

Students with Diabetes at Worthington Schools

Most students with diabetes will require services and accommodations from the school in order to successfully manage the condition and fully participate in their education. Please contact your school's Health Office to arrange a meeting with the School Nurse to develop the Diabetic care plan specific to your child, based on their Diabetes Medical Management Plan (DMMP) prescribed by their doctor/health care provider.

Please refer to the publication [Helping the Student with Diabetes Succeed: A Guide for School Personnel, \(2016\)](#), as recommended by the Ohio Department of Education as a guide for diabetes care while at school (<http://education.ohio.gov/Topics/Other-Resources/Diabetes-Management>). Below is an overview of some of the school and parent/family responsibilities as it pertains to students with Diabetes.

Parent/Guardian Responsibilities:

1. To supply all testing materials (meter, lancets and test strips), insulin (or other meds), needles/syringes, Glucagon (for hypoglycemic emergency), snacks/juices to correct lows.
2. To supply current copy of doctor's orders (DMMP) including frequency of blood sugar testing, blood sugar targets and insulin medication orders for correction of blood sugar. These orders usually include measures to take in the event of hyper- or hypoglycemia.
3. To effectively communicate with School Nurse regarding any changes to the student's diabetic plan.
4. For students with Continuous Glucose Monitors (CGM) and/or Insulin Pumps:
 - Back up supplies for fingerstick glucose testing and insulin shots due to mechanical error or failure must also be supplied by parents.
 - Insulin pod and CGM insertion is the responsibility of the parent, and if the pod or CGM sensor is not operational while the student is at school, insulin injections and fingerstick blood sugars will be implemented until the parent or student can reinsert.
 - If the student has a CGM and parents want the blood glucose readings to transmit to them, they must supply the electronic device (usually a smartphone) to do so.
5. Communicate/contact School Nurse to plan for field trips/school day events out of the building with regard to regular and emergent diabetic care.

School Nurse Responsibilities:

1. To review the physician's orders and to establish Health Care Plan for maintaining blood sugars at school based on these orders.
2. To develop Emergency Care Plans for hyper- and hypoglycemia.
3. To communicate with parent/guardian regarding regular diabetic care and emergency care while at school.
4. To train Health Office Assistants and additional school personnel (teachers, bus drivers, other staff) as to what to do in an emergency, including providing regular diabetic care in the event that School Nurse is not present or if class is out of the building in accordance with 504 plan.
5. Work with teachers/principals/psychologist/school counselors in developing 504 and/or IEP accommodations for student.