Physical Education - Grade 6 Unit 2 - Cooperation and Team Building

Unit Focus

The emphasis of this unit is cooperation, teamwork, and decision-making. Students will participate in games and activities to help them understand the skills associated with being cooperative in groups, on the ropes course, and in activities such as pickleball, badminton, and other group games. Students will be expected to demonstrate an appreciation for self, others, and equipment during this unit. Students will make decisions to safely, responsibly, and respectfully navigate the variety of situations that they will encounter in group games and the ropes course. Ultimately, they will apply these decision-making and teamwork abilities to analyze a new ropes course feature and create a plan to successfully conquer it as a team.

Stage 1: Desired Results - Key Understandings

Standard(s)

Healthy and Balanced Living Curriculum Framework
Physical Education 6-8

- Demonstrates a legal underhand serve with control for net and wall games such as badminton, volleyball or pickleball. (S1.M9.6)
- Demonstrates the ability to strike with a mature overhand pattern in a nondynamic environment for net/ wall games such as volleyball, handball, badminton, or tennis (S1.M10.6)
- Demonstrates the ability to transfer weight with correct timing for the striking pattern. (S1.M11.6)
- Demonstrates the mature form of the forehand and backhand strokes with a short-handled implement in net games such as paddle ball, pickleball or short-handled racket tennis (S1.M12.6)
- Demonstrates the two-hand volleys with control in a variety of practice tasks. (S1.M13.6a)
- Demonstrates correct technique for basic skills in one selected individual performance activity. (S1.M19.6)
- Selects appropriate shot and/or club based on location of the object in relation to the target. (S2.M6.6)
- Identifies open spaces and attempts to strike object into that space. (S2.M7.6)
- Participates in a variety of lifetime recreational team sports, outdoor pursuits, or dance activities. (S3.M2.6d)

Transfer

Students will be able to independently use their learning to...
T1 Analyze risk factors and evaluate the consequences to self and others before taking action.
T2 Respond to situational challenges and social interactions based on consideration of societal norms, safety, and belief systems.

Meaning

Understanding(s)

Students will understand that...
U1 People who respect individual rights and roles engage in respectful exchanges that allows others to understand what is being shared.
U2 Communicating feelings can help others to understand and/or help.
U3 Individuals can determine the degree of influence that others have on their own behaviors in order to anticipate negative or positive outcomes.
U4 Humans recognize that all people are different and we share a social responsibility to treat each other with respect and without bias.
U5 People choose when to demonstrate cooperation, collaboration, compromise and negotiation to build and maintain healthy relationships.
U6 Students independently demonstrate how decisions affect themselves and others around them.
U7 People analyze all possible options and outcomes before taking action.

Essential Question(s)

Students will keep considering...
Q1 How can I help my group be productive?
Q2 Do my actions and/or decisions have a negative or positive impact on my self or others?
Q3 How do I respect my rights and the rights of others?
Q4 How do I assess a situation?
Q5 What behaviors should I employ in my current situation?
Q6 How do we continue to work together even when we disagree?

Stage 1: Desired Results - Key Understandings

- Demonstrates the ability to exhibit personal responsibility by using appropriate etiquette, demonstrating respect for facilities, and exhibiting safe behaviors (S4.M1.6a)
- Demonstrates the ability to accept differences among classmates in physical development, maturation, and varying skill levels by providing encouragement and positive feedback. (S4.M3.6a)
- Demonstrates the ability to cooperate with a small group of classmates during adventure activities, game play or teambuilding activities. (S4.M3.6b)
- Demonstrates the ability to use equipment appropriately and safely, with the teacher's guidance. (S4.M5.6)
- Demonstrates respect for self and others in activities and games by following the rules, encouraging others, and playing in the spirit of the game or activity. (S5.M4.6)

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- Decision Making: Make responsible decisions, based on potential outcomes. (POG.4.2)

Acquisition of Knowledge and Skill

Knowledge

Students will know...

K1 appropriate communication with others includes encouragement, positive and helpful feedback and kind words.
K2 that working cooperatively involved patience, understanding, and respect for others differences and skills.
K3 decisions come with potential consequences, both positive and negative consequences.
K4 that safety is the most important aspect of participating in an activity and safety considerations must always come first.
K5 challenge by choice means that if you want to try something, you can, but if you do not want to, there are other roles that will allow you to participate.
K6 scoring and rules of the various games and activities.
K7 how to safely use equipment.
K8 safety rules of the low ropes course such as nature concerns (wet elements, branches, etc.) and safe behaviors (no bouncing on wires, attempting elements without spotters).
K9 Vocabulary: spotter, kitchen, double-bounce rule, drop shot, drive, clear, forehand, backhand

Skill(s)

Students will be skilled at...

S1 demonstrating a variety of motor skills and movement patterns such as serving, striking, weight transfer and volleying.
S2 applying knowledge of concepts, principles, strategies, and tactics related shot selection and offensive tactics.
S3 analyzing situations and making safe, responsible, successful and respectful decisions.
S4 exhibiting personal responsibility by using appropriate etiquette, demonstrating respect for facilities, and exhibiting safe behaviors.