

Kings Canyon USD
KCUSD K-5 LUNCH
K-5 LUNCH
JULY 2024

Monday	Tuesday	Wednesday	Thursday	Friday
Jul - 1 Beef/Cheese Taco Stick WGR Hot Dog CARROT STICKS GREEN BEANS 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	Jul - 2 DELI SANDWICH Bean/Cheese Burrito Harvest Salad POTATO WEDGES Fruit Cup, Variety MILK - Variety* Assorted Condiments	Jul - 3 ORANGE CHICKEN; K-5 WGR Grilled Cheese Harvest Salad Vegetable Medley Fruit Cup, Variety MILK - Variety* Assorted Condiments	Jul - 4 HOLIDAY	Jul - 5 Stuffed Pizza Pocket Cheese Quesadilla CARROTS GLAZED Harvest Salad Sidekicks, Fruit Icee Cup MILK - Variety* Assorted Condiments
Jul - 8 WGR Cheezy Bites WGR Hot Dog CARROTEENIES Sweet Corn Fruit Cup, Variety MILK - Variety* Assorted Condiments	Jul - 9 Taco CrispUps Beef/Cheese Taco Stick Harvest Salad GREEN BEANS 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	Jul - 10 Chicken Burger WGR Corn Dog Harvest Salad POTATO WEDGES Fruit Cup, Variety MILK - Variety* Assorted Condiments	Jul - 11 WGR Beef Rib Q Chicken Smackers Vegetable Medley Harvest Salad 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	Jul - 12 Stuffed Pizza Pocket WGR French Bread Pizza BAKED BEANS Harvest Salad Sidekicks, Fruit Icee Cup MILK - Variety* Assorted Condiments
Jul - 15 WGR Chicken Strips Smokey's Cheeseburger CARROTEENIES Sweet Corn 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	Jul - 16 DELI SANDWICH Cheeseburger Buddies Harvest Salad BEANS REFRIED SPICY Fruit Cup, Variety MILK - Variety* Assorted Condiments	Jul - 17 BEEFY NACHOS Chicken Smackers Vegetable Medley Harvest Salad RAISINS MILK - Variety* Assorted Condiments	Jul - 18 Bean/Cheese Burrito WGR Hot Dog Harvest Salad CARROTEENIES Fruit Cup, Variety MILK - Variety* Assorted Condiments	Jul - 19 Mac and Cheese WGR Pizza Wedge Harvest Salad POTATO WEDGES Sidekicks, Fruit Icee Cup MILK - Variety* Assorted Condiments
Jul - 22 Cheese Quesadilla WGR Beef Rib Q Sweet Corn CARROTEENIES Fruit Cup, Variety MILK - Variety* Assorted Condiments	Jul - 23 Taco CrispUps WGR Grilled Cheese Harvest Salad GREEN BEANS 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	Jul - 24 Chicken Burger Beef/Cheese Taco Stick BAKED BEANS Harvest Salad 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	Jul - 25 Carnitas burrito w salsa Cheeseburger Buddies CARROTEENIES Harvest Salad Raisels, Variety MILK - Variety* Assorted Condiments	Jul - 26 Stuffed Pizza Pocket WGR Pizza Wedge SWEET POTATO FRIES Harvest Salad Sidekicks, Fruit Icee Cup MILK - Variety* Assorted Condiments
Jul - 29 BEEFY NACHOS WGR Hot Dog Sweet Corn CARROTEENIES Fruit Cup, Variety MILK - Variety* Assorted Condiments	Jul - 30 WGR Grilled Cheese WGR TexMex Bowl Harvest Salad CARROT STICKS 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	Jul - 31 WGR Carnita/Rice Burrit Cheese Quesadilla Corn on the Cob Harvest Salad 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments		

This Institution is an equal opportunity provider.

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.