DELTA DENTAL®



Help her smile last a lifetime

Growing up can be tough on teeth, but regular visits to the dentist for checkups and cleanings help children develop great smiles.

Top tips for healthy little smiles:

- Tooth decay is the single most common chronic infectious disease affecting U.S. children.
- When the first tooth erupts, at about age six months, clean your baby's teeth with a clean soft cloth or a baby's toothbrush and a tiny drop (about the size of a grain of rice) of fluoride toothpaste.
- At about age two, start brushing your child's teeth with a small pea-size drop of fluoride toothpaste.
- As your child gets older let them brush themselves, but until about age six, put the toothpaste on the toothbrush for them.
- Until about age six, you will need to help them brush—try brushing their teeth first and then letting them finish.

Your child's first dental visit

- The ideal time for your child's first visit to the dentist is about six months after the first tooth erupts, usually just before your child's first birthday.
- Your dentist will demonstrate how to clean your child's teeth properly, and provide information on feeding practices for good dental care.
- The pediatric dentist will look for potential problems and check overall oral growth and development.
- Your child's teeth, jaw, bite, gums and oral tissues will be examined, and proper home-cleaning procedures will be demonstrated.
- Your child's medical history will be carefully reviewed by the pediatric dentist and preventive measures for dental disease will be discussed, including fluoride.