

FAYETTE HOSA

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Kim Kardashian once said, "Take a chance and don't ever look back. Never have regrets, just lessons learned." When an opportunity is given, take it. HOSA provides numerous of opportunities for each member to *Dare to Create* success for themselves and their chapter. For example, competitive events such as Medical Innovation have not only granted me 1st place awards but have contributed to my improvement in areas of teamwork and public speaking. These skills are essential in daily encounters and crucial to becoming an outstanding leader. However, will these skills immediately make one a perfect leader? No. The journey toward becoming a great leader takes time.



By: Didier Cruz,
HOSA Co-President

Mistakes will always be made, but it is up to each individual to use those mistakes, learn from them, and dedicate time to improve. These improvements are what create great leaders, and through HOSA, everyone can *Dare to Create* success for themselves and their chapter.





HOSA SLC TRADITION

The 2023 State Leadership Conference was one to remember. Fayette County HOSA had an astounding 33 members attend SLC in Montgomery, AL.



Our chapter received numerous accolades this year, becoming one of the most decorated chapters in the state. We received 1st place in HOSA Spotlight, 3rd place in HOSA Happenings, 3rd place in the Banner Parade, and the HOSA Service Project Award. Individual members were also awarded HOSA Member of the Year, Barbara James Service Award, and Healthcare Issues Exam Qualifier. Striving to go “Beyond All Limits,” our chapter had 15 members qualifying for the International Leadership Conference in Dallas, TX, including 2 state champion teams.

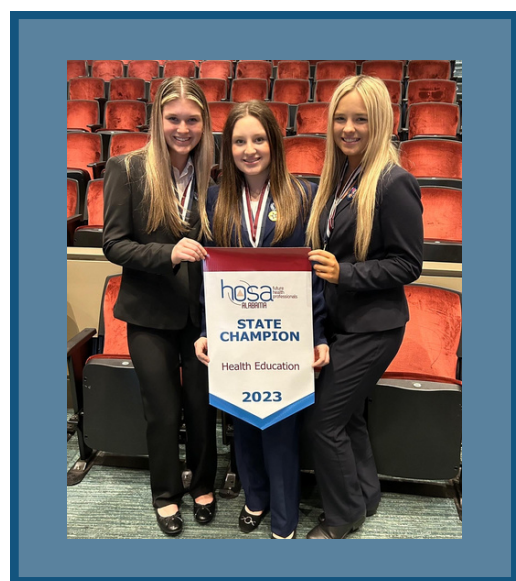


SLC impacted all our members in numerous ways. This experience forged interpersonal and leadership skills through a variety of workshops.

Most importantly, SLC allowed us to further explore the medical field and all it has to offer through interactive healthcare events and college fairs. Whether it was a quick Starbucks run or late-night speech practicing, SLC gave us memories we will hold on to forever.

In preparing for the 2024 State Leadership Conference, everyone should “*Dare to Create*” a bright future by preparing for your future profession. I encourage you all to put your best foot forward and continue the Fayette County HOSA tradition of excellence while making memories that last a lifetime.

By: Emily Huang, HOSA Secretary





BE THE MATCH

Our HOSA chapter recently had the privilege of creating a donor basket for a student at the Cumberland School of Law who received the call that they were a match! We were so excited to participate in her donation process and received pictures from her experience! Way to go Saharah!

RAISING AWARENESS

Fayette County HOSA shared its support for healthcare issues with the FCHS Tigers to spread awareness for Pediatric Cancer, Breast Cancer, Epilepsy, and “Be the Match.” We organized several awareness events to help support research to find a cure for these diseases. About 1 in 26 people will develop epilepsy at some point in their life. Approximately 1 in 285 children will be diagnosed with cancer before their 20th birthday. 1 in 3 women will be diagnosed with Breast Cancer in their lifetime. These staggering statistics show why it is so important to raise awareness and support patients of these diseases.

- Abby Porter, HOSA Parliamentarian



HEALTH SCIENCE NEWS

Fayette HOSA - 4

By: Lucy Lowe, HOSA Vice President



CPCT

Enyia McDougale
Ensleigh Kennedy
Marlee Massengale
Shylynn Prestage
Maggie Hubbert
Matthew Morgan
Sarah Rice
Josie Bonner
Allie Long
Laci Whitehead
Kyndal Tucker

Faithlyn McCoy
Henley Aldridge
Chelsey Owens
Ciara Glaze
Madison Westbrook
Callie Williams
Andrew Lowery
AJ Hollingsworth
Ally Kimbrell
Lili Bozwell
Leah Dunavant

Patient Care Technician

Patient Care Tech has provided many experiences, job opportunities, and critical skills needed in the healthcare industry. The 2023 Patient Care Tech class of twenty-two students had a 100% pass rate with the National Healthcare Association. With the start of the new school year, twenty-two new students have joined the PCT class to better their future.

Congratulations!
100%



"You Can Be Anything" with Fayette County HOSA

Fayette County HOSA participated in the Community Trunk-or-Treat, providing a safe alternative for school-aged children in our county. Members dressed up as different Barbies including HOSA Barbie, Doctor Barbie, and Breast Cancer Awareness Barbie.

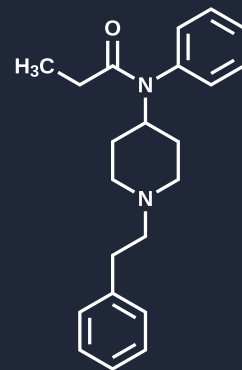
FENTANYL CAN *KILL!*

By: Laura Junkin, HOSA Historian



Fentanyl, the potent synthetic opioid, is used for pain relief and as an anesthetic. The Drug Enforcement Administration claims that it is 100 times more potent than morphine and 50 times more potent than heroin. It is mostly given to intubated patients, patients with severe pain in regards to renal failure, chronic pain patients who have learned how to tolerate opiates, and cancer patients with advanced pain. It can be prescribed in forms of transdermal patches and lozenges. Besides its incredible power to divert pain, most use it in abusive ways and become seriously addicted.

Rates show that overdose deaths increased over 22% from 2020 to 2021, according to the CDC, and it is nearly 22 times the rate in 2013. So what can we do? First of all, patients that are already at risk of experiencing an overdose need access to care immediately. Secondly, expanding prevention along with education about this dangerous drug is proven to reduce the issue. It is not only important to inform those who are not currently at risk, but to save the ones who already are. We must realize that it is dangerous and pay attention to the risks of certain medication.



NARCAN

Narcan is a reversal medication for accidental drug overdose. This is a life saving drug that can be purchased over the counter and kept in homes and businesses for emergency use.



Letter From Our President



Fayette County HOSA Members,

Our club is well known for our willingness to strive for excellence, serve our community and school, spread awareness about various health-related issues, and win HOSA Competitive Events. Fayette County HOSA has a proud history of raising awareness for Pediatric Cancer, Breast Cancer, Red Ribbon Week, and Epilepsy. These campaigns not only educate our students about their importance but also contribute to the betterment of our community as a whole. I encourage you all to actively serve our community in any way possible. Whether that be through participating in one of our many healthcare awareness campaigns or volunteering at the local nursing home, be sure to make time to give back to our wonderful hometown of Fayette County!

On a different note, our members went Beyond All Limits last year and excelled in competitive and testing events, with multiple teams and individuals qualifying for SLC and even placing top 3 to advance to ILC. Our immense success can only be translated to our work ethic and good preparation from our fantastic advisor, Mrs. Ingle. This preparation comes from an attitude of loving to learn. It is my hope that our members represent our chapter well at the next level by striving for excellence and daring to create!

Sincerely,

Madi Westbrook



Madison Westbrook,
HOSA Co-President