

Paloma Valley High School

2024-2025 Head Coaches

Athletic Director: Michael Walsh michael.walsh@puhsd.org

Secretary: Annette Blount annette.blount@puhsd.org

Sport	Coach	E-mail
Fall Sports Season (Aug. – Nov.)		
Boys Cross Country	Joe Ellett (J110)	joe.ellett@puhsd.org
Girls Cross Country	Rebekkah Ouk (R105)	rebekkah.ouk@puhsd.org
Football	Juan Merida (PE)	juan.merida@puhsd.org
Girls Golf	Chuck Kemp (J206)	charles.kemp@puhsd.org
Girls Tennis	Alison King (D108)	alison.king@puhsd.org
Girls Volleyball	Stephen Kaas (J108)	stephen.kaas@puhsd.org
Boys Water Polo	Cameron Lindroth (Bookkeeper)	cameron.lindroth@puhsd.org
Cheer/Song	Dena Nunnally (B203)	dena.nunnally@puhsd.org
Winter Sports Season (Nov. – Feb.)		
Boys Basketball	Derrick O’Neil	derrick.oneil@puhsd.org
Girls Basketball	Gabe Flores (PE)	gabriel.flores@puhsd.org
Boys Soccer	Carlos Duran	carlos.duran@puhsd.org
Girls Soccer	Katelyn Fregosi (E102)	katelyn.fregosi@puhsd.org
Boys and Girls Wrestling	Luis Robles (Campus Sup.)	luis.robles@puhsd.org
Girls Water Polo	Joe Ellett (J110)	joe.ellett@puhsd.org
Competition Cheer	Dena Nunnally (B203)	dena.nunnally@puhsd.org
Spring Sports Season (Feb. – May)		
Baseball	Jason Berni (J115)	jason.berni@puhsd.org
Softball	Jonkeith Barnes	jonkeith.barnes@puhsd.org
Boys Track & Field	Juan Merida (PE)	juan.merida@puhsd.org
Girls Track & Field	Rebekkah Ouk (R105)	rebekkah.ouk@puhsd.org
Boys Golf	Chuck Kemp (J206)	charles.kemp@puhsd.org
Boys Volleyball	Natalie Beauchamp	natalie.beauchamp@puhsd.org
Boys Tennis	Alison King (D108)	alison.king@puhsd.org
Boys Swim	Cameron Lindroth (Bookkeeper)	cameron.lindroth@puhsd.org
Girls Swim	Joe Ellett (J110)	joe.ellett@puhsd.org
Boys Lacrosse	Jeff Young	jeff.young@puhsd.org
Girls Lacrosse	James Murphy (SRO)	james.murphy@puhsd.org
Stunt Cheer	Dena Nunnally (B203)	dena.nunnally@puhsd.org