

Medications at School

MEDICATION AT SCHOOL

Medication Policy and Procedures

Traditional over-the-counter and prescription medication must be in the original labeled container and the pharmacy container and will be administered in compliance with the prescription instructions printed on the label. Traditional over-the-counter medications will be given if all of the following requirements are met.

Traditional over-the-counter medications will be given if all of the following requirements are met:

1. **A written request will be required from a physician or other healthcare professional with the authority to write prescriptions to administer approved non-prescription medications for (10) consecutive school days or more.**
2. The medication must be supplied by the parent and accompanied by written permission.
3. Medications must be approved by the U.S. Food and Drug Administration and appear in the United States Pharmacopeia.
4. Medications must be in their original, properly labeled container and labeled for dosage appropriate to the student's age and/or weight.
5. Medications are considered to be any pills, liquids, inhalers, sprays, eye drops, ear drops, or topically applied creams or ointments that are expected to relieve symptoms.
6. Only medications that cannot be given at home will be given at school.
7. Expired medications will not be given.
8. Medications stored in the school office must be picked up by the parent/guardian before the last day of school. No unused medication will be sent home with a student and any unused medication left at the end of the school year will be destroyed.

Prescription Medication

1. Any prescription must be accompanied by a completed Medication Administration Request Form signed by the student physician and the parent/guardian then turned in to the school office.

2. For student safety, all medication should be brought to the office by a parent/guardian.
3. It is required that the first dose of any medication be given at home where the parent can monitor the effects.
4. Written permission from parents and physicians is required for students to carry and self-administer medications. **Only insulin, asthma reliever inhalers or emergency epinephrine along with an Action Plan signed by the physician,** will be allowed as self-carry medications. All other medications must be administered by the nurse.
5. Intramuscular injections (IM) will only be administered in life-threatening situations per physician emergency action plans.
6. Intravenous (IV) medications will not be given.

Homeopathic medications, dietary supplements, and herbal supplements will be given if all of the following requirements are met:

1. All the above must be supplied by the parent and accompanied by written permission.
2. Medications/supplements must be approved by the U.S. Food and Drug Administration and appear in the United States Pharmacopeia.
3. Medications/supplements must be in their original, properly labeled container.
4. Only medications/supplements that cannot be given at home will be given at school.
5. A written request will be required from a physician or other healthcare professional with authority to write prescriptions to administer approved non-prescription, homeopathic medications, herbal substances or dietary supplements when such medications are to be administered at school.
6. Will be given in compliance with a student's Individual Education Plan or 504 plan per Federal and State law.

SUNSCREEN

- Students whose schedules provide for regular time spent outdoors, including for recess and physical education classes, should apply sunscreen before coming to school.
- At the elementary level, a student's teacher or other district personnel will apply sunscreen to the student's exposed skin if the student brings the sunscreen to school and asks for help applying it. A student at this level may apply his or her sunscreen if the student can do so.

- At the secondary level, a student may possess and apply sunscreen when necessary. If the student needs assistance with sunscreen application, please address the need with the school office.
- Whether a student is at the elementary or secondary level, if sunscreen needs to be administered to treat any type of medical condition, this should be handled through communication with the school office so that the district is made aware of any safety and medical issues.