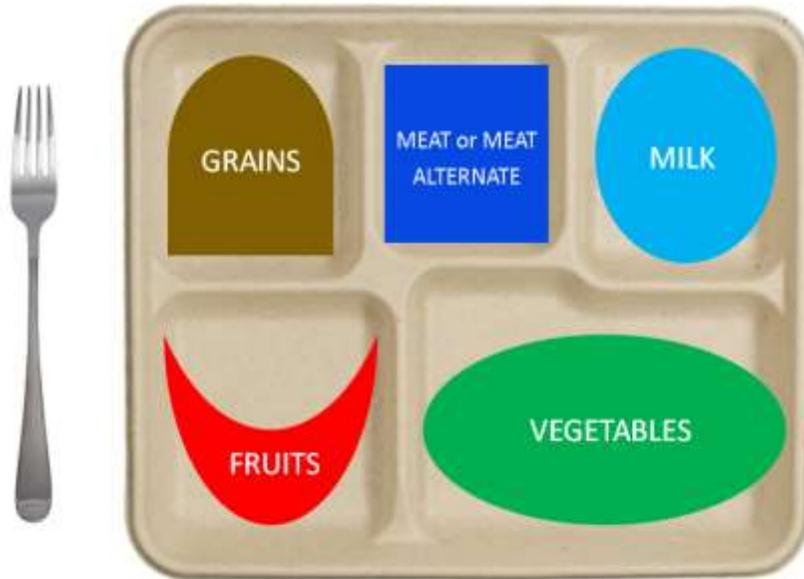


# BREAKFAST

## Offer Versus Serve



Milk  
Fruit or Vegetable  
Grain  
Grain or Meat/Meat Alternate

- Choose at least three (3) of the items offered.
- Must choose at least ½ cup fruit or vegetable.

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(1) mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410;

(2) fax: (202) 690-7442; or

(3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov).

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