

ST BERNARD PARISH SCHOOL BOARD
200 W ST BERNARD HWY
CHALMETTE LA. 70043

SCHOOL NURSE PROGRAM

Date _____

Dear Parent or Guardian:

In a screening examination at school, your child _____ was found to have head lice and/or nits (eggs). Head lice are tiny parasitic insects that infest human hair, feeding on the host's scalp. They lay their eggs, also called "nits", on hair shaft about 1/8" above the scalp. While lice do not carry disease, they are contagious through contact. They spread by shared brushes, combs, hats, scarves, etc. or through head-to-head contact with an infested person's head.

Adequate treatment and removal of all nits (eggs) can be achieved in one day. First, consult your physician or pharmacist for treatment options. Second, all nits must be removed from hair shaft. You may want to use a sturdy metal delousing comb vs a plastic comb. Third, kill any remaining lice in your home and car. Vacuum all carpets and upholstered surfaces, hot wash and dry (at least 20 min) all exposed clothing and linens, and for non-washable items dry clean or tightly seal in a plastic bag for 14 days.

Your child may return to school after **all nits** (eggs) are removed from the hair. **The student must be accompanied by his/her parent or guardian to the school before readmittance.** Personnel at the school shall be responsible for checking students to be sure that the hair is free of **all nits** before readmitting them to school. After one day, the child will be considered unexcused for school. Any unexcused absence may be referred to the Supervisor of Child Welfare and Attendance.

Thanks for your cooperation,

School Nurse