

WEEK 4 Helping Others



Dear Parent/Guardian,

For Your Heart

This week, first graders are learning to look for others who need their help. They're discovering the joy that comes from helping their classmates and others in their school.

- When children begin to put the needs of others ahead of their own wants, their hearts begin to grow. As their hearts grow, their minds open.
- Acts of kindness and love help children develop others-centeredness, which enables them to become valuable members of their community.
- Helping others makes the world a better place.

For the Heart of Your Child

Ask your child to share this week's story, "The Watchman of Merryville", with you. Ask the lessons learned about helping others.

Assign age-appropriate duties for your child that will enable them to become valuable members of the family. Take time to show your child how to perform their duties. Children want to perform their tasks well:

- Make a place for their shoes and belongings and teach the importance of putting away shoes or dirty clothes so that no one trips over them.
- Teach your child how to dust, water plants or pull weeds.

Look for ways you can work together as a family to help others, such as volunteering at an animal shelter or visiting nursing home residents.

From our hearts to yours,



PS Don't forget to ask your child to define KINDNESS and LOVE!



LOVE—Genuinely caring for others
KINDNESS—Showing care for others in an unexpected and exceptional way