

Divorced Parents Resources

Austin Child Guidance Center 451-2242

- "Moving Through" class for divorcing parents.

Children in the Middle 451-7337

- Parenting skills for divorcing couples.

Domestic Relations Office 473-9696 ext.
5415

- Informational classes for divorcing parents every Thursday.

Divorce Recovery Center 502-1282

- Private therapy practice specializing in divorce issues.

YWCA-Common Ground Program 326-1222

- Cooperative Parenting and Divorce, a Common Ground parenting program, offers a quarterly parenting program designed for separated and divorced parents. The program focuses on letting go of negative feelings, how these feelings affect the children, and better strategies for parents to use. <http://www.ywcaaustin.org>