

**PLACE
PICTURE
HERE**

Name: _____ D.O.B.: _____

Allergy to: _____

Weight: _____ lbs. Asthma: [] Yes (higher risk for a severe reaction) [] No

NOTE: Do not depend on antihistamines or inhalers (bronchodilators) to treat a severe reaction. USE EPINEPHRINE.

Extremely reactive to the following allergens: _____

THEREFORE:

[] If checked, give epinephrine immediately if the allergen was LIKELY eaten, for ANY symptoms.

[] If checked, give epinephrine immediately if the allergen was DEFINITELY eaten, even if no symptoms are apparent.

FOR ANY OF THE FOLLOWING:
SEVERE SYMPTOMS



LUNG

Shortness of breath, wheezing, repetitive cough



HEART

Pale or bluish skin, faintness, weak pulse, dizziness



THROAT

Tight or hoarse throat, trouble breathing or swallowing



MOUTH

Significant swelling of the tongue or lips



SKIN Many hives over body, widespread redness



GUT Repetitive vomiting, severe diarrhea



OTHER Feeling something bad is about to happen, anxiety, confusion

OR A COMBINATION of symptoms from different body areas.

1. **INJECT EPINEPHRINE IMMEDIATELY.**
2. **Call 911.** Tell emergency dispatcher the person is having anaphylaxis and may need epinephrine when emergency responders arrive.
 - Consider giving additional medications following epinephrine:
 - » Antihistamine
 - » Inhaler (bronchodilator) if wheezing
 - Lay the person flat, raise legs and keep warm. If breathing is difficult or they are vomiting, let them sit up or lie on their side.
 - If symptoms do not improve, or symptoms return, more doses of epinephrine can be given about 5 minutes or more after the last dose.
 - Alert emergency contacts.
 - Transport patient to ER, even if symptoms resolve. Patient should remain in ER for at least 4 hours because symptoms may return.

MILD SYMPTOMS



NOSE

Itchy or runny nose, sneezing



MOUTH

Itchy mouth



SKIN

A few hives, mild itch



GUT

Mild nausea or discomfort

FOR MILD SYMPTOMS FROM MORE THAN ONE SYSTEM AREA, GIVE EPINEPHRINE.

FOR MILD SYMPTOMS FROM A SINGLE SYSTEM AREA, FOLLOW THE DIRECTIONS BELOW:

1. Antihistamines may be given, if ordered by a healthcare provider.
2. Stay with the person; alert emergency contacts.
3. Watch closely for changes. If symptoms worsen, give epinephrine.

MEDICATIONS/DOSES

Epinephrine Brand or Generic: _____

Epinephrine Dose: [] 0.15 mg IM [] 0.3 mg IM

Antihistamine Brand or Generic: _____

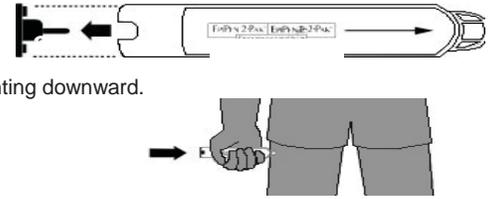
Antihistamine Dose: _____

Other (e.g., inhaler-bronchodilator if wheezing): _____



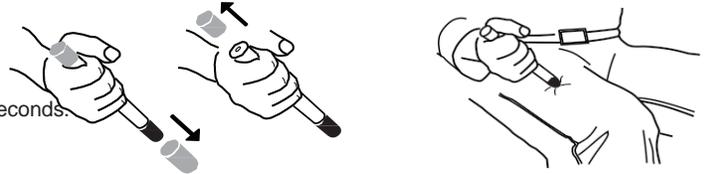
EPIPEN® (EPINEPHRINE) AUTO-INJECTOR DIRECTIONS:

1. Remove the EpiPen/Epipen Jr. Auto-Injector from the clear carrier tube.
2. Pull off the blue safety release cap by pulling straight out while keeping orange tip (needle end) pointing downward.
3. Swing and firmly push orange tip against mid-outer thigh until it "clicks".
4. Hold firmly in place for 3 seconds. (count slowly 1,2,3).
5. Remove auto-injector and massage the area for 10 seconds.



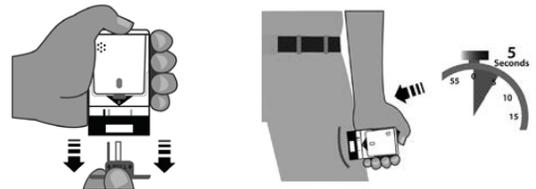
ADRENACLICK® (EPINEPHRINE INJECTION, USP) DIRECTIONS:

1. Remove the outer carrying case.
2. Remove both end caps labeled. Sometimes they are labeled #1 or #2.
3. Place red rounded tip against mid-outer thigh at a 90-degree angle.
4. Press down and hard and hold firmly against thigh for approximately 10 seconds.
5. Remove from thigh and massage the area for 10 seconds.



AUVI-Q® (EPINEPHRINE INJECTION, USP) DIRECTIONS:

1. Remove Auvi-Q from the outer case.
2. Pull off red safety guard.
3. Place black end of Auvi-Q against the middle of the outer thigh.
4. Press firmly until you hear a click and hiss sound and hold in place for 2 seconds.



ADMINISTRATION AND SAFETY INFORMATION FOR ALL AUTO-INJECTORS

1. Call 911 immediately when administering an epinephrine auto-injector
2. If administering to a young child, hold their leg firmly in place before and during injection to prevent injuries.
3. Epinephrine can be injected through clothing if needed.
4. Do not put your thumb, fingers or hand over the tip (orange or red tip) of the auto-injector or inject into any body part other than mid-outer thigh. In case of accidental injection go immediately to the nearest emergency room or call 911.

OTHER DIRECTIONS/INFORMATION:

Student may self-carry epinephrine auto-injector

YES NO

This student has received training to use the epinephrine auto-injector appropriately and is capable of possessing and using it appropriately.

YES NO

OTHER COMMENTS:

EMERGENCY CONTACTS – CALL 911

RESCUE SQUAD: _____

DOCTOR: _____ PHONE: _____

PARENT/GUARDIAN: _____ PHONE: _____

PARENT/GUARDIAN: _____ PHONE: _____

OTHER EMERGENCY CONTACTS

NAME/RELATIONSHIP: _____

PHONE: _____

NAME/RELATIONSHIP: _____

PHONE: _____

PREVENTION STRATEGIES

- Letter Sent to Class at Elementary Level
- Parent-Provided Safe Snack
- Post Food Allergy Alert Sign outside Classroom Door
- Parent Permission to Post/Circulate Student Photo
- Allergen-Free Lunch Table
- Classroom Discussion about Allergies
- Use of Medic Alert Bracelet or Necklace