

Mother's Groups

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| Home-Based Working Moms | 266-0900 |
| <ul style="list-style-type: none">• Providing support, networking, and information to parents working at home or wanting to work at home.• www.HBWM.com | |
| La Leche League | 272-8042 |
| <ul style="list-style-type: none">• For pregnant and nursing moms. | |
| Lifeline, Inc. | 477-1092 |
| <ul style="list-style-type: none">• Services for pregnant women | |
| Mom's place Breastfeeding Resource | 719-3010 |
| Mothers of Multiples | 703-6174 |
| <ul style="list-style-type: none">• Support group last Monday of each month. | |
| Mother Matters | 236-1898 |
| <ul style="list-style-type: none">• Private groups of young moms. | |
| Mothers and More
1-877-818-1954 | |
| <ul style="list-style-type: none">• Dell Jewish Community Center.• www.mothersandmore.org | |
| MOPS (Mothers of Preschoolers)
490 | 345-7840 ext. |
| <ul style="list-style-type: none">• Fridays in far northwest. | |
| Pregnancy Loss Support Group | 282-4123 |
| Seton Parent Education | 324-1021 |
| <ul style="list-style-type: none">• Pre-natal, basic newborn education. | |
| St. David's Parent Education Department | 397-4226 |
| <ul style="list-style-type: none">• Breastfeeding support, childbirth classes. | |
| The MOM'S Club
9828 | North 335-9106, South 292-1380, Southwest 301-9828 |

WIC (Women, Infants, & Children)

- Nutrition, breastfeeding, health

1-800-942-3678