

# Weiss High School

## Women's Soccer Guidelines and Expectations 2022-2023

### 1. Behavior:

As a member of the women's soccer program at Weiss High School, you are agreeing to exemplify model behavior in the classroom, community, and on the field. You are expected to treat school property, whether home or away, with respect. You are expected to treat your teammates and members of opposing teams with respect, as well as officials and ALL coaches. Any back talk or disrespectful body language will not be tolerated. Any ISS or alternate placement (OC) will result in that athlete being put on behavior contract in order to remain in the program. Coaches will meet with athletes in violation of behavior expectations and 1 warning will be issued. If an athlete continues to violate expectations after their initial warning, that athlete will be subject to removal from the program, if deemed necessary by coaching staff.

### 2. Academics:

You are a student-athlete and, therefore, academics come first. You are expected to be passing your classes at all times. We will adhere to district and UIL failure and eligibility policy and protocol.

### 3. Practice:

During preseason, we will practice every day during the athletic period. As a member of this team, you are expected to be at practice every day with your team. Please avoid scheduling doctor's appointments during the athletic period. This is a crucial time for improving as individual players as well as developing team chemistry. If you are ill or become ill during the school day, please let one of your coaches know ASAP. If you know in advance that you will be missing school/practice, please let us know ASAP. The Monday after Thanksgiving, we will begin after school practices. We will be practicing every day during the period at 3 pm and will end practice anywhere between 4:30 pm - 5:00 pm. Our in-season practice schedule will be issued to athletes for planning purposes. Any athlete consistently missing practices will be subject to removal from the program as attendance and participation is a necessary component for membership in this program. \*An exception to this would be athletes who have sustained injuries. Any athlete who is injured is still expected to attend practices after checking in with our athletic training staff. If seeking treatment outside of school, it needs to be documented with our athletic training staff and the athlete will still need to check in with coaching staff and be checked out of school with the front office before leaving for treatment.

4. Games:

Athletes are expected to travel to and from games on the bus as a team. If there is a conflict and an athlete is unable to ride the bus back with the team, then that athlete must turn in an Alternate Travel Form 24 hours before our competition. If athletes know in advance that they have a conflict and will not be at a game, please let one of the coaches know ASAP. During games, varsity will sit in the stands and watch the first half of the junior varsity game. Junior varsity is expected to stay for the duration of all varsity games. During home games, JV players will help with filming and ball shagging responsibilities as per district expectations. After home varsity games, all athletes are to help put equipment away before leaving the stadium.

5. Social Media:

Social media should be used positively to promote our school and program. Any athlete found to have inappropriate content of any kind (profanity, inappropriate pictures, etc.) or are found bullying or harassing others through their social media accounts, will be dealt with in accordance with the district protocol listed in the district handbook.

6. Dress Code:

Our program will adhere to campus and district dress code policy. Hair color is expected to be a natural color while we are in season; i.e. blonde, brunette, black, red. No greens, blues, pinks, purples, etc. Refusal to comply with dress code and hair color expectations will result in suspension from games and the possible removal from the program.

7. Locker Room:

Our locker room is to remain clean and organized at all times. Athletes are to use the locker that they are assigned and will be responsible for locking up their personal belongings and practice/game equipment. Do not give out locker combinations to anyone else. Also, our locker room is to remain locked when it is not in use. Cell phones are not to be used in the locker room for any reason. They should be turned off or kept in a bag out of sight, as per district policy.

8. Meetings:

As per district policy, coaching staff will not set meetings with parents to discuss playing time. If there is an issue that needs to be addressed, athletes are expected to come to their coaches first. If the issue cannot be resolved, we can then set up a meeting with parents, athletic coordinator, athlete, and coaches.

By signing below, I am agreeing to abide by the rules and guidelines set forth in this document. I understand that any violation of these guidelines or failure to comply with program expectations subsequently could lead to my removal from the program if deemed necessary by the coaching staff. Please return this signed paper to Coach Hill, Coach Neira, or Coach Rozvodovska.

\_\_\_\_\_  
Student-Athlete Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

