



(date)

Dear Parents/Guardians:

The district's purpose for teaching sexual health in our 9th grade health courses is three-fold:

- to provide all students with medically accurate and developmentally appropriate information to help them make sexual health decisions that positively impact their lifelong health and wellness, build healthy relationships, and protect them from sexually transmitted diseases and infection
- to help ensure that students are safe, informed, and empowered
- HIV/AIDS prevention is required by state law to be taught annually starting in 5th grade

The specific topics below are addressed in the lessons, which will be taught **January 11-January 26 (2 dates are listed: the first is for periods 1,2 and 3. The second date is for periods 4, 5 and 6).**

1. Anatomy and Reproductive System (January 11 or 12)
2. Pregnancy and Childbirth (January 13 or 14)
3. Prevention: Contraception (January 19 or 20)
4. Prevention of sexually transmitted diseases (January 21 or 22)
5. Consent and Washington State laws related to sexual health (January 25 or 26)

If you wish to review the resources prior to the sexual health lessons being taught, they are available at Teaching and Learning Services in the district Resource and Service Center Monday through Friday from 8 a.m. to 3 p.m., or by appointment. Lessons are also available online in the Teaching and Learning Services website under Health Education (<https://www.sno.wednet.edu/healtheducation>).

If you would like to excuse your student from all or any of the lessons listed above, please complete the opt-out form available on the district website under "Teaching and Learning Services – Health Education." Alternative educational opportunities that are unrelated to the Sexual Health standards will be provided for excused students.

Sincerely,

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