

## 2022/2023 SEL Competencies/Character Traits

## **August**

Self Awareness/Honor

**September** 

Social Awareness/Trust

**October** 

Self Awareness/Grit

**November** 

**Self-Management/Courage** 

**December** 

Social Awareness/Joy

**January** 

Social Awareness/Knowledge

**February** 

Relationship Skills/Respect

March

Responsible Decision-Making/Forgiveness

**April** 

**Self-Awareness/Humility** 

**May** 

**Relationship Skills/Determination**