

KYRENE

SCHOOL DISTRICT

5 FIRST DAY
TIPS
FOR GUARDIANS

FIRST DAY
TIPS FOR
STUDENTS

NAVIGATING
MIDDLE
SCHOOL

HOW TO
ROCK YOUR
ROUTINE

FIRST
DAY

guide

KYRENE'S **FIRST DAY** GUIDE

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Whether entering kindergarten or eighth grade, the start of the school year can stir up a mix of emotions. Check out some words of wisdom from a few Kyrene principals.

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HOW WAS SCHOOL TODAY?

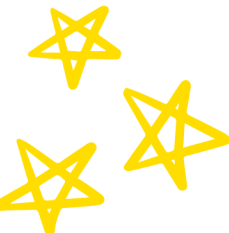
Alternatives to the age-old question.





FIRST DAY OF SCHOOL Tips for Students

I encourage students, no matter their age, to try something before asking for help. There is no greater feeling than being able to do something by yourself, and oftentimes, **we can do things we didn't think we could.**



DR. LESCHER
KYRENE TRADITIONAL
ACADEMY



PRINCIPAL LAMP
KYRENE DEL MILENIO

Relax! Smile! Be open to new things and to making new friends!
Introduce yourself to the new students in your class...you never know, you might meet a new best friend!! Try new things....even better, try hard things!



PRINCIPAL
KINGSLAND
KYRENE DEL CIELO

Smile! It will be a good day! There are many teachers and staff here to help. Be sure to say "hi" and meet new friends. Everyone is a little nervous, but **our school is a safe and welcoming place.**



PRINCIPAL JOHNSON
KYRENE DE LA ESTRELLA



Don't be nervous! **We will take care of you---you won't get lost; we will help you get to your classes and your teachers will welcome you and make sure you feel comfortable.** The first day/week of middle school is very fun!




PRINCIPAL KORY
KYRENE APRENDE
MIDDLE SCHOOL

Pack a lunch with your favorite foods. **Be ready to make a new friend.** Bring your best attitude!




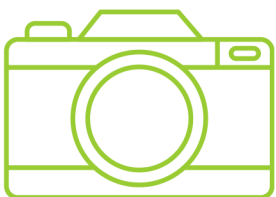
FIRST DAY *checklist*

Night before

- 
- Set out clothes
 - Pack backpack
 - Pack lunch and a cold water bottle
 - Print out "First Day" signs for pictures
 - Set bedtime a little earlier than normal
 - Set an alarm (or two!)
 - Charge phones and cameras
 - Read a "Back to School" story
 - Ask your child what they are excited about

First day

- 
- Get up earlier than normal
 - Have a healthy breakfast at home or school
 - Take "First Day" photos
 - Finish packing bags
 - Arrive a little early
 - Follow instructions for drop-off and pick-up
 - Try to stay calm and reassuring
 - Remind your child of what to expect after the school day



Remember to tag
#BackToKyrene





NAVIGATING MIDDLE SCHOOL



01



Prep for a Successful Year

Children moving on to middle school (or moving to a new campus in general) may have some concerns about memorizing the layout of their new school, the names of their teachers, and how much time they have between passing periods. We highly encourage attending Meet the Teacher events to help students feel more prepared, and in turn, less nervous.

Talk Through Anxiety

While the start of a new school year is exciting, it can also bring up feelings of nervousness or anxiety. Consider talking to your child(ren) about their expectations, and express confidence that as they face their fears, they will become more confident in time!

02



03



Take "TWO"

Start the school year strong (and keep backpacks clutter-free) by having your child(ren) take two minutes before starting homework to organize their bags, folders and any loose papers.

FIRST DAY OF SCHOOL

Tips for Parents & Guardians

Assure your child they will be safe, have fun and there will be lots of teachers and staff around to help. **Put on a brave face, model for your child that school is a fun and safe environment, and that you are confident they will have a good first day.** Have a plan for saying goodbye, hug, and then it's time to leave and school to start.



Remember, your kids are growing up--middle school is NOT scary. **We will take excellent care of them!**

Relax! Smile! **Take a picture or two because it is really fun to compare first and last days throughout the years!** If you are stressed, try not to let your children see it...do your best for their first day to be fun, special and stress-free!



Model kindness for your child. There are a lot of people on campus, and our systems can take a few days to get used to. This can create frustration, but rise above it and show your child that even though things may not go perfectly, or that people are getting used to things, **we still spread kindness.**

Send your child to school with all of the supplies they need. Make sure that your students are independent with all of their supplies. **Take those first day pictures!**





Kyrene offers a variety of athletic opportunities for 6-8 students.
More information available at kyrene.org/athletics

Quarter 1:

- Girls Volleyball (C)
- COED Wrestling (NC)

Quarter 2:

- Boys Basketball (C)
- Girls Flag Football* (C)
- Girls Soccer (C)
- Boys & Girls Cross Country (NC)
- COED Cheer/Spirit/Step* (C/NC)

Quarter 3:

- Girls Basketball (C)
- Girls Softball (C)
- Boys Flag Football* (C)
- Boys Soccer (C)
- COED Cheer/Spirit/Step* (C/NC)

Quarter 4:

- Boys Baseball (C)
- Boys Volleyball (C)
- Boys & Girls Track & Field (NC)

(C) = cut (NC) = non-cut

* Indicates new sports in 2024-25

Ready to
COACH?

Interested in coaching middle school sports? Training is provided, and no prior experience is required!

Email kap@kyrene.org for more information!



E-SPORTS

Interested in friendly competition off the court or field?
Kyrene's **E-Sports Program** could be the perfect fit!
Available at select middle school campuses for the 2024-25 school year.

What is the **best** part of the first day?



I love to see all the families that we serve come back with stories about their summer adventures. **We can't wait to hear about them and build on the learning from last school year!** I also like to welcome all of our new families to the school!



I love the energy, and love seeing students helping one another out in and outside of the classroom. **Kids can be the best support systems for one another,** and this is on full display the first week of school.

I love seeing **the smiling faces** of our current students and meeting all the new students. It's fun to see the students greeting and hugging their friends who they didn't see all summer.

Seeing hundreds of smiles!! Kindergarten lunch for the first week!! First day all-school assembly! Seeing all students in their spirit shirts for the first Friday! **The excitement and goose bumps knowing that the students are all excited and ready for a wonderful year and it is our mission to make that happen for EVERY student and family!**



PRACTICE MAKES PERFECT

Rock Your Routine!

Adjust schedules early

Give you and your child(ren) time to “reset” for the school year. Adjust summer vs. school year sleep schedules and screen time parameters at least one week before school starts to help provide a smooth start to the school year.

Prep for lunch time

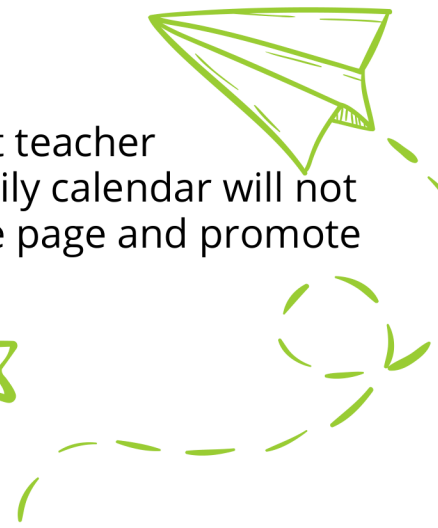
If you have a child bringing a lunch for the first time, consider having them practice opening and closing lunch containers at home. If they struggle in the cafeteria, they can always raise their hand for help.

Establish a homework routine

Discuss a routine for homework ahead of the school year, so everyone has clear expectations before school begins. This could be as soon as they get home from school, after dinner, or some other time that works for your student(s) and family.

Create a family calendar

The school year brings with it a variety of events - from parent teacher organization fundraisers to extracurriculars and sports! A family calendar will not only help you plan, but it can help keep everyone on the same page and promote good time management.





Join

#TEAMKYRENE

DISTRICT OFFICE

Administration

Assistant Director of Finance

Community Education

Club Leaders

Program Managers

Education Support Professionals

Employment Specialist

Substitute Specialist

Facilities/Warehouse

Building Managers & Day Porters

Warehouse Materials Processor

Information Technology

Associate IT Technicians

Network Eng/Systems Coordinator

Senior User Support Technicians

Transportation

Bus Drivers

Bus Monitors

Van Drivers

kyrene.org/careers

SCHOOL-BASED

Internships

Paid Student Teachers

School-Based Openings

AVID Tutor

Behavior Intervention Specialist

Health Assistant

Instructional Assistants (Incl. Senior & Special Ed)

K-5 and 6-8 Teachers

Library Media Technician

Physical Education Teachers


Playground/Lunch Duty/Crossing Guards

Preschool Assistant

Resource Teachers (Incl. CCB/CCD)

Spanish & Dual Language Teachers

The Perks

- 
- Full Benefit Eligibility at 30+ hrs/wk
 - Competitive Compensation
 - Participation in AZ State Pension
 - Paid Holidays, Generous Paid and Sick Time
 - \$750-\$1,500 Stipend for 2024-25 School Year

Community Education

WHERE **WORK** MEETS **PLAY**

Get Paid to Have Fun!

No Nights or Weekends
9 Paid Holidays and Generous Time Off
Supportive, Energetic Environment
Shared Passion for Serving Students

Become a Leader!

Club Leaders
Preschool Instructional Assistants
Program Coordinators

Apply online at kyrene.org/careers

or email us at eangier@kyrene.org



NOW HIRING FOR THE 2024-25 SCHOOL YEAR!

ALL ABOARD! SAFETY TIPS FOR BUS RIDERS

AT THE BUS STOP

Arrive at the stop early, and stand at least 6 feet (or three giant steps!) away from the curb while waiting for the bus.

GETTING ON & OFF THE BUS

Students should always wait for the bus to come to a complete stop before boarding and deboarding. Cross in **front** of the bus, and make eye contact with the driver. Students should **never** cross the street behind a bus.

SEATBELTS, EVERYONE!

All Kyrene buses are equipped with seatbelts! Students should always fasten seatbelts when aboard a bus.



**EARN MORE.
DRIVE FOR KYRENE.**
Competitive Pay and Benefits



 KyreneSchoolDistrict

Drive for Kyrene School District

Are you retired, or a student pursuing higher education? Kyrene's Transportation team might be the perfect fit for you!

Check out the Perks!

Paid Training to Earn CDL

Full, Comprehensive Benefits

Arizona State Retirement (with employer match)

Free medical plans, dental and vision

Rewarding Opportunities with Kids

Split Schedules & Part-Time Positions Available

Supportive, Fun Environment

APPLY ONLINE AT [KYRENE.ORG/CAREERS](https://www.kyrene.org/careers)

OR EMAIL US AT ALEDESMA@KYRENE.ORG

DIFFERENT WAYS TO ASK "How was school today?"



- 1.** Who helped you today?
- 2.** What is one thing you learned today?
- 3.** What was your favorite part of the day?
- 4.** What did you do at recess?
- 5.** When did you feel most proud of yourself today?

