



Physical Education - Grade 8 Unit 2 - Responsible Personal and Social Behavior

Unit Focus

Throughout this unit, students will be engaging in a variety of games and activities that can be played indoors during the winter months when outdoor activities are limited. As such, space will often be shared between different classes and there will be a great deal of large group activities. This will require students to be able to self-monitor and regulate as well as be well-versed in safety concerns. At the start of the unit, all students will review the personal and social expectations for this unit. Students will demonstrate proficiency for responsible personal and social behavior as they engage in activities such as speedball, indoor soccer, team handball, floorball, and competitive and recreational tournament play.

Stage 1: Desired Results - Key Understandings

Standard(s)	Transfer	
Healthy and Balanced Living Curriculum Framework Physical Education 6-8 - Demonstrates consistently (at least 70 percent of the time) a legal underhand serve for distance and accuracy for net and wall games such as badminton, volleyball or pickleball. (S1.M9.8) - Demonstrates the ability to strike with a mature overhand pattern in a modified net/ wall game such as volleyball, handball, badminton, or tennis. (S1.M10.8) - Demonstrates correct technique for a variety of skills in at least two selected individual performance activities. (S1.M19.8) - Varies the speed, force and trajectory of the shot based on location of the object in relation to the target (S2.M6.8) - Reduces open spaces in the field by working with teammates to maximize coverage. (S2.M8.8) - Demonstrates the ability to accept responsibility for improving one's personal social behaviors and those of others (S4.M1.8a) - Demonstrates the ability to provide encouragement and feedback to peers without prompting from the teacher. (S4.M2.8) - Demonstrates the ability to respond appropriately to participants' ethical and unethical behavior during physical activity by using rules and guidelines for resolving conflicts. (S4.M3.8a) - Demonstrates the ability to cooperate with multiple classmates on problem-solving initiatives including adventure activities, large-group initiatives, and game play (S4.M3.8b) - Demonstrates the ability to apply rules and etiquette by acting as an official for modified physical activities and games and creating dance routines within a given set of parameters (S4.M4.8)	<i>Students will be able to independently use their learning to...</i> T1 Develop and maintain positive relationships through team building, sportsmanship, and compassionate and candid conversations. T2 Demonstrate improved physical performance in skills and movement patterns.	
	Meaning	
	Understanding(s)	Essential Question(s)
	<i>Students will understand that...</i> U1 People who respect individual rights and roles engage in respectful exchanges that allows others to understand what is being shared. U2 People choose when to demonstrate cooperation, collaboration, compromise and negotiation to build and maintain healthy relationships. U3 Individual actions can influence others thinking and actions. U4 Humans recognize that all people are different and we share a social responsibility to treat each other with respect and without bias. U5 Individuals and groups have the responsibility to identify common rules, and ideas for change based on the greater good. U6 People analyze all possible options and outcomes before taking action.	<i>Students will keep considering...</i> Q1 How can I help my group be productive? Q2 Do my actions and/or decisions have a negative or positive impact on my self or others? Q3 What strategies can I use to help me in this moment? Q4 How do my words impact the thoughts of others? Q5 What is a responsible action?

Stage 1: Desired Results - Key Understandings

- Demonstrates the ability to independently use equipment appropriately and identifies specific safety concerns associated with the activity. (S4.M5.8)
- Demonstrates respect for self by asking for help and helping others in various physical activities. (S5.M4.8)

Madison Public Schools Profile of a Graduate

- Collective Intelligence: Working respectfully and responsibly with others, exchanging and evaluating ideas to achieve a common objective. (POG.3.1)

Acquisition of Knowledge and Skill

Knowledge

Students will know...

K1 the official rules of volleyball during tournament games.

K2 the importance of examining current performance critically to identify strategies to persist.

K3 the differences between different offense and defense strategies and transitions.

K4 that working respectfully and responsibly with others is important so that everyone can find enjoyment and participate successfully in games and activities

K5 Vocabulary: pivot, give and go, fake, bump, set, Person to person, zone, press, double dribble, traveling, foul line, foul lane, three point line, baseline, serve, service line, spike, carry, rally scoring, rotation, fitness components, cardio endurance, flexibility, muscle strength, muscle endurance, body composition, skill components of fitness, coordination, balance, speed, power, agility

Skill(s)

Students will be skilled at...

S1 implementing the differences between different offense and defense strategies and how to transition.

S2 applying the official rules of volleyball to self-govern tournament games.

S3 demonstrating competency in a variety of motor skills and movement patterns such as throwing, catching, ball controls, and shooting on goal.

S4 demonstrating the ability to exhibit personal responsibility by using appropriate etiquette, demonstrating respect for facilities, and exhibiting safe behaviors.

S5 demonstrating the ability to exhibit personal responsibility by using appropriate etiquette, demonstrating respect for facilities, and exhibiting safe behaviors.

S6 accepting and implementing specific corrective feedback to improve performance.

S7 respecting self and others in activities and games by following the rules, encouraging others, and playing in the spirit of the game or activity.

S8 demonstrating the ability to cooperate with others and respect differences among classmates while safely and respectfully participating in physical activities.