



Dear Parent/Guardian,

## **For Your Heart**

This week, third graders are developing the ability to put the needs of others ahead of their wants as they learn the following:

- To look for ways to help others.
- To show kindness and love to others by offering to help, such as by being a friend to a lonely child in their class or offering to help with cleanup after a meal at a friend's house.
- Helping others makes the world a better place.

## **For the Heart of Your Child**

Here are a few ways you can support your child's development of helpfulness at home:

1. **Give your child regular duties and hold him or her accountable for taking care of those duties.** When you give your child duties, your child experiences the satisfaction of contributing something valuable to the family.

**Assign purposeful duties.** No matter your child's age, any duties you assign should be for one of the following reasons:

2.
  - To help them learn valuable life skills
  - To give your child a valuable role in the family
  - To help your child become a valuable member of society
3. **Assign duties that are age appropriate.** The goal is to help your child find satisfaction in accomplishing a task. Young children have a natural desire to please; you can build on this desire by allowing them to help you. Here are a few age-appropriate duties:
  - Taking out the garbage
  - Cleaning the inside of the car
  - Setting the table
  - Emptying the dishwasher
4. **Take time to show your child how to perform the task.** Children want to perform their tasks well. Lack of successful completion can create frustration.

From our hearts to yours,



PS Don't forget to ask your child to define KINDNESS and LOVE!

**LOVE**—Genuinely caring for others  
**KINDNESS**—Showing care for others in an unexpected and exceptional way

