

Parenting Education and Support Resources

Any Baby Can/Candlelighters

454-3743

- Provides free parenting classes in English and Spanish. Free childcare is provided for children, ages 0-12. Advance class registration is not required. Also provides monthly childcare provider workshops on Saturdays. Advance registration is required. (Childcare not provided.) Accepts court-mandated parents. Certificate of Training available. Intake procedure: call for class/workshop schedule. Classes in English: Tues Thur 7:00pm - 8:00pm; Sat 9:15am - 10:30am; Classes in Spanish: Sat 3:00pm - 4:00pm.
- Other services include: Care Program—Provides services to families with children, ages 0-21, who have disabilities or a chronic illness. Services include medical case management, advocacy, and information and referral. For enrolled families, also provides crisis counseling and basic needs assistance. Childbirth Education Classes, Early Childhood Intervention Program, Family Learning and Literacy Program, Healthy and Fair Start Program, Prenatal Education Program, and The Candlelighters Childhood Cancer Foundation Foundation.

email: janetc@abcaus.org, web: www.abcaus.org

ARC of the Capital Area

476-7044

- Support groups and educational workshops for parents of children with disabilities. This service is collaboration with MHMR and the local school districts. Childcare & dinner are provided Tuesdays 6:30-8:30pm. Schedules can be accessed at the website listed below. Family Support Cooperative Meetings are held at Rosedale School at 2117 W. 49th St on Tuesdays, Supper is at 6:30 and the meetings start at 7:00 pm. Please call 414-2049 or 476-7044 for more details on the dates, topics, speakers and information. All meeting schedules are available via fax in English and Spanish...please call to receive! For complete schedule please email: information@arcofthecapitalarea.org or call today!
- Other services include:
 - Parent Matches- This service provides one-on-one emotional support; parents are matched with other trained parents where the children share similar needs.
 - Special Education Advocacy is offered by an Arc Family Advocate attending ARD meetings with families.
 - Juvenile Justice Services serves Special Education students ages 11-17 that are involved in the criminal justice system. Staff provides light case management and attends ARDs and court hearings. Goals of the program are that the student graduate high school and not recommit crimes. This program has a 90% success rate. <http://www.arcofthecapitalarea.org/>

Austin Children's Museum 203

472-2499 ext.

- Parent workshops. www.austinkids.org

- Avance Austin** 326-9335
- 9 month parenting program for parents of children ages 0 to 3 years. www.avance.org
- Child Inc.** 451-7361
- Early childhood education Head Start Program. www.childinc.org
- Chat and Chase Playgroups** 477-6166
- Weekly group for pregnant women and new parents.
- Consumer Credit Counseling** 447-0711
- Offers money management seminars and assistance with managing debt.
- Center for Child Protection—Parenting Education Classes** 472-1164
- This program is designed to assist parents in developing the skills and tools necessary to feel more successful as a parent. The classes use the Systematic Training for Effective Parenting: A Parent's Handbook (STEP) as a curriculum. Parenting Education Class is appropriate for any parent/caregiver who is open to learning additional skills/tools for improving their relationship with and ability to manage children. In addition to the STEP curriculum, a therapeutic component is involved in each session to address family of origin issues, identifying protective factors and risk factors, recognizing triggers and changing negative cycles of interaction between family members. Classes meet on Tuesday nights from 6:00 to 7:30 p.m. in 7-week sessions. A Thursday morning class from 9:30 to 11:00 a.m. will also be offered. Childcare for younger children is available. Client must contact Jenelle Briones, LMSW at 472-1164 to register. <http://www.centerforchildprotection.org/>
- For Kid's Sake** 476-9490
- Parenting seminars, consulting.
- GENaustin** 414-0472
- Speaker series on empowerment of girls. www.genaustin.org
- Harvest League Foundation** 374-9393
- Helping single mothers in crisis.

NAMI—Austin, National Alliance for the Mentally Ill 420-9810
 PO Box 50434, Austin, TX 78763

- Family-to-Family Program—Provides a 12-week class and ongoing support for families and friends of people with mental illness, focusing on schizophrenia, bipolar disorder, and major depression. Class emphasizes the clinical treatment of these illnesses and provides knowledge and skills that families need when faced with the difficulties of mental illness. Courses are taught by NAMI Austin volunteers who are family members of people with mental illness.

NAMI also offers a variety of support groups for those with family members who suffer from chronic mental illness. email: namiaustin@hotmail.com, web: austin.nami.org

Nutrition Education Training 483-7254

- Nutrition education for adults and children.

Parents as Teachers Southeast—445-4732, Northeast—414-5667

- Aspire Even Start Program of Communities in Schools. Groups and in-home services for parents of children ages 0-5 years. www.cisaustin.org

Parents Without Partners 335-9700

- Monday night support group for single parents.

Parents of Murdered Children 512-329-8520

Single Parents of Austin 576-1889
 Email: spa_Austin@yahoo.com

Single Parents Resource Network 476-2906
 Email: loicaitlin@hotmail.com

Single Parent's Group 250-1043
 Support group meets every Wednesday 6:00 to 7:30 pm.

Step-Parenting Support Group**327-7878**

10-week session, fee for service .

Tough Love**479-9334**

- Tough Love is an effective self-help program for the parents of unruly young people. It is a loving solution to families being torn apart by unacceptable adolescent behavior. They offer weekly support groups with other parents experiencing similar problems utilizing the ToughLove Parent's manual and philosophy. Groups meet every Thursday from 7:00 p.m. to 9:10 p.m. at the Tarrytown United Methodist Church at 2601 Exposition Blvd. They meet in the classroom wing on the north side of the church.

Victims' Services

Texas Department of Criminal Justice

City of Austin Police Department

Travis County Sheriff's Department

512-406-5424, 800-848-4284**974-5037****473-9709**