

CHALLENGE SUCCESS

 Transform the Student Experience

Challenge Success – Stanford Surveys of School Experiences:
Student Version – **Morris County School of Technology**
Fall 2021

EXECUTIVE SUMMARY REPORT

SURVEY BACKGROUND

The Challenge Success – Stanford Surveys of School Experiences are online surveys that ask students and parents to give their perspectives on a variety of areas related to their school lives. These areas include: perspectives on homework, extracurricular activities, free time, sleep, physical health, stress related to school and academics, cheating, academic engagement, teacher support, and parent expectations. The results of the student survey are intended to help your school identify students' perspectives on what the school currently does well, as well as areas for growth. The data and findings can be useful tools in guiding practice and policy changes.

Morris County School of Technology students took the Student Survey in **November 2021**. Approximately 571 students completed the high school survey. Parents were given the opportunity to opt their children out of the survey and students were asked to give their assent in order to take the survey. Student responses are confidential; students were not asked for their names, birthdates, or identification numbers.

This report highlights a few key findings. The full results are available in your school's dashboard. We encourage sharing this executive summary report with key stakeholders across your school community.

KEY FINDINGS

School Perception

- » **“Difficult or Stressful,”** used by **36% of students**, is the most common category of words students use to describe Morris County School of Technology. “Fun” and “Caring and Welcoming” are the next most common, used by 24% and 20% of students respectively.
- » 61% of students say they have an adult they can go to if they have a personal problem.
- » **The most common major sources of stress** students experience are **“Grades, tests, quizzes, finals, or other assessments”** (76% of students) and **“Overall workload and homework”** (71%). Other sources reported by more than half of students are: “Procrastination and time management (63%), “Lack of sleep” (59%), “A lack of time to play, relax, or be with friends and family” (59%), “Your future plans” (57%), and “A specific class or classes” (52%).

Workload and Engagement

- » Students report doing **an average of 2.7 hours of homework per week night**, and 3.0 hours per weekend. 57% of students feel that they have “too much” homework.
- » **57% of students are Doing School**, meaning they “often” or “always” do their work, but “rarely” or “never” value it or enjoy it. An additional **21% are Purposefully Engaged**, meaning they “often” or “always” do their work, and value it, but “rarely” or “never” enjoy it. **11% of students are Fully Engaged**, meaning they “often” or “always” do their work, enjoy it, and value it. **7% of students are Disengaged**, meaning they neither do, enjoy, nor find value in their schoolwork. 4% fall into other patterns of engagement.

Sleep

- » Students report getting an **average of 6.3 hours of sleep per weeknight**. Only 1.5% of students report getting the 9 hours of sleep per night recommended by adolescent sleep experts.