



Dear Students and Families,

Welcome to Freedom Elementary Physical Education! We are looking forward to a year filled with movement, fun, and learning.

Our Physical Education program focuses on developing fundamental movement skills, promoting physical fitness, and fostering a lifelong love for staying active and healthy. Throughout the school year your child will engage in a variety of activities that encourage teamwork, respect, cooperation, sportsmanship, perseverance, and personal growth.

To ensure your child's safety, all students must wear athletic shoes that fit securely on their feet for participation in our Physical Education class. Students should wear comfortable clothing that will allow for various movement, including sitting, bending, running, jumping and more. Please refer to the class calendar located in your child's folder for their designated Physical Education days. We appreciate your help in providing a safe and successful learning environment for your child.

We are excited to create enjoyable experiences while fostering a positive and active environment for your child in Physical Education. If you have any questions or concerns, please do not hesitate to reach out to us. We are here to support your child in their Physical Education journey.

Sincerely,

Freedom Physical Education Team

(386) 943-4375 ext. 22134

Coach McMahon

Coach Tindal

Coach Williams