



Dear Parent/Guardian,

For Your Heart

Young children who develop the ability to look at others with the eyes of their hearts won't allow differences to become obstacles in getting to know and love those who are different. This week, second graders are learning the following:

- The why and how of showing kindness to younger children and the elderly
- Learning experiences can be gained from anyone, regardless of age
- The importance of helping someone who is struggling with a task instead of ignoring or making fun of them

For the Heart of Your Child

Here are some ideas to support your child's appreciation for age or ability differences:

- The best way for children to learn how to respect age differences is by serving other members of the family. A seven-year-old can accomplish the following:
 - Pour milk in cereal for a younger sibling
 - Read a book to a grandparent
 - Help an elderly neighbor tend to a flower bed
 - Help his or her grandmother bake a cake
 - Teach a younger sibling how to make his/her bed
- Teach your children to be kind to younger or older family members. If you have an only child, create opportunities for your child to interact with children who are younger and older. Provide opportunities to interact with older family members such as grandparents, aunts, or uncles.

The more you talk with your child about having respect for others who are different, the more their heart (and yours) will grow!

From Our Hearts to Yours,



PS Don't forget to ask your child to explain UNDERSTANDING and ACCEPTANCE.

UNDERSTANDING—Accepting others for who they are

ACCEPTANCE—Treating everyone I meet with respect, even when they are different from me

