



## What is WIC?

WIC is a special supplemental nutrition program for Women, Infants, and Children.



## What WIC does:

- ✓ Offer FREE health foods based on individual needs
- ✓ Talk about your family's nutrition and what's most important to you
- ✓ Offer breastfeeding support to have a successful breastfeeding journey
- ✓ Offer referrals to connect you with care beyond WIC

## How Do I Know If I'm Eligible?

### AN APPLICANT MUST

- ✓ Be a South Dakota resident
- ✓ Have a nutrition or health risk determined at WIC appointment
- ✓ Meet income guidelines

## SD WIC INCOME GUIDELINES

EFFECTIVE JULY 1, 2024

FAMILY SIZE	185% of Federal Poverty Level ANNUAL INCOME
1	\$27,861
2	\$37,814
3	\$47,767
4	\$57,720
5	\$67,673
6	\$77,626
7	\$87,579
Each Additional Family Member	\$9,953



**APPLY ONLINE TODAY!**

[www.sd.gov/wic](http://www.sd.gov/wic)

Join Now → Is my family eligible?

*This institution is an equal opportunity provider.*

