# Crisis and Hospitalization Services

If you do not have access to any insurance, you can obtain emergency psychiatric services as described in the section on ATCIC on page 1, by contacting ATCIC Psychiatric Emergency Services at 454-3521.

### Cedar Crest Hospital and Residential Treatment Center

(254) 939-2100

Operating Agency: Cedar Crest Foundation, 3500 S. IH-35, Belton TX.

- Provides services for children and adolescents ages 4 to 17 with emotional/behavioral problems, substance abuse problems, or problems stemming from childhood abuse/neglect. Treatment options include intensive outpatient therapy, day treatment, residential treatment, and crisis stabilization hospital services. Programs: Acute Care Hospital Program is a psychiatric intensive care program designed to stabilize a child or adolescent's immediate crises while providing the patient and family with skills to prevent or minimize future incidents that would require readmission. Residential Treatment Program provides longer-term inpatient treatment for children and adolescents, ages 4-18, who have failed to respond effectively in previous placements, as well as for those patients who have completed acute care programs and require additional treatment in a 24-hour therapeutic environment. Assessment: free; treatment: accepts Medicaid (covers acute services), CHIP (covers residential treatment), & private insurance.
- http://www.cedarcresthospital.com/index.htm

# Meridell Achievement Center 8656

(512)-528-2100 or (800)-366-

12550 W. Hwy. 29, P.O. Box 87, Liberty Hill, TX 78642.

- Meridell Achievement Center is a private psychiatric residential treatment center serving children, adolescents and their families. Admissions and referrals may be made 24 hours a day, seven days a week. They provide assistance in obtaining effective accessible treatment services. If they are unable to provide treatment because of age or clinical appropriateness, they will make a referral to another resource or facility that better suits the patient's needs. Most insurance plans cover Meridell's services. More info at
- www.meridell.com or www.ragebehavior.com

#### San Marcos Treatment Center

512-396-8500

120 Bert Brown Rd., San Marcos TX 78666

 Provides long-term residential treatment for adolescents, ages 11 through 17, with IQs of 50 and above. Many require special treatment for multiple psychiatric disorders, sexual abuse, substance abuse/chemical dependency, neurodevelopmental disorders and/or neuropsychiatric disorders.

Typical behaviors/diagnoses include: attention-deficit spectrum disorders, mood disorders, psychotic disorders, cognitive disorders, substance abuse, learning disabilities, Asperger's disorder, anxiety disorder, post-traumatic stress disorder, dissociative disorder, eating disorders, sexual disorders, personal disorders, impulse control disorders, and disruptive behavior disorders.

http://www.sanmarcostc.com/

## Shoal Creek Hospital

324-2000

3501 Mills Ave., Austin, TX.

- This is the only private psychiatric hospital in the area, and they accept Medicaid or private insurance. They offer comprehensive psychiatric evaluation and hospitalization for any presenting problems including depression and suicidal ideation. Area served: Central Texas. <a href="http://www.seton.net">http://www.seton.net</a>
- Directions: from 12<sup>th</sup> and IH 35, go north on IH 35 and take the 38<sup>th</sup> street exit and go west on 38<sup>th</sup>, past Lamar Blvd., there will be a Randall's on your left, turn left there and then take the next left on 34<sup>th</sup> street, then take the next left on Mills Ave., Shoal Creek Hospital is just behind the Randall's.