Positive Digital Parenting:

Supporting your child to develop healthy digital habits



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Importance of Healthy Digital Habits

Physical Well-being | Cognitive Development | Social-Emotional Learning







Understanding the Digital Landscape



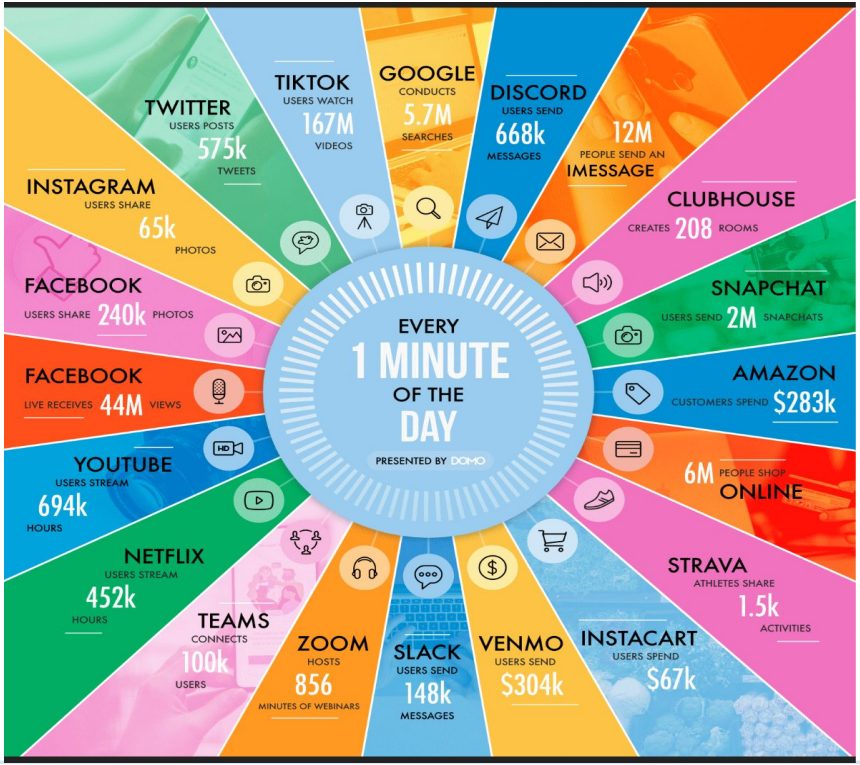
Trends

Influencers
Social Media
Online Gaming
Tech Company accountability
Government Legislation

Challenges

Fake news and misinformation
Deep Fakes- AI generated content
Online privacy
Inappropriate content
Cyberbullying

Every 1 minute…



'Data never sleeps'– DOMO

Age and Stage

0–3 years old



4–8 years old



9–12 years old

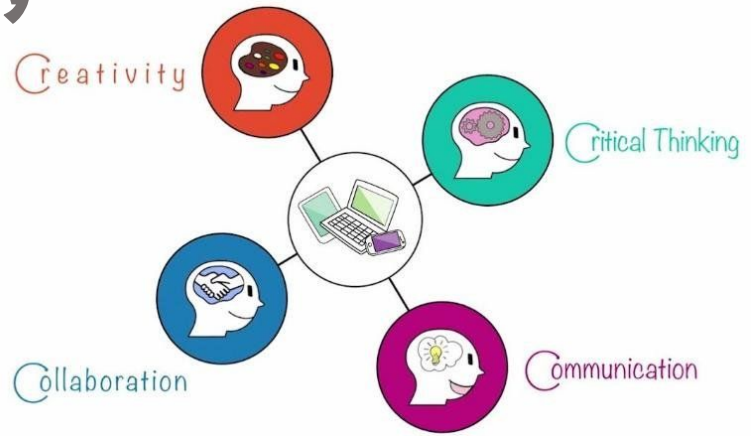


13–18 years old



Fostering Digital Literacy

- Digital Safety
- Digital Citizenship
- Digital Wellbeing
- Digital Creativity
- Critical Thinking



The 4Cs of 21st Century Skills

Establishing Digital Ground Rules



- Utilise Parental Controls
- Monitor Online Interactions
- Encourage Open Dialogues
- Involving Children

Involving Children in Digital Decision-Making

1

Collaborative Approach

Engage your child in discussions about digital rules and guidelines, encouraging their input and fostering a sense of ownership.

2

Age-Appropriate Involvement

Adjust the level of involvement based on your child's age and maturity, gradually increasing their participation in digital decision-making.

3

Ongoing Review

Schedule regular reviews of digital rules and guidelines, allowing for adjustments as your child's needs and digital competencies evolve.

Encouraging Offline Activities

- Hobbies and Interests
- Family Time
- Unstructured Play



Support and Resources for Digital Parenting Challenges

common sense

parentzone



Childnet

internet matters.org

Positive digital parenting means…



- Open communication with children about the use of Internet, risks and benefits
- Regular interest for and involvement in children's internet activities
- Active protection of your children's digital reputation and digital identity
- Learning with children about the opportunities that the digital age can present
- Guiding your children and protecting them from the dangers that the Internet may pose
- Bringing offline parenting skills already acquired to the online world

School Matters Webinars



Settling into school –

Thursday 26th September

Please let us know of other topics that you would like to hear about:
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