


FALL 2024

River Valley **PROJECT EXPLORE**



**SCHOLARSHIP INFO
PAGE 14!**



*Grand Opening – Project Explore Online
Merchandise Store – see page 3 for details!!*

Come One, come all! CRAFT FAIR

Saturday, October 5 • See page 7 for more details

Classes begin on September 7, 2024

WELCOME

We would like to extend an invitation for you to take part in the variety of activities and services offered through River Valley Project Explore, a Community Education program serving adults with disabilities. The information provide here should give you a close look and better understanding of how our program works and where to acquire additional information that you may need. For over 30 years, Project Explore has been a leader in providing options for adults with disabilities to participate in activities that are specifically designed to meet their diverse needs.

Project Explore Staff

Coordinator Patty Vance
Instructors and Staff Sue Butzer, Delaney Cashin, Gabby Coggshall, Julie Davis, Kathy Field, Caroline Gettz, Anita Groen, Victoria Hamilton, Yayra Keptsu, Janet Larson, Emily Messick, Jill Milbauer, Monica Mohn, Betsy Ritschel, Angila Schmidtke, Jen Stoller, Carla Student



Project Explore Advisory Council

Jane Anderson	Shekinah Dillon	Caroline Gettz
Kevin Johnson	Dave Modrynski	Megan Moe
Sona Parker	Greg Paulson	Leah Paulson
Kelly Ruiz	Carla Student	Denise Weber
Dottie Woodruff	Barb St. Aubin	Patty Vance

Advisory Council members meet bi-monthly to discuss providing services and programming. They develop collaborations to benefit the ongoing educational, recreational and social needs of adults with disabilities living within the five school districts of the consortium. Interested in becoming part of the Council? Contact Patty Vance for information.

RVPE Foundation

Our mission is to seek funding resources and effectively manage funds to support River Valley Project Explore. The Foundation will work cooperatively with the Project Explore Advisory Council and program staff to support advocacy and fundraising programs as well as the disbursement of funds that ensure the programs' ongoing success.

The Foundation is focused on expanding programs, classes and opportunities; providing needed equipment for activities, and scholarships for those needing financial assistance.

Board members include: Elaine Becker, Lisa Burns, Nick Cookas, Rick Cotterman, Suzanne Elwell, Jeanne Finch, Larry Hall, Monica Jensen, and Jeff VonHoltum.



FROM THE DESK OF THE COORDINATOR

This fall is the **Grand Opening of our Online Merchandise Store. Starting September 9th**, you can scan the QR code on page 3 to see what clothing and products are available. What a great way to show your Project Explore spirit!!

Save the date of Saturday, October 5th for the 9th annual Project Explore Craft Fair! It is at Valley Middle School from 10:00 am-3:00 pm. There will be a wide variety of crafters and a great time to start your holiday shopping!

We have a few new activities this fall, so make sure to look through the whole catalog. There is a trip to historic Fort Snelling for a tour. We'll take another day trip on a luxury bus to FAWN-DOE-ROSA in St. Croix Falls. We did this last fall and everyone fully enjoyed the day! There is a MN Twins game in mid-September. We also have a late afternoon planned at Brand Farms in Farmington for a hayride, apple picking and more.

The Annual Fundraiser Dance in late June was a great evening with music from "The Prisoners of Rock 'n' Roll" along with over 90 raffle prize winners. Thank you to everyone that donated items to make this night wonderful. Service providers that helped with donations include Jeanne Finch, Howry Residential Services, Kota Connections, Opal Services and New Challenges. We also had many businesses and individuals make generous donations toward the success of the raffle. A big thank you to the RVPE Foundation for all of their support for this dance! The Foundation provided the four grand prizes of cash. Additionally, they managed the raffle ticket sales which was a huge help! The RVPE Foundation also provides scholarships to those in need. Please call the office for more information about scholarships.

As always, activities have been filling up quickly, so I hope you will take the time to register early! Please make sure to use the back page of the catalog to keep track of your registrations. We'll send you an email reminder too, so **make sure your contact information including a current email address is up to date when you register!**

We love our Volunteers!

Project Explore Volunteers are very valuable. Through the generosity of volunteers, we are able to keep our class and activity fees low, allowing individuals to participate in more classes. Project Explore is always looking for volunteers to help with activities. If you, your group or organization would like to volunteer, please let us know. You can send us an email – projectexplore@district196.org – or call our office – 651-423-7931.

OPENS SEPTEMBER 9, 2024

PROJECT EXPLORE
ONLINE MERCHANDISE STORE

SHOW YOUR
PROJECT EXPLORE SPIRIT!

**GRAND
OPENING**

STORE IS OPEN
SEPTEMBER 9-SEPTEMBER 23

River Valley
**PROJECT
EXPLORE**

SCAN THE QR CODE
TO ACCESS THE STORE

COOKING CLASSES

Cooking classes provide you an opportunity to improve skills, build confidence and have fun with your friends while enjoying a tasty meal. You will need to be able to follow directions and safely use kitchen utensils and help with clean up too. Class sizes are limited, so be sure to sign up early!

Apple Treats

What is better than eating a sweet delicious apple? How about baking with apples to make sweet treats? Join us for a new twist on baked apples, apple crisp, apple turnovers and more. Plan to eat dinner before this class and then enjoy dessert together with friends. There will be gluten free options at this class. You may only register for one class.

Monday, September 23
Valley Middle School



6:00-8:00 pm
\$15 per person

Monday, September 30
Valley Middle School

6:00-8:00 pm
\$15 per person

Creepy Cooking

Are you looking for a meal that will "scare" away hunger? We'll be cooking up a Halloween dinner that will satisfy the hungriest ghosts and goblins. Don't be "afraid" to join us as we prepare some frightfully delicious recipes. You may only register for one class.

Thursday, October 10
Valley Middle School



5:30-7:00 pm
\$15 per person

Monday, October 21
Valley Middle School

5:30-7:00 pm
\$15 per person

Quiche Cooking

Learn how to make a quiche; it's easier than you think. Quiches make a great breakfast, lunch or dinner. We will have a traditional quiche, crustless quiche that is gluten free, vegetarian quiche and more. A perfect meal to warm you up as we head into cooler months!

Monday, November 4
Valley Middle School

5:30-7:00 pm
\$15 per person

CRAFT CLASSES

Pom-Pom Gnome

Making this gnome is like diamond art, except we will be using pom-poms. We will glue them onto a canvas, using a graph to follow where to place the pom-poms. When you complete the picture, it will be a cute September gnome perfect for decorating your door or a wall in your home.

Note that this class meets the same time as Yoga.

Tuesday, September 10
Valley Middle School

6:30-8:00 pm
\$12 per person

Yarn Pumpkin

This pumpkin will be made by weaving yarn in and out of a wire pumpkin frame. When it is done it will look just like a real pumpkin, except softer! What a great fall decoration that you can display for months.



Tuesday, September 17
Valley Middle School

6:30-8:00 pm
\$12 per person

Diamond Art

If you are a beginner or a pro this class will be fun! If you have never tried diamond art, we will be there to help you. There will be holiday designs along with everyday designs to choose from.

Note that this class meets the same time as Yoga.

Tuesday, October 1
Valley Middle School

6:30-8:00 pm
\$12 per person

Rope Ghost

What could be cuter than a ghost made from rope? We will glue white rope on a half-circle of cardboard (for the head) and for the body we will unravel the rope. When there is an eerie breeze, the ghost will start dancing!

Tuesday, October 15
Southview Elementary

6:30-8:00 pm
\$12 per person

Frankenstein Flower Pot

This flower pot will make the perfect Halloween decoration. You can use it as a candy bowl or just use as a cute part of the season!

Tuesday, October 22
Southview Elementary



6:30-8:00 pm
\$12 per person



CRAFT CLASSES



Turkey Gnome

This gnome wanted to be a turkey for Thanksgiving so we will give him some feathers, a red wattle on its neck and turkey feet. That should make him very happy!

Tuesday, November 12 6:30-8:00 pm
Valley Middle School \$12 per person

Holiday Card Making

Let's get together and make some beautiful cards for the holidays. You can make Thanksgiving cards and cards for the December holidays too! Betsy will have a variety of colors along with stickers and more for you to make very festive cards that you can give to family and friends.

Wednesday, November 13 6:30-8:00 pm
Valley Middle School \$12 per person

Fake Pies

Who doesn't want pies for Thanksgiving? We will make a cherry, apple and pumpkin pie for a Thanksgiving decoration. They will make a perfect, tempting decoration or a gift you can give to show your thanks for having someone special in your life.

Tuesday, November 19 6:30-8:00 pm
Valley Middle School \$12 per person

T-Shirt Painting

Come to one of our favorite classes and paint a Project Explore T-Shirt. The design is already printed on the shirt, all you have to do is use your creativity and color it! Please fill in your t-shirt size when you register. You must register by November 1st for this activity so your t-shirt can be ordered and printed prior to the class. *Include your t-shirt size when you register!*



Thursday, November 21 6:30-8:00 pm
Valley Middle School \$15 per person

ARTS & PAINTING

Nature Made

You will make set of paint brushes with things collected from nature: an assortment of small sticks, bark, feathers, grasses, pine needles, leaves, vines and more! See how paints and dyes can be made from crushed berries. There will be jars of prepared natural paint and dyes made from berries, roots, plant juices and earth soils. Use these to paint an all natural picture using your newly made brushes.

Monday, September 9 6:30-8:00 pm
Valley Middle School \$12 per person

Foil Painting

Think about the bright fall colors such as fall trees, leaves, harvested pumpkins, apples and more. Draw a simple fall image on cardboard or use our printed ones. Glue twine on your cardboard drawing and then cover with tin foil. Paint your bright colors onto the foil between the string impressions. When it is dry you can hang this lovely painting.

Monday, October 7
Valley Middle School

6:30-8:00 pm
\$12 per person



Print Making

Create beautiful prints using a variety of fruits and vegetables and a little paint. You can experiment making faces, flowers, animals or any other object you desire. Let your imagination bloom!

Monday, October 28
Valley Middle School

6:30-8:00 pm
\$12 per person

Fluffy & Puffy

This activity is 3-D texture painting. You will use jars of premade colored paper mash to paint your canvas. Use your own drawing or one provided. Once your creation dries you can hang it in your home or give it to someone special as a gift. Containers will be provided to transport your artwork and you can let it air dry at home before displaying or gifting.

Monday, November 11
Valley Middle School

6:30-8:00 pm
\$12 per person

Holiday Stencil

Join us to make a holiday decoration for yourself or as a gift. There will be a large selection of stencils with Thanksgiving and December holiday themes for you to use as you create with paints and glitter onto plexiglass. This will be beautiful hanging on a window or wall in your home.

Monday, November 25
Valley Middle School

6:30-8:00 pm
\$12 per person



SCIENCE

Pounding Colors from Nature

Learn how dyes were invented by early man. Flower pounding has been around for thousands of years to dye fabrics. Using just a hammer (no ink no paint) we will pound the dyes in flowers and leaves and eco-print them onto paper to make cards and bookmarks. Fun flower color chemistry. You are welcome to bring flowers from your garden or pots. We will have plenty on hand too!

Monday, September 16
Valley Middle School

6:30-7:30 pm
\$12 per person

Corn, Corn & More Corn

Corn is the "Gift of the Gods". From Mesoamerica to Global Crops, learn the history of world corn. We will pop it, sprout it, eat it, make corn husk dolls and create new products. Learn about corn and its many modern uses from toilet paper to crayons to fireworks and beyond.

Monday, October 14
Valley Middle School

6:30-7:30 pm
\$12 per person



SCIENCE



Mason Jar Lights

Make outdoor solar-powered lanterns by hacking solar pathway lights and mason canning jars. Harness the sun's energy by transforming a glass jar into a solar light to light-up your backyard. Fun to make and fun to learn about physics!

Monday, November 18
Valley Middle School



6:30-7:30 pm
\$12 per person

DANCES

One Caregiver per participant or group home is asked to register and pay for the dance.

Fall Kick-off Dance

Get out your dancing shoes and join us for a great evening together to 'kick-off' our fall season. What a great way to get moving and get together with friends!

Friday, September 20
Valley Middle School

6:30-9:00 pm
\$8 per person



Halloween Dance

It's time for the most popular dance of the year! Wear your favorite costume and join all your friends for our annual Halloween Dance. Don't be spooked if they don't recognize you. It's sure to be a blast!

Friday, October 25
Farmington High School

6:30-9:00 pm
\$8 per person

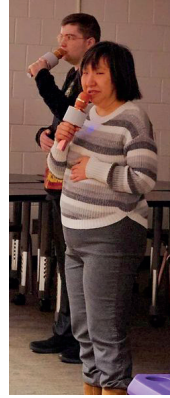
ENTERTAINMENT

Movie Night

Get out of the house and join your friends for a fun evening of refreshments and a movie! Check-in time is 5:45-6:00 pm and the movie will begin promptly at 6:05 pm to make sure we are done by 8:00 pm.

Thursday, September 19
Valley Middle School

5:45-8:00 pm
\$5 per person



Karaoke Night!

Calling all singers! Plan for a great evening of Karaoke as you sing favorite songs with friends. Make sure to include the name of the song you want to sing when you register for this activity. We'll have beverages to keep you hydrated.

Wednesday, September 25
Valley Middle School

6:30-8:00 pm
\$5 per person

Note that this class meets the same time as Move & Groove.

Wednesday, October 16
Valley Middle School

6:30-8:00 pm
\$5 per person



Bingo & Pizza

Let's meet up for a delicious pizza lunch followed by Bingo! What a great way to spend a Saturday afternoon with friends. There will be lots of great prizes for you to choose from as your bingo prize.



Saturday, September 28
Valley Middle School

12:00-2:00 pm
\$9 per person

Word Search Challenge

Do you enjoy solving word searches? If so, this class is for you! You'll be challenged to see how many hidden words you can find in several puzzles. Remember the words can be hidden backwards, forwards and diagonally. Each participant will receive a word search book to take home. Refreshments will be served.

Wednesday, October 2
Valley Middle School

6:30-8:00 pm
\$8 per person



Let's Play Cards!

Calling all card players! If you enjoy UNO®, SKIP BO®, Gin Rummy, Go Fish, Old Maid and other card games plan to join your friends for a great night of fun. If you have a favorite card game you'd like to share, please bring it with you! We will have the cards and some refreshments ready for you.

Thursday, October 3
Valley Middle School

Friday, November 8
Southview Elementary



6:30-8:00 pm
\$5 per person

6:30-8:00 pm
\$5 per person



Game Night

Come on out and spend the evening playing games with your friends, both old and new! We'll have all the usual games, cards and puzzles. If you have a favorite game to share, feel free to bring it along. There will be beverages and snacks for you to enjoy while you play.

Friday, October 11
Valley Middle School

6:30-8:00 pm
\$5 per person

Magic Show

Come and join us for a fun evening with Wonderful Woody! You'll be amazed by his illusions and tricks. They'll also be some juggling and a song or two. Come prepared for lots of laughs and some audience participation! Refreshments will be served.

Thursday, October 17
Valley Middle School



6:30-7:30 pm
\$9 per person

Puzzle Party!

Join with friends to complete a puzzle or two! There will be many puzzles available to work on in teams with your friends as you complete the puzzles. Refreshments will be provided for all puzzlers!

Thursday, October 24
Valley Middle School



6:30-8:00 pm
\$9 per person

Halloween Movie Night

Join your friends for a spooky movie to get in the 'spirit' of Halloween! Wear a costume if you'd like to add to the fun! Check in time is 5:45-6:00pm. The movie will start at 6:05pm to make sure we are done by 8:00pm

Wednesday, October 30
Valley Middle School



5:45-8:00 pm
\$5 per person



BINGO!

Time for B-I-N-G-O! Join your friends for an evening playing this fun game. There will be prizes to choose from for every player. We will serve a snack and beverage for you to enjoy while playing bingo with friends.

Friday, November 1
Valley Middle School

6:30-8:30 pm
\$6 per person

Scavenger Hunt at MOA

Come spend a fun morning at the MOA searching for certain items, taking photos, and collecting things that are on a provided list. When we are done, we will meet at one of the food courts and have lunch together. Arrive by 10am so you can get instructions and start off on your search with everyone else. Meet at the 1st floor of the rotunda on the east side of the mall. Remember to bring money for your lunch if you plan to stay after the scavenger hunt!

Saturday, November 9
Mall of America (MOA)



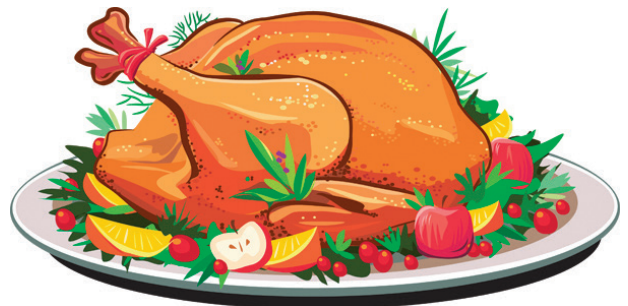
10:00 am-12:00 pm
\$5 per person

Thanksgiving Dinner

Come and celebrate the season at our annual Thanksgiving Dinner. We'll have turkey, stuffing, potatoes, other sides dishes and pie for dessert! We will begin serving dinner at 5:45pm. *We ask that you bring a non-perishable food item to help support the food shelf at Messiah.* We must receive your registration and payment for this event no later than Friday, November 1st. Caregivers need to register and pay for dinner. Sorry, no walk-ins accepted.

Friday, November 22
Messiah Lutheran Church

5:30-7:30 pm
\$12 per person



HEALTH AND WELLNESS

Yoga

Join us for a relaxing evening of stress reduction and meditation through gentle yoga. You will learn breathing techniques and poses to promote strength and wellness. This class is for all levels and abilities. It can be adapted for those with limitations. Wear comfortable clothing, bring a yoga mat or towel along with a water bottle to keep hydrated.



Tuesday, September 10
Valley Middle School

6:30-7:30 pm
\$5 per person

Note that this class meets the same time as Pom-Pom Gnomes.

Tuesday, September 24
Valley Middle School

6:30-7:30 pm
\$5 per person

Tuesday, October 1
Valley Middle School

6:30-7:30 pm
\$5 per person

Note that this class meets the same time as Diamond Art.

Tuesday, October 29
Valley Middle School

6:30-7:30 pm
\$5 per person

Tuesday, November 12
Valley Middle School

6:30-7:30 pm
\$5 per person

Tuesday, November 26
Valley Middle School

6:30-7:30 pm
\$5 per person



Move & Groove

Join us for stretching and moving to music. We'll also use some hand weights for more muscle toning. This easy exercise class is so much fun you will forget it is good for you! Wear comfortable clothing and tennis shoes. Bring a water bottle and hand weights if you have them.

Wednesday, September 11
Nicollet Middle School

6:30-7:30 pm
\$5 per person

Wednesday, September 25
Nicollet Middle School

6:30-7:30 pm
\$5 per person

Note that this class meets the same time as Karaoke.

Wednesday, October 9
Nicollet Middle School

6:30-7:30 pm
\$5 per person

Wednesday, October 23
Nicollet Middle School

6:30-7:30 pm
\$5 per person

Wednesday, November 6
Nicollet Middle School

6:30-7:30 pm
\$5 per person

Wednesday, November 20
Nicollet Middle School

6:30-7:30 pm
\$5 per person



Open Swim

Enjoy the many benefits of a warm water pool. The water temperature is a relaxing 88 degrees which can soothe sore muscles, offer stress reduction and will feel great! As you move in the pool your body is supported while providing gentle resistance to improve your overall body strength without any joint strain. The pool is reserved just for us for a fun afternoon. Lifeguards will be on duty. Bring your swimsuit, towel and goggles if desired. If you can't swim or need assistance in the pool, make sure a staff person is able to get into the pool with you. All caregivers are welcome to get in the pool too!



Saturday, September 21
McGuire Middle School

2:00-3:00 pm
\$5 per person

Saturday, October 12
McGuire Middle School

2:00-3:00 pm
\$5 per person

Saturday, November 16
McGuire Middle School

2:00-3:00 pm
\$5 per person



Craft Fair

Come one, Come all!

See a great variety of crafts for sale from some of our Project Explore friends and various local vendors. Get a jump on all your holiday shopping. Invite your friends, family and co-workers. Food and drinks will be available for purchase.

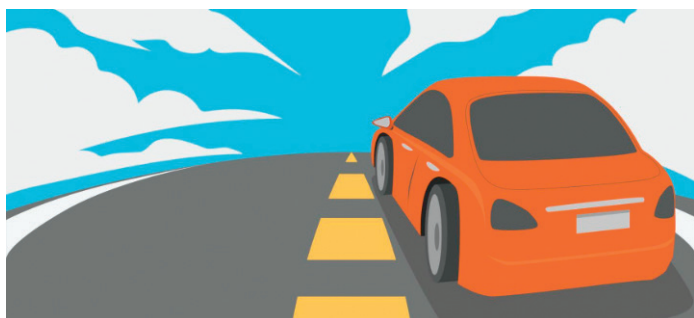
Saturday, October 5, 10:00am – 3:00pm

Free!
Valley Middle School

If you are a crafter or want to volunteer, we need you!

Contact Caroline at 952-393-5944

HEALTH AND WELLNESS



Lyft Rideshare Training

Rideshare services like Lyft and Uber are much easier than you may think! Come and learn about how you can easily get out and about in the community, no matter where you live. Using rideshare options can open up many opportunities in the community. Meet with GoDakota staff and the Dakota County Travel Trainer to learn how to use the Lyft app and learn tips and tricks to riding. If you are a part of the Dakota County Lyft Program through your waiver, learn tips to accessing those funds.

Bring your smartphone with you to the training and have the Lyft app downloaded on your phone!

Thursday, September 12
Valley Middle School

6:00-7:30 pm
\$5 per person

For Hikes and Strolls: In case of inclement weather, the instructor will contact you to reschedule.

Caregivers who accompany participants must stay with them the entire time. Wear sturdy walking shoes and dress for the weather. Please arrive 10 minutes ahead of time so we can set off on our walk together. At the end of our hike or stroll, we'll have some social time to enjoy bottled water, a snack and visit with friends.

Hike Whitetail Woods Regional Park

Let's hike Whitetail Woods and enjoy the beautiful scenery around the lake. They've made some improvements in the park and have a long boardwalk on one side which will shorten our trail to about 2-1/2 miles (rather than 3-1/2) around Empire Lake. It's also a one-way path. Meet by the Empire Lake picnic shelter.

Saturday, September 7
Whitetail Woods Regional Park

10:00-11:30 am
\$5 per person



Stroll and Roll Valley Lake Park

Take a nice walk around the paved path and look for geese, ducks and other wildlife. The path is suitable for wheelchairs, mostly flat, but there may be some small hills. Meet on the grass by the parking lot and shelter to sign in.

Friday, September 13
Valley Lake Park

6:30-7:30 pm
\$5 per person

Hike Holland Lake Trailhead, Lebanon Hills

We'll take about a 3 mile hike through the rolling hills by Holland Lake. Meet just down the steps from the parking lot.

Saturday, October 12
Holland Lake

10:00-11:30 am
\$5 per person



Apple Valley Fire Station

Meet firefighters at Apple Valley Fire Station #1 for an informative evening. The night will focus on fire prevention and education. There will be a truck tour and you'll learn about the tools used, turnout gear and basic first aid. Be prepared and bring your questions for the firefighters.

Note: You may only register for one evening.

Thursday, November 7
Apple Valley Fire Station #1

6:00-8:00 pm
\$5 per person

Friday, November 15
Apple Valley Fire Station #1

6:00-8:00 pm
\$5 per person

MUSIC & DRAMA



Beyoncé Line Dance

Join Monica and friends for Beyoncé's "Texas Hold 'Em" Line Dance. Enjoy some toe-tappin' and hip-shakin' with classic country moves to Beyoncé's new and fabulous country song. No partner needed for a night of fun.

Wednesday, September 18
Valley Middle School

6:30-7:30 pm
\$9 per person

Taylor Swift Line Dance

Come and learn all the moves for the Taylor Swift "We are Never Ever Getting Back Together" Line Dance! This is a great tune with great dance moves that will inspire you to get out on the floor and dance to Taylor Swift's catchy lyrics and music!

Tuesday, October 8
Valley Middle School

6:30-7:30 pm
\$9 per person

MUSIC & DRAMA

Mamma Mia Line Dance

Get ready for a night of fun with Monica. You'll learn all the moves for "Mamma Mia- Here We Go Again" Line Dance. Here we go again with a fabulous night filled with fun dance moves for this iconic song that will have you singing along as well dancing!

Thursday, November 14
Valley Middle School



6:30-7:30 pm
\$9 per person

OUT ON THE TOWN

CANCELLATION POLICY

Cancellations must be made prior to the registration deadline. You will be charged for pre-paid tickets and other direct costs unless a replacement can be found. No refunds will be given for cancellations received on or after the date trip.

Fort Snelling Tour

This National Historic Landmark resides on Dakota homeland, at the confluence of the two rivers known as Bdote, with history spanning 10,000 years. Here, the stories and experiences of many people converge and collide, and continue to unfold today. You will be provided access to the Plank Museum & Visitor Center, including the new Many Voices, Many Stories, One Place exhibit, and a guided "Walk & Talk" tour. The guided tour is 60 minutes. You are welcome to stay and explore on your own after the tour. *Caregivers need to register and pay the fee.*

Saturday, September 14
Historic Fort Snelling

10:15 am-12:00 pm
\$15 per person



MN Twins

Calling all Twins fans! Hop on board the bus down to Minneapolis and help us cheer on the hometown team as they take on the Cincinnati Reds on a Sunday afternoon at Target Field. Game time is 1:10pm. This is a very popular event, so make sure to get your registrations in early. Limited wheelchair seating is available. The tickets are in the Treasure Island Cove section, just inside the front gate. The bus departs from Valley Middle School. You will be dropped off and picked up right at in front of the main entrance.

We must receive your registration and payments by August 21st or until the tickets have sold out. Caregivers need to register and pay for each game ticket.

Sunday, September 15
Valley Middle School

11:45 am-4:30 pm
\$49 per person

Hayride & Apple Farm Tour

Join friends for a visit to Brand Farms in Farmington. We will take a hayride out to the apple orchard and learn about apples, chickens and more. You will be able to pick some apples as well as a pie pumpkin to take home. Following the hayride and tour we'll visit an activity area for some fun. Our time ends with a visit to the farm store, so be sure to bring some money if you'd like to purchase some delicious foods. Items include butter and jams, salsas, queso, pickles, eggs and of course everything apples! Cider, pies, crisps, chips, jelly donuts and more. *There is no fee for caregivers, but they need to register.*

Tuesday, September 24
Brand Farms



4:00-6:00 pm
\$12 per person

OUT ON THE TOWN



FAWN-DOE-ROSA

This adventure was so great last fall, we decided to make another visit!! Hop on board a luxury motorcoach for a day of adventure. We will head to FAWN-DOE-ROSA Wildlife Educational Park located in St. Croix Falls, Wisconsin. The drive is about 90 minutes. Once at FAWN-DOE-ROSA a host will meet us for a 30 minute tour so you will be well prepared to then tour the park on your own. Everyone will receive a bag of animal feed. Places to explore include a Deer Yard, Petting Area, Farmyard and Giftshop. You'll see deer, horses, donkeys, goats and more. We will explore for about 90 minutes and then hop back on the bus for lunch. There are many lunch options available just down the road. McDonald's, Dairy Queen, Panda Express and Subway. Lunch is on your own, so make sure to bring money. We'll enjoy a scenic drive home along the St. Croix where we can enjoy the fall colors along the river.

Registration is open until September 11th or the bus is full. *Caregivers must register and pay for this activity.*

Sunday, October 13
Falcon Ridge Middle School

8:45 am-3:45 pm
\$41 per person



OUT & ABOUT

Lunch Bunch

Let's meet for lunch and some socializing! It's a great time to enjoy lunch, see old friends and make some new friends. If you're available we hope you can join us! *Remember to bring money for your meal.*



Thursday, September 19
Culvers of Rosemount

11:00 am-12:15 pm
Free

Friday, October 18
Pizza Ranch Lakeville

11:00 am-12:15 pm
Free

Wednesday, November 20
Raising Canes

11:00 am-12:15 pm
Free



OUT & ABOUT



Fall Bowling Leagues

Our bowling leagues meet at Bogart's Entertainment Center. Plan to join your friends for a fun time bowling and socializing. If you are hungry, you can stay and eat right there in the Main Street Grill. Fall bowling sessions fill up quickly! You must pre-register to have a lane assigned.

Please indicate on your registration if you need lane bumpers and/or bowling ramp.

Monday Morning Bowling

Monday, September 16-November 18
Bogart's Entertainment Center

10:00-11:15 am
\$49 per person

Monday Afternoon Bowling

Monday, September 16- November 18
Bogart's Entertainment Center

4:00-5:15 pm
\$49 per person

Wednesday Bowling

Wednesday, September 18-November 20
Bogart's Entertainment Center

4:00-5:15 pm
\$49 per person

Thursday Bowling

Thursday, September 19-November 21
Bogart's Entertainment Center

4:00-5:15 pm
\$49 per person

VOLUNTEER CORNER

Adopt A Park

Help keep our community clean and beautiful. Project Explore has adopted Valley Middle Park on the northern border of Valley Middle School. We'll meet to pick up litter. Tools are provided, bring work gloves if you'd like and dress for the weather.

Saturday, September 21
Valley Middle Park

10:00-11:00 am
Free



Thanksgiving Dinner Set-up

Come and help set up for our annual Thanksgiving dinner. We will get tables, chairs, napkins, cutlery and decorations ready for dinner.

Thursday, November 21 5:30-6:30 pm
Messiah Lutheran Church Free

ZOOM CLASSES

The Zoom link will be emailed to you the morning of class. Please make sure we have your current email address.

Book Club - "The Wizard of Oz"

Join Dorothy, Toto, the Scarecrow, Tin Man and Cowardly Lion in their adventures to the Emerald City and the land of Oz! Book Club will use the "Classic Edition" of this wonderful story. We will meet for two weeks.

Tuesday, September 17 & 24
Online



4:00-5:00 pm
\$6 per person

Book Club - "Hatchet"

Brian is on his way to Canada to visit his father when the pilot of his small prop plane suffers a heart attack. Brian is forced to crash-land the plane in a lake--and finds himself stranded in the remote Canadian wilderness with only his clothing and the hatchet his mother gave him as a present before his departure. We will find out how he learns to live off the land with almost nothing and survive during his time in the wilderness. This novel is written by Gary Paulsen. We will meet for five weeks.

Tuesday, October 1-29
Online



4:00-5:00 pm
\$15 per person

Book Club - "Shiloh"

One day while playing in the woods, Marty finds a skinny, skittish beagle that follows him for the rest of the afternoon. He suspects the dog has been mistreated and wonders if he belongs to neighbor Judd Travers. Marty spends his summer trying to save this little dog. A great story from Phyllis Reynolds Naylor about compassion, responsibility and trust. We will meet for four weeks.

Tuesday, November 5-26
Online

4:00-5:00 pm
\$12 per person

Is your diet Gluten Free?

Call the office if you are gluten free at least one week prior to the **Thanksgiving Dinner** and **Bingo & Pizza** so we can make sure to have gluten free food options available for you. Unless noted, cooking classes may not have gluten free options. Make sure to read the class description for details or call the office.

PROJECT EXPLORE POINTS OF INTEREST

Walk-in Activities

We allow walk-ins for the following activities ONLY:

Bingo
Dances



No Walk-ins for Bingo & Pizza, Cooking Classes, Craft Classes or activities where a meal is being served. Please be considerate as we need to order food and may not have enough for those people not registered.

We may not have additional craft supplies for walk-ins. Prevent disappointment by registering before an activity.

Wish List

To help keep our fees low we love donations for Bingo Prizes. Great ideas are:

Beanie Babies, Fuzzy Posters, DVDs, Shampoo, Body Lotions, Bath Wash, Crayons, Coloring Books, Word Find Books, Games, Liters of Pop and Snack foods.

PROJECT EXPLORE GUIDELINES FOR PARTICIPATION

Project Explore promotes inclusion of adults with developmental, sensory, cognitive and physical disabilities in a variety of Community Education programs and makes reasonable accommodations to provide an enriching experience for all participants. Your cooperation in following the guidelines listed below helps to make the classes and trips run smoothly and safely.

Participants must be accompanied to the classroom no earlier than 15 minutes prior to the listed start time and should be picked up promptly at the listed end time. Caregivers must return for pick up 15 minutes prior to the end of the activity/class to ensure prompt pickup. Please be considerate of the Project Explore staff in following the activity end time.

Participants arranging transportation need to arrange pick-ups at the activity/class end time.

1. Pre-registration is required for all classes, activities and trips. Walk-ins will be accepted for dances and Bingo, but pre-payment and reservations are appreciated.
2. Participants who require personal assistance for physical and/or behavioral issues must be accompanied and supervised for all activities and events by their caregiver.
3. All participants must be accompanied for field trips, unless they are their own guardian. Call the office with any questions.
4. Any participant with an active seizure disorder must be accompanied and supervised at all Project Explore activities by their caregiver.
5. All Project Explore programs are school district sponsored, so there is no smoking on school grounds. All programs are alcohol free.
6. Transportation to and from all activities is the responsibility of the participant. Exceptions are for "Out On The Town" activities where a bus is provided.
7. Instructors are not expected to, nor are trained to provide the level of assistance often required by people with disabilities.
8. Any individuals attending any of our activities on their own are asked to carry emergency contact information with them.
9. If you do not wish for the image and likeness of you to be used for Project Explore or ISD 196's promotional materials and publications, contact Communication Department at communityed@district196.org or call 651-423-7701.
10. Please do not bring any outside food or drink to non-meal events. It may cause inappropriate behavior from some participants. We appreciate your help.
11. Arriving Late: Participants that arrive at an activity 30 minutes or more after the start time may not be permitted to complete all projects, activities or the event.
12. Inclement Weather: In case of inclement weather check the ISD 196 website and also our outgoing voice message. We will make every effort to contact you.

If unable to meet these guidelines, please call the program office.

WEB RESOURCES

River Valley Project Explore: ce.district196.org/projectexplore

The Project Explore brochure and pictures from events can be viewed on our website.

Here are some other websites that provide a variety of services to people of all ages and abilities in Minnesota.

- **Arc of Minnesota:** www.TheArcOfMinnesota.org
Advocacy and support for people with developmental disabilities and their families.
- **True Friends:** www.truefriends.org
True Friends is a non-profit agency that creates unique educational, recreational and social opportunities for people of all ages with mental and physical disabilities.
- **Metropolitan Center For Independent Living:** www.mcil-mn.org
MCIL is dedicated to the full promotion of the Independent Living philosophy by supporting individuals with disabilities in their personal efforts to pursue self-directed lives. Contact them at 651-603-2007 for more information on classes and services they offer.
- **Pacer Center:** www.pacer.org
The mission of PACER is to expand opportunities and enhance the quality of life of children and young adults with disabilities and their families. They promote parents helping parents.
- **Search Beyond Adventures:** www.searchbeyond.com
Provides escorted travel tours for adults with disabilities.
- **Wilderness Inquiry:** www.wildernessinquiry.org
Our mission is to make adventure travel accessible to everyone, regardless of age, background or ability.
- **Disability Linkage Line:** www.minnesotahelp.info
The disability Linkage Line is a free statewide information and referral resource. It provides Minnesotans with disabilities and chronic illnesses a single access point for all disability related questions. Contact them at 1-866-333-2466 for more information.
- **InControl:** www.incontrolmn.com
InControl is a company dedicated to promoting wellness at home and improving the quality of life of adults with disabilities. The four key pillars are: Physical, Emotional, Social and Nutrition.
- **GoDakota:** www.co.dakota.mn.us/Transportation/GettingAround/Pages/default.aspx
Transportation services for Dakota County residents.

ADDITIONAL COMMUNITY SERVICES

Special Olympics

Whether you are interested in participating at practices or competing at Area Games and State Meets, you are sure to make new friends and have fun in a healthy and well managed environment. There are many sports offered including track & field, swimming, basketball, bowling, bocce, poly hockey, tennis, gymnastics, softball, soccer and power lifting.

Burnsville Area:

Brian Petrich – bkpetrich@gmail.com; 612-760-2362

Rosemount-Apple Valley-Eagan area:

info@theravesp.com or www.theravesp.com

Community Education Integration Opportunities

Interesting and fun classes are offered through Community Education Programs. The sponsoring districts will make every effort to provide reasonable accommodation so your experience is successful. To request a catalog call the following Community Education Departments:

Burnsville:	952-707-4110
Farmington:	651-460-3200
Lakeville:	952-232-2170
Randolph:	507-263-2151
Rosemount:	651-423-7920

Like us on Facebook: River Valley Project Explore

See what's new and view current photos from our classes and activities!

Local Community Meals:

- All Saints Catholic, Lakeville located at 19795 Holyoke Ave, Lakeville
2nd Thursday, 6:00-7:00 pm
- Easter Lutheran by the Lake located at 4545 Pilot Knob Road, Eagan
Drive-Thru – Monday-Thursday, 5:30-6:30 pm

FACILITY ADDRESSES

Apple Valley Fire Station #1

15000 Hayes Road
Apple Valley, MN 55124

Bogart's Entertainment Center

14917 Garrett Avenue
Apple Valley, MN 55124

Brand Farms

18605 Biscayne Avenue W
Farmington, MN 55024

Culver's Restaurant

14755 S. Robert Trail
Rosemount, MN 55068

Falcon Ridge Middle School

12900 Johnny Cake Ridge Road
Apple Valley, MN 55124

Farmington High School

20655 Flagstaff Avenue
Farmington, MN 55024

Fort Snelling

200 Tower Avenue
St. Paul, MN 55111

Holland Lake Trailhead

1100 Cliff Road
Eagan, MN 55123

Mall of America

60 E Broadway
Bloomington, MN 55425

McGuire Middle School

21220 Holyoke Avenue
Lakeville, MN 55044

Messiah Lutheran Church

16725 Highview Avenue
Lakeville, MN 55044

Nicollet Middle School

400 E. 134th Street
Burnsville, MN 55337

Pizza Ranch

16995 Kenyon Avenue
Lakeville, MN 55044

Raising Canes

7501 150th Street
Apple Valley, MN 55124

Southview Elementary School

1025 Whitney Drive
Apple Valley, MN 55124

Target Field

1 Twins Way
Minneapolis, MN 55403

Valley Lake Park

160th Street, East of Cedar Avenue
Lakeville, MN 55044

Valley Middle Park

1040 Baldwin Drive
Apple Valley, MN 55124

Valley Middle School

900 Garden View Drive
Apple Valley, MN 55124

Whitetail Woods Regional Park

17100 Station Trail
Farmington, MN 55024

REGISTRATION FORM (ONE PER PERSON)

Online Registration:
ce.district196.org/projectexplore

Name: _____ Phone: _____

Address: _____ City: _____

Zip: _____ Email Address: _____

Please check if new address or phone number Contact Person: _____

Service Provider: _____ Group Home Name: _____

Special Information & Accommodations: Wheelchair Food Allergies, please specify _____

Please check if you do not wish for your photo to be used for publicity purposes or social media

Participant Events – Fall 2024

Cooking Classes	November 12	_____	\$5
Apple Treats	November 26	_____	\$5
September 23	_____	\$15	
September 30	_____	\$15	
<i>You may register for one date only.</i>			
Creepy Cooking	October 9	_____	\$5
October 10	_____	\$15	
October 21	_____	\$15	
<i>You may register for one date only.</i>			
Quiche Cooking	November 20	_____	\$15
Craft Classes	Lyft Rideshare Training	_____	\$5
Pom-Pom Gnome	Apple Valley Fire Station	_____	\$12
Yarn Pumpkin	November 7	_____	\$12
Diamond Art	November 15	_____	\$12
Rope Ghost	Hike Whitetail Woods Park	_____	\$12
Frankenstein Flower Pot	Stroll & Roll Valley Lake Park	_____	\$12
Turkey Gnome	Hike Holland Lake	_____	\$12
Holiday Cardmaking	_____	\$12	
Fake Pies	_____	\$12	
T-Shirt Painting	_____	\$15	
T-Shirt Size	_____		
Arts & Painting	Open Swim	September 21	_____
Nature Made	September 21	_____	\$5
Foil Painting	October 12	_____	\$5
Print Making	November 16	_____	\$5
Fluffy & Puffy	_____		
Holiday Stencil	_____		
Science Classes	Music & Drama	Beyoncé Line Dance	_____
Pounding Colors from Nature	Taylor Swift Line Dance	_____	\$9
Corn, Corn & More Corn	Mamma Mia Line Dance	_____	\$9
Mason Jar Lights	_____		
Dances	Out on the Town	Fort Snelling Tour	_____
Fall Kick-off Dance	Fort Snelling Tour	_____	\$15
Halloween Dance	MN Twins	_____	\$49
_____	No Bus	_____	\$44
Entertainment	Hayride & Apple Farm Tour	_____	\$12
Movie Night	FAWN-DOE-ROSA	_____	\$41
Karaoke	_____		
September 25	Out & About	Lunch Bunch	_____
Song Request	September 19 – Culver's RM	_____	Free
October 16	October 18 – Pizza Ranch	_____	Free
Song Request	Nov. 20 – Raising Canes AV	_____	Free
Magic Show	_____		
Bingo & Pizza	Sports	Fall Bowling Leagues (10 weeks)	_____
Word Search Challenge	Monday Morning	_____	\$49
Let's Play Cards	Monday Afternoon	_____	\$49
October 3	Wednesdays	_____	\$49
November 8	Thursdays	_____	\$49
Game Night	I need lane bumpers	_____	
Puzzle Party	I need a bowling ramp	_____	
Halloween Movie Night	_____		
BINGO	Online Activities	_____	
Scavenger Hunt at MOA	Book Club	"The Wizard of Oz"	_____
Thanksgiving Dinner	"Hatchet"	_____	\$15
_____	"Shiloh"	_____	\$12
Health and Wellness	Volunteer Corner	Adopt A Park	_____
Yoga	Thanksgiving Dinner Set-up	_____	Free
September 10	Participant Total	_____	
September 24	Credit Voucher	_____	
October 1	Enclosed	_____	
October 29	Check #	_____	
_____	UCare #	_____	
_____	UCare Plan	_____	

Caregiver Events – Fall 2024

This portion of the registration form must be completed when there is a fee charged for the caregivers to attend an activity with the participant(s).

Entertainment

Bingo & Pizza	September 28	_____	\$5
Thanksgiving Dinner	_____	\$12	

Dances

Fall Kick-off Dance	_____	\$8	
Halloween Dance	_____	\$8	

Out on the Town

Fort Snelling Tour	_____	\$15	
MN Twins	_____	\$49	
No Bus	_____	\$44	
Hayride & Apple Farm Tour	_____	Free	
FAWN-DOE-ROSA	_____	\$41	

Caregiver Total	_____	
Credit Voucher	_____	
Enclosed	_____	
Check #	_____	

Complete and mail your registration form and check to:

River Valley Project Explore
15180 Canada Avenue
Rosemount, MN 55068

Payment is due with your registration. Please make checks payable to School District 196. Please call 651-423-7931 with any questions.



EASY WAYS TO REGISTER

1. By Mail

Complete one registration form per person and mail it with a check to:

River Valley Project Explore

15180 Canada Avenue

Rosemount, MN 55068

Make check payable to ISD 196

2. Online

Visit ce.district196.org/projectexplore to register online.

3. Phone

Use your Visa, MasterCard, American Express or Discover card and call 651-423-7920.

4. In Person

Walk in registrations can be made at the office between the hours of 8:00 am and 4:00 pm, Monday through Friday.

5. Drop Box

Drop off your registration in our secure drop box 24/7, located at our offices. You'll find the drop box on the south side of the building under the Community Ed awning.

Are You In?

Yes! Unless you are notified, assume that you are enrolled in the activity and that it will be held at the time and place indicated.

Cancellation and Refund Policy

- Full refunds will be given if classes are cancelled by Project Explore.
- Refund requests received five (5) working days prior to a class qualify for a refund.
- Requests received less than five (5) working days before class start may not receive a refund.
- Exceptions are made due to serious illness or family emergency.
- Once tickets are purchased for "Out On The Town" events, refunds will not be made unless there is someone on our waiting list.



HELP WITH PAYMENT

UCare Discount

- **Some UCare Members are eligible for a \$15 discount on all classes in this catalog.** If a class is less than \$15, the member may take the class with no fee. You must be UCare member at the time of registration and throughout the duration of the class. Members need to include their UCare ID number when registering and indicate which UCare Plan they have. Call the office if you have any questions.

Scholarship Information

- Clients may request scholarship support for Project Explore sponsored activities. The annual maximum scholarship amount is \$100. Questions can be directed to Patty at the Program Office.

Scholarships are provided by the RVPE Foundation.



PERSONAL REGISTRATION RECORD



Name: _____

Check the classes you have registered for!

Saturday, September 7

- Hike Whitetail Woods
10:00-11:30 am
Whitetail Woods

Monday, September 9

- Nature Made
6:30-8:00 pm
Valley Middle School

Tuesday, September 10

- Pom-Pom Gnome
6:30-8:00 pm
Valley Middle School
- Yoga
6:30-7:30 pm
Valley Middle School

Wednesday, September 11

- Move & Groove
6:30-7:30 pm
Nicollet Middle School

Thursday, September 12

- Lyft Rideshare Training
6:00-7:30 pm
Valley Middle School

Friday, September 13

- Stroll & Roll Valley Lake
6:30-7:30 pm
Valley Lake Park

Saturday, September 14

- Fort Snelling Tour
10:15 am-12:00 pm
Fort Snelling

Sunday, September 15

- MN Twins
11:45 am-4:30 pm
Valley Middle School

Monday, September 16

- Morning Bowling Begins
10:00-11:15 am
Bogart's
- Afternoon Bowling Begins
4:00-5:15 pm
Bogart's
- Pounding Colors from Nature
6:30-7:30 pm
Valley Middle School

Tuesday, September 17

- Book Club – "The Wizard of Oz"
4:00-5:00 pm
Online
- Yarn Pumpkin
6:30-8:00 pm
Valley Middle School

Wednesday, September 18

- Bowling Begins
4:00-5:15 pm
Bogart's
- Beyoncé Line Dance
6:30-7:30 pm
Valley Middle School

Thursday, September 19

- Lunch Bunch
11:00 am-12:15 pm
Culver's Rosemount
- Bowling Begins
4:00-5:15 pm
Bogart's
- Movie Night
5:45-8:00 pm
Valley Middle School

Friday, September 20

- Fall Kick-Off Dance
6:30-9:00 pm
Valley Middle School

Saturday, September 21

- Adopt A Park
10:00-11:00 am
Valley Middle Park

Saturday, September 21

- Open Swim
2:00-3:00 pm
McGuire Middle School

Monday, September 23

- Apple Treats
6:00 – 8:00 pm
Valley Middle School

Tuesday, September 24

- Hayride & Apple Farm Tour
4:00-6:00 pm
Brand Farms
- Yoga
6:30-7:30 pm
Valley Middle School

Wednesday, September 25

- Move & Groove
6:30-7:30 pm
Nicollet Middle School
- Karaoke Night
6:30-8:00 pm
Valley Middle School

Saturday, September 28

- Bingo & Pizza
12:00-2:00 pm
Valley Middle School

Monday, September 30

- Apple Treats
6:00-8:00 pm
Valley Middle School

Tuesday, October 1

- Book Club – "Hatchet"
4:00-5:00 pm
Online
- Diamond Art
6:30-8:00 pm
Valley Middle School
- Yoga
6:30-7:30 pm
Valley Middle School

Wednesday, October 2

- Word Search Challenge
6:30-8:00 pm
Valley Middle School

Thursday, October 3

- Let's Play Cards
6:30-8:00 pm
Valley Middle School

Saturday, October 5

- CRAFT FAIR
10:00 am-3:00 pm
Valley Middle School

Monday, October 7

- Foil Painting
6:30-8:00 pm
Valley Middle School

Tuesday, October 8

- Taylor Swift Line Dance
6:30-7:30 pm
Valley Middle School

Wednesday, October 9

- Move & Groove
6:30-7:30 pm
Nicollet Middle School

Thursday, October 10

- Creepy Cooking
5:30-7:00 pm
Valley Middle School

Friday, October 11

- Game Night
6:30-8:00 pm
Valley Middle School

Saturday, October 12

- Hike Holland Lake
10:00-11:30 am
Holland Lake Park

Saturday, October 12

- Open Swim
2:00-3:00 pm
McGuire Middle School

Sunday, October 13

- FAWN-DOE-ROSA
8:45 am-3:45 pm
Falcon Ridge Middle School

Monday, October 14

- Corn, Corn & More Corn
6:30-7:30 pm
Valley Middle School

Tuesday, October 15

- Rope Ghost
6:30-8:00 pm
Southview Elementary School

Wednesday, October 16

- Karaoke Night!
6:30-8:00 pm
Valley Middle School

Thursday, October 17

- Magic Show
6:30-7:30 pm
Valley Middle School

Friday, October 18

- Lunch Bunch
11:00 am-12:15 pm
Pizza Ranch Lakeville

Monday, October 21

- Creepy Cooking
5:30-7:00 pm
Valley Middle School

Tuesday, October 22

- Frankenstein Flower Pot
6:30-8:00 pm
Southview Elementary School

Wednesday, October 23

- Move & Groove
6:30-7:30 pm
Nicollet Middle School

Thursday, October 24

- Puzzle Party
6:30-8:00 pm
Valley Middle School

Friday, October 25

- Halloween Dance
6:30-9:00 pm
Farmington High School

Monday, October 28

- Print Making
6:30-8:00 pm
Valley Middle School

Tuesday, October 29

- Yoga
6:30-7:30 pm
Valley Middle School

Wednesday, October 30

- Halloween Movie Night
5:45-8:00 pm
Valley Middle School

Friday, November 1

- BINGO
6:30-8:30 pm
Valley Middle School

Monday, November 4

- Quiche Cooking
5:30-7:00 pm
Valley Middle School

Tuesday, November 5

- Book Club – "Shiloh"
4:00-5:00 pm
Online

Wednesday, November 6

- Move & Groove
6:30-7:30 pm
Nicollet Middle School

Thursday, November 7

- Apple Valley Fire Station
6:00-8:00 pm
Fire Station #1

Friday, November 8

- Let's Play Cards
6:30-8:00 pm
Southview Elementary School

Saturday, November 9

- Scavenger Hunt at MOA
10:00 am-12:00 pm
Mall of America

Monday, November 11

- Fluffy & Puffy
6:30-8:00 pm
Valley Middle School

Tuesday, November 12

- Yoga
6:30-7:30 pm
Valley Middle School
- Turkey Gnome
6:30-8:00 pm
Valley Middle School

Wednesday, November 13

- Holiday Cardmaking
6:30-8:00 pm
Valley Middle School

Thursday, November 14

- Mamma Mia Line Dance
6:30-7:30 pm
Valley Middle School

Friday, November 15

- Apple Valley Fire Station
6:00-8:00 pm
Fire Station #1

Saturday, November 16

- Open Swim
2:00-3:00 pm
McGuire Middle School

Monday, November 18

- Mason Jar Lights
6:30-7:30 pm
Valley Middle School

Tuesday, November 19

- Fake Pies
6:30-8:00 pm
Valley Middle School

Wednesday, November 20

- Lunch Bunch
11:00 am-12:15 pm
Raising Canes – AV
- Move & Groove
6:30-7:30 pm
Nicollet Middle School

Thursday, November 21

- T-Shirt Painting
6:30-8:00 pm
Valley Middle School
- Thanksgiving Dinner Set-up
5:30-6:30 pm
Messiah Lutheran Church

Friday, November 22

- Thanksgiving Dinner
5:30-7:30 pm
Messiah Lutheran Church

Monday, November 25

- Holiday Stencil
6:30-8:00 pm
Valley Middle School

Tuesday, November 26

- Yoga
6:30-7:30 pm
Valley Middle School

A Community Education Consortium Representing:

Burnsville (#191)

200 West Burnsville Parkway
Burnsville, MN 55337

Farmington (#192)

20655 Flagstaff Avenue
Farmington, MN 55024

Lakeville (#194)

17630 Juniper Path, Suite A
Lakeville, MN 55044

Randolph (#195)

29110 Davison Avenue
Randolph, MN 55065

**Rosemount-Apple Valley-
Eagan (#196)**

3455 153rd Street W
Rosemount, MN 55068



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TIME SENSITIVE MATERIAL

If you no longer want to receive this brochure, or you know someone who would like to receive it, please call us at 651-423-7931. Thank you!

ROCK 'N' ROLL SUMMER DANCE!

