



# Physical Education - Grade 6 Unit 5 - Invasion Games

## Unit Focus

During this unit, students will participate in individual and group activities that involve spatial awareness and invading space. Teamwork and sportsmanship are emphasized and integrity is key to successful activities. Students will apply the teamwork skills they have learned about all year to strategic gameplay. Students will be expected to analyze game situations and plan strategies and tactics to help them succeed. Ultimately, students will be assessed as they engage in game-play and demonstrate how they operate successfully as a team working respectfully and responsibly with others, exchanging and evaluating ideas to achieve a common objective. Emphasis will be on cardiorespiratory games, integrity in strategic plans, and roles for everybody.

## Stage 1: Desired Results - Key Understandings

| Standard(s)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | Transfer                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                        |
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| <b>Healthy and Balanced Living Curriculum Framework</b><br>Physical Education 6-8 <ul style="list-style-type: none"><li>Demonstrates the ability to perform pivots, fakes and jab steps designed to create open space during practice tasks. (S1.M5.6a)</li><li>Demonstrates the ability to shoot on goal with power in a dynamic environment as appropriate to the activity. (S1.M7.6)</li><li>Demonstrates the ability to maintain a defensive-ready position, with weight on balls of feet, arms extended and eyes on midsection of the offensive player. (S1.M8.6)</li><li>Demonstrates correct technique for basic skills in one selected individual performance activity. (S1.M19.6)</li><li>Creates open space by using locomotor movements (e.g., walking, running, jumping, and landing) in combination with movement (e.g., varying pathways; change of speed, direction, or pace). (S2.M1.6a)</li><li>Executes at least one of the following offensive tactics to create open space: moves to open space without the ball; uses a variety of passes, pivots, and fakes; give and go. (S2.M1.6b)</li><li>Creates open space by using the width and length of the field/court on offense (S2.M1.6c)</li><li>Reduces open space on defense by making the body larger and reducing passing angles. (S2.M2.6a)</li><li>Reduces open space by not allowing the catch (denial) or by allowing the catch but not the return pass (S2.M2.6b)</li><li>Creates open space in net/wall games with a short-handled implement by varying force and direction. (S2.M4.6)</li></ul> | <i>Students will be able to independently use their learning to...</i><br><b>T1</b> Respectfully and responsibly communicate with others from a variety of backgrounds and perspectives.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                        |
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|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | <i>Students will understand that...</i><br><b>U1</b> People who respect individual rights and roles engage in respectful exchanges that allows others to understand what is being shared.<br><b>U2</b> Individuals can determine the degree of influence that others have on their own behaviors in order to anticipate negative or positive outcomes.<br><b>U3</b> Humans recognize that all people are different and we share a social responsibility to treat each other with respect and without bias.<br><b>U4</b> Individual actions can influence others thinking and actions.<br><b>U5</b> People choose when to demonstrate cooperation, collaboration, compromise and negotiation to build and maintain healthy relationships. | <i>Students will keep considering...</i><br><b>Q1</b> How can I help my group be productive?<br><b>Q2</b> What strategies can I use to help me in this moment?<br><b>Q3</b> How do my peers influence my thinking and actions?<br><b>Q4</b> How do we continue to work together even when we disagree? |

## Stage 1: Desired Results - Key Understandings

- Reduces offensive options for opponents by returning to home position (S2.M5.6)
- Identifies the correct defensive play based on the situation (e.g., number of outs). (S2.M8.6)
- Demonstrates the ability to exhibit personal responsibility by using appropriate etiquette, demonstrating respect for facilities, and exhibiting safe behaviors (S4.M1.6a)
- Demonstrates the ability to identify and use appropriate strategies to self-reinforce positive fitness behaviors, such as positive self-talk. (S4.M1.6b)
- Demonstrates the ability to accept differences among classmates in physical development, maturation, and varying skill levels by providing encouragement and positive feedback. (S4.M3.6a)
- Demonstrates the ability to cooperate with a small group of classmates during adventure activities, game play or teambuilding activities. (S4.M3.6b)
- Demonstrates the ability to use equipment appropriately and safely, with the teacher's guidance. (S4.M5.6)
- Demonstrates the ability to recognize individual challenges and how to cope in a positive way, such as extending effort, asking for help or feedback, and/or modifying the tasks (S5.M2.6)
- Demonstrates respect for self and others in activities and games by following the rules, encouraging others, and playing in the spirit of the game or activity. (S5.M4.6)

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- Analyzing: Examining information/data/ evidence from multiple sources to identify possible underlying assumptions, patterns, and relationships in order to make inferences. (POG.1.2)
- Collective Intelligence: Working respectfully and responsibly with others, exchanging and evaluating ideas to achieve a common objective. (POG.3.1)

### Acquisition of Knowledge and Skill

#### Knowledge

*Students will know...*

**K1** the official game play rules and etiquette for the games in this unit

**K2** how to position feet and arms to throw an object.

**K3** how to demonstrate sportsmanship and teamwork as well as using encouraging, positive talk.

**K4** importance of pacing especially between sprinting and endurance running.

**K5** safety involved with fitness activities and the equipment involved.

**K6** effective collaboration includes accountable talk, respect for the rights of others and understanding of the responsibilities of all group members.

**K7** Vocabulary: agility, strategy, passing, receiving, shooting, defending

#### Skill(s)

*Students will be skilled at...*

**S1** making adjustments in game strategies and tactics when appropriate.

**S2** working together to divide roles responsibly and respectfully to achieve a goal.

**S3** recognizing individual challenges and how to cope in a positive way, such as extending effort, asking for help or feedback, and/or modifying the tasks.

**S4** demonstrating respect for self and others in activities and games by following the rules, encouraging others, and playing in the spirit of the game or activity.