

Substance Abuse Treatment Resources

Assessment, Evaluation, and Referral

Austin Travis County Integral Care HELP)

472-4357 (472-

- Substance abuse screening and assessment can be obtained through ATCIC by calling the Single Point of Entry (SPOE) number listed here.

OSAR—Outreach Screening and Referral

(800)-508-0834

- OSAR is a free service for individuals who feel that they have issues and/or problems with drugs and/or alcohol. OSAR will work with the individual, family and support system in helping to find the appropriate level of care in the community. They can provide confidential alcohol and drug screenings and assessments, crisis intervention, motivational counseling and brief intervention, education and support, help identify appropriate levels of care/service in the community and assist individuals in obtaining care/service in the community. OSAR is a free service for all Texas residents and serves the following counties: Travis, Williamson, Burnet, Bastrop, Caldwell, Lee, Fayette and Hays. For crisis intervention, call toll free 1-800-508-0834. <http://www.bluebonnetmhmr.org> For information on treatment resources and for screenings and referrals call:
Austin: 56 East Ave. Austin, TX 78701 (512) 703-1359 or (512) 703-1358
Round Rock: 1009 N. Georgetown Street, Round Rock, TX 78664 (512) 244-8448 or (512) 244-8249 or (512) 244-8484

Texas Department of State Health Services-Substance Abuse Svcs. (Formerly TACADA)

Hotline (512) 349-6600

Toll Free Hotline (800) 832-9623

- **Toll-free Referral Service (877) 783-5864**
Toll free Intake & Referral/Crisis Hotline (877) 966-3784
9001 North IH-35, #105, Austin, TX. Formerly called TCADA (Texas Commission on Alcohol and Drug Abuse). State agency provides funding for prevention, intervention, and treatment services through contracts with about 200 community organizations throughout Texas. Provides a 24-hour bilingual information and referral hotline to people needing crisis counseling or drug and alcohol information (877-9-NO DRUG). Licenses chemical dependency counselors and treatment sites. Monitors drug trends in Texas, analyzes drug-related data and conducts surveys related to substance abuse and gambling. Certifies offender education programs for people who have been convicted of drug offenses, underage alcohol violations, or driving while intoxicated. Also provides a gambling hotline, funded in part by the Texas Lottery.
- <http://www.dshs.state.tx.us/mhsa/>

Outpatient Substance Abuse Counseling and Treatment

ADAAP (English or Spanish)

454-8180

- Intensive outpatient program, 6-week program with one-year aftercare.
- www.adaap.com

Adelante Counseling Services **0394**

977-0802, and Bilingual 997-

- TACADA approved intensive outpatient program. Offers MIP and DWI classes as well.

Alcohol and Drug Awareness Institute

459-3940

- DWI, Minor in Possession, and Drug offender classes.

Austin Recovery Center

997-0101

- Offers Intensive Outpatient Program, with aftercare.

CHILL Classes

385-4799

- Drug and alcohol education classes.

Clean Investments Inc.

477-6690

2406 Manor Rd.

- Provides outpatient substance abuse services and substance abuse assessments. Provides Level III intensive outpatient treatment and Level IV supportive outpatient treatment. Groups meet Monday - Friday at 5:30pm and 9:00pm. Accepts clients age 13 and older. Accepts Medicaid, self pay & contracts; self-pay varies: intensive program \$675/mo., supportive program \$75/month.
- <http://www.cleaninvestmentsinc.com/>

Cornerstone Counseling of Austin, Texas 420-0803

- 2417 Ashdale Drive, Austin TX 78757. Intensive Outpatient Program

County Counseling and Education Services 854-9540

- Drug and alcohol education classes and assessments offered through Travis County Juvenile Court.
- www.co.travis.tx.us/counseling_education/

Education Resource, Inc. 891-6389

La Hacienda's Solutions—Outpatient 835-1994
2100 Kramer Lane, Suite 200.

- Provides comprehensive outpatient chemical dependency treatment services for adults and youth. Includes substance abuse assessment, testing, intervention services, individual and group counseling, educational classes, and continuing care program. Morning and evening formats available. Morning Program: Mon, Tues, Thurs, Fri 9:00am-12noon; Evening Program: Mon, Tues, Thurs, Fri 6:00pm - 9:00pm. Provides an inpatient treatment facility in Hunt, Texas. Services include: medical detox, inpatient rehab, individual and group counseling, and AA meetings. Provides partial hospitalization. Accepts private insurance, and self-pay.
- <http://www.lahacienda.com>

La Hacienda Solutions—Young Adult Day Treatment Program 835-1994

- Provides an adolescent day treatment program for adolescents. Provides 20 hours of substance abuse treatment and 20 hours of accredited high school education each week. Program is based on 12-step model and combines education, individual counseling, group therapy, family counseling, experiential learning, and life skills development to create holistic approach to treating adolescent substance abuse. During treatment, family members are required to participate in intensive family program to learn more about chemical dependency as a family disease. Eligibility: Young adults ages 14-18, needing higher level of care than traditional outpatient substance abuse program. Fees: Accepts private insurance and self-pay.
- <http://www.lahacienda.com>

PDAP—Palmer Drug Abuse Program**927-0422**

- PDAP provides free services to teenagers and young adults who seek and have a desire to live a life free from the effects of drugs and alcohol. Based on the 12 Step model, provides support and education for living a chemical free life. It is not necessary for a young person to be a chemical abuser to participate. Offers a **Youth Group (Ages 15-20, younger students may be included based on maturity)** every Monday and Thursday 7:00 to 8:00 pm at Riverbend Church Quad 1. Groups are highly supervised by PDAP staff to insure the safety of younger participants. Please visit the website to get the most up-to-date meeting locations. PDAP also offers a **Parent Group** every Monday and Thursday at the same locations. Parent groups are held at the same time and location (separate room) as the Youth Groups.
- <http://www.pdapaustin.org/>

Phoenix House-Phoenix Academy
4745**Admissions: (512) 440-0613 Ext.****400 W. Live Oak St., Austin, TX. (888) 839-3784 Toll-free (888-TEX-DRUG)**

- Provides substance abuse services for teenagers, ages 13 to 16 ½. Includes residential treatment facility, day treatment program, and intensive outpatient treatment program. Residential facility provides 24-hour supervision, full academic program, individual and group counseling, and family groups. Program gives priority to pregnant teens. Accepts youth who are court-ordered to seek treatment. Youth must not have any history of arson, or sex offenses, and must have an IQ at or above 70. Fees: Assessments are free; other services: offers sliding scale to income eligible, may slide to \$0; accepts self-pay.
- <http://www.phoenixhouse.org>

Renaissance Chemical Dependency Intensive Outpatient Program **452-0361****Seton Shoal Creek, 3501 Mills Ave.**

- Provides inpatient detox and outpatient treatment for people with problems with substance abuse. Includes individual, group and family counseling, and orientation to Alcoholics Anonymous and Al-Anon support groups. Fees vary by service; accepts private insurance and self-pay.
- <http://www.seton.net>

Shoal Creek Hospital**324-2000****3501 Mills Ave., Austin, TX.**

- This is the only private psychiatric hospital in the area, and they accept Medicaid or private insurance. They offer comprehensive psychiatric evaluation and hospitalization for any presenting problems including depression and suicidal ideation. They also offer an

Intensive Outpatient Program and Inpatient Program for drug and alcohol abuse and dependence. Area served: Central Texas.

- <http://www.seton.net>

Teen and Family Counseling Center

327-5040

3536 Bee Caves Rd. #100, Austin, TX 78746.

- Provides substance abuse counseling and therapy for adolescents and families.

Youth Advocacy—Creating Lasting Family Connections Program

444-9505

1900 East Oltorf, Suite 114, Austin, TX.

- Youth Advocacy today consists of two components. One provides substance abuse intervention services to a target population of at-risk youth 13-17 years old and their parents. It does this by using a curriculum that has been scientifically tested and found to produce the desired result of reducing and/or delaying the onset of drug use among the target population. This is known as the Creating Lasting Family Connections (CLFC) program. It is an 18-week educational and skills building program funded by TCADA with matching monies from the City of Austin and Travis County. The other component provides case management services to youth and families receiving substance treatment through the Travis County Juvenile Probation Department. The intent of this program is to increase the possibilities of a successful youth treatment episode and successful reintegration of the youth back into the community. This is accomplished by helping the families of the youth develop and/or enhance their ability to help the youth maintain what they've gained from the treatment episode. The focus is on helping the families address their own issues, help them understand the dynamics of chemical dependency and its implications for a family and to otherwise link them up to services to help them address unmet needs which stand in the way of healthy family functioning.
- <http://www.youthadvocacy.org/family.html>

Inpatient Substance Abuse Counseling and Treatment

La Hacienda Solutions Young Adult Residential Program

835-1994

- Provides a residential substance abuse treatment program for adolescents. Program is based on 12-step model and combines education, individual counseling, group therapy, family counseling, experiential learning, and life skills development to create holistic approach to treating adolescent substance abuse. During treatment, family members are required to participate in intensive family program to learn more about chemical dependency as a family disease. Eligibility: Young adults ages 14-18, needing higher level of care than traditional outpatient substance abuse program. Fees: Accepts private insurance and self-pay. <http://www.lahacienda.com>

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- **Directions:** from 12th and IH 35, go north on IH 35 and take the 38th street exit and go west on 38th, past Lamar Blvd., there will be a Randall's on your left, turn left there and then take the next left on 34th street, then take the next left on Mills Ave., Shoal Creek Hospital is just behind the Randall's.
- <http://www.seton.net>

Starlite Recovery Center 2212

(800) 292-0148 or (830) 634-

Operating Agency: CRC Health Corp., 230 Mesa Verde Dr. East, Center Point, TX.

- Provides an inpatient chemical dependency and alcohol treatment program. Length of stay is approximately 30 days. Program includes 12-step study, Big Book Study,

individual/group therapy, relapse prevention, open/closed Alcoholics Anonymous meetings, and an in-depth family program. For established clients, also provides an after-care program, E-Get Going.com, Alumni meeting and reunions. Client eligibility: adolescents and male or female adults with substance abuse of alcohol as primary diagnosis. Accepts private insurance.

- <http://www.starliterecovery.com>

Summer Sky Chemical Dependency Treatment Center 1-888-857-8857
1100 McCart Street, Stephenville, Texas 76401

- Provides inpatient chemical dependency treatment for adolescents. In addition to the educational, and substance abuse treatment available in all of their programs, Summer Sky maintains a treatment track for addressing the youth with conduct disorders and aversive social skills.
- www.summersky.us

Substance Abuse Support Groups—AA, NA

AA/NA/CA

444-0071

- AA= www.austinaa.org
- NA= www.ctana.org/

AA Espanol

441-3369

- 2210 S. 1st St., Suite G-1

Al-Anon/Alateen Information Center

441-8591

Alateen (at Northland Group)

452-6784

NA Helplines

480-0004

CODA—Codependents Anonymous

444-3335, 444-5202, 865-5079

Up the Creek Teenaholics at Shoal Creek 7261

459-7356, 299-2701, or 923-

Shoal Creek Hospital, 3501 Mills Ave. Austin, TX, 4th Floor.

- Support group for teens ages 13 to 18, meets 7:30 to 8:30 Tuesday Nights.