council on Alcoholism & Drug Dependence, Inc. (NCADD)	(800) 622-2255
New Leaf Resources -----	(708) 895-7310 Lansing (708) 895-7310 Elmhurst (708) 895-7310 Crown Pt
Palos Community Hospital -----	(708) 923-4000
Prairie State College -----	(708) 709-3500
Rehabilitation Services -----	(708) 709-3333
Ridgeland Nursing and Rehabilitation Center -----	(708) 597-9300
Riverside Resolve Center -----	(815) 468-3241
Rosecrance -----	(815) 391-1000
Rush Behavioral Health Centers-----	(847) 493-3650
St. Margaret Mercy Healthcare Center -----	(708) 895-1650
Semoran Treatment Center -----	(219) 938-4651
Silver Cross Hospital -----	(815) 740-1100
Substance Treatment -----	(815) 740-7214
South Suburban Council on Alcoholism & Substance Abuse -----	(708) 647-3333
Stepping Stones Recovery Center -----	(815) 744-4555
Tabitha House -----	(708) 333-0607

Counselors

Advocate Christ Medical Center (counselors/psychologists, smoking cessation)	(708) 425-8000
South Suburban Council -----	(708) 647-3375
Ascend (Youth Counseling) -----	(708) 597-3065
Bloom Township Youth Committee (Free consling for families in Bloom Tsp,) ---	(708) 754-9400 ext. 239
Bockstahler, Dyann, LCSW (Individual & family w/children 4+, EBD, OCD,)-	(708) 481-4098
Bremen Youth Services (individual & family counseling) -----	(708) 687-9200
Burge, Sharon, MA, LPCP -----	(708) 828-4466
Calumet City Youth & Family Services (Counseling for Calumet City residents)--	(708) 891-8180
Cancer Support Center – Southland (individual and family counseling) -----	(708) 798-9171

Center For Psychological Services----- (708) 424-0001

Center Services, Inc. (Psychological services, integrates spiritual with intel. & psych.)--- (708) 481-4080

Community Counseling Associates (Psychological testing, LD evaluations, ---- (708) 597-0032 Midlothian
neuropsychological evaluations, psychotherapy and psychiatric services.)----- (815) 933-0667 Bradley

Constance Morris House (option programs for abusers, free therapy, sexual assault)--- (708) 485-5254

Cronwall, Melinda, (Child, adolescent, family, individual therapy and consulting.) (708) 873-0170

Elam, Frank D., MSW, LCSW ----- (708) 805-7090

Fares-O'Malley, Patricia (Hypnotherapy for pain, guided imagery and (708) 946-1982
meditation for stress) -----

Governors State University Counseling Lab (Counseling center) ----- (708) 235-7330

Grand Prairie Services (family counseling. Crisis intervention service) ----- (708) 799-2200 Flossmoor
----- (708) 596-6400 S Holland
----- (708) 596-5900 Harvey

Hartgrove Hospital & Pediatric Day Hospital (variety of programs for----- (773) 722-3113
treatment of children, adolescence and adults with psychiatric disorders & secondary substance
abuse; Unidad Cultural, Spanish/English psychiatric program)

Hazenbusch, Peg, LCSW, LMFT (Individuals, couples, family, children)----- (708-481-4080 ext. 1

Hinterman, Jessica LCSW (individual counseling for adults and adolescence, --- (708) 957-2377
couple therapy and family therapy)

Human Resource Development, Inc. (Mental health/substance abuse case mgmt)-- (773) 863-1452

Hurley Counseling & Consulting Co. (Depression anxiety, substance abuse,-- (708) 636-6571
grief, parenting crisis counseling, and adolescents.)

Ingalls Central Intake Health Management Center (Detox, inpt rehab., (708) 915-6411
intensive outpt, AM or PM, psychiatry)

Innovative Counseling Concepts (Retail Theft)----- (708) 614-1923

Jenkins, Tim, ATR, LCPC (Individual, Marital, Family. Children 4+)----- (708) 275-0934

Jewish Family & Community Service (Individual, couple, family, and group----- (708) 799-1869

counseling to assist with all life problems)

LaBelle, Joanna M.A (Adolescent and Family Eating disorders, Substance Abuse) ---- (708) 756-9423 Marian HS

Lincolnway Personal Resource Center (Indiv, family and marriage ----- (815) 469-8876
psychotherapy)

Loftus, Jessica PhD. (Personal Counseling, grief & loss, depression & anxiety)--- (708) 478-0444

Matteson, David PhD (couples, individual & family counseling specializing in---- (708) 672-8807
sexual orientation and identity)

McCabe, Marcia, MA, LCSW (Families, couples, adolescents & adults)----- (708) 799-4649

Metropolitan Family Services (Family/parent-child/individual counseling, Mental Health Services, SASS)	(708) 974-2300 Palos Hills
Milnes, Nancy Simborg L.C.S.W (Private counselor spec. in children and adolescent, chronic illness, loss, ADD, depression, women's issues and divorce)	(708) 798-1886
Mowers, Leila, LCSW (Individuals, couples, children & adolescents. Anxiety)	(708) 672-0111
New Leaf Resources (Indiv &/or group counseling for phys, emotional or sexual abuse, recovery groups for adults, marital and family, individual counseling, co-dependency, therapy for adult children of dysfunctional families, compulsive gambling, eating disorders, and other obsessive behaviors, major losses and work through grief)	(708) 895-7310 Lansing (708) 895-7310 Elmhurst (708) 895-7310 Crown Point
Norvais, Roxanne M.A. LCPC (couple therapy, internal family systems)	(708) 614-7359
Olive Branch Counseling Associates (Individual/family/group counseling, parenting/marriage skills with a Christian approach)	(708) 687-3479
Palos Behavioral Health Professionals (Track Intensive-Adolescent Prog)	(708) 448-3300
Palos Community Hospital (Adolescent psychiatry, inpt/outpt, chem. Depend)	(708) 923-4000
Pedigo, Tim PhD (Works with cancer patients, specializing in long-term therapy)	(708) 481-4080
Peele, Helen RN, M.H.S. (Family counseling, drug & alcohol recovery, group)	(708) 747-8194
Family/Child/Adolescent Psychiatric Services	(708) 206-1300
Personal Growth Center – Donna L. Ulanowski, M.A., L.C.P.C. (Adult, adolescent & family therapy, mind-body wellness, recovery after loss, abuse or trauma. Empowerment and personal growth, relationship issues & parenting)	(708) 503-9400
PERSPECTIVES (Behavioral services, EAP and managed care services, continuum of care, outpt counseling)	(708) 957-5933 (800) 456-6327
Psychological Fitness Center (Emotional services, psychiatry & counseling for outpt)	(708) 754-8815
(Dr) Puls & Associates (Counseling-family, group, individual, psychological assess)	(708) 361-6500
Richardson, Reginald, PHD, LCSW (Children, adolescents, couples, families)	(708) 717-2462
St. James Diabetes Center	(708) 709-2010
Selinger, Stanley, Ph.D. (Family, Couple, Adult & Adolescent Services)	(708) 798-2442
Simmerer, LCSW (Counseling and psychotherapy to clients of all ages)	(708) 228-0475
Southside Christian Counseling Center (Group, indiv. & copl. Psychiatrist on stf)	(708) 633-9003
Strick, Melissa (Individual, Couples & Family Counseling for Children, Adolescents & Adults; Clinical Counseling)	(708) 334-9005
Szymczak, Leonard, LCSW (Marital & divorce issues, children, men's groups)	(708) 760-0100
The Center (Alcohol/ drug counseling/resident treatment)	(708) 361-3650
The Success Center	(708) 474-7601
Transitions Counseling and Consultation (Eating disorder, crisis intervention, rape & substance abuse, individual/ children/family, divorce counseling, grief support, ADD)	(708) 748-6000

University of Chicago Dept. of Child and Adolescent Psychiatry ----- (773) 702-6826
 (Comprehensive evaluation for ADD and other child issues)

Van Heest, Gary (Sub. abuse, mental health, marital & Christian counseling)----- (708) 672-6515

Will County Health Dept (Counselors, adolescent/child/adult psychiatrist) ----- (708) 534-0800 Unvty Park

Wright, Linda, Psy.D. (Adults, adolescents, children 5-12, family psychotherapy) (708) 798-6032

YMCA Network (Crisis intervention, youth & family counseling, support groups, ----- (708) 385-6700
 YASP, Intensive Therapeutic Counseling, Adolescent Alcohol and Substance Abuse
 Treatment, Parent, Couple and Marital Counseling, Expression Therapy: Art, play & music) Call for hours

Crisis Intervention & Hotlines

Advocate Christ Medical Center ----- (708) 684-8000

Aunt Martha's Youth Services ----- (708) 754-1044 Main Chg Hts
 (708) 679-8000 Park Forest
 (708) 333-1095 Harvey
 (708) 333-3604 Harvey
 (708) 535-2934 Oak Forest

Birthright of Joliet ----- (800) 550-4900 Hotline

Bremen Youth Services ----- (708) 687-9200

CARES for SASS----- (800) 345-9049

Catholic Charities South Suburban Services ----- (708) 333-8379

Chicago Lake Shore Hospital (Mental Health Crisis)----- 1-800-888-0560

Crisis Center for South Suburbia ----- (708) 429-7255 Adm.
 (708) 429-7233 Hotline

Crisis Center, Harvey (708) 331-0500

Grand Prairie Services ----- (708) 799-2200 Flossmoor
 (708) 596-5900 Harvey

PASS Pregnancy Care Center ----- (708) 614-9777 Tinley Pk.
 (708) 672-0841 Crete
 (708) 331-7733 S. Holland

(708) 310-8339

Riveredge Hospital (Crisis Intervention)-----

South Suburban Family Shelter ----- (708) 798-7737
 (708) 335-3028 24 hr Htltn
 (877) 335-3020 Hotline

Transitions Counseling and Consultation ----- (708) 748-6000
 YMCA Network ----- (708) 385-6700
 YWCA - South Suburban District ----- (708) 748-5672 Hotline

Disabilities

Arc of Illinois (Life Span)----- (800) 588-7002
 (708) 206-3993

Blue Cap Infant/Parent Center and School and Day Care Center ----- (708) 389-8137

Coalition of Citizens w/Disabilities ----- (217) 522-7016
 (800) 433-8848

Community Enterprises ----- (708) 957-7060

Division of Specialized Care for Children ----- (708) 482-0633
 (800) 425-5454

E.C.H.O. ----- (708) 596-3200
 (708) 339-3453

Garden Center for the Handicapped----- (708) 636-0054

Good Shepherd Center----- (708) 335-0020

Great Lakes ADA Center----- (800) 949-4232

Hispanic Outreach Rehabilitation Program (HORP)----- (708) 748-7182

Howe Center----- (708) 614-4000

IL Department of Human Services – DRS- Chicago Heights----- (708) 709-3333
 (773) 292-2900

IL Disabled Client Assistance Program----- (800) 641-3929

LARC, Inc. ----- (708) 474-1540

Learning Disabilities Association of Illinois ----- (708) 430-7532

National Alliance for Mentally Ill ----- (708) 754-3366 – K. Kemp
 (708) 798-3862 –J. Rowley
 (800) 950-NAMI [6264]

National Association for Down’s Syndrome ----- (630) 325-9112
 (800) 221-4602 Hotline
 (800) 232-6372 Hotline

NINA (Nurturing Individuals Needing Assistance)----- (708) 862-4323

OASIS (Orland Area Sight Impaired Support Group)----- (708) 460-6573 Residence

Park Forest Academy----- (708) 748-5000

Pathways Awareness Foundation----- (312) 893-6620

(800) 955-2445

Progress Center for Independent Living----- (708) 209-1500
Progress Center South----- (708) 748-5156
Sertoma----- (708) 599-9500
Southwest Community Services----- (708) 429-1260
Suburban Access Inc.----- (708) 799-9190

Domestic Violence

Circuit Court of Cook County (Domestic Relations Division) ----- (312) 603-6300
Constance Morris House ----- (708) 485-5254
Crisis Center for South Suburbia (24 hour Hotline) ----- (708) 429-7255 Admin
(708) 429-7233 Hotline

Illinois Coalition Against Domestic Violence ----- (217) 789-2830
Neapolitan Lighthouse ----- (773) 638-0228
Partners for Non-Violence----- (708) 275-4380
South Suburban Family Shelter (Shelter & Counseling) ----- (708) 798-7737
(708) 335-3028 Hotline
(877) 335-3020

Southwest Women Working Together (SWWT) ----- (773) 737-2500 Shelter
UCAN Clinical Counseling Services----- (773) 588-0180

Foster Care & Adoption Services

Barr Harris Children's Grief Center-----
Adoption Center (Information Illinois) ----- (800) 572-2390
Altgeld Gardens I & II ----- (773) 468-6033
Aunt Martha's Youth Services ----- (708) 754-1044 Main-Chg Hts
(708) 679-8000 Park Forest
(708) 333-1095 Harvey
(708) 333-3604 Harvey

Catholic Charities ----- (312) 655-7200 Foster Care
(312) 655-7086 Adoption

Children's Home & Aid Society -----	(708) 333-0129
FamilyCare of Illinois -----	(773) 429-0300
Illinois Dept. of Children & Family Services -----	(312) 808-5000
Jewish Children's Bureau -----	(708) 798-1859

Grief Programs

Buddy's Place (A program for bereaved children and families) -----	(708) 354-5280 ext. 3122
Centre for New Beginnings -----	(708) 985-3010
Compassionate Friends -----	(630) 440-9905
Loving Outreach for Survivors of Suicide (LOSS) -----	(312) 655-7283
New Identities Grief Support Group -----	(708) 756-1000 ext. 6890
New Leaf Resources -----	(708) 895-7310 Lansing (708) 895-7310 Mokena (708) 895-7310 Elmhurst (708) 895-7310 Crown Pt
Palos Community Hospital -----	(708) 923-4000
Rainbows Support Group	(847) 952-1770
St. James Hospital New Identities Grief Support Group-----	(708) 756-1000 ext. 6890
Transitions Counseling and Consultation -----	(708) 748-6000
Vitas Bereavement Services -----	(708) 748-8777

Hospitals

Advocate Christ Medical Center -----	(708) 425-8000
Advocate Hope Children Hospital -----	(708) 425-8000
Advocate Lutheran General Hospital -----	(847) 723-2210
Advocate South Suburban Hospital -----	(708) 799-8000
Chicago Lake Shore Hospital (Behavioral Health Services)-----	(773) 878-9700
Hartgrove Hospital & Pediatric Day Hospital -----	(773) 413-1700
La Rabida Children's Hospital -----	(773) 363-6700
Linden Oaks Hospital -----	(630) 305-5500

	(800) 955-6257
Ingalls Behavioral Healthcare-----	(708) 915-6411
Little Company of Mary Hospital -----	(708) 422-6200
Oak Forest Hospital of Cook County -----	(708) 687-7200
Palos Community Hospital -----	(708) 923-4000
Riveredge Hospital (Behavioral Health)-----	(708) 771-7000
St. Francis Hospital & Health Centers-----	(708) 597-2000
St. James Hospital and Health Centers (Chicago Heights) -----	(708) 756-1000
St. James Hospital and Health Centers (Olympia Fields) -----	(708) 747-4000
St. Margaret Mercy Healthcare Center	<u>North Campus:</u> ----- (219) 865-2141 (800) STEPONE
	<u>South Campus:</u> ----- (219) 865-2141 (708) 895-1650
Silver Cross Hospital -----	(815) 740-1100
VA Hospital, Edward Hines Jr. -----	(708) 202-8387
VA Chicago Health Care System (820 S. Damen Ave.) -----	(312) 569-8387
VA Chicago Health Care System (333 E. Huron St.) -----	(312) 569-8387

Immunizations

Access Family Health Society-----	(708) 754-9687
Aunt Martha's Family Services -----	(708) 756-1135
Cook County Department of Public Health-----	(708) 210-4500 Markham (708) 210-4010 TDD Mrkm (708) 210-4500 S. Holland
Cottage Grove Health Center of Cook County-----	(708) 753-5800
Faith Bailey Health Center -----	(708) 891-8170

Independent Senior Housing

Autumn Ridge (Park Forest)-----	(708) 283-2222
Bernardin Manor (Calumet City)-----	(708) 832-1700
Bremontowne Manor (Tinley Park)-----	(708) 429-4088
Buford Walker (Lansing)-----	(708) 895-6661
Centennial Village (Steger)-----	(708) 754-6860

Cedar Ridge (Richton Park)-----	(708) 748-1976
Colonies (Steger)-----	(708) 755-3740
Dorchester (Dolton)-----	(708) 201-3376
Freedom Village (Homewood)-----	(708) 647-1440
Garden House of Park Forest-----	(708) 747-6460
Garden House of River Oaks (Calumet City)-----	(708) 862-2311
Golden Towers (Chicago Hts)-----	(708) 755-1032
Hammond Elderly Housing (Hammond)-----	(219) 931-0801
Hartsfield Village (Munster)-----	(800) 297-6188
Harvey YMCA Housing (Harvey)-----	(708) 225-1004
Juniper Towers (Park Forest)-----	(708) 748-0441
Lawrence Manor (Matteson)-----	(708) 481-1200
Mt. Zion Pleasant View Plaza (Hammond)-----	(219) 931-3904
Olympic Village (Chicago Hts)-----	(708) 747-9660
Our Saviors Senior Housing (Dolton)-----	(708) 841-8476
Park, The (Olympia Fields)-----	(708) 747-3333
Peace Village (Palos Park)-----	(708) 361-6091
Renaissance Towers (Hammond)-----	(219) 932-4848
River Oaks Mobile Estates (Calumet City)-----	(708) 862-6480
Senior Suites of Hegewisch (Chicago)-----	(773) 646-1333
St. Andrew Manor (Phoenix)-----	(708) 596-9930
Thornwood Apartments (Chicago Hts)-----	(708) 756-0248
Thornwood House (University Park)-----	(708) 534-2535
Turlington West (Harvey)-----	(708) 331-1005
Victory Center of Park Forest-----	(708) 283-2921
Village Woods (Crete)-----	(708) 672-6111
Waterford Estates (Hazel Crest)-----	(708) 335-1600

Legal Aid & Education

American Civil Liberties Union -----	(312) 201-9740 (800) 572-1092
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Community Resource Network-----	(800) 725-5314
Illinois Dept. of Public Aid -----	(800) 843-6154 Joliet
Legal Assistance Foundation of Metropolitan Chicago----- (English & Spanish)	(312) 341-1070 (312) 431-1206 TDD (708) 271- 4950 So. Holland
PLOWS Council on Aging -----	(708) 361-0219
P.O.E.T. - Cook County President's Office of Employment Training ---	(708) 709-3000 ext. 226
Prairie State College (Opportunities Program) -----	(708) 709-3500
YMCA - South Suburban District -----	(708) 331-6500
YWCA South Suburbs-----	(708) 754-0486 (708) 748- 5672 Hotline

Meals on Wheels

Catholic Charities - South Suburban Senior Services -----	(708) 596-2222
Chicago Heights Meals on Wheels-----	(708) 756-5350
CNN Home Delivered Meals -----	(708) 596-6530
PLOWS Council on Aging -----	(708) 361-0219
Rich Township Senior Services -----	(708) 748-5454
Riverside Healthcare -----	(815) 933-1671
Will County Senior Services -----	(815) 740-4225 (815) 723-7940

Medical & Dental Clinics

Access Agarwal Dental Clinic-----	(708) 756-7384
Access Family Health Society -----	(708) 754-9687
Aunt Martha School Linked Clinic -----	(708) 756-1135
Cook County Dept. of Public Health (Dental Clinic) -----	(708) 210-4501 Markham

	(708) 753-5800 Chg. Hts.
Cottage Grove Health Center -----	(708) 753-5800
Crete Reflexology Clinic -----	(708) 672-4773
Heartland Blood Centers -----	(708) 633-0101
Lincoln Medical Center -----	(708) 339-7000
Park Forest Health Department -----	(708) 748-1118
Prairie State College (Dental Clinic) -----	(708) 709-3707
Renal Care Group -----	(708) 331-0200 S. Holland (708) 333-3516 Markham (708) 385-1400 Crestwood (708) 799-3101 Hazel Crest (708) 747-0050 Oly Fields
St. James Center for Diabetes -----	(708) 709-2010
St. James Community Health Center of Mokena -----	(708) 478-8208
Suburban Cook TB Clinic -----	(708) 333-5630
VA Health Care System –Chicago Heights Clinic -----	(708) 756-5454
VA Clinic-Oak Lawn -----	(708) 499-3675
VA Clinic- Manteno -----	(815) 468-1027
VA Clinic-Joliet -----	(815) 744-0492
Well Group Health Partners-----	(708) 756-0100
Will County Health Dept -----	(708) 534-0800 Unvty Pk (815) 727-8521 Joliet

Parenting Classes

Bloom Township Youth Committee -----	(708) 754-9400 ext. 239
Calumet City Youth & Family Services -----	(708) 891-8180
Family Learning Institute -----	(708) 756-4353
Governors State Univ. Smart Start (Crete- Monee Educ. Center) -----	(708) 235-7330
Illinois – DHSORS -----	(312) 814-4042
McClellan, Robbin -----	(708) 709-7361
Olive Branch Counseling Associates -----	(708) 687-3479
Orland Township Youth Service Bureau -----	(708) 403-4001
Parents Without Partners -----	(800) 637-7974

Personal Growth Center -----	(708) 503-9400
Prevent Child Abuse America -----	(312) 663-3520
Rich Township Youth Services -----	(708) 748-6722 ext. 2124
South Suburban Council on Alcoholism & Substance Abuse -----	(708) 647-3333 Hazel Crest (708) 647-3333 Chg. Hts.
Success Center -----	(708) 474-7601

Prevention Programs

Alternative to Suspension -----	(708) 647-3375
American Cancer Society -----	(708) 633-7770
American Heart Association -----	(312) 346-4675
American Lung Association -----	(312) 243-2000
Aunt Martha's Youth Services -----	(708) 754-1044 Main Chg Hts (708) 679-8000 Park Forest (708) 333-1095 Harvey (708) 333-3604 Harvey (708) 535-2934 Oak Forest
Bloom Township Youth Committee -----	(708) 754-9400 ext. 239
Bremen Youth Services -----	(708) 687-9200
CAP - Chicago Area Project/Rev. Willie Jordan Center -----	(708) 225-1312
CHCYC (Chicago Heights Community Youth Committee)-----	(708) 758-3371
Cook County Sheriff's Youth Services -----	(708) 865-2900
Cornell Interventions -----	(630) 968-6477 Woodridge (773) 737-4600 Chicago (815) 730-7521 Joliet
Homewood Flossmoor peer Jury Program (c/o Homewood Police Department)-----	(708) 539-8999
IMPACT! -----	(708) 206-1531
Jordan Community Service Center -----	(708) 225-1312
National Kidney Foundation -----	(312) 321-1500
Orland Township Youth Service Bureau -----	(708) 403-4001
Prairie State College -----	(708) 709-3500

Prevention First, Inc (PFI) -----	(312) 988-4646 Chicago (800) 572-5385 Chicago (800) 252-8951 Springfield
Rich Township Youth Services -----	(708) 748-6722 ext. 2124
St. James Hospital and Health Centers (CERC) -----	(708) 756-1000 ext. 6461
The Success Center-----	(708) 474-7601
Thornton Township Youth Services -----	(708) 596-6040
YWCA - South Suburban District -----	(708) 754-0486 (708) 748-5672 Hotline)

Senior Services

AARP -----	(886) 448-3613 (888) 687-2277 (312) 458-3613 TTY
Addus Evergreen Home Health Care (Adult Daycare) -----	(708) 647-0000
Alverno Home Medical Equipment -----	(708) 331-4615 (800) 848-2159
American Stroke Association (Operation Stroke) -----	(888) 478-7653
Bloom Township Senior Department -----	(708) 754-9400 ext. 244
Calumet City Youth & <u>Family Services</u> -----	(708) 891-8180
Canine Companions for Independence-----	(847) 816-7360
ComForcare-----	(708) 349-4499
Comfort Keepers (non-skilled/non medical care)-----	(815) 730-7900
Catholic Charities South Suburban Senior Services -----	(708) 596-2222
Circuit Breaker -----	(800) 624-2459 (800) 544-5304 TDD
European Nannies Ltd. -----	(773) 777-5550
Glenwood Care Center-----	(815) 725-0443
Home Instead Senior Care -----	(708) 671-2648
Homewood Taxi Fare Subsidy -----	(708) 206-3367 (708) 798-3000
Illinois Dept. Of Aging -----	(800) 252-8966
Josephine P. Argento Senior Center-----	(708) 832-1208
Medicare Consumer HelpLine-----	(800) 647-8089

Mercy Healthcare & Rehabilitation -----	(708) 957-9200
National Family Caregivers Association-----	(800) 896-3650
Odyssey Health Care-----	(866) 366-6476 (773) 767-9100
OWL - “Older Women’s League” -----	(800) TAKE OWL
PLOWS Council on Aging -----	(708) 361-0219
Prodigy Hospital Equipment-----	(708) 747-1900
Provena Skilled Nursing Facility (Joliet) -----	(815) 725-3400
Resources For Community Living -----	(847) 701-1554
Rich Township Senior Services -----	(708) 748-5454
St. Andrew’s Lutheran Church Senior Outreach Ministry -----	(708) 755-8896
St. James Manor for Skilled Nursing -----	(708) 672-6700
Social Security Administration -----	(800) 772-1213 (800) 325-0778 TTY
South Suburban Senior Services of Catholic Charities -----	(708) 596-2222
University of Illinois Extension Services -----	(708) 720-7500
Will County Senior Services -----	(815) 740-4225 (815) 723-7940 (708) 534-2323 East Will

- *See Adult Day Care*
- *See Assisted Living*
- *See Meals on Wheels*

Shelters and Housing

**Due to security problems, not all shelters accept Domestic Violence Cases -
Please discuss your circumstances with the intake worker thoroughly.**

Please note: Numbers are subject to change.

The Ark (transitional housing for homeless) -----	(773) 973-1000
Aunt Martha’s Youth Services (youth homes) -----	(708) 754-1044 Main Chg Hts (708) 679-8000 Park Forest (708) 333-1095 Harvey (708) 333-3604 Harvey (708)754-0691 Chicago Hts
Bethel Community Facility (Emergency hotel nights) -----	(708) 758-5585

Hope House (Recovery house for adult women) -----	(630) 897-4475
Housing Authority of Cook County (Housing assistance- Section 8) -----	(312) 663-5447
Housing Opportunities for Women (Transitional living for women with or ---- without children- referrals by case management ONLY)	(773) 465-5770
Lazarus House (Men, women and children shelter) -----	(630) 587-2144
Maria Shelter (Transitional shelter for homeless single women with children) -----	(773) 994-5350
Morning Star Mission (Men only, 180 day alcohol & substance abuse) -----	(815) 722-5780
Neapolitan Lighthouse (Domestic violence shelter for women & children) -----	(773) 638-0228
Olive Branch Mission (Shelter for men, women and children) -----	(773) 476-6200
Opportunity House (Men's halfway house for drug & alcohol abuse) -----	(630) 859-1870
Pacific Garden Mission (men & women, & women with children) -----	(312) 492-9410 (312) 243-2480 women & children
PADS Shelter (Food and shelter for the homeless) -----	(708) 754-4357
Port Ministries -----	(773) 778-5955
REST (The) Administration -----	(773) 784-0909
Women's Shelter -----	(773) 728-1458
Men's Shelter -----	(773) 989-9882
St. Benedict Church -----	(708) 385-8510
St. Margaret Mercy-St. Monica's Home (Pregnant teens ages 12 to 18 years)--	(219) 865-2141 ext. 45284
St. Martin De Porres Center (Women & children (No boys over age 10) -----	(773) 643-5843
Salvation Army Family Shelter (Families) -----	(773) 275-9383
Salvation Army Service Center (Winter Overnight Warming Jan-Mar.) -----	(773) 271-6182
Sanctuary (The) (Transitional housing for homeless women with children-----	(708) 283-1421
Shepherd's House (Sanctuary for expectant mothers) -----	(815) 485-9515
South Suburban Family Shelter (emergency shelter) -----	(708) 335-3028 Hotline (877) 335-3020 Hotline
Steger House (Mentally ill) -----	(708) 756-0010
Tabitha House (Christian Training Center for women suffering from drug & have a criminal backgrounds – no children) -----	(708) 333-0607
V.A. Homes (Nursing home for Vets with honorable discharge) -----	(815) 468-6581 ext. 355
Way Back Inn (Half way house for substance abuse - Men only) -----	(708) 345-8422

Woodbridge Homes (Home for the mentally ill) -----	(708) 339-8164
YMCA Network (Temporary emergency shelter) -----	(708) 385-6700
YMCA of Metropolitan Chicago (Senior and disabled housing) -----	(708) 331-6500

Smoking Cessation Classes & Resources

Advocate Christ Medical Center -----	(708) 684-4229
Advocate South Suburban Hospital -----	(708) 799-8000
American Cancer Society -----	(800) ACS-2345
American Lung Association -----	(800) LUNG USA
Cook County Department of Public Health -----	(708) 492-2000
Cook Co. Sheriff's Youth Services -----	(773) 869-4711
Lighthouse Community Church-----	(708) 474-9045
Mental Health America of Illinois-----	(312) 368-9070
Metro South Hospital & Health Centers -----	(708) 597-2000
Nicotine Anonymous -----	(312) 458-9826
Palos Community Hospital -----	(708) 923-4000
St. James Hospital & Health Centers, Chicago Heights -----	(708) 756-1000

Supplementary & Emergency Food

Alicia's House Food Pantry (serving far south suburbs) -----	(708) 946-3002
Ascension - St. Suzanne Church -----	(708) 333-0931
Bethel Community Facility -----	(708) 758-5585
Bloom Township -----	(708) 754-9400
Bridgeview Church of God -----	(708) 458-9388
Catholic Charities South Suburban Services -----	(708) 333-8379
CEDA -----	(312) 795-8618 Main Off. (708) 339-3610 Harvey
Deer Creek Christian Church -----	(708) 672-6515 Univ. Pk.
Department of Human Services Kings Center -----	(312) 747-2300
Faith Bailey Health Center -----	(708) 891-8170

Hazel Crest Community Church -----	(708) 335-4500
Hope Community Services -----	(708) 333-8052
Human Development Center – HDC -----	(708) 339-4449
Jones Memorial Community Center -----	(708) 757-5395
Lighthouse Community Church of the Nazarene -----	(708) 474-9045
Lansing Community Pantry -----	(708) 895-3807
Miracle Temple Church -----	(708) 754-9505
New Shining Light Church of God in Christ -----	(708) 596-8514
Operation Blessing – South -----	(708) 597-6326
Orland Township -----	(708) 403-4222
PADS Shelter (Oct-April) -----	(708) 754-4357
Respond Now -----	(708) 755-4357
St. Benedict Church -----	(708) 385-8510
St. Christopher Church -----	(708) 388-8190
St. Stephen Lutheran Church (open Tues. & Wed.)-----	(708) 388-4283
Salvation Army -----	(773) 725-1100
South Suburban Food Co-operative Inc. -----	(708) 747-2256
Tinley Park Food Pantry -----	(708) 614-7739
Together We Cope -----	(708) 633-5040
Union Evangelistic Baptist Church -----	(708) 757-5153
United Methodist Church of Worth -----	(708) 448-6682
Valley Kingdom Ministries-----	(708) 331-3511
Will County Dept. of Human Services -----	(815) 740-5350

Township Offices

Bloom Township -----	(708) 754-9400
Bremen Township -----	(708) 330-9530
Calumet Township -----	(708) 385-0264
Crete Township -----	(708) 672-8279
Orland Township -----	(708) 403-4222
Palos Township -----	(708) 598-4418

Rich Township-----	(708) 748-6722
Stickney Township-----	(708) 788-9100
Worth Township -----	(708) 371-2900
Thornton Township -----	(708) 596-6040

Transportation

AeroCare-----	(800) 823-1911
Bloom Township Senior Wheels-----	(708) 754-9400
Rich Township Transportation-----	(708) 748-6727

Violence

Bloom Township-----	(708) 754-9400
City of Chicago Heights-----	(708) 756-5300
Cook County Automated Victim Notification-----	(877) 846-3445
Cook Co. State’s Attorney’s Victim Assistance Program-----	(773) 869-7200
Cook Co. Circuit Court Clerk’s Domestic Violence Liaison-----	(312) 827-2452
Chicago Rape Crisis Hotline-----	(888) 293-2080
Crisis Center for South Suburbs-----	(708) 429-SAFE Crisis
Domestic Abuse / Assault-----	(800) 333-7233
Horizons – Lesbian & Gay-----	(773) 871-2273
IL Attorney General’s Office Crime Victim’s Office-----	(312) 814-2581
IL Attorney General’s Financial Assistance for Victims-----	(800) 228-3368
Juvenile Justice Bureau (prosecutor only)-----	(312) 433-7000 (312) 433-4781 TDD
La Familia Unida-----	(773) 522-7798
LifeLink/Bensenville Home Society- English & Spanish-----	(630) 766-5800
LIFE Span’s Center for Legal Assistance-----	(312) 408-1210
Mujeres Latinas En Accion -----	(312) 226-1544
National Center for Victims of Crime-----	(800) 394-2255

	(800) 211-7996 TTY
National Domestic Violence Hotline-----	(800) 799-7233 (800) 787-3224 TTY
National Organization for Victim Assistance-----	(800) 879-6682
Partners for Non-Violence (Domestic Violence/Anger Manage)-----	(708) 275-4380
School Violence Tip Line-----	(800) 477-0024
South Suburban Council on Alcoholism-----	(708) 647-3333
South Suburban Family Shelter-English, Spanish & Portuguese-----	(708) 798-7737 (708) 335-3028 Crisis (877) 335-3020 Hotline
Southwest Women Working Together-----	(773) 582-0550
Suicide Help Line-----	(800) 784-2433
Violence Recovery Services, Division of Heartland Home Care -----	(773) 847-5602
Uptown Hull House Domestic Violence Advocacy Project-----	(312) 341-2883
YWCA South Suburbs-----	(708) 754-0486 (708) 748-5672 Hotline

Additional Resources:

Homewood-Flossmoor Peer Jury Program, c/o Homewood Police Dept. 17950 Dixie Hwy, Homewood, IL. 60430 Mary Therese Fazzini, Peer Jury Coordinator, (mtfazzini@sbcglobal.net)	(708) 539-8999
Newby, Vanessa, Director: Student Life & Development Governors State University V-Newby@govst.edu	(708) 534-4551
Sanderson, Sheree, Director: Student Engagement & College Relations Governors State University S-Sanderson@govst.edu	(708) 534-4552