



Physical Education - Grade 6 Unit 3 - Responsible Personal and Social Behavior

Unit Focus

Throughout this unit, students will be engaging in a variety of games and activities that can be played indoors during the winter months when outdoor activities are limited. As such, space will often be shared between different classes and there will be a great deal of large group activities. This will require students to be able to self-monitor and regulate as well as be mindful of safety concerns. At the start of the unit, all students will be introduced to the personal and social expectations for this unit. Students will continually adhere to the expectations for responsible personal and social behavior as they engage in activities such as basketball, newcomb, four-square, nitro ball, Football Frenzy, Catch 15, Ultimate Ball, and other skill-based, collaborative games and activities.

Stage 1: Desired Results - Key Understandings

Standard(s)	Transfer	
Healthy and Balanced Living Curriculum Framework Physical Education 6-8 • Demonstrates the ability to throw a leading pass to a moving receiver, while stationary (S1.M4.6a) • Demonstrates the ability to throw, while moving, a leading pass to a moving receiver. (S1.M4.6b) • Demonstrates the ability to pass and receive with hands in combination with locomotor patterns of running and change of direction and speed with competency in invasion games such as basketball, flag football, speedball, or team handball. (S1.M4.6c) • Demonstrates the ability to throw a lead pass to a moving partner off a dribble or pass. (S1.M4.6d) • Demonstrates the ability to perform pivots, fakes and jab steps designed to create open space during practice tasks. (S1.M5.6a) • Demonstrates the following offensive skills without defensive pressure: pivot, give and go, and fakes (S1.M5.6b) • Demonstrates the ability to dribble with dominant hand using a change of speed and direction in a variety of practice tasks. (S1.M6.6a) • Demonstrates the ability to dribble with dominant and nondominant hands using a change of speed and direction in a variety of practice tasks. (S1.M6.6b) • Demonstrates the ability to shoot on goal with power in a dynamic environment as appropriate to the activity. (S1.M7.6) • Demonstrates the ability to maintain a defensive-ready position, with weight on balls of feet, arms extended and eyes on midsection of the offensive player. (S1.M8.6)	<i>Students will be able to independently use their learning to...</i> T1 Develop and maintain positive relationships through team building, sportsmanship, and compassionate and candid conversations. T2 Respectfully and responsibly communicate with others from a variety of backgrounds and perspectives. T3 Demonstrate improved physical performance in skills and movement patterns.	
	Meaning	
	Understanding(s)	Essential Question(s)
	<i>Students will understand that...</i> U1 People who respect individual rights and roles engage in respectful exchanges that allows others to understand what is being shared. U2 Individual actions can influence others thinking and actions. U3 Humans recognize that all people are different and we share a social responsibility to treat each other with respect and without bias. U4 Individuals and groups have the responsibility to identify common rules, and ideas for change based on the greater good. U5 People choose when to demonstrate cooperation, collaboration, compromise and negotiation to build and maintain healthy relationships.	<i>Students will keep considering...</i> Q1 How can I help my group be productive? Q2 How do I listen and show that I have heard you? Q3 How do my words impact the thoughts of others? Q4 How do we continue to work together even when we disagree? Q5 What is a responsible action?

Stage 1: Desired Results - Key Understandings

- Demonstrates a legal underhand serve with control for net and wall games such as badminton, volleyball or pickleball. (S1.M9.6)
- Demonstrates the ability to strike with a mature overhand pattern in a nondynamic environment for net/ wall games such as volleyball, handball, badminton, or tennis (S1.M10.6)
- Demonstrates the ability to catch, with a mature pattern, from different trajectories using a variety of objects in a varying practice task (S1.M17.6)
- Demonstrates correct technique for basic skills in one selected individual performance activity. (S1.M19.6)
- Transitions from offense to defense or defense to offense by recovering quickly (S2.M3.6)
- Demonstrates the ability to exhibit personal responsibility by using appropriate etiquette, demonstrating respect for facilities, and exhibiting safe behaviors (S4.M1.6a)
- Demonstrates the ability to identify and use appropriate strategies to self-reinforce positive fitness behaviors, such as positive self-talk. (S4.M1.6b)
- Demonstrates self-responsibility by implementing specific corrective feedback to improve performance (S4.M2.6)
- Demonstrates the ability to accept differences among classmates in physical development, maturation, and varying skill levels by providing encouragement and positive feedback. (S4.M3.6a)
- Demonstrates the ability to cooperate with a small group of classmates during adventure activities, game play or teambuilding activities. (S4.M3.6b)
- Demonstrates the ability to identify the rules and etiquette for physical activities, games, and dance activities. (S4.M4.6)
- Demonstrates the ability to use equipment appropriately and safely, with the teacher's guidance. (S4.M5.6)
- Demonstrates respect for self and others in activities and games by following the rules, encouraging others, and playing in the spirit of the game or activity. (S5.M4.6)

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- Collective Intelligence: Working respectfully and responsibly with others, exchanging and evaluating ideas to achieve a common objective. (POG.3.1)

Acquisition of Knowledge and Skill

Knowledge

Students will know...

K1 there are different types of passes that can be used based on the situation or need at the time.

K2 basic offense and defense strategies and how to transition.

K3 the rules and etiquette for the games and activities in this unit.

K4 the importance of examining current performance critically to identify strategies to persist.

K5 teachers give feedback to help individuals and groups improve understanding of techniques and performance.

K6 that working respectfully and responsibly with others is important so that everyone can find enjoyment and participate successfully in games and activities.

K7 Vocabulary: pivot, give and go, fake, bump, set

Skill(s)

Students will be skilled at...

S1 demonstrating competency in a variety of motor skills and movement patterns such as throwing, catching, dribbling, ball controls, and shooting on goal.

S2 demonstrating correct technique for basic skills in one selected individual performance activity.

S3 transitioning from offense to defense or defense to offense by recovering quickly

S4 demonstrating the ability to exhibit personal responsibility by using appropriate etiquette, demonstrating respect for facilities, and exhibiting safe behaviors.

S5 demonstrating the ability to identify and use appropriate strategies to self-reinforce positive fitness behaviors, such as positive self-talk.

S6 accepting and implementing specific corrective feedback to improve performance.

S7 respecting self and others in activities and games by following the rules, encouraging others, and playing in the spirit of the game or activity.

S8 demonstrating the ability to cooperate with others and respect differences among classmates while safely and respectfully participating in physical activities.