

Unit: Sexual Health

Lesson 2: Pregnancy and Childbirth

Date: 10/7 or 10/8

Main objectives/Standards:

Summarize fertilization, fetal development, and childbirth. H1.Se1.HSa

Describe emotional, social, physical and financial effects of being a teen or young adult parent.
H1.Se1.Hsb

Lesson Sequence:

Estimated time	Topic/activity	Special notes
5 minutes	Welcome and attendance (varies by teacher)	
10-15 minutes	Introduce topic/notes for the day: Pregnancy and childbirth	*highlight the underlined/bolded vocabulary terms throughout the Ppt as students will need to refer back to those terms to be able to complete the lesson
10-15 minutes	Formative assessment: fertilization through childbirth vocabulary shuffle	*students can work individually or in breakout rooms to organize the vocabulary terms in the correct order *have students refer back to the notes for help!
10 minutes	Review the assignment together *screen-share the answer key and review the terms together	*students may have put some terms in different places as they come into play twice during fertilization and childbirth (like uterus)
10-15 minutes	Exit ticket: "How might your life change if you became a teen parent" -have students put their response in the chat -with any additional time, go through the article "What are the effects of teenage	*highlight major consequences of teen parenting: -financial hardship -unable to finish school/degree -loss of friends/social community -mental health issues (stress, depression, suicide) -physical health effects: preeclampsia, anemia, higher

	pregnancy”: https://www.healthline.com/health/pregnancy/teenage-pregnancy-effects#research	risk of contracting STDs (sexually transmitted diseases), premature delivery, delivering at low birth weight Impact to the child: • greater risk for lower birth weight and infant mortality • less prepared to enter kindergarten • rely more heavily on publicly funded health care • are more likely to be incarcerated at some time during adolescence • are more likely to drop out of high school • are more likely to be unemployed or underemployed as a young adult
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