

DAILY SCHEDULE

REGULAR SCHEDULE

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|--------------------------|--|
| Breakfast | M, W, F: 7:30 - 8:15 AM T, TH: 8:00 - 8:40 AM |
| Chapel | M, W, F: 8:20 - 8:45 AM |
| Period 1 | 8:45 - 10:00 AM |
| <i>Break</i> | 10:00 - 10:10 AM |
| Period 2 | 10:10 - 11:25 AM |
| Lunch | 11:25 AM - 12:35 PM |
| Period 3 | 12:35 - 1:50 PM |
| <i>Transition</i> | 1:50 - 1:55 PM |
| Period 4 | 1:55 - 3:10 PM |
| <i>Break</i> | 3:10 - 3:30 PM |
| Crease* or Cadets | 3:30 - 4:30 PM |
| Dinner | 5:15 - 6:30 PM |
| Prep time | 7:30 - 9:15 PM |

FLEX SCHEDULE

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|-------------------|---------------------|
| Breakfast | 7:30 - 8:15 AM |
| Chapel | 8:20 - 8:45 AM |
| Period 1 | 8:45 - 9:35 AM |
| <i>Transition</i> | 9:35 - 9:40 PM |
| Period 2 | 9:40 - 10:30 AM |
| <i>Break</i> | 10:30 - 10:40 AM |
| Period 3 | 10:40 - 11:30 AM |
| <i>Transition</i> | 11:30 - 11:35 AM |
| Period 4 | 11:35 AM - 12:25 PM |
| Lunch | 12:25 - 1:25 PM |

JUNIOR & SENIOR

Junior grades (Middle School) are grades 7-10 (Forms II-V) and Senior are grades 11-12 (Forms VI and VII).

PREP

Time dedicated to supervised homework in the boarding house. Students, depending on their grade level and needs, may do their schoolwork in the library, in other houses (for group projects) or in the Enrichment Center (where tutoring is available).

CREASE

Time dedicated to sports. *These times vary depending on the sport, season, or activity.

CHAPEL

Morning assembly for all students on Mondays, Wednesdays, and Fridays held in the chapel.

FLEX SCHEDULE

Half day of classes to accommodate special events, sports tournaments, or activities.