

## Johnson County Schools – Completed June 2024

Triennial Assessment Tool – Every three years or more often if the district desires, the district must conduct an assessment of the wellness policy that is made available to the public. The evaluation must address:

- Compliance with the district policy
- The extent to which the local wellness policy compares to the [Model Wellness Policy](#)
- Progress made in attaining the goals of the wellness policy

The first triennial assessment should be completed by June 30, 2023 or earlier. The second triennial assessment is due 3 years from the completion of the first triennial assessment. Districts are required to make the Local Wellness Policy and Triennial Assessment available to the public.

| Date of Assessment: June 6, 2024   | Name of School District: Johnson County |                                     | Number of Schools in District: 3 |
|--|---|-------------------------------------|----------------------------------|
| <b>Nutrition Education Goal(s):</b>  | <b>Goal Status (select one):</b>        | <b>Number of Compliant Schools:</b> | <b>Notes:</b>                    |
| 1. Students at each school will grow seedlings of fresh fruit, herbs, and/or veggies for classroom taste-testing of school nutrition purposes.   | Completed                               | 3                                   |                                  |
| 2. Wellness Links were made available to students, staff, and parents via the school website and social media accounts.  | Completed                               | 3                                   |                                  |
| <b>Nutrition Promotion Goal(s):</b>  | <b>Goal Status (select one):</b>        | <b>Number of Compliant Schools:</b> | <b>Notes:</b>                    |
| 1. Harvest of the Month will be promoted on monthly menus available to students and parents via handouts and the school website and items will be served during meal service at each school. | Completed                               | 3                                   |                                  |
| 2. Students are offered low-fat (1%) and fat free milk and nutritionally equivalent non-dairy alternatives as defined by USDA.   | Completed                               | 3                                   |                                  |
| <b>Physical Activity Goal(s):</b>  | <b>Goal Status (select one):</b>        | <b>Number of Compliant Schools:</b> | <b>Notes:</b>                    |
| 1. All physical education teachers are certified.  | Completed                               | 3                                   |                                  |
| 2. Students in appropriate physical education classes will be introduced or will participate in state  | Completed                               | 3                                   |                                  |

|   |           |   |  |
|---|-----------|---|--|
| fitness testing.  |           |   |  |
| 3. Students are encouraged to be involved in physical activity in the community, school sponsored events, and extracurricular activities. | Completed | 3 |  |

| <b>Other School-Based Activities that Promote Student Wellness Goal(s):</b>  | <b>Goal Status (select one):</b> | <b>Number of Compliant Schools:</b> | <b>Notes:</b> |
|--|----------------------------------|-------------------------------------|---------------|
| 1. Students and Staff will be offered annual influenza vaccines at all school locations, as provided by the South Central Health District (SCHD).            | Completed                        | 3                                   |               |
| 2. School Wellness Policy will be made available to the community via the school website.  | Completed                        | 3                                   |               |
| 3. Opportunities for annual screenings of students for health-related issues such as hearing, vision, dental, scoliosis, and body composition are available. | Completed                        | 3                                   |               |
| <b>Nutrition Guidelines for All Foods and Beverages Sold to Students</b>   | <b>Status (select one):</b>      | <b>Number of Compliant Schools:</b> | <b>Notes:</b> |
| 1. All foods and beverages sold during the school day (as defined by USDA) will meet guidelines established in the Smart Snacks regulations.                 | Completed                        | 3                                   |               |
| 2. No food or beverage items can be sold to students without prior fundraising approval and must meet Smart Snack Guidelines or be an approved exemption.    | Completed                        | 3                                   |               |
| <b>Nutrition Guidelines for All Foods and Beverages Not Sold to Students</b><br><i>(i.e., classroom parties, foods given as reward)</i>                      | <b>Status (select one):</b>      | <b>Number of Compliant Schools:</b> | <b>Notes:</b> |
| 1. Snacks, Rewards, and Classroom Parties must be approved by the Principal. Food and beverage items that meet Smart Snack Guidelines are encouraged.        | Completed                        | 3                                   |               |

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| <b>Policies for Food and Beverage Marketing</b>  | <b>Status<br/>(select one):</b> | <b>Number of<br/>Compliant Schools:</b> | <b>Notes:</b> |
|--|---------------------------------|---|---------------|
| 1. Only food and beverage items that meet Smart Snack Guidelines will be advertised or marketed on campus. | Completed                       | 3                                       |               |

| <b>Wellness Policy Leadership</b><br><i>Name of school official(s) who are responsible to ensure compliance.</i> | <b>Title and School</b>                       | <b>Notes:</b> |
|--|---|---------------|
| 1. Charles Howard  | JCES Principal                                |               |
| 2. Reid Bethea   | JCMS, JCHS Principal                          |               |
| <b>Wellness Committee Involvement</b><br><i>List of committee members' names</i>                                 | <b>Title and Organization</b>                 | <b>Notes:</b> |
| 1. Amber Attaway   | Director of Student Services / Coach / Parent |               |
| 2. Brett Bishop  | Coach / PE Teacher                            |               |
| 3. Cathy Powell  | School Nurse                                  |               |
| 4. Lisa Smith  | JCMHS Cafeteria Mgr.                          |               |
| 5. Alisa Darrisaw  | JCES Cafeteria Mgr.                           |               |
| 6. JJ Rowland  | Parent Liaison Coord.                         |               |
| 7. Dr. Christopher Watkins   | Superintendent                                |               |
| 8. Don Norton  | Athletic Director / PE Teacher                |               |
| 9. Devin Cannon  | Coach / PE Teacher / Parent                   |               |
| 10. Ivey Caneega   | Johnson County Extension Agent – 4-H          |               |
| 11. Morgan Brantley  | SNP Director / Parent                         |               |

| <b>KEY</b>                 |  |
|----------------------------|--|
| <b>Completed</b>           | select if you have met this goal at all schools                                  |
| <b>Partially Completed</b> | select if one or more schools has met this goal                                  |
| <b>In Progress</b>         | select if you are working on the goal, but none of the schools have met the goal |
| <b>Not Completed</b>       | select if you have not begun working on this goal                                |