

## CCPS and Maryland Framework Indicators for Family Life and Human Sexuality (Health 1)

Topics	Health 1 CCPS Framework Family Life and Human Sexuality	Health 1 Maryland State Framework Indicators Grade Family Life and Human Sexuality
Healthy relationships and consent	Compare and contrast characteristics of healthy and unhealthy relationships. 1c.HS1.1	Compare and contrast characteristics of healthy and unhealthy relationships. 1c.HS1.1
	Explain the importance of talking with parents and other trusted adults about issues related to relationships, growth and development, sexual decision-making, and sexual health. 1c.HS1.2	Summarize the importance of talking with parents and other trusted adults about issues related to relationships, growth and development, sexual decision-making, and sexual health. 1c.HS1.2
	Explain the benefits of respecting individual differences in aspects of puberty, growth, and development, and physical appearances. 1c.HS1.3	Justify the benefits of respecting individual differences in aspects of sexuality, growth and development, and physical appearance. 1c.HS1.3
	Describe what constitutes sexual consent, its importance, and legal consequences of sexual behavior without consent. 1c.HS1.4	Describe what constitutes sexual consent, its importance, and legal consequences of sexual behavior without consent. 1c.HS1.4
	Identify factors that can influence the ability to give and receive sexual consent. 1c.HS1.5	Identify factors that can influence the ability to give and receive sexual consent. 1c.HS1.5
	Identify how school and community programs and policies can promote dignity and respect for people. 1c.HS1.8	Identify how school and community programs and policies can promote dignity and respect for people. 1c.HS1.8
Gender identity and expression		Differentiate between sex assigned at birth, gender identity, and gender expression. 1c.HS1.6
Sexual orientation and Identity		Define sexual identity and explain a range of identities related to sexual orientation. 1c.HS1.7

Topics	CCPS Version High School Health 1 Family Life and Human Sexuality	Maryland Framework State Indicators for Health 1 Family Life and Human Sexuality
Sexual orientation and Identity		Identify how school and community programs and policies can promote dignity and respect for people of all sexual orientations and gender identities and expressions. 1c.HS1.8
Anatomy and physiology	Summarize human reproductive systems including medically accurate names for internal and external genitalia and their functions. 1c.HS1.9	Summarize human reproductive systems including medically accurate names for internal and external genitalia and their functions. 1c.HS1.9
	Summarize the relationship between the menstrual cycle and conception. 1c.HS1.10	Summarize the relationship between the menstrual cycle and conception. 1c.HS1.10
	Explain Conception.	Summarize the relationship between the menstrual cycle and conception. 1c.HS1.10
	Explain the stages of pregnancy and fetal development.	Summarize the relationship between the menstrual cycle and conception. 1c.HS1.10
	Explain the birth process (vaginal and cesarean).	Summarize the relationship between the menstrual cycle and conception. 1c.HS1.10
Sexual health	Identify sexual behaviors, including solo, vaginal, oral, and anal sex, that impact the risk of unintended pregnancy and potential transmission of STIs, including HIV. 1c.HS1.11	Identify sexual behaviors, including solo, vaginal, oral, and anal sex, that impact the risk of unintended pregnancy and potential transmission of STIs, including HIV.1c.HS1.11
		Identify how systemic oppression and intersectionality impact the sexual health of communities of color and other marginalized groups. 1c.HS1.9
	Describe common symptoms, or lack thereof, of and treatments for STIs, including HIV. 1c.HS1.13	Describe common symptoms, or lack thereof, of and treatments for STIs, including HIV. 1c.HS1.13
	Display the steps to using barrier methods correctly (e.g., external and internal condoms and dental dams). 1c.HS1.14	Explain the steps to using barrier methods correctly (e.g., external and internal condoms and dental dams). 1c.HS1.14

Topics	CCPS Version High School Health 1 Family Life and Human Sexuality	Maryland Framework State Indicators for Health 1 Family Life and Human Sexuality
Sexual health	Compare and contrast types of contraceptive and disease-prevention methods. 1c.HS1.15	Compare and contrast types of contraceptive and disease-prevention methods. 1c.HS1.15
	Identify community services and resources related to sexual and reproductive health. 1c.HS1.16	Evaluate community services and resources related to sexual and reproductive health. 1c.HS1.16
	Identify the laws related to reproductive and sexual health care services (e.g., contraception, pregnancy options, Maryland Consent Law, safe surrender policies, prenatal care). 1c.HS1.17	Identify the laws related to reproductive and sexual health care services (e.g., contraception, pregnancy options, safe surrender policies, prenatal care). 1c.HS1.17
Sexually explicit media	Explain the impact sexually explicit media can have on one's perceptions of, and expectations for, a healthy relationship. 1c.HS1.18	Explain the impact sexually explicit media can have on one's perceptions of, and expectations for, a healthy relationship. 1c.HS1.18
	Identify federal and state laws that prohibit the creation, sharing, and viewing of sexually explicit media that includes minors. 1c.HS1.19	Identify federal and state laws that prohibit the creation, sharing, and viewing of sexually explicit media that includes minors. 1c.HS1.19
Avoiding sexual risks:	Present research on (1) the addictive nature of pornography and how it can be avoided or overcome, and (2) the negative impact viewing pornography can have on the brain	Differentiate between healthy and unhealthy use of technology including social media, messaging and phones as it relates to harassment and intimidating behaviors. 1d.HS1.5