Weiss Volleyball Participation Contract

As a participant in our program, we expect the highest academic and integrity standards from our student-athletes. Our expectation is simple, our young women must exhibit the core values of our campus throughout their daily choices. Participants of our Weiss Volleyball program are required to follow all PFISD, UIL and campus program operating procedures, policies and guidelines set forth in all handbooks and contracts. If any of our operating procedures, or policies are not followed; the result will be consequences that may entail O.F.I.'s (Opportunities for Improvement), or could result in game suspensions or removal from the sport or program for the calendar year.

Participation in our district athletic program is a *privilege,* it is *not a right*. Everyone has a right to an education, but to be selected for extra-curricular participation is a privilege and an honor that is to be valued and held in the highest regard. Playing time is earned and can change throughout a season based upon team needs. Therefore, being selected to represent a team and our program is an opportunity that each young lady should value, respect and have pride in. Participation can be limited or restricted, at any time, based upon the desecration of the Head Coach. Coaches will use professional discretion in dealing with each individual situation. We value communication, and expect our athletes to first speak with their assigned coach to address any questions or concerns. After this occurs, we will follow our communication chain of command protocol. We have a 24-48 hour operating policy of returning calls or emails. Communication will occur after a weekend concludes, via school devices.

Participants are expected to respect all coaches; whether it is their assigned coach, or another professional. If they are given a directive there is no arguing, they are expected to be respectful and comply with requests. If you are granted an opportunity to be a practice participant with a team, all program expectations apply to you. There is no option to choose what rules apply when. Participation is earned daily, there is no room for entitlement.

Please note that you must, "*pass to play*". Academics are the highest priority and are the responsibility of the student-athlete. You must pass all your courses according to UIL eligibility guidelines. The PfISD UIL eligibility calendar is posted online. If a participant doesn't meet the requirements during indicated grading periods; there are participation suspensions enacted. There are dates where an athlete can regain eligibility and be reinstated (refer to the PFISD Eligibility Calendar). If it is a pre-AP class that has been failed; there are other requirements where a waiver is required if the young lady has a 60% or above, but only two a year can be used (speak to Coach Huffman).

Note*: If a student-athlete fails two nine-week periods during the school year, they can be removed from program participation and possibly the athletic period; thereby receiving a schedule change based upon discretion of the HC.*

As a participant of this program, each young woman is expected to follow the following team policies and operating procedures to remain active for participation in our program for the school calendar year:

1. Absences, Late to Practice Sessions, or Team Meetings
    - The expectation is that you contact your assigned coach (well in advance) if you will miss, or be late to any practice session, event or team scheduled responsibilities. Call your coaches phone extension, or send an email. You may also send a text message to the volleyball team app, via the chat option.

- If you fail to contact your coach; OFI will be 5 OTI's (35 seconds), to be completed before you may enter the practice session and a conversation with your coach. If you do contact your coach, only 3 OTI's are required if it has occurred on repeated occasions.

- Note: If this becomes a persistent problem. A parent conference will occur to discuss whether you will continue to be a part of our program for the season. Game suspensions may also be initiated for missed practice sessions, games or tournaments. ***Game time is earned, it is not a given***…
  There could be practice make-ups required dependent upon instruction or activity was missed.

2. Injuries/Trainers/In-practice sessions:
   - All injuries must be reported to our Athletic Trainers as well as to your assigned coach. Doctor notes need to be specific to what the restrictions are, if any. A doctor's note is always required to be turned into our Athletic Training Office. "P*arent notes*" are not legal forms of documentation to be followed; although we will use our best professional judgement if we are informed of an illness or an injury. Athletes are expected to monitor and follow all instructions from our athletic trainers on practice restrictions. Athletes are expected to actively communicate with their assigned coach.

     Note: If you are "*well enough to attend school, you are considered well enough to engage in your assigned practice session*". The expectation is that our athletes dress out in their required practice gear, daily; even if they are restricted from activity. You are expected to perform other team specific duties assigned to you by your coach.

     We do discuss the differences between being "injured or hurt", as well as soreness. Athletes are expected to always actively communicate with their assigned coach and not "modify" their activities unless the coach and trainer have communicated to do so. Your daughter will be expected to properly train and to push themselves.

3. Practice Expectations
   - You are on-time and prepared to fully participate in all sessions (*on the court, everything set up and ready to go at least 5 minutes before practice begins*). You are dressed out in the assigned practice attire for that day. Behavior is respectful and courteous. You are choosing to be coachable; giving maximum effort. When coaches have the floor, you are actively listening. Giving 100% when no one is watching. You are choosing to be a great teammate (*great athletes ensure that others are great around them*), and be a positive communicator. Ask questions at the appropriate time.

     Note: An athlete can be removed from a practice session if they make the decision to be un-coachable or disrespectful in words or body language. We expect our women to hold one another accountable, be competitive and give honest criticism to one another in order to improve and grow. If a young lady is removed, she is expected to contact directly the head coach to discuss returning to practice. She is expected to be personally accountable.

     Remember your "school team" responsibilities for attendance and participation come before your club or select team obligations in the fall. In some instances, with advance communication; a tournament schedule may end up not resulting in a conflict. Communicate any conflicts with the head coach so we can work together on solutions when we can. Communicate any potential conflicts well in advance.

4. Locker Room/Gym Expectations
   - You are using your assigned locker for your specific sport. You shut it, lock it and keep it clean.
   - No food in locker room, no phones out in the locker room area for video or picture purposes.

- Locker room is expected to be picked up and clean, all locker door shut. If not, OTI's for any items picked up by a coach.
- Take practice clothes & knee pads home every Friday/Saturday to wash.
- If you use the shower areas, keep your area clean. Do not run in the locker room area. Report any potential safety concerns to a coach, immediately.
- Keep the gym and training areas clean and better than we found it. No horse play in the gym or locker room areas. When on gym floor, you are in your court shoes. No flip flops, slides or socks.
- All athletes are expected to all help in setting up gym facilities. Take care of our equipment and ensure we are storing all equipment neatly and properly, etc.

5. Phone Usage
   - Based on the discretion of head coach, phones will or will not be allowed for usage during travel to events. Phones are not allowed out in gym areas during practice or games. Phones are to be powered down and secured in your assigned locker.
   - If a need arises where you need to contact your parents, a coach must approve and the phone must be used in the appropriate location. If you are being signed out of a game/tournament; your phone must be powered off and given to your coach to hold until your team responsibilities are fulfilled and you are released to your parent.
   - Do not film someone without their knowledge; especially in a locker room, or in a manner that may be embarrassing to them or their family. Be considerate and kind.

   - Social Media Posting/Usage: (*refer to PFISD & VB handbook*). Keep it POSITIVE, or don't post. Set your setting to private. Remember that what you post is visible to more people than you think and can never be truly deleted. You are held accountable if your social media usage is deemed inappropriate. Be aware of how you are presenting yourself and how those choices reflect upon yourself, your teammates and coaches as well as our campus and district. If your posts, video's and/or comments are deemed to not reflect upon your coaches, program or campus in a manner that reflects our core values or are representative of anything illegal, demeaning or inappropriate in nature, you will be subject to discipline actions and possible removal from the program.

6. Damage to Issued Equipment
   - The appropriate fine will be assessed to replace what is damaged, lost or stolen that has either been assigned or is the responsibility of the athlete. If fines are not paid then you will be placed on the fines list with campus administration.

7. Travel to Games
   - Will occur on school buses. All participants are expected to ride to and from games on our district provided transportation. In the case of an emergency (Alternate Travel Form), can be signed and you may be released to your parent; there is a 24 hours advanced notice.
   - After Tournament play; you may sign out with your assigned coach to ride home with your parent or the assigned guardian. You will not be released to ride home with another student.

8. Game Expectations
   - For HOME and AWAY matches; all participants are expected to stay through all games that evening. This is a program and athletic department expectation.
   - Please remind your parents to not approach the team benches before, during or after a match. This is the time set aside for your coaches and you. It is also your responsibility to remind your parents and friends that they aren't allowed in our locker room, athletic hallway, nor on our buses. Thank you.

- For *home* matches; you are to set up the gym for games in a timely manner, before you are released to change into your uniforms and eat. For *away* matches, all participants will meet in the locker room to get uniforms. You are expected to change into your assigned attire, store school backpacks and phones. And have all items in your athletic backpack ready to travel.
- For all home and away contests; team policy is for you to sit with your teammates. You are expected to be engaged in the game and demonstrating sportsmanship and support for the team on the floor. Be perceived in a positive and respectful manner by spectators.
- Restroom: Travel in pairs. For Home matches, we don't go in and out of the locker room area, excessively.
- ONLY volleyball players are allowed in our locker room area. No other students or athletes who aren't playing that evening. We do not allow adults in our athletic areas, locker rooms, or buses; unless approved by the head coach and coordinator.
- If you are confronted by a situation that you deem isn't safe or positive; report directly to a team coach.
- Home Match: After the freshman game concludes, freshman will break down their gym and store equipment in the assigned room. Then go sit as a group with JV to cheer on the Varsity team. After the Varsity game concludes; JV and Freshmen will break down the competition gym, then report to locker room to briefly meet with their coaches, change, and report to their parents outside.

9. Appearance and Grooming Expectations
   - Appropriate jewelry can be worn in practices. For games, only small stud earrings are allowed in ear or small stud/plastic spacer in nostril. Tattoos are preferred to not be visible and covered if able to for game competitions. If the tattoo is deemed inappropriate or offensive it needs to be covered. This is the HC's discretion.
   - Good hygiene is a requirement to prevent disease transmission. Showers are available for usage.
   - No unnatural hair color will be allowed while representing our program during season. This simply means no colors in the natural hair that aren't brown, black, blonde, grey or a natural hair color of red in nature. Any color beyond those won't be allowed during season competition. You will be withheld from game and practice participation until it is corrected. The VB season begins the first Monday of August and ends the Saturday of the State Championship.
   - All participants are expected to follow and adhere to our handbook policy on student dress code when at school or other athletic events. The team members will be given examples of what is or isn't appropriate to represent our program. Choose to look appropriate and show class in how you present yourself.
   - If athletes are not playing at the event, they are required to have their cover up shorts on at games/tournaments and be in the assigned travel attire when we are getting on or off a bus. Especially when going in and out of public areas.

10. Playing Time
    - Playing time is earned through practice sessions with coaches. Playing time is not guaranteed for all participants during a game contest. Playing time is dictated by the following: team position needs, your coach's professional judgement, game situations at hand, team needs, rotational order, management of subs and could extend to any negative body language or conduct with coaches or teammates. Composure is an important part of our game.
    - Our goal for 9B is for every player to see playing time during a game contest. This may or may not occur. On the 9A level, playing time starts being defined more by what is needed during a contest by a team in a competition setting. On the JV and Varsity level, playing time is dictated by position and situational needs during a game contest. On the Varsity level as well, we use statistical analysis to determine court time and position needs. How a player practices, what type of player and how

coachable the choose to be, what an athlete chooses to do off the court and in the classroom can determine if an athlete see's the court. Playing time can be subjective and is based upon the head coach's desecration. We will talk about how you can improve, we won't discuss playing time nor other athletes playing time.

- Coaches will not meet to discuss playing time with participants nor parents, but we can set up a meeting have a phone conference, in the next 24-48 hours following a game to absolutely discuss how you can improve.

  Note: If unsportsmanlike conduct occurs during a game toward an official, a coach or teammates; a player's game participation will be impacted. A player can be benched if she doesn't hold herself accountable. Always choose to be respectful; demonstrating good character, integrity and sportsmanship at all times. We will not tolerate any type of disrespect toward a player to a coach. Be aware of your surroundings and understand you impact the TEAM. It is not about just you.

11. Communication Protocol
    - We expect you as an athlete, to discuss any concerns, or direct any questions directly with your assigned coach. We are on the HS level. We expect our young women to be communicators and build relationships with their peers and coaching staff. Remember, our expectation is for a conversation to occur during an appropriate time. It is your daughter responsibility to follow this. Trying to talk to the coach right before or as practice is starting; not the appropriate time. Call or email in advance to find an appropriate time to have the conversation.

    - Below is our following communication protocol will be followed:
        - Athlete/Head Coach
        - Athlete/Head Coach/Parent
        - Athlete/Coach/Parent and Women's Athletic Coordinator
        - Athlete/Coach/Parent/Women's Coordinator/Assigned principal over athletics; whoever is deemed appropriate to see if there is no resolution.

    Note: Remember the **24 hour rule** after a game; please sleep on it, then reach out the next day to have a respectful conversation. Everyone wants what's in the best interest of you! Your coaches, as well as your parents. Most misunderstandings are typically solved with respectful and courteous communication. Please be open-minded and separate emotions from a situation. Don't make assumptions on tone or one-side of a story you've heard. Please reach out to your assigned coach first and foremost. Thank you in advance.

12. Meetings with Coaching Staff
    - Can occur in person (set up a meeting). By phone conversation or email.
    - Coaches are expected to return an email or phone call to you in a *24-48 hour* window (exception may be over a weekend). If you haven't heard back from a coach, please follow up. Sometimes emails can go to spam, or could be inadvertently overlooked.
    - Coaches will meet on school property. Coaches will use their school phone or PFISD email to contact you. Please do not contact a coach on their personal mobile device or through their personal social media means.

13. Alternate School Placement
    - If you are removed from our campus and sent to our alternative school; upon your return, your schedule will not show that you are in our athletic program. You will be placed in a PE class. If you would like to return to athletic participation, we will hold a meeting with your parents and our

principal to discuss this possibility of placing you back into our athletic period and granting participation. If you are re-admitted into the athletic period; a behavior contract will occur for the remainder of the school year (it may extend into the next school year depending upon the timing of the offense). If the behavior contract is not followed; removal from the athletic program for the remainder of the school year will occur.

14. Banquet, Awards, Fundraising & Lettering
    - Banquet: Is typically held in December (TBA). Nice dress is encouraged. Team, district & state awards will be presented. Dinner will be held.
    - Awards: District awards will be announced after all district teams have finished post-district play. These awards are voted on by various means. Some awards by team members. Some are statistically based. District awards are voted on by district coaches. And specialty honors are at times selected by local or state media outlets.
    - Fundraising: All participants are expected to participate in our fundraisers to help with the needs of our program and team members; donations are also accepted (contact Coach Huffman).
    - Varsity Letter: **Based on discretion of head coach**. This honor is based upon participation on the varsity team during the season; it is earned. If the team member has adequately met the coaches' expectations fully, been a positive part of the varsity team and has filled all the responsibilities set forth by the coach, then the head coach will let each Varsity team member know if they have earned their varsity letter.

Volleyball Athletic Participation Contract

Agreement Form

Note: *By reading the below statement, and signing this document, you are agreeing to the terms and conditions that are set forth in this document as well as our Pfisd student-handbook, Weiss athletic and student handbooks as well as stating you will follow all required UIL rules governing participation in athletics in Texas.*

I, _____, am committed to the Weiss Volleyball program. As a selected participant, who has accepted a position in this program; I will adhere to the expectations and operating procedures of the WHS Volleyball program and Pflugerville ISD student-athlete expectations for participation.

As an athlete, I am committed to follow all campus, district and UIL policies for academics and athletics participation. I am committed to staying drug, alcohol and tobacco free. I will choose to demonstrate good moral and values in my life choices. I am committed to helping my teammates be the best people they can be. I am committed to representing our school core values of demonstrating: Integrity, loyalty, grit, honesty, family and humility. I will demonstrate good sportsmanship at game contests whether I am a participant or a spectator at all UIL sponsored events.

I understand that my participating in Weiss Volleyball in Pflugerville, ISD is a *Privilege, not a Right.* I do understand that if I fail to meet my program and district expectations as a student-athlete, consequences will occur that include but are not limited to OFI's, game suspensions, or possible team removal. By signing this document, I am stating that I will adhere to all expected program policies and team operating procedures. I fully understand that there are consequences that could be enacted, should I choose to violate any of those policies, expectations or our program operating procedures.

_____	_____	___ / ___ /_____
Athlete Printed Name	Athlete Signature	Date Signed
_____	_____	____ /___ / _____
Parent Printed Name	Parent Signature	Date Signed