

CULTIVATING SEL FOR ADULTS- Retrieved from CASEL <https://schoolguide.casel.org/focus-area-2/overview/>

<p>Learn: Help staff reflect on personal social and emotional competencies.</p> <p>Build capacity for how staff support SEL in their peers.</p>	<p>Reflecting on Personal SEL Skills</p> <p>Brain-Based Model for Workplace Collaboration</p> <p>Examining Biases for Cultural Competence</p> <p>Growth Mindset for Staff</p> <p>Self-Care and Re-energizing</p> <p>Personalized Professional Learning Plans for SEL</p>
<p>Collaborate: Set up structures for how staff will work together: (e.g.-professional learning communities (PLCs); peer mentoring for staff)</p>	<p>Staff Shared Agreements</p> <p>Professional Learning Communities (PLCs)</p> <p>Peer Mentoring and Partnership</p> <p>Integrating SEL into Staff Meetings</p> <p>Peer Consultancy Protocols</p>
<p>Model: Support staff in modeling SEL competencies, mindsets, and skills throughout the school community.</p>	<p>Model SEL as a Staff</p> <p>Create a Culture of Appreciation</p> <p>Practices for Leaders</p>

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Learn	
Collaborate	
Model	