



Wellness at Haverford

2024-2025

When to Stay Home

If your son is experiencing any of the following symptoms:

- COVID 19 symptoms
- Temperature equal to or greater than 100.0°F in the preceding 24 hours
- Respiratory symptoms related to any undiagnosed illness
- Vomiting within the previous 12 hours
- Diarrhea within the previous 12 hours
- Undiagnosed itchy, red, weepy eyes
- Undiagnosed skin rash

*Note that this is not a comprehensive list; if your son has been diagnosed with a communicable illness or if you are unsure whether you should send your son to school, please contact our school nurses via the Health Office or your contact your son's physician

Reporting Illness

All absences including those related to illness are to be reported to the Attendance Line via your son's division administrative office.

- Lower School Attendance Line: Ext. 1957
- Middle School Attendance Line: Ext. 1968
- Upper School Attendance Line: Ext. 1959

Our Health Services team monitors absenteeism to determine both the overall health and well-being of the community, as well as the need for supportive care upon returning to school.

Preparations for Return to School

Your son should be:

- Fever-free for a full 24 hours without the use of fever-reducing medication

**Please do not medicate your son with fever-reducing medications prior to the school day*

- Feeling well rested and ready to learn and tolerating a full diet before returning to the classroom

When to Contact the Health Center

- If your son is diagnosed with a health condition that may impact his learning and/or ability to participate fully in the life of the school
- If your son is absent for more than 3 school days a note from his health care provider may be requested before he returns to school.
- If your son is injured or hospitalized during the school year a clearance note from his health care provider will be requested so that we may plan for safe return to classroom and athletic activities. We understand that a sudden change in health or a prolonged illness will require a comprehensive plan of care including physical, emotional, and learning support.

Health Services Contact Information:

The Haverford School Health Office Direct Dial: 484-417-2714

Health Services Email – Healthservices@haverford.org