

WEEK 11 Being a Guest



Dear Parent/Guardian,

For Your Heart

In this week's lesson, second graders are learning that guests should be polite during snack or mealtime, always making sure to show thankfulness for what has been served. Students are learning:

- To wait for refreshments to be served
- To ask politely for something they need
- To be appreciative toward their host
- To eat a "courtesy bite" when the food is new or not preferred
- To offer to clean up

For the Heart of Your Child

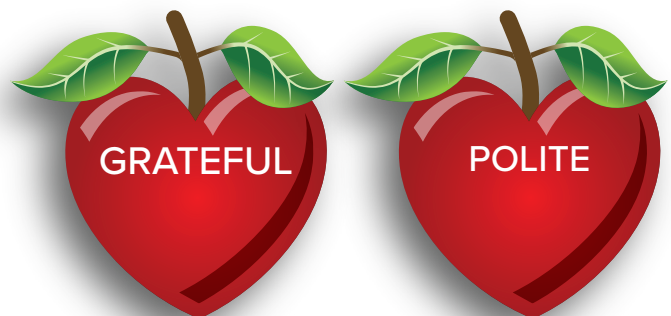
Here are some ways to reinforce your child's development of politeness and appreciation that will help develop the heart of a good guest:

- Introduce your child to new foods and expect your child to always eat a courtesy bite to teach valuable respect for the person who made the food. It will also give your child a greater appreciation for eating in other environments.
- If your child has food allergies, make sure your child knows exactly what they are so that he or she can be responsible to politely decline food, when needed. Remind your child what to say when accepting or declining something to eat or drink (e.g. "Yes, thank you, I would like to try that," or "Thank you for offering, but I am allergic.")
- Help your child learn how to politely wait by requiring that family members eat only after everyone has been served at the table.
- Before your child attends his next dinner invitation, teach him to wait until an adult takes the first bite of food, as this indicates whether the family will pray first.

From Our Hearts to Yours,



PS Don't forget to ask what GRATEFUL and POLITE mean!



GRATEFUL—Giving thanks from the heart

POLITE—Using kind words and actions