

Hillview Lunch Menu

SUMMER LUNCH MENU



Free Lunch Meal for Students ages 18 and under living in the GCASD 11:00 AM-12:00 PM at Hillview Elementary School

Vegetables
Vary your veggies
Get your vitamins and fiber. Eat a variety of fruits, vegetables, potatoes, and beans.

Fruits
Focus on fruits
Eat a variety of fruits. Fresh, frozen, cut fruit, or dried. Choose items that are in season. Eat more often than any other food group.

Dairy
Get your calcium-rich foods
Eat a variety of dairy products. Choose low-fat or fat-free options.

Grains
Make half your grains whole
Choose whole grains like wheat, corn, rice, and oats.

Protein
Go lean with protein
Choose a variety of protein including seafood, beans, and dairy. Eggs, lean meats, poultry, and eggs.

To make a lunch, choose at least one

Fruit/Juice or Veggie

Grains, Milk, Protein, and 3-5 items total

Fruit/Juice, Grains, Milk, Protein, Vegetables

USDA is an equal opportunity provider and employer.



Menu is subject to change due to product availability



Contact:
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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JUNE 10 Pizza Max Sticks Garden Salad Marinara Sauce Apple Chilled Milk	JUNE 11 Wild Walking Taco Golden Corn Garden Salsa Peaches Chilled Milk	JUNE 12 Extreme Popcorn Chicken with Soft Pretzel Baby Carrots Orange Slices Chilled Milk	JUNE 13 Cheeseburger Crispy Fries BBQ Baked Beans Strawberries Chilled Milk	JUNE 14 No School!
JUNE 17 PBJ Graham Snack Cheese Stick Apple Chilled Milk	JUNE 18 Super Taco Nachos Golden Corn Spicy Beans Peaches Chilled Milk	JUNE 19 Crispy Chicken Sandwich Baby Carrots Orange Slices Chilled Milk	JUNE 20 Cheese Pizza Garden Salad Strawberries Chilled Milk	JUNE 21 No School!
JUNE 24 Pizza Max Sticks Big & Strong Broccoli Marinara Sauce Apple Chilled Milk	JUNE 25 Wild Walking Taco Golden Corn Peaches Chilled Milk	JUNE 26 Kickin' Chicken Nuggets with Soft Pretzel Baby Carrots Orange Slices Chilled Milk	JUNE 27 Cheeseburger Crispy Fries BBQ Baked Beans Strawberries Chilled Milk	JULY 28 No School! July 3-7
JULY 8 PBJ Graham Snack Cheese Stick Applesauce Cup Chilled Milk	JULY 9 Super Taco Nachos Golden Corn Spicy Beans Peaches Chilled Milk	JULY 10 Crispy Chicken Sandwich Mixed Veggies Orange Slices Chilled Milk	JULY 11 Cheese Pizza Garden Salad Strawberries Chilled Milk	JULY 12 No School!
JULY 15 Pizza Max Sticks Big & Strong Broccoli Marinara Sauce Apple Chilled Milk	JULY 16 Wild Walking Taco Golden Corn Peaches Chilled Milk	JULY 17 Extreme Popcorn Chicken with Soft Pretzel Mashed Potatoes Orange Slices Chilled Milk	JULY 18 Cheeseburger on Bun Crispy Fries BBQ Baked Beans Strawberries Chilled Milk	JULY 19 No School!
JULY 22 PBJ Graham Snack Cheese Stick Applesauce Cup Chilled Milk	JULY 23 Super Taco Nachos Golden Corn Spicy Beans Peaches Chilled Milk	JULY 24 Crispy Chicken Sandwich Mixed Veggies Orange Slices Chilled Milk	JULY 25 Cheese Pizza Garden Salad Strawberries Chilled Milk	ENJOY YOUR SUMMER

