

WEEK 6 **Appreciating Others**



Dear Parent/Guardian,

For Your Heart

This week, students are learning to show appreciation for others through kind words and selfless deeds. First graders are experiencing the joy of sharing their treasure with others, by learning the following:

- How to congratulate others for a job well done.
- How to give words of encouragement to others who have failed.
- How to appreciate the efforts of others.

For the Heart of Your Child

As your child is learning how to appreciate others by offering words of encouragement, it is important that your child experiences appreciation at home. Here are small ways to model appreciation for your child:

- Say “thank you” to your children, your spouse, and others in your home.
- Show appreciation for simple pleasures such as good health, nature, good rest, a good meal, etc.
- Try not to complain about minor irritations or wanting things you don’t have.
- Try not to miss your child’s events, sports, academics, etc.
- Ask your child to find things for which compliments can be given to others—at the grocery store, doctor’s office, or in the neighborhood. Make sure your child sees you thank service providers and encourage them to do the same.

Watching your appreciation of others is the best way for your child to learn to appreciate others, too!

From our hearts to yours,



PS Don’t forget to ask the definitions of ENCOURAGEMENT & APPRECIATION.

ENCOURAGEMENT—Offering words to others that builds their confidence

APPRECIATION—Recognizing value in people, places and things

