

High School sexual health unit information

Families are invited to a presentation to learn about the health standards, activities and resources that will be used to teach the below-mentioned topics and the opt-out process. Please see details below.

- Thursday, November 19, 2020, 6-7 p.m. via Zoom webinar -
<https://snohomishsd.zoom.us/j/96229559062?pwd=b0EzNjhNYUZlUzMrMnB4dUtYMD084QT09>
- Passcode: **811139**
- The opt-out form is also posted on the web under the district's **Commonly Requested District Forms & Documents**.

*If you have any additional questions about the sexual health unit, please contact Miriam Mickelson, curriculum director for the Snohomish School District: miriam.mickelson@sno.wednet.edu

Sexual Health Unit: Topics and daily progression

Detailed lessons are provided for further clarification at the district office

Day 1: 1/12: **Anatomy & Reproduction:** Male & Female Reproductive system & Keeping it Healthy

- PowerPoint: reproductive systems
- Kahoot games/review of the male/female reproductive systems

Day 2: 1/14: **Pregnancy:** Fertilization, fetal development, pregnancy, and childbirth

- PowerPoint: Pregnancy and childbirth
- Group formative assessment (adjusted to allow for break out room work)

Day 3: 1/19 or 1/20 (schedule may be adjusted for Martin Luther King Jr. Day):

Prevention: Contraceptive Education

- PowerPoint notes: Abstinence and Contraception
- Classifying contraception worksheet and contraceptive review through canvas
- Review

Day 4: 1/21 or 1/22 (schedule may be adjusted for Martin Luther King Jr. Day):

Prevention: STI's/STD's, emphasis on HIV/AIDS

- PowerPoint: Sexually transmitted diseases
- HIV/AIDS awareness PSA project

Day 5: 1/26: **Washington State Laws and Consent**

- PowerPoint Sexual Violence Prevention & Healthy Relationships including consent “tea” video
- Laws handouts available on Canvas
- Steven and Maddy’s story and breakout room group discussion